


This online course offers accurate and helpful information that is tailored to both the needs and resources in the school setting and is recognized as a "Best Practice". In addition to this online training program, the Helpline Center staff can also provide suicide prevention presentations to school faculty and students.

Where there is help, there is hope.




HELPLINE CENTER MISSION
Making lives better by giving support, offering hope and creating connections all day, every day.

You are not alone.
There is help and support.


Call 1-800-273-8255 or (605)339-4357

Sioux Falls Location
1000 N. West Ave, Suite 310
Sioux Falls, SD 57104

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SUICIDE PREVENTION TRAINING FOR TEACHERS



sdsuicideprevention.org

NEW

Training meets state educator certification requirements

For more information about this training and other suicide prevention trainings, contact the Helpline Center at help@helplinecenter.org or call 605.339.4357.

South Dakota requires a minimum of 1 hour of training for initial certificate and renewal certificate as a teacher, administrator, or other educational professional [adopted 2016]



Simply go to this website: sdsuicideprevention.org

A BEST-PRACTICE ONLINE INTERACTIVE TRAINING PROGRAM

Ensuring that our youth have a strong foundation to learn is central to education. Yet a child's ability to learn can be compromised by emotional challenges that can, at their worst, lead to thoughts of suicide. That's why educators are in a powerful role to observe vulnerable youth and help connect them to resources. The Helpline Center has partnered with the Society for the Prevention of Teen Suicide to offer an acclaimed online training program for teachers that is easy, comprehensive—and free of charge.



A practical and user-friendly interactive training program, this two-hour course is fully accessed online.

IMPROVE CONFIDENCE
in responding to at-risk students.

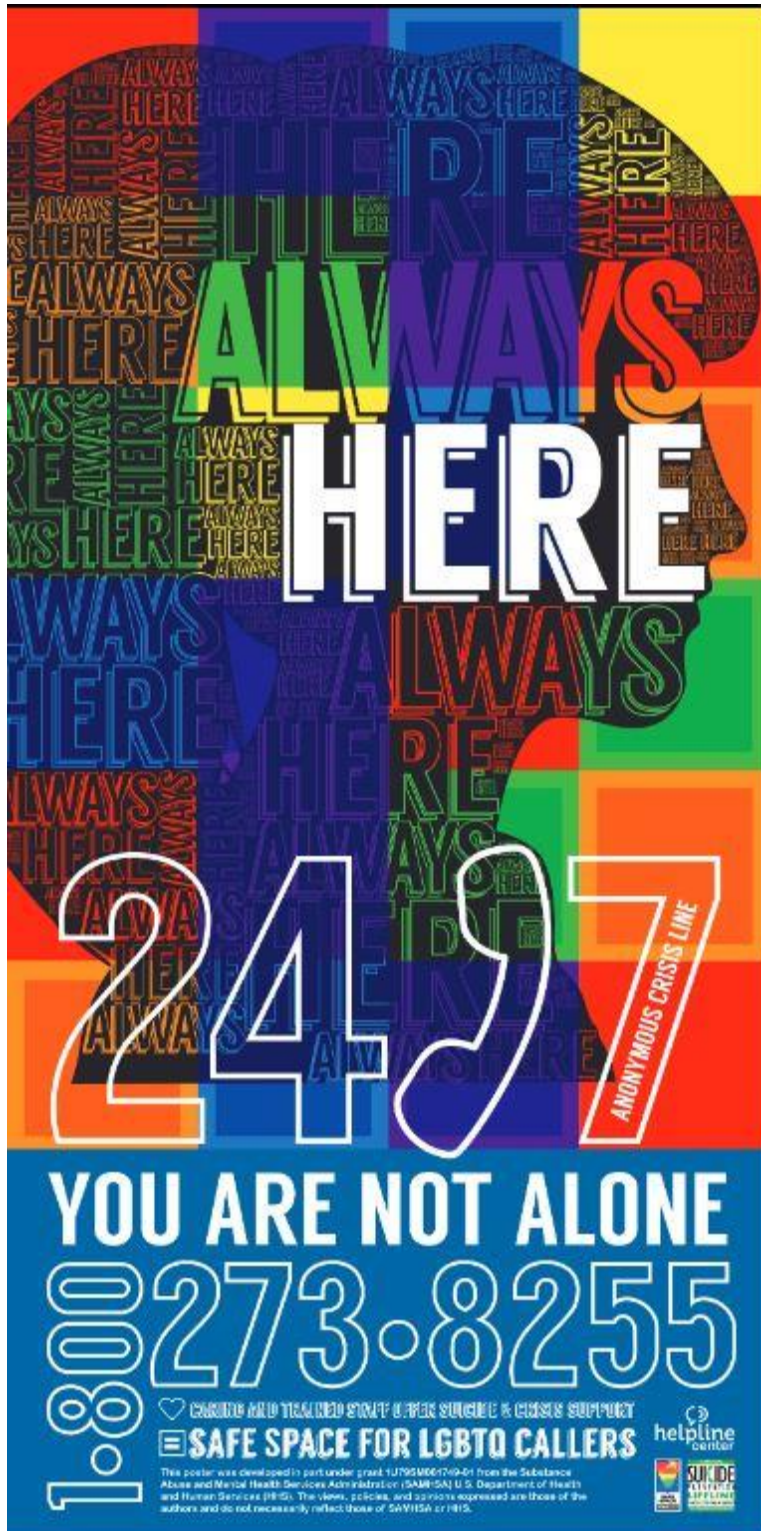
Understand the educator's role in identifying suicidal risk in students and making appropriate referrals.

Learn relevant information about **YOUTH SUICIDE** in South Dakota.

Practice interaction strategies with students and resources.

INCREASE RECOGNITION
of warning signs.

This FREE training meets state educator certification requirements.



While being an individual identified as LGBTQ in and of itself is not a risk factor for suicide, LGBTQ youth are at risk for suicide. Risk factors for suicide include those found for youth in general, but also include additional risk factors more likely to occur with LGBTQ issues such as discrimination, victimization, lack of social support, family issues, homelessness, substance abuse and mental health disorders.



Veterans, active duty service members and military family members can get specific information about crisis services tailored to the military, which includes the Veterans Crisis Line. Veterans and their loved ones can call **1-800-273-8255** and **Press 1**, chat online at www.VeteransCrisisLine.net* or send a text message to **838255** to receive free, confidential support 24 hours a day, 7 days a week, 365 days a year, even if they are not registered with VA or enrolled in VA health care.

Suicide is a complex issue and there are no easy answers as to why numbers have continued to increase, despite increased efforts by the field of suicide prevention. Identified factors related to the high suicide rate for military personnel and their families may include:

- Sustained exposure to combat
- Traumatic brain injury
- Post-traumatic stress disorder
- Traumatic loss
- Sexual assault or abuse
- Chronic pain
- Depression
- Anxiety
- Financial issues
- Divorce or relationship issues

List of South Dakota Schools enrolled in Crisis texting program

Baltic, Beresford, Brandon, Brookings, Canistota, Canton, Chester, Dell Rapids, Public Dell Rapids St. Mary's (Private), Flandreau Public, Flandreau Indian School, Garretson, Gregory, Harrisburg, Joe Foss (SF), Jones County, Lead-Deadwood, Lennox, Lincoln (SF), Lutheran HS (SF), Madison, McCook Central, Milbank, New Tech (SF), O'Gorman (SF) Parker, Rutland, TF Riggs HS (Pierre,) Roosevelt (SF), Selby, SF Christian, Sioux Valley, Sisseton Public, Stanley Co. (Ft. Pierre), Sully Buttes (Onida), Tea, Tiospa, Zina Tribal (Sisseton), Tri-Valley, Washington (SF), Watertown, West Central, White River *(SF)—Sioux Falls



Teen & College Crisis Texting

Students from several different high schools and universities in South Dakota can text to talk with caring staff. Help is available 24/7. Click for below to see if your school is part of one of the crisis texting programs!

TEXT4HELP (HIGH SCHOOL)

TEXT4HOPE (UNIVERSITY)