

## ALASKA TITLE V BLOCK GRANT

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# Maternal Child Health Needs Assessment 2015-2019 Survey Results

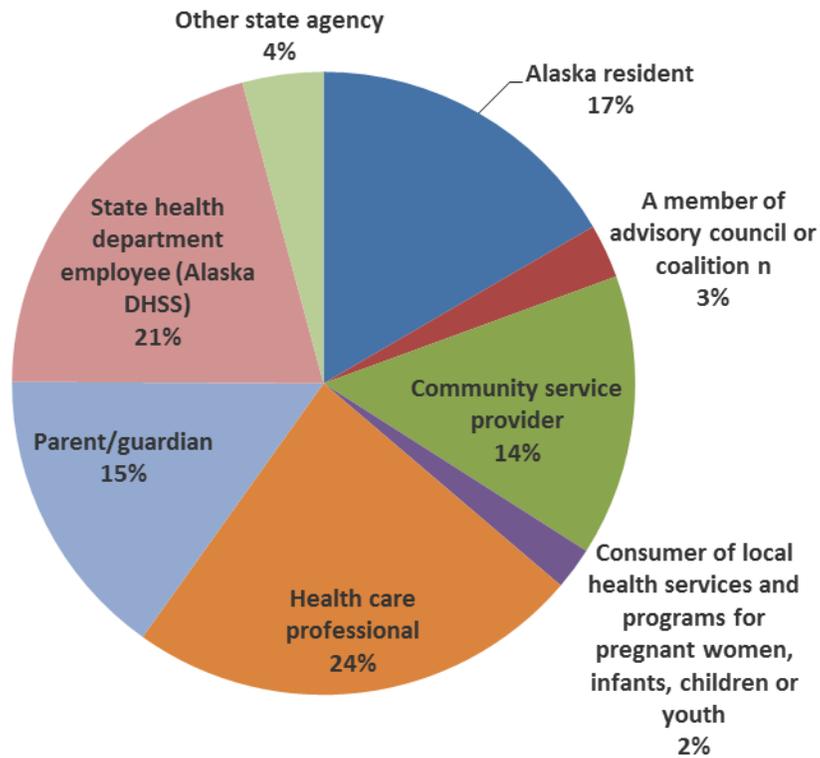
Maternal Child Health Epidemiology Unit  
Section of Women's Children's Family Health  
Division of Public Health  
Alaska Department of Health and Social Services  
December 24<sup>th</sup>, 2014

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**Q1 What do you consider is your PRIMARY role in filling out the survey? Please choose ONLY ONE.**

Answered: 1037 Skipped 28 = 1065 Total responses

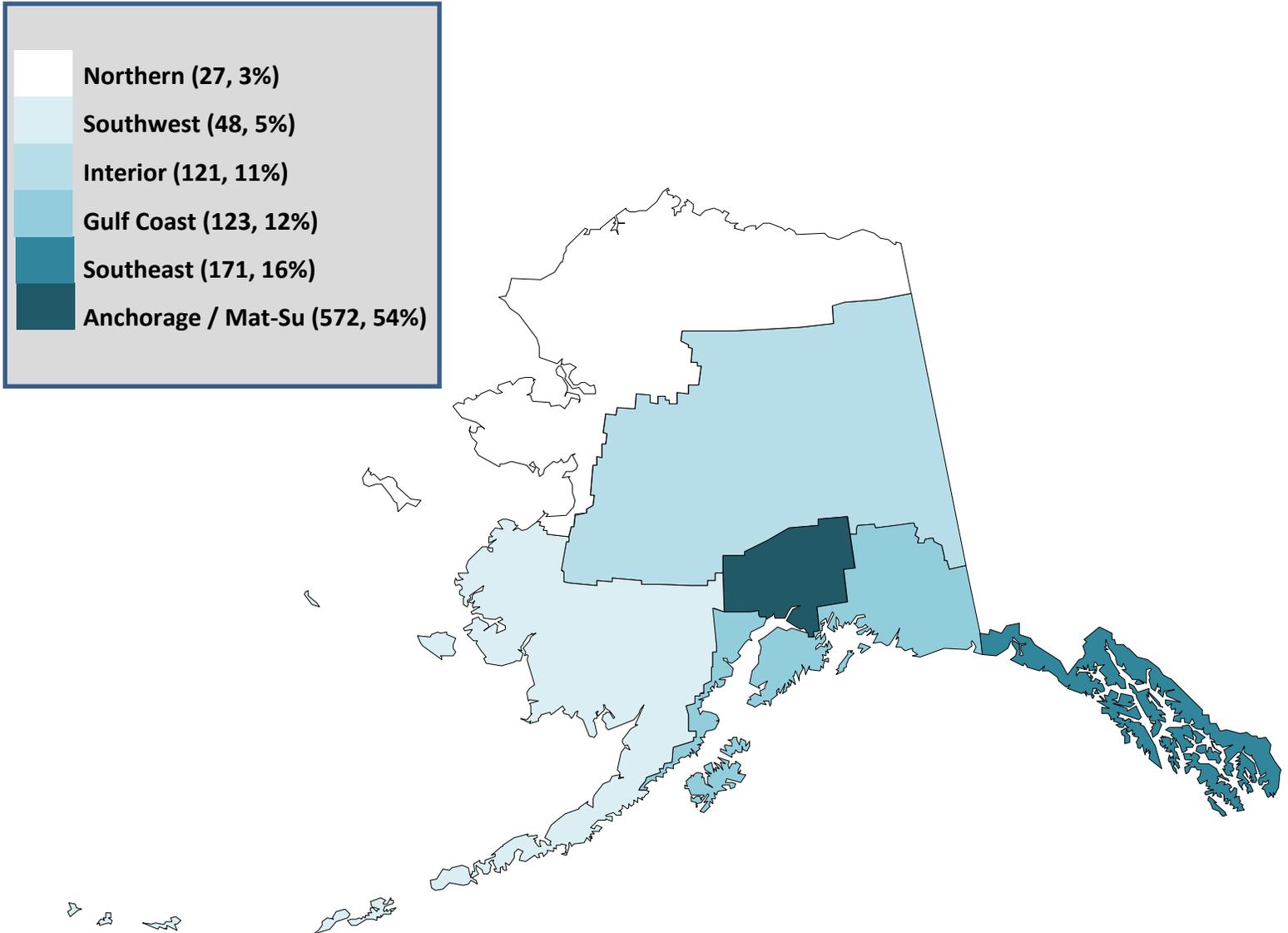


Answer Choices	Responses	
	Percentage	Count
Health Care Professional	23.6%	245
State Health department employee (Alaska DHSS)	20.7%	215
Alaska resident	16.6%	172
Parent/Guardian	15.2%	158
Community service provider	14.5%	151
Other State Agency employee	4.2%	44
A member of advisory council or coalition	2.8%	29
Consumer of local health services and programs for pregnant women, infants, children or youth	2.2%	23
<b>Total</b>		<b>1037</b>

## Q2 What city/community/village do you live in?

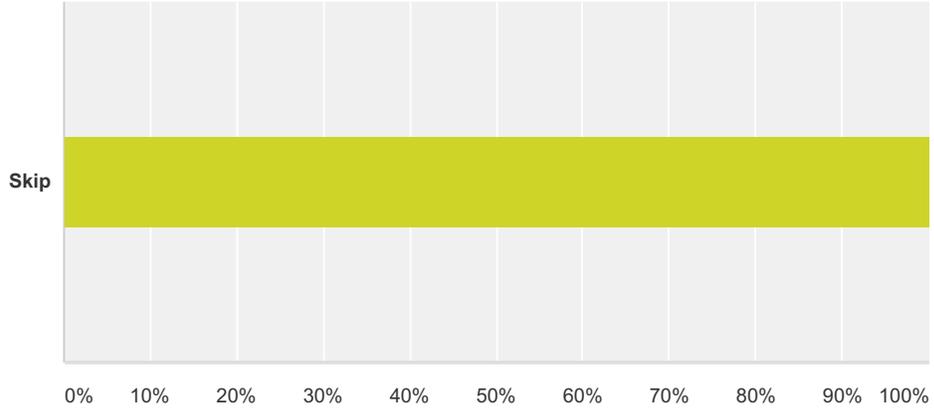
Answered: 1065 Skipped: 0

### Number and % of Responses by Region



**Q3 Check 'Skip' and then click 'Next' if you are not familiar with the health needs of this population (Infants birth to 1 year of age) to go to the next population.**

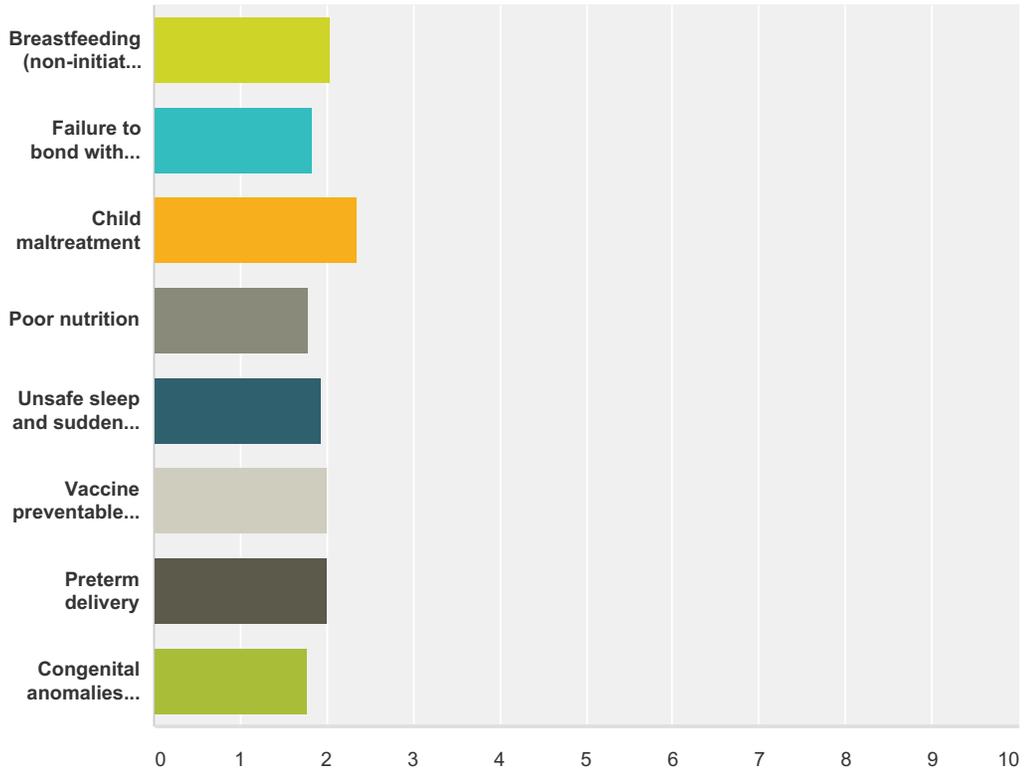
Answered: 226 Skipped: 839



Answer Choices	Responses
Skip	100.00% 226
<b>Total</b>	<b>226</b>

**Q4 CHOOSE YOUR TOP 3 major health concerns you feel are most important for Newborns and Infants (birth to 1 year of age) and then RANK them in order of importance.**

Answered: 805 Skipped: 260



	1=Most Important	2	3	Total	Weighted Average
Breastfeeding (non-initiations/early termination)	34.06% 109	35.94% 115	30.00% 96	320	2.04
Failure to bond with caretaker	23.28% 54	36.21% 84	40.52% 94	232	1.83
Child maltreatment	54.08% 285	26.57% 140	19.35% 102	527	2.35
Poor nutrition	21.18% 79	38.07% 142	40.75% 152	373	1.80
Unsafe sleep and sudden unexpected infant deaths	26.90% 53	40.61% 80	32.49% 64	197	1.94
Vaccine preventable diseases	36.15% 124	28.57% 98	35.28% 121	343	2.01
Preterm delivery	33.33% 52	34.62% 54	32.05% 50	156	2.01
Congenital anomalies (birth defects)	21.19% 32	35.10% 53	43.71% 66	151	1.77

## Alaska Maternal & Child Health Needs Assessment Survey

#	Other (please specify)	Date
1	Safety	12/12/2014 10:08 AM
2	substance abuse by mother	12/11/2014 8:31 PM
3	FAE	12/10/2014 4:57 PM
4	Appropriate infant care and nurturing	12/10/2014 10:22 AM
5	Keeping children in families and cultures. Hostile aggressive parenting is when parents split and the other parent is denied as a parent.	12/10/2014 9:01 AM
6	1. Family income/Poverty Many of these issues occur in community where the rate of poverty is high, community outreach/ intervention programs that target these areas can help address all the issues listed above.	12/9/2014 4:38 PM
7	Moms not getting treated for post partum depression, having babies ignored or not cared for properly NEGLECT	12/9/2014 3:06 PM
8	development disability and complex care needs	12/9/2014 2:35 PM
9	1. Failure to bond with caretaker 2. Breastfeeding 3. Poor nutrition	12/9/2014 2:14 PM
10	This isn't a health issue per se but I wish people felt more comfortable breastfeeding and society accepted it. I see some moms using all these fussy contraptions to cover up while breastfeeding and I assume they do it because they feel uncomfortable. I just wish our society didn't make it so some moms felt like that.	12/9/2014 10:31 AM
11	Appropriate environment for learning	12/5/2014 12:11 PM
12	2. prenatal exposure	12/5/2014 11:48 AM
13	High rates of drug and alcohol use correspond with widespread abuse of kids, as well as many kids here being thrown into the foster care system causing lack of bonding. Poor nutrition concerns are due to the high cost of food here relative to the wages of the working poor.	12/5/2014 10:43 AM
14	undiagnosed disabilities	12/5/2014 8:40 AM
15	Undiagnosed health issues, autism etc.	12/4/2014 3:09 PM
16	Infants born to (illicit) drug dependent mothers	12/3/2014 9:17 AM
17	Mothers' tobacco use during pregnancy would be my third pick. If you look at the rates of smoking among pregnant women in the north and wade hampton regions, it is way too high. This leads to preterm delivery.	12/1/2014 4:20 PM
18	FAS	11/25/2014 7:30 PM
19	Fetal alcohol #1	11/25/2014 5:59 PM
20	prenatal care	11/25/2014 4:06 PM
21	Lack of knowledge of safe practices by parents. What is developmentally appropriate.	11/24/2014 12:23 PM
22	FASD	11/21/2014 12:20 PM
23	1. Drinking / substance use while pregnaet	11/21/2014 11:19 AM
24	Lack of support systems for individuals living in poverty to access quality Prenatal care.	11/21/2014 10:00 AM
25	Access to affordable health care	11/21/2014 8:45 AM
26	prenatal maternal mental health - lots of research in recent years on the epigenetic impact of severe maternal stress during pregnancy on placenta, fetus, and fetal ova - we have no good data on the prevalence of anxiety disorders and PTSD in mothers during pregnancy yet from an epigenetic point of view there is no greater nexus of generations, no greater leverage point	11/20/2014 3:50 PM
27	EARly Intervention needs	11/20/2014 3:47 PM
28	FASD	11/20/2014 1:31 PM
29	Drug use by the parent during pregnancy or using around the child, exposure to harmful pathogens in the air.	11/20/2014 10:35 AM
30	Prenatal exposure to alcohol	11/20/2014 10:35 AM
31	Maternity leave needed to care for the child's health during the first year of life.	11/20/2014 10:21 AM

## Alaska Maternal & Child Health Needs Assessment Survey

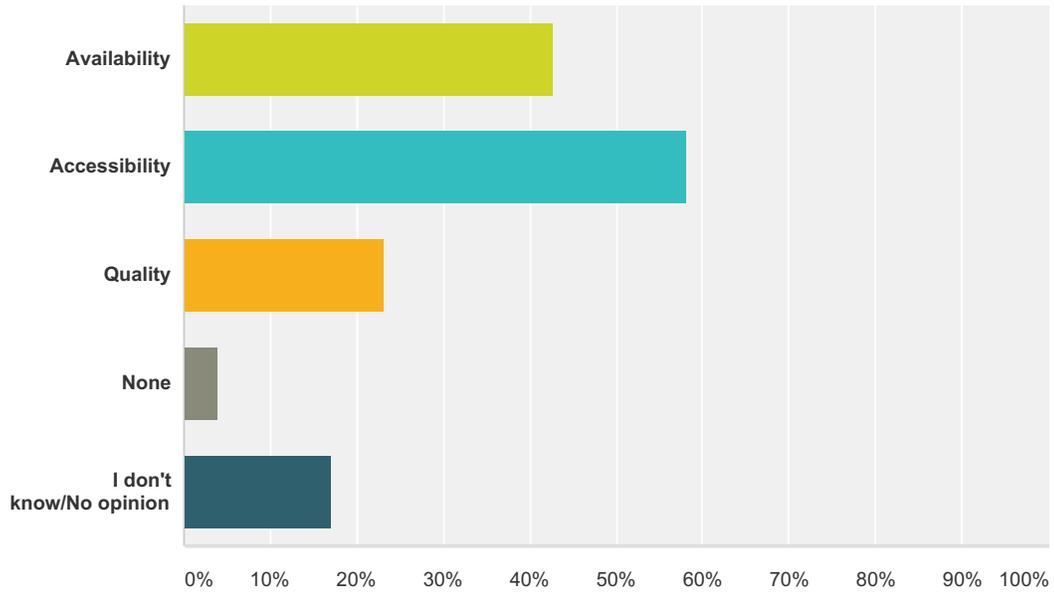
32	Stress induced maladies	11/20/2014 10:17 AM
33	Prenatal exposure to drugs and alcohol	11/20/2014 9:58 AM
34	SEXUAL ABUSE NEGLECT FOLLOW-UP AND OVERSIEGHT WHEN IN OCS CUSTODY	11/20/2014 9:47 AM
35	Education for providers and support for those inflicted by perinatal mood disorders.	11/20/2014 9:34 AM
36	Long Term hospitalizations early in infants life interrupting the normal development process	11/20/2014 9:33 AM
37	Drug and Alcohol abuse during pregnancy. Also - I consider unsafe sleeping (sleeping with you child while you are under the influence) to fall under the child maltreatment relm	11/20/2014 9:04 AM
38	parental substance abuse	11/19/2014 10:42 PM
39	early childhood development - teach them early/find problems & adress them early.	11/19/2014 4:03 PM
40	Very poorly done.... How can one chose the level of importance of these Subjects. Almost all of these should be treated and the Most import.... These are the first years of a child's life....Nothing can shape his future more than now.	11/19/2014 3:21 PM
41	#1 Fetal Alcohol disorders	11/19/2014 3:05 PM
42	#1 sustance abuse during pregnancy	11/19/2014 2:55 PM
43	Access to well baby checks	11/19/2014 2:52 PM
44	This is too difficult to rank. They are all so very important.	11/19/2014 2:49 PM
45	Fetal alcohol syndrome/pre-natal exposure to drugs	11/19/2014 2:48 PM
46	all are major health concerns	11/19/2014 2:46 PM
47	Developmental Disabalities	11/19/2014 2:44 PM
48	Fetal Alcohol Syndrome	11/18/2014 12:31 PM
49	Drug and alcohol use during pregnancy	11/18/2014 11:15 AM
50	Parental Self-regulation and ability to attach with personal, familial, economic stressors and HX of unresolved trauma in parents, grandparents and earlier ancestors.	11/17/2014 10:43 AM
51	newborns born to alcohol, drug moms	11/16/2014 10:04 AM
52	maternal substance use 1	11/5/2014 11:39 AM
53	Parent addiction to drugs and or alcohol	11/3/2014 11:06 AM
54	brain based disorders from prenatal exposure to teratogens and carcinigans	11/2/2014 12:47 PM
55	Genetic services deficit--including inpatient consultation	11/1/2014 10:57 AM
56	Environmental Health. This relates to exposures to contaminants from food, the home, and other environments. The fetus is potentially exposed via the mother during this sensitive stage of life. Education to mothers and health care providers is necessary.	10/31/2014 3:36 PM
57	This is if you consider stress from nicotine use creating a toxic environment for babies in utero.	10/31/2014 9:50 AM
58	FASD	10/31/2014 8:41 AM
59	ENT health	10/30/2014 11:46 AM
60	1. Maternal Depression which impacts all of the above which then can lead to child maltreatment	10/29/2014 3:01 PM
61	Adverse childhood expereinces and their life long effect on a person---parenting	10/29/2014 8:39 AM
62	Early detection of hearing loss, and subsequent early intervention to promote development of speech and language.	10/29/2014 7:51 AM
63	fetal alcohol spectrum disorders	10/28/2014 7:36 PM
64	FASD, FASE	10/28/2014 5:15 PM

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65	Brain development and knowing what to do/how to help babies develop the best way possible (i.e. games for cognitive growth, hand/eye coordination, reading to babies ect)	10/28/2014 3:48 PM
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**Q5 In which of the areas listed below could the Alaska maternal child public health system improve related to WELL BABY AND PREVENTATIVE HEALTH CARE SERVICES?**

Answered: 744 Skipped: 321



Answer Choices	Responses	
Availability	42.88%	319
Accessibility	58.33%	434
Quality	23.25%	173
None	4.03%	30
I don't know/No opinion	17.07%	127
<b>Total Respondents: 744</b>		

#	Further comments/clarifications	Date
1	Economical accessibility and information accessibility	12/18/2014 2:57 PM
2	Need transportation and help with follow-up	12/18/2014 1:10 PM
3	Mental health care for pregnant women and new moms	12/16/2014 12:56 PM
4	Availability and accessibility of addressing mental health needs in pregnant women.	12/15/2014 12:16 PM
5	Due to our remote location, many families have to travel to Anchorage to obtain anything beyond routine care.	12/12/2014 1:14 PM
6	Public free transportation to these area for us low income parents	12/12/2014 10:52 AM
7	I think providers are missing opportunities to identify children at risk for social and emotional concerns due to family stressors or lack of nurturing environments.	12/11/2014 3:38 PM

## Alaska Maternal & Child Health Needs Assessment Survey

8	Public Transportation within the Anchorage, Eagle River & Chugiak Peters Creek area is atrocious (especially as it impacts low income new parents attempting to access care, assessment and intervention for this age group).	12/11/2014 9:32 AM
9	More intensive health services for mothers and infants in rural Alaska.	12/10/2014 5:35 PM
10	Information about services provided through hospitals, doctors, and mid-wives	12/10/2014 2:11 PM
11	In remote areas well baby checks are difficult due to transportation	12/10/2014 1:37 PM
12	In remote areas preventive health is neglected due to lack of access	12/10/2014 1:34 PM
13	Please do not focus on women being the only parent that cares. Allow men to raise the children and make the environment inviting to them. I have seen several men raise children on their own in Alaska.	12/10/2014 9:04 AM
14	Ensure cost is not an issue ever...	12/10/2014 8:12 AM
15	Access to real time support for Breastfeeding providers and mental health professionals	12/9/2014 8:27 PM
16	People who use English as a second language often can't get the same level of service because providers don't want to pay for interpreters (ASL included). This impacts accessibility. There are not enough qualified providers in rural Alaska.	12/9/2014 6:52 PM
17	availability of options does not exist if the public is unaware of them	12/9/2014 5:47 PM
18	I think that accessibility remains of highest importance, in Alaska for well baby and preventative health care services.	12/9/2014 4:52 PM
19	With new information about the numbers of FASD much higher than previously thought, a better plan for support and early identification would be beneficial. This group is over represented in the foster care system.	12/9/2014 4:48 PM
20	Services are available and accessible, but information about the services is not always readily available.	12/9/2014 4:46 PM
21	need more in home, transportation is an issue.	12/9/2014 4:45 PM
22	I am specifically thinking about the ability of the system to accurately screen for conditions of great risk to young babies during newborn & infancy health care visits. This includes both at the public health centers BUT importantly at all family practice & pediatric settings that serve these babies. And the risks that need to be screened better are those for trauma exposure & living in households with known significant risk factors for harm including parental substance use & mental health problems.	12/9/2014 3:53 PM
23	it is not always easy for parents to physically get themselves to their health care providers. Especially in Dillingham, if they don't have medicaid, it's a long expensive cab ride.	12/9/2014 3:10 PM
24	Availability for maternal mental health, no providers out there. Need more push for maternal mental health.	12/9/2014 3:07 PM
25	No openings/ too expensive for those that HAVE insurance.	12/9/2014 2:50 PM
26	I think we have great access to well baby and preventative services.	12/9/2014 2:45 PM
27	It is not always known if the individuals doing the well baby checks are qualified, if the checks are as comprehensive as needed, or done timely	12/9/2014 2:30 PM
28	WIC is here but not every item needed is not there when a parent goes shopping.	12/9/2014 2:30 PM
29	It is unfortunate that I cannot have my baby here in Nome because cesarean sections are not done here. It will cost my husband and I so much more money to travel to Anchorage and have to wait there until the baby is due. That puts a huge economic strain on my family in a town where the cost of living is already high. I should also mention that neither I or my husband qualify to be IHS beneficiaries.	12/9/2014 2:16 PM
30	Consistency of care	12/9/2014 2:13 PM
31	I lived in Port Townsend, Washington when my son was a newborn and the county lactation consultant came to my house every day for a short visit. It was very helpful and reassuring and also made me feel less isolated.	12/9/2014 10:33 AM
32	Need public health back in the home.	12/9/2014 10:01 AM
33	periodic standardized developmental screenings during well baby care.	12/9/2014 9:53 AM
34	I would like to see increased awareness and support for the mothers and postpartum depression that is not addressed, diagnosed, or supported well enough. This as a preventative service more than interventive and with the understanding that mother wellness directly affects child wellness at all stages of life.	12/5/2014 1:53 PM

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35	I believe we are doing great providing Well Baby/Child visits. It would be great to have better handouts to give parents. The booklets for anticipatory guidance, developmental stages, etc. We were given supplies, but no longer have them.to give to parent, grandparent, family, whomever is raising the child.	12/5/2014 11:50 AM
36	Difficult for immigrants to get these services affordably.	12/5/2014 10:46 AM
37	Especially in areas of physical, economic and informational accessibility across state and population, Information especially needs to move with the younger generations into the world of social media and wrap-around, full time accessible in electronic form which also help with physical and economic access	12/5/2014 10:34 AM
38	For mothers/fathers to know the worth of the well-child checks	12/5/2014 8:13 AM
39	Improve relationships with substance abuse treatment centers	12/5/2014 7:40 AM
40	ACCESS, AVAILABILITY, QUALITY ARE ALL PRESENT IN WASILLA. Reduce drug use such as etoh and increase drug treatment facilities will directly improve care.	12/4/2014 3:02 PM
41	These services would be welcomed out in the rural areas through parenting classes and health fairs.	12/3/2014 3:53 PM
42	i think the public health system is still challenged by distance, especially for rural Alaskans.	12/3/2014 12:22 PM
43	Not only is this time in life critical but we also need to make sure that people that do not qualify for free public assistance to and from the hospitals get the proper services needed to ensure the health and wellbeing of every infant.	12/3/2014 1:41 AM
44	The programs that exist seem to be under funded, and there are not nearly enough people/ resources to go around, especially in the villages.	12/2/2014 3:25 PM
45	What a "medical home" is and how to access a "medical home" ...information about this and assistance with this is needed.	12/2/2014 9:40 AM
46	My *perception* is that funding for these services has been cut tp below necessary levels. I do not know the facts of the matter, however.	12/1/2014 3:06 PM
47	provide trainings and quality improvement guidance to clinics serving medicaid clients help enroll families into medicaid or health care coverage	12/1/2014 2:27 PM
48	Families have transportation issues therefore health care is not accessible	11/29/2014 10:28 PM
49	In terms of getting the information out there that these services are available. I was ecstatic when I found out a public health nurse would come to my house and help with breastfeeding and do a well-baby check right there. It was so hard to get out of the house those first couple weeks. And I really needed help the first couple days at home as newly breastfeeding was overwhelming those first few days.	11/29/2014 10:19 PM
50	Availability- get the word out to the needed population on where and transportation to get there. Accessibility- affordable to all Quality- may be available, I am not qualified to judge, but of course this is extemely important	11/29/2014 12:12 PM
51	More staffing of high quality providers	11/28/2014 10:41 PM
52	non-discrimination	11/27/2014 3:14 PM
53	monthly home visits like they use to do in the past.	11/26/2014 4:15 PM
54	More outreach and education for high risk areas that have been identified.	11/26/2014 4:53 AM
55	Access and availability in rural areas.	11/25/2014 11:27 PM
56	Need more services for low income families, DKC recipients	11/25/2014 2:23 PM
57	We do have a health aide	11/25/2014 10:24 AM
58	Several small communities on Prince of Wales, healthy center is in Craig, many people don't have dependable transportation to get to Craig, minimal visits to outlying areas is a concern	11/24/2014 3:11 PM
59	Insurance restrictions on people who want to use/prefer Public Health Centers.	11/24/2014 12:37 PM
60	Cost is part of accessibility. those who cannot afford, will not be able to access.	11/24/2014 12:25 PM
61	There is a discrepancy of care between private providers and State providers for well baby exams.	11/24/2014 9:32 AM
62	People living off the road system are at a significant disadvantage in receiving these services.	11/23/2014 5:12 PM

## Alaska Maternal & Child Health Needs Assessment Survey

63	Potentially just in terms of better education about services available and attempts to reach out to groups in need of services	11/23/2014 1:42 PM
64	While we may have fair newborn/infant basic care available in town it is not available at all in the villages here. With the number of babies requiring specialized care we should have specialists here, not ones that only come monthly plus we have no NICU capabilities which creates massive hardships for these families who have to go to the mainland.	11/21/2014 4:01 PM
65	Communication access for the deaf	11/21/2014 3:57 PM
66	Working more closely with the Behavioral Health system in regards to Substance Use, DV, or even MH concerns that could impact the child's life.	11/21/2014 10:28 AM
67	Lack of consistent home visitation programs decreases availability of well baby and preventative health care for young mothers of low socioeconomic status in Alaska; in our service area there are many young mothers that have to get their care in Anchorage or in Wasilla (over 1 hr away in some cases) to the detriment of the child.	11/21/2014 9:41 AM
68	We used to have a very successful well baby nursing staff at local hospitals and they connected with new moms to do a well baby check and help new moms with follow ups and assistance. All my daughters had this help and it was awesome and we need that again.	11/21/2014 8:19 AM
69	Expansion of services. Better community awareness which can lead to better outcomes.	11/20/2014 8:43 PM
70	The infant healthcare I have recieved has.been sufficient, though without coverage very expensive	11/20/2014 6:07 PM
71	outreach and education	11/20/2014 4:27 PM
72	Private insurance companies don't always pay for well baby checks (ours didn't) and it was an expense we struggled with.	11/20/2014 4:11 PM
73	full funding!	11/20/2014 3:49 PM
74	Due to the distance from Villages there are not enough providers to give proper time.	11/20/2014 3:21 PM
75	I think we need more proactive service delivery and greater collaobration between OCS and Public Health in infant death/maltreatment prevention	11/20/2014 2:48 PM
76	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:17 PM
77	We live in a remote area that has only a SEARHC clinic with an annual TOT's Clinic with Pediatricians, and specialist that visit, coordinated by the Parents as Teachers program.	11/20/2014 1:36 PM
78	Nutritional and dental screenings. Poor nutrition early in life, increases risk of obesity and many chronic health disorders.	11/20/2014 12:56 PM
79	We have great Public Health providers but a limited number so caseloads seem high and potential for a family to not access services greater.	11/20/2014 12:42 PM
80	I use to work for MFCH/WIC central office Juneau back in 1994-98 it is a very good program, and very beniafical to all lower income mother's all through their pregancy and thorough 5 year of age.for the child. Mother's were issued WIC warrants every month to purchase nurtiental foods for them while pregant and for them and the infant after bith til one year of age after that time, the WIC warrants was issued every month for the child up to 5 years, to make sure they were getting the proper nutrition they needed. It was and is a very good program.	11/20/2014 12:07 PM
81	I believe that physical accessibility and affordability are high priority.	11/20/2014 11:02 AM
82	I think both availability and accessibility go hand-in-hand for rural and remote Alaska. I am a proponent of the quality of service available if people can get there. Transportation is overlooked or maybe incorporated in your dimension of affordability.	11/20/2014 10:42 AM
83	Mother's and children in Houston, Willow & Talkeetna often have a difficult time making it town for healthcare related needs.	11/20/2014 10:26 AM
84	While there are great medical and developmental services for babies, there is relatively few quality services provided that offer parents an understanding of their babies mental health and tools to increasing bonding and attachment.	11/20/2014 10:21 AM
85	HAVE A TRAVELLING HEALTHCARE BUS	11/20/2014 9:47 AM
86	As noted above, more effort/funding should be aimed at supporting women with the most common complication of pregnancy -- perinatal mood disorders.	11/20/2014 9:36 AM

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87	As with all healthcare, availability is always on the forefront. Alaska has many family practice physicians, could use more OB-GYN physicians. More availability and choice in the village population and small communities. It is a hardship to have to send everyone to Anchorage for evaluations and other medical needs.	11/20/2014 9:16 AM
88	There are agencies out there like WIC, Medicaid, Public Health nurses, they exist but there's always room for improvement in all dimensions. So I don't really know how to answer this kind of questions.	11/20/2014 9:15 AM
89	Education of and letting them know what is available to them.	11/20/2014 9:04 AM
90	Knowing what services are available.	11/20/2014 9:01 AM
91	Primarily accessibility of information - I have a great OB and gave birth (the first time) at Providence, but once I got home I felt that I wasn't sure what to do for infant illnesses, whether he was meeting milestones, etc. Information about this should be handed out at the OBs office in the 3rd trimester and it would have been very helpful to have a counselor at the hospital.	11/20/2014 8:01 AM
92	Monthly or even weekly clinics accessible to the poor and non poor.	11/20/2014 6:39 AM
93	part of accessibility is to let people know you are there, where you are and the means to get to your location	11/19/2014 10:44 PM
94	Birth control and family planning should be considered preventative health care for infants already in existence as well as those who may be conceived/born.	11/19/2014 7:59 PM
95	Market the importance of well baby care. Much of how families seek health care relate to episodes of illness and not well child care. Also, in rural villages community health aides should be able to do well child exams, if they will. It would be great if they realized that EPSDT exams would be great for the child and also for the bottom line of the health corporation.	11/19/2014 6:04 PM
96	rural villages still lack sufficient actual bodies in the provider agencies to meet the needs.	11/19/2014 5:04 PM
97	Nurses and other health professionals need more time with families to assess and provide services/referrals as needed.	11/19/2014 4:10 PM
98	I used to work for the US Air Force which utilized a home visiting program with the aim of education and preventing child abuse. The mode of Social Worker/Nurse team seemed quite effective and I know Anchorage had a home visiting program at one point - these preventative services in Health and Human Services are extremely valuable which invariably saves future costs and hardship that accompanies abusive situations	11/19/2014 4:08 PM
99	Sitka Public Health does a wonderful job with outreach to new families	11/19/2014 3:51 PM
100	I believe Quality of services is good.	11/19/2014 3:48 PM
101	more advertising campaigns on Breastfeeding and nutrition and oversight of hospitals to provide breastfeeding friendly policies(technical support)	11/19/2014 3:47 PM
102	Less red tape, and more effective time spent.	11/19/2014 3:23 PM
103	Failure to understand the importance of having a medical home where a child receives both well and sick care.	11/19/2014 3:17 PM
104	Perinatal Mood Disorder Screenings Infant/baby developmental screenings Fussy Baby screenings and intervention Referrals to Infant Learning Program	11/19/2014 3:14 PM
105	Accessibility for drug addicts and the mentally ill are critical to prevent child maltreatment and child fatality.	11/19/2014 3:06 PM
106	In general clinics are poorly staffed, difficult to get appointments, lack of knowledgeable staff, and nearly impossible to get medical records.	11/19/2014 3:04 PM
107	Accurate information is always welcome. Brochures should be informative while also being easy to read and include links for further learning.	11/19/2014 2:56 PM
108	I am not up to date on what services are currently provided for these three categories.	11/19/2014 2:56 PM
109	I think we are well covered in this area.	11/19/2014 2:52 PM
110	More education, advertising and support systems needed for pregnant women and new mothers, more health education available for breastfeeding and prenatal care and postnatal care as well as contraception education and family planning education, more education on vaccines	11/19/2014 2:51 PM
111	Economical accessibility (affordability) is a real challenge for parents in Anchorage.	11/19/2014 2:49 PM
112	Information accessibility--increase awareness that well baby checks are free/no deductible physical accessibility--video for remote villages??	11/18/2014 3:32 PM

## Alaska Maternal & Child Health Needs Assessment Survey

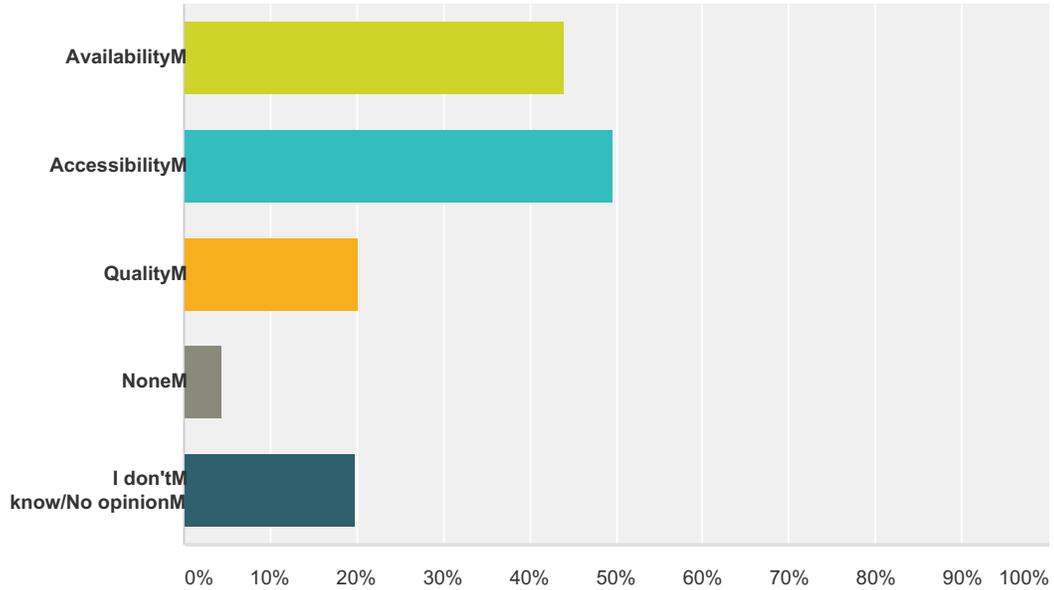
113	Patients in underprivileged areas aren't often able to access resources due to lack of transportation. Having offices in low income neighborhoods may help if not already in place.	11/18/2014 3:30 PM
114	Increased availability in rural areas	11/18/2014 3:28 PM
115	I believe that both the accessibility and availability of these services are well provided throughout our state. Perhaps the only improvement would be the quality of the service provided.	11/18/2014 2:56 PM
116	All Alaskans deserve quality healthcare that is easily accessible.	11/18/2014 1:17 PM
117	Economic accessibility in particular.	11/18/2014 11:18 AM
118	Economical accessibility and closer follow up by providers.	11/18/2014 8:48 AM
119	I believe the SOA does an excellent job in these areas already with the major constrictions being financial and generally how the health care system in the US is set up.	11/17/2014 7:22 PM
120	Children on Medicaid and Denali Kid Care are eligible for preventive health screenings, but there must be other barriers - such as not knowing the child is eligible for screenings, or due for screenings, or maybe they have difficulty getting there. There is health care provider turnover in some areas.	11/17/2014 3:04 PM
121	Varied locations and times--weekend appts	11/17/2014 1:32 PM
122	Need to promote Bright Futures further and provide trainings for health care providers.	11/17/2014 11:58 AM
123	Need to open programs so more people can qualify such as the Nurse Family Partnership. This should be open to beyond first time moms if they meet the other criteria. This program may not have been available during their first pregnancy but they could still benefit from it. This, of course, means more funding.	11/17/2014 11:34 AM
124	As well as, awareness, knowledge and importance with mothers, fathers, partners and caretakers	11/17/2014 11:07 AM
125	More early learning screening and education for community health aides, MDs, NPs to offer parents.	11/17/2014 10:51 AM
126	for those outside of cities	11/17/2014 10:33 AM
127	Cost of care for those lacking insurance/Medicaid coverage - also off hours for those w/difficulty getting time off from work.	11/15/2014 2:54 PM
128	I don't have children so I have not had to seek these services.	11/14/2014 1:29 PM
129	I am not in the medical profession and do not know enough to make an opinion.	11/12/2014 4:48 PM
130	Vaccine reduction at PHN due to state funding cuts.	11/11/2014 11:31 AM
131	WIC offices need to have consistent hours of service, and be open to walk ins when time allows. Also need updated nutrition for vouchers, no infant needs juice	11/4/2014 9:09 AM
132	When I was needed assistance with anything from the State or City, there was always a long wait, hold time or no one would answer my questions. I would be sent somewhere else or transferred somewhere else.	11/4/2014 8:15 AM
133	Availability: Too few services in villages Accessibility: Villages have low accessibility, and particularly for non-Native residents Quality: The State DPH leadership has abandoned science, so this of course needs lots of work.	11/3/2014 5:56 AM
134	I think there are some great programs at the health centers but could benefit from more staff, more training, and more value to these rolls that work with young families	10/30/2014 4:46 PM
135	Need to increase accessibility for well-baby and postpartum services for low-income families.	10/30/2014 3:53 PM
136	Need additional programs/equipment/personnel re audiology and NBHS follow up	10/30/2014 11:48 AM
137	It is inconvenient and difficult for patients in villages to travel particularly in the winter	10/29/2014 3:43 PM
138	Bring Public Health Nurses back!! After hours immunizations and WIC hours	10/29/2014 2:57 PM
139	include trauma screenings	10/29/2014 12:09 PM
140	PHNs come to the village only a few times a year. Getting the required immunizations and timely well child checks are difficult to schedule.	10/29/2014 11:15 AM
141	First, you are doing a good job with this! I think we need more...please continue with creative, out of the box efforts to reach disparate populations with more targeted messaging, outreach and economic scaffolding.	10/29/2014 9:09 AM
142	service's in the rural communities are not consistent.	10/29/2014 8:46 AM

## Alaska Maternal & Child Health Needs Assessment Survey

143	teaching providers about ACEs	10/29/2014 8:40 AM
144	many of the communities which I work with I find that the local health aides are lacking in training, support for their jobs. For many of the parents there is little or no support for parent education all levels of parenting.	10/29/2014 8:34 AM
145	In my role to support rural Alaskans in connecting with a medical home I find that most villages do not have Well Baby and Preventative Health Care Services available nor accessible locally due to low staffing and the inability to schedule non-emergency appointments. Additionally, when the families reach their local staff or travel to the nearest hub the quality is poor due to the lack of relationships with a primary care provider.	10/29/2014 8:09 AM
146	ability for the health centers to do immunizations	10/29/2014 7:53 AM
147	Limited care available in rural areas on road system. Well baby & preventive care providers should be made available to do home visits beyond the suburbs of Anchorage. The Nutasviik program at SCF is too limited. All infants & mothers should have access to home based services post partum to prevent abuse, neglect & stressful health situations that could be solved by a home-based nurse.	10/28/2014 8:24 PM
148	Y'all are doing great work, but some of the quality issues I see are a lack of resources and services in other languages or in ways that are culturally-appropriate for Alaska Native people and communities of color and that services need more coordination between domestic violence/sexual violence/reproductive coercion efforts and pregnancy/birth/parenting efforts. In terms of accessibility, health literacy and multiple languages are issues, and I have heard that public health nurses have seen their work change in such a way that it's harder for them to do in-depth home visits, which are very helpful. If this is true, then that seems like an accessibility problem. In terms of availability, programs like NFP are great, but they are limited in scope (Anchorage only, etc.) so it would be nice to have that expanded -- and also better coordinated with programs like Linda Chamberlain's on best practices for DV assessment.	10/28/2014 8:05 PM
149	Not enough PHNs to serve interior Alaska villages	10/28/2014 7:49 PM
150	Public Health nurses serve the most at-risk populations and they are becoming increasingly harder to get an appointment with. Public Health nurses need to increase their accessibility again.	10/28/2014 6:49 PM
151	mandate parents care for their children and sanction those who fail to	10/28/2014 6:02 PM
152	In some cases, not all though, if they are not native, the cost of being seen in some rural areas by a provider is quite expensive.	10/28/2014 4:51 PM
153	We could use funding for breast feeding pumps.	10/28/2014 4:37 PM
154	The number of children who have died occur in places where there is only village clinics or quality of providers are lacking in this area.	10/28/2014 4:22 PM
155	If ALL Alaskan children 0-18 were covered by Denali Kid Care or IHS would are kids be healthier?	10/28/2014 4:06 PM
156	There is one public health nurse in Valdez and they seem to either be closed or have no openings in the near future. The only other option is the clinic which also usually has no openings in the near future.	10/28/2014 3:51 PM
157	I really haven't heard of how the Alaska Maternal Child health system could help me or my baby at all. Maybe more outreach about what they do and how they can help.	10/28/2014 3:50 PM
158	families and providers are sometimes on different pages regarding the importance of preventative care. this affects availability and quality of care offered. rural communities who are primarily served by CHA/Ps may not have access to quality preventative care due to emergent care issues taking precedence and/or turnover and training of CHA/Ps.	10/28/2014 12:44 PM
159	health aides and public health nurses are stretched thin and are expected to do a lot for multiples of people.	10/28/2014 11:15 AM
160	I went through 7 different doctors. its really uncomfortable to have so many different doctors looking at very sensitive areas. quality in services and retention of workers for all health care facilities would be great.	10/28/2014 11:14 AM
161	When I looked online for the information from the SOA, I couldn't find much. Using simple search terms like Well Baby, Preventive health care, etc. didn't seem to bring up links that would give me the information I wanted.	10/27/2014 1:43 PM

**Q6 In which of the areas listed below could the Alaska maternal child public health system improve related to GROWTH AND DEVELOPMENTAL SCREENINGS?**

Answered: 739 M Skipped: 326M



Answer Choices	Responses
Availability	43.98% 325
Accessibility	49.66% 367
Quality	20.30% 150
None	4.47% 33
I don't know/No opinion	19.89% 147
<b>Total Respondents: 739M</b>	<b>M</b>

#	Further Comment/clarifications	Date
1	Homer has very bad early intervention program.	12/18/2014 4:16 PM
2	some time out of vaccines needed at well baby checks	12/12/2014 10:52 AM
3	for example, early intervention services are not easily accessibly across the State (but I am not certain this is something that can be addressed via the public health system)	12/12/2014 9:49 AM
4	Encouragement for providers to utilize standardized developmental screening tools and regular intervals. With the variability of provideres in the state, this is challenging.	12/11/2014 3:38 PM
5	and affordability - Many families in rural Alaska have to travel by plane to see a healthcare provider.	12/10/2014 5:35 PM
6	Again information given at durning pregnancy via doctors/mid-wives or at birth through hospital/midwives.	12/10/2014 2:11 PM
7	Well child checks are not available due to remoteness	12/10/2014 1:34 PM

## Alaska Maternal & Child Health Needs Assessment Survey

8	We are remote. Personally I saw an alienating female parent alienate her own child from her ex. Because she was a tenured special education teacher and a bully.	12/10/2014 9:04 AM
9	It would be nice if the clinics were sent information to give to the public so they can be informed of options they may want to pursue.	12/10/2014 8:43 AM
10	The information provided by growth and developmental screenings can be immense, but it doesn't seem to be used fully. Things are missed; providers aren't giving patients the information needed to help improve development of children. Plus the information listed in A1.	12/9/2014 6:52 PM
11	physicians need to be more educated in breastfeeding facts, in supporting breastfeeding mothers and understanding the difference in weight gain/growth progression for exclusively breastfed babies.	12/9/2014 5:47 PM
12	The services are available, but don't always have the capacity to meet the need.	12/9/2014 4:46 PM
13	transportation is an issue	12/9/2014 4:45 PM
14	Limited providers/ knowledge on the Peninsula	12/9/2014 2:50 PM
15	Go back to the comprehensive well baby checks where it is more than just one dimensional.	12/9/2014 2:30 PM
16	If this was more early on in a child's life corrective measures can happen sooner.	12/9/2014 2:30 PM
17	Have controls in place that ensure screenings are being performed. Specialty clinics should be based in the community not itinerant or they should be supplementing an established screening process.	12/9/2014 2:18 PM
18	I really think more outreach should be provided to our rural hubs and area villages.	12/9/2014 2:16 PM
19	Consistency of care - proactive children's health	12/9/2014 2:13 PM
20	I wasn't in Alaska with children one and younger.	12/9/2014 10:33 AM
21	Wish they would be better coordinated with ILP's. Specifically focused on ASQ Online and ASQ SE, so we're all speaking the same language.	12/9/2014 10:01 AM
22	Many pediatricians don't use standardized tools to assess children's developmental milestones.	12/9/2014 9:53 AM
23	Again we need materials to give to educate people about food portion size for their child's needs. I find we have all these divisions yet we don't share resources and if you are new hire you don't even know a lot of things already exist in the SOA system. An example If you are addressing obesity, active lifestyle, etc why do the front line PHN' not have the materials to distribute to the families we see on a daily basis. to fulfill the public health missions.....	12/5/2014 11:50 AM
24	More education out in the community	12/5/2014 10:46 AM
25	Especially within private sector health care provision these basics are often short changed compared to treatments and acute care	12/5/2014 10:34 AM
26	I administer the ASQ program, we have very little participation from the public health system providers, much more from the private ones. Especially village outreach!!!	12/5/2014 8:13 AM
27	Improve relationships with substance abuse treatment centers	12/5/2014 7:40 AM
28	Parents do not have enough support to breast feed once they leave ANMC.	12/3/2014 3:53 PM
29	I think the same problem exists for this category.	12/3/2014 12:22 PM
30	What villages currently have are okay but honestly, a lot of mothers have no clue what they are doing and a lot of health care providers do not have proper training or knowledge to give good advice in helping to prevent a lot of the illnesses infants suffer from. It's that or a good clinic is not easily accessible for this families that cannot afford an expensive plane ticket and lodging/meals.	12/3/2014 1:41 AM
31	Not all providers utilize the same scientific assessment tools for autism and developmental screenings. Some don't use any screening tool at all.	12/2/2014 9:40 AM
32	same as above	12/1/2014 2:27 PM
33	Public education and awareness about this amazing resource	11/30/2014 11:16 AM
34	monthly home visits like they use to do in the past.	11/26/2014 4:15 PM
35	More outreach and education for high risk areas that have been identified.	11/26/2014 4:53 AM

## Alaska Maternal & Child Health Needs Assessment Survey

36	Use an actual developmental screen. Ages and Stages Questionnaire (ASQ) supported	11/25/2014 10:31 AM
37	Health aide depends on the twice a year PHN to take care of little ones.	11/25/2014 10:24 AM
38	see note above	11/24/2014 3:11 PM
39	For f/u on concerning exams.	11/24/2014 1:31 PM
40	Limited at physician-based "medical home";hesitant to refer to services	11/24/2014 12:37 PM
41	Cost is part of accessibility.	11/24/2014 12:25 PM
42	See 5.	11/23/2014 5:12 PM
43	Our Infant Learning Program is awesome	11/21/2014 4:01 PM
44	Public Information	11/21/2014 12:38 PM
45	Cost and Referrals. Many Physicians in the area do not refer like they should.	11/21/2014 12:21 PM
46	Many children in our service area are "lost to follow-up" and do not receive needed services or screenings; again home visitation programs for at risk women and children/infants would go a long way to solving this issue and/or transportation services;	11/21/2014 9:41 AM
47	Again the well baby program through public health nurses.	11/21/2014 8:19 AM
48	Developmental screenings are not occurring soon enough or occurring at all.	11/20/2014 8:43 PM
49	Testing for autism spectrum.	11/20/2014 6:07 PM
50	Regular parents without a financial constraint can not access some of the resources out there because their income pushes them out and makes them ineligible, without information on where to go to now.	11/20/2014 5:12 PM
51	Alaska does good with this (PIC, etc.)	11/20/2014 4:11 PM
52	full funding!	11/20/2014 3:49 PM
53	same as above	11/20/2014 3:21 PM
54	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:17 PM
55	It's my understanding health aides complete wellness screenings which appears to be outside the scope of practice.	11/20/2014 1:42 PM
56	Continued funding for the Parents as Teachers program to continue making these programs available.	11/20/2014 1:36 PM
57	More partnering with Part C program and the universal online ASQ screening could greatly improve accessibility in all communities	11/20/2014 12:42 PM
58	same as above	11/20/2014 10:42 AM
59	I believe possible drug screening should be part of a well baby check with the number of addicted mothers in the communities.	11/20/2014 10:36 AM
60	Mother's and children in Houston, Willow & Talkeetna often have a difficult time making it town for healthcare related needs.	11/20/2014 10:26 AM
61	Health care providers in AK need to use consistent developmental screening tools on ALL infants and toddlers	11/20/2014 10:02 AM
62	MORE PHN	11/20/2014 9:47 AM
63	I work with disabilities and have had the opportunity to speak with many clients from small villages throughout the city. I find that most persons I have spoken with have had adequate screenings occur within the current system	11/20/2014 9:16 AM
64	My child's growth and development was screened at the Native hospital, not by the Alaska maternal child public health system.	11/20/2014 9:15 AM
65	education of importance - awareness	11/20/2014 9:06 AM
66	Monthly or weekly clinics available and advertised to all.	11/20/2014 6:39 AM
67	EPSDT screenings via standardized, consistent tools every year!	11/19/2014 7:59 PM
68	Really that they are available for infants. I think they get lumped into the Well Child Checks.	11/19/2014 5:50 PM

## Alaska Maternal & Child Health Needs Assessment Survey

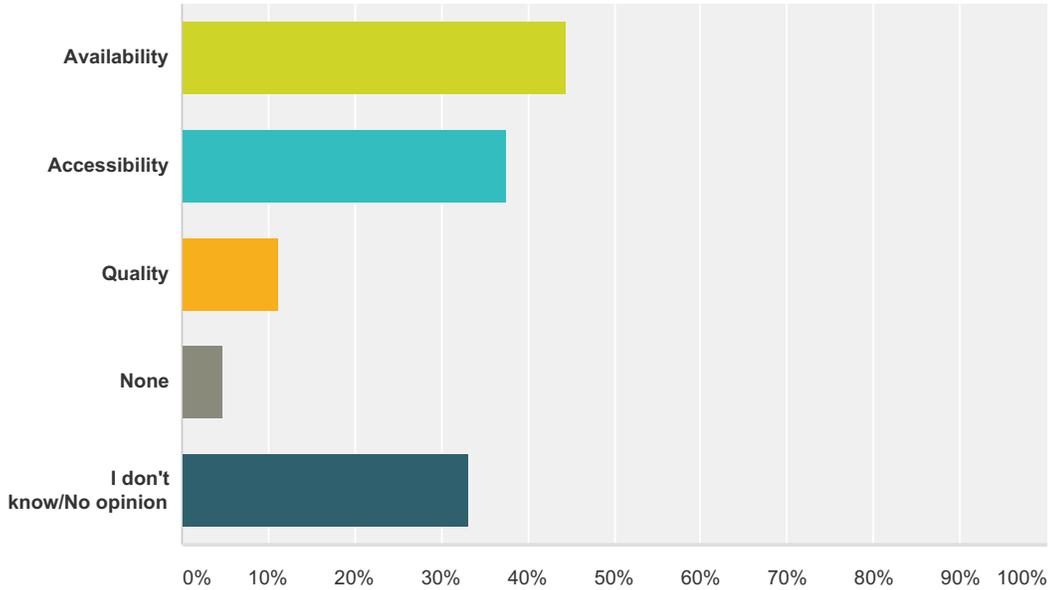
69	even a traveling addition to what is available would be helpful	11/19/2014 5:04 PM
70	Between Public Health, Center for Community, and the school district Child Find we have a comprehensive growth & developmental screening program. I think many of the most at risk populations don't use it, though, and I'm not sure why.	11/19/2014 3:51 PM
71	I don't know about Quality.	11/19/2014 3:48 PM
72	again increased information/advertising to help promote regular screenings	11/19/2014 3:47 PM
73	Less BMI based progress. We have got to learn more toward individual based progress.	11/19/2014 3:23 PM
74	Growth and Developmental screenings should occur within the medical home and part of the well child exam as compared to piecing out parts of the well child exam to a public health professional	11/19/2014 3:17 PM
75	Perinatal Mood Disorder Screenings Infant/baby developmental screenings Fussy Baby screenings and intervention Referrals to Infant Learning Program	11/19/2014 3:14 PM
76	outreach that it exists	11/19/2014 3:14 PM
77	Parents who cannot feed, clothe, or house themselves or their children do not typically address their child's development, yet this is the very population that deserves these screenings the most.	11/19/2014 3:06 PM
78	Federal law requires children in custody of the State to have EPSDT exams, local clinics are generally unable to provide this service	11/19/2014 3:04 PM
79	I think this is fine.	11/19/2014 2:56 PM
80	There are probably areas in the state with little access to these. Also, I think creating more public awareness of the programs that are available would be a good thing.	11/19/2014 2:52 PM
81	consistency in how different agencies and programs are screening in this area.	11/19/2014 2:52 PM
82	many families don't know where to start	11/19/2014 2:51 PM
83	Education about importance	11/19/2014 2:50 PM
84	Education	11/19/2014 1:39 PM
85	This seems a part of well baby checks to me. Make sure they're a part of well baby checks?	11/18/2014 3:32 PM
86	All Alaskans deserve quality healthcare that is easily accessible.	11/18/2014 1:17 PM
87	With the amount of villages and patients that arrive from them, I am concerned about the child when they go back.	11/18/2014 3:25 AM
88	same as #5.	11/17/2014 7:22 PM
89	Ideally, growth and developmental screenings should occur during well child visits. See response to question 5.	11/17/2014 3:04 PM
90	Varied locations and times--weekend appts	11/17/2014 1:32 PM
91	As well as, awareness, knowledge and importance with mothers, fathers, partners and caretakers.	11/17/2014 11:07 AM
92	Training of family practitioners and health aides.	11/17/2014 10:51 AM
93	I don't know what your division is doing in regard to this issue	11/17/2014 8:59 AM
94	Affordability - as above	11/15/2014 2:54 PM
95	I don't have children so I have not had to seek these services.	11/14/2014 1:29 PM
96	see above comment in #5	11/12/2014 4:48 PM
97	When living in a smaller town (Sitka), the services and access was well-known and talked about. Living in a larger community (Wasilla)--I have no idea and do not see services about. I know I could find them if I did the leg work, but it's not the same as in a smaller place to live.	11/11/2014 11:31 AM
98	More people willing to go above and beyond.	11/4/2014 8:15 AM
99	I'm not sure there's evidence that growth and developmental screenings improve outcomes. But to the extent such data are identified (and again to the extent DPH cares about data driven policy) I would have the same response as to question 5	11/3/2014 5:56 AM

## Alaska Maternal & Child Health Needs Assessment Survey

100	ASQ and ASQSE need to be implemented in clinics, child care facilities, so that every child gets screened for developmental delay in order to connect those who need help as soon as possible. Clinic staff need education so they understand the necessity of early intervention.	10/31/2014 8:44 AM
101	Should be offered to every child.	10/30/2014 4:46 PM
102	same as #5	10/30/2014 11:48 AM
103	Developmental screenings are not covered under many private insurance plans, and if parents cannot afford to pay out of pocket will opt out.	10/29/2014 3:12 PM
104	Again public health nurses!	10/29/2014 2:57 PM
105	include trauma screenings and more understanding of maltreatment	10/29/2014 12:09 PM
106	These screenings can only be done with the PHN.	10/29/2014 11:15 AM
107	same as above	10/29/2014 9:09 AM
108	better education for staff administering screenings and doing follow-ups and referrals for additional services	10/29/2014 8:46 AM
109	education on how to administer the above screenings and to complete follow thru services	10/29/2014 8:34 AM
110	Offer the services locally and link families with resources as needed.	10/29/2014 8:09 AM
111	perhaps incorporate MCH services with area pediatricians/other primary healthcare providers, especially in urban areas	10/29/2014 8:04 AM
112	Make sure all providers know the immunization schedule, check for it every visit, encourage scheduled visits, do hearing and photo screening, and provide education for parents about the importance of visits to providers. Providers should also provide resources about transportation options if accessibility is a problem.	10/29/2014 7:54 AM
113	well child care visits	10/29/2014 7:53 AM
114	Quality home-based services need to be accessible throughout the state, including rural homes/communities on the road system. Remote Mat-Su borough & Kenai peninsula.	10/28/2014 8:24 PM
115	Not enough PHNs to serve interior Alaska villages	10/28/2014 7:49 PM
116	Public health nurses used to perform a comprehensive growth and development screening along with immunizations, but now they are trying to shift that to private providers and this is not working for the poorest population.	10/28/2014 6:49 PM
117	mandate parents care for their children and sanction those who fail to	10/28/2014 6:02 PM
118	Again, there are many home-schooled, or the more self-reliant families that have minimal interaction with medical and government entities in rural Alaska. This may be part cost-issue or it may be a life-style choice.	10/28/2014 4:06 PM
119	Again letting the public know where/how and who.	10/28/2014 3:50 PM
120	see previous comments. also, even some clinics who provide preventative care do not use evidence based tools to perform developmental screenings.	10/28/2014 12:44 PM
121	It would be nice to see WIC and public health work together with regards to these screenings.	10/28/2014 11:15 AM

**Q7 In which of the areas listed below could the Alaska maternal child public health system improve related to GENETIC TESTING AND COUNSELING?**

Answered: 739 Skipped: 326



Answer Choices	Responses
Availability	44.52% 329
Accessibility	37.48% 277
Quality	11.23% 83
None	4.74% 35
I don't know/No opinion	33.29% 246
<b>Total Respondents: 739</b>	

#	Further comments/clarifications	Date
1	It is my experience that families have difficulty accessing genetic testing and counseling and even if they are able to access it, cannot afford it.	12/18/2014 2:57 PM
2	It takes a long time for patients to be seen	12/12/2014 10:10 AM
3	Information about services provided through hospitals, doctors, and mid-wives, coverage through medicaid and major medical	12/10/2014 2:11 PM
4	Education...people know it is available.	12/10/2014 8:12 AM
5	Families don't know about this program	12/9/2014 8:27 PM
6	again, knowing your options	12/9/2014 5:47 PM
7	Many insurance companies do not pay for genetic testing thus families are often not aware of issues until the child is delivered.	12/9/2014 4:41 PM

## Alaska Maternal & Child Health Needs Assessment Survey

8	Almost NO providers in the area	12/9/2014 2:50 PM
9	There are no options for this in Homer. A woman must travel to Providence and have follow up visits in Anchorage.	12/9/2014 2:45 PM
10	I think to know where I'm coming from is very important, maybe even more so if I were adopted.	12/9/2014 2:30 PM
11	I didn't even know this was an option in Alaska.	12/9/2014 2:16 PM
12	I wasn't in Alaska with children one and younger.	12/9/2014 10:33 AM
13	Many families have multiple children with genetic abnormalities before they receive genetic testing.	12/9/2014 9:53 AM
14	I didn't know public health offered this service.	12/9/2014 9:18 AM
15	cost	12/5/2014 1:53 PM
16	Dont do this.	12/5/2014 11:50 AM
17	I do not believe these services are available in Kodiak, unless you are very rich	12/5/2014 11:50 AM
18	Stop aborting babies based on abnormalities.	12/5/2014 10:46 AM
19	Improve relationships with substance abuse treatment centers	12/5/2014 7:40 AM
20	let people know what they are and allow all to have access regardless to insurance status	12/4/2014 3:02 PM
21	Distance for rural Alaskans remains a problem here as well, in addition to availability (since much of the genetic testing and counseling is available only during a handful of days a few times a year in ANC or FAI).	12/3/2014 12:22 PM
22	I think that genetic treating could save and prevent a lot of lives if caught early on.	12/3/2014 1:41 AM
23	same as above	12/1/2014 2:27 PM
24	I think more information without bias, giving mothers and fathers their options and hard facts/resources are needed.	12/1/2014 9:39 AM
25	I don't know what they do for this.	11/26/2014 4:15 PM
26	I didn't even know this was a service offered by the state. It was offered privately by my doctor, but I didn't know the state did this, too. More outreach and education overall.	11/26/2014 4:53 AM
27	Never heard of this being available, so probably need improvement across the board	11/25/2014 12:05 PM
28	see note above	11/24/2014 3:11 PM
29	Clients need to be referred-work with doctors; market the Statewide Clinic; Grand Rounds educational sessions. Pre-clinic case management so appointment is thorough, of optimal value.	11/24/2014 12:37 PM
30	Cost is part of accessibility.	11/24/2014 12:25 PM
31	Not aware if thats even available in the state	11/21/2014 4:01 PM
32	COST...	11/21/2014 12:21 PM
33	Recognize the consequences and effect of intergenerational post traumatic in Native Communities. Recognize the high violence and addiction rate of the general Alaska population and mainstream culture as it relates to impacting all children.	11/21/2014 10:03 AM
34	The only genetic counselors and testing program that I know of is part of the Providence Healthcare System, which essentially leaves out all of our patients in our service area as many of them have difficulty driving to Anchorage for those services;	11/21/2014 9:41 AM
35	S/a	11/21/2014 8:19 AM
36	Lack of access.	11/20/2014 8:43 PM
37	I have never heard of AK addressing this to any extent.	11/20/2014 4:11 PM
38	Education	11/20/2014 3:21 PM
39	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:17 PM
40	This is available only through referral from the SEARHC clinic	11/20/2014 1:36 PM

## Alaska Maternal & Child Health Needs Assessment Survey

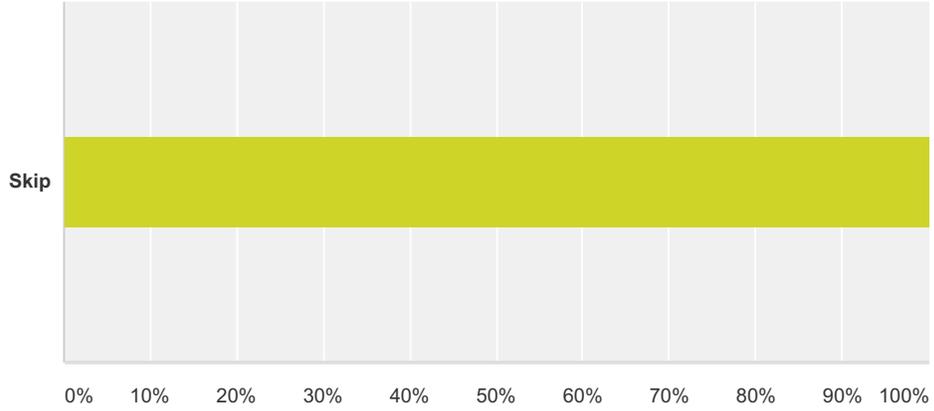
41	When these specific services are necessary, and in particular for consultation and assessment, it is challenging to schedule appointments due to case overload of visiting or resident professionals. Tele-medicine doesn't provide the personal service necessary when dealing with complex, highly emotional and individualized issues.	11/20/2014 10:42 AM
42	A significant number of children are forced to go outside of Alaska for specialized genetic testing.	11/20/2014 10:26 AM
43	Information is limited and could be improved by wider dissemination of information to the community	11/20/2014 10:21 AM
44	Genetic testing for autism should go with the initial diagnostic evaluation. There are no specific genetic markers but the field needs large population samples for learning more about autism	11/20/2014 10:02 AM
45	Again, most detailed testing is completed in Washington state. Increase availability in Alaska of testing	11/20/2014 9:16 AM
46	My child did not need any of these services although I know the State provides them; I don't know who is eligible for them.	11/20/2014 9:15 AM
47	I don't think a child needs genetic testing unless there is a serious delay or disability in which having that genetic testing would be helpful in identifying treatment options.	11/20/2014 9:06 AM
48	We had to seek genetic counseling and didn't receive good advice. There wasn't to my knowledge a person in Juneau. Telemedicine would have been easy to do. Also education of providers on referrals to knowledgeable counseling services.	11/20/2014 9:01 AM
49	Is this available?? I would have had this if I'd have known about it.	11/20/2014 8:01 AM
50	Making it available and known to all pregnant women.	11/20/2014 6:39 AM
51	maybe help with costs.	11/19/2014 4:04 PM
52	I had to go to Seattle for amniocentesis. That is a huge barrier to anyone without health insurance, disposable income, and travel experience. I marked quality because I have been generally disappointed in the quality of information I have received on a variety of topics from my health care provider(s) here.	11/19/2014 3:51 PM
53	need more staff to make clinics more available	11/19/2014 3:47 PM
54	Genetic testing should occur within the context of medical home (or provider referral) as part of an overall child exam as compared to piecing out parts of the exam to a public health professional	11/19/2014 3:17 PM
55	In my community, the clinic is only available once or twice a year, which can cause delays in getting assessments and treatment.	11/19/2014 3:11 PM
56	The only reason I know of to test for genetic defects is to abort affected babies. I cannot in good conscience support improving access to the murder of the unborn.	11/19/2014 2:52 PM
57	needs to be advertised and explained to all in case problems come up later in pregnancy or development and having caring compassionate care gives. Genetics counselors who are compassionate and informative	11/19/2014 2:51 PM
58	Not aware of the needs in the community at large ...	11/19/2014 2:50 PM
59	Financial accessibility. For those patients that make too much for Medicaid and not enough to cover the cost if testing.	11/18/2014 3:30 PM
60	The availability and accessibility should be more open to folks of all demographics.	11/18/2014 2:56 PM
61	All Alaskans deserve quality healthcare that is easily accessible.	11/18/2014 1:17 PM
62	Affordability for the working poor or high deductible clients.	11/18/2014 12:21 PM
63	I think more public education could be done about this topic. Most people don't understand what it is, where to get it, or that it is even an option.	11/18/2014 11:18 AM
64	The testing is incredibly expensive and not as accessible to families that truly need it.	11/18/2014 8:48 AM
65	ditto	11/17/2014 7:22 PM
66	Hard to get an appointment	11/17/2014 1:14 PM
67	As well as, awareness, knowledge and importance with mothers, fathers, partners and caretakers	11/17/2014 11:07 AM

## Alaska Maternal & Child Health Needs Assessment Survey

68	More training for providers. I have met women who were not offered genetic testing based on physician decision. Ethically a problem. Another ethical problem is about pregnancy options counseling. Providers need pregnancy options counseling throughout the state. Some women are automatically referred to prenatal care and coerced by the system to carry a pregnancy and become a parent when they are ambivalent with an unintended pregnancy. How does the ambivalence correlate to poor attachment and, or high ACE scores?	11/17/2014 10:51 AM
69	for those outside of cities	11/17/2014 10:33 AM
70	Publicity	11/16/2014 3:13 PM
71	preventions of FAS	11/16/2014 10:06 AM
72	Affordability - but I'm less familiar with availability of this testing and counseling.	11/15/2014 2:54 PM
73	I don't have children so I have not had to seek these services.	11/14/2014 1:29 PM
74	See comment in #5	11/12/2014 4:48 PM
75	I have no knowledge of what exists or should exist with this.	11/11/2014 11:31 AM
76	Too expensive	11/4/2014 8:32 AM
77	Unalaska has had kids with these specific needs but they do not hold clinics in our area	11/3/2014 11:09 AM
78	This is a pretty good program that runs well. I would have a different policy regarding CPT1A screening (namely definitive genotyping)	11/3/2014 5:56 AM
79	We need a resident geneticist	11/1/2014 10:58 AM
80	education	10/30/2014 10:27 AM
81	Not available on site	10/29/2014 11:15 AM
82	Genetic Testing! Shouldn't we get the basic's down first before we even think of Genetic testing. Counseling is a much needed service in ther rural communitie.	10/29/2014 8:46 AM
83	800 # is great and very helpful to rural providers	10/29/2014 8:40 AM
84	Genetic testing is so behond what is needed in our rural communities. Things have and are improving but service's such as counseling need to be quality and available.	10/29/2014 8:34 AM
85	Information and affordability	10/29/2014 8:09 AM
86	advertise the genetics counselor from Anchorage and UW and U of O	10/29/2014 7:53 AM
87	Genetic counseling at Providence needs improvement.	10/28/2014 9:29 PM
88	mandate parents care for their children and sanction those who fail to	10/28/2014 6:02 PM
89	Poor quality of prenatal ultrasounds, they miss many congenital defects.	10/28/2014 4:37 PM
90	This is was offered through my OBGYN recently with little to no explanation of the benefits.	10/28/2014 4:06 PM
91	My nephew needs genetic testing but has to wait a month for the tests to be done because the people come from Seattle and when she tried to make an appointment for the time they were going to be here (a week after she was told he needed it) they were booked full.	10/28/2014 3:51 PM
92	I don't know what is available or how to access it	10/28/2014 3:50 PM
93	affordability	10/27/2014 10:40 AM

**Q8 Check 'Skip' and then click 'Next' if you are not familiar with the health needs of this population (Children 1-10 years) to go to the next population.**

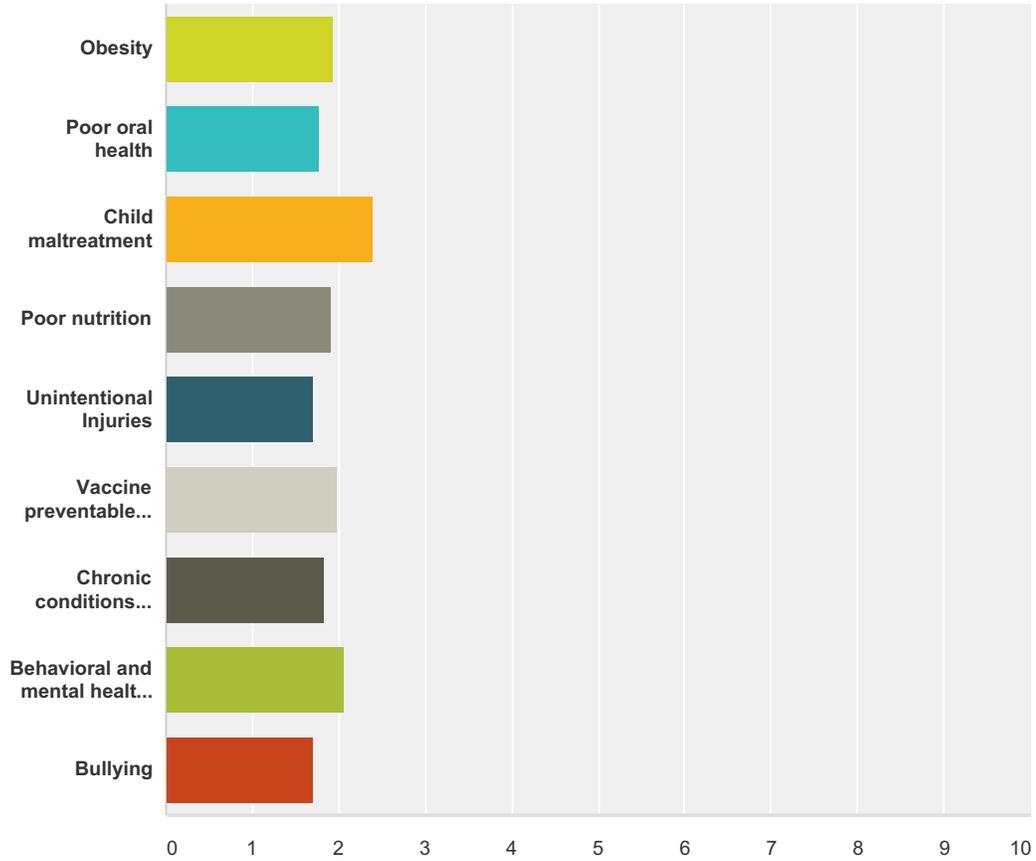
Answered: 113 Skipped: 952



Answer Choices	Responses
Skip	100.00% 113
<b>Total</b>	<b>113</b>

**Q9 CHOOSE YOUR TOP 3 major health concerns you feel are most important for Children (1 to 10 years) and then RANK them in order of importance.**

Answered: 854 Skipped: 211



	1= Most Important	2	3	Total	Weighted Average
Obesity	29.07% 91	36.74% 115	34.19% 107	313	1.95
Poor oral health	20.57% 36	36.57% 64	42.86% 75	175	1.78
Child maltreatment	57.87% 272	24.89% 117	17.23% 81	470	2.41
Poor nutrition	30.70% 97	31.33% 99	37.97% 120	316	1.93
Unintentional Injuries	19.28% 16	32.53% 27	48.19% 40	83	1.71
Vaccine preventable diseases	35.12% 72	28.78% 59	36.10% 74	205	1.99
Chronic conditions (asthma, diabetes, etc.)	23.03% 41	37.64% 67	39.33% 70	178	1.84

## Alaska Maternal & Child Health Needs Assessment Survey

Behavioral and mental health problems	<b>32.65%</b> 176	<b>41.37%</b> 223	<b>25.97%</b> 140	539	2.07
Bullying	<b>20.71%</b> 41	<b>30.30%</b> 60	<b>48.99%</b> 97	198	1.72

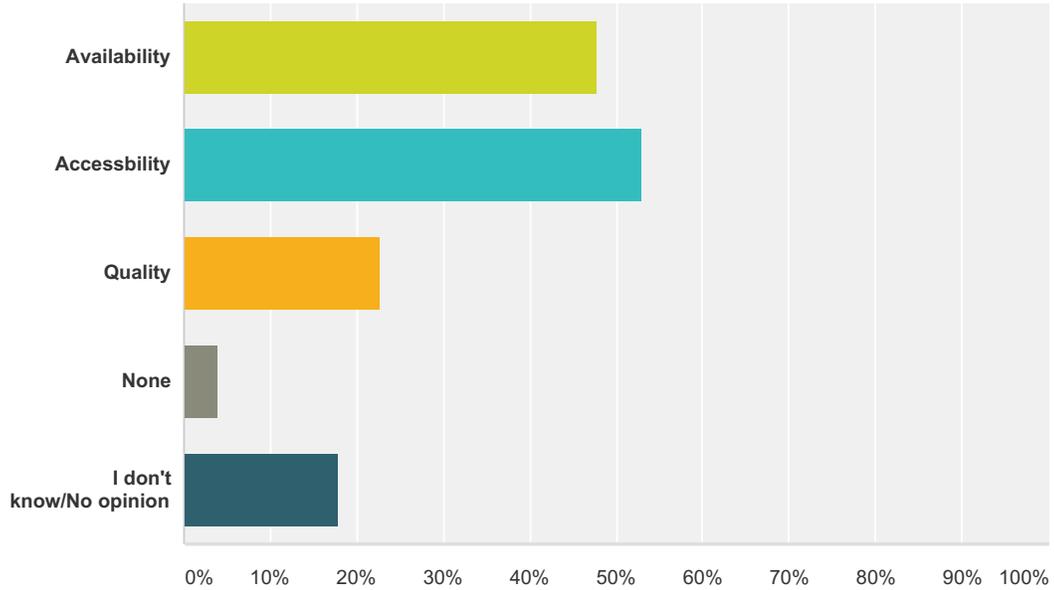
#	Other (please specify)	Date
1	poor activity/exercise levels	12/15/2014 12:23 PM
2	Attachment issues, #1	12/11/2014 10:06 AM
3	drug and alcohol	12/11/2014 9:36 AM
4	mental health issues, neglect and bullying is common in the elementary schools and is apparently not alarming as it has become socialized as a norm in this community	12/10/2014 9:44 AM
5	poor parenting skills	12/10/2014 8:03 AM
6	developmental services	12/9/2014 5:12 PM
7	*another "Chronic" Condition FASD	12/9/2014 4:50 PM
8	The needs of children 0-6 should be separated out from those of older children! Age groups should be 0-1, 1-3, 3-6, & 6-10.	12/9/2014 3:54 PM
9	parent's issues or problems impact the children	12/9/2014 3:07 PM
10	Foster Care Placements	12/9/2014 2:07 PM
11	Bullying is also up there	12/9/2014 11:10 AM
12	Bonding and Attachment	12/9/2014 10:02 AM
13	Affordable access to a medical home	12/5/2014 2:11 PM
14	there are currently NO professional behavioral health services available to this population	12/5/2014 11:51 AM
15	age-appropriate health education (including anatomy!),	12/2/2014 4:37 PM
16	poor nutrition and obesity may be one and the same except poor nutrition covers broader territory	12/1/2014 2:29 PM
17	Fetal alcohol #1	11/25/2014 6:01 PM
18	funding for treatments	11/25/2014 4:10 PM
19	affordable Child care!	11/20/2014 2:17 PM
20	FASD	11/20/2014 1:38 PM
21	poor family support systems	11/20/2014 10:45 AM
22	SEXUAL ABUSE	11/20/2014 9:47 AM
23	Kids with disabilities waiting years to get waiver services	11/20/2014 9:31 AM
24	Poor oral health is a problem that I wanted to fit in here	11/20/2014 9:16 AM
25	#1 Lack of early intervention for children with delays. PIC is not sufficient and so many parents do not use it -- there needs to be OT, PT, special education preschool	11/20/2014 9:08 AM
26	caregiver-baby engagement	11/20/2014 8:25 AM
27	building resiliency with SEL and positive parenting	11/20/2014 7:23 AM
28	effects of parental drug use on brain of child	11/19/2014 10:45 PM
29	speech delays	11/19/2014 5:05 PM
30	some of the chronic conditions are tied to poor nutrition	11/19/2014 4:09 PM
31	Again please understand... All areas of life are important... You cannot nail down what is the most important. Most of them are "most important"	11/19/2014 3:25 PM

## Alaska Maternal & Child Health Needs Assessment Survey

32	#1 Fetal Alcohol Disorders	11/19/2014 3:07 PM
33	One can support good nutrition while still offering enough food to hungry children that may only get one meal per day: their free school lunch. One does not combat obesity by reducing EVERYONE's calories.	11/19/2014 2:55 PM
34	Proactive SLP, PT, OT as needed	11/4/2014 3:25 PM
35	Lack of exercise	11/3/2014 5:58 AM
36	Services for behavioral and mental health problems - number 1 issue	10/29/2014 11:55 AM
37	physical activity	10/29/2014 11:15 AM
38	Parenting	10/29/2014 8:54 AM
39	ACEs!!	10/29/2014 8:40 AM
40	Obesity	10/29/2014 8:37 AM
41	WILL NOT LEFT ME CHOOSE THREE ONLY ONE BUT THE OTHER TOP ONES WOULD BE CHRONIC CONDITIONS, BEHAVIORAL AND MENTAL HEALTH PROBLEMS	10/29/2014 7:30 AM
42	the whole range of things that cause toxic, chronic stress, from the 10 household ACEs to poverty, hunger, housing insecurity, bullying, and racism. So, although it is vague, my #1 focus would be on toxic stress and the need for trauma-informed and resiliency-promoting communities and institutions	10/28/2014 8:25 PM

**Q10 In which of the areas listed below could the Alaska maternal child public health system improve related to WELL-CHILD AND PREVENTATIVE HEALTH CARE SERVICES?**

Answered: 819 Skipped: 246



Answer Choices	Responses
Availability	47.74% 391
Accessibility	53.11% 435
Quality	22.71% 186
None	4.03% 33
I don't know/No opinion	17.95% 147
<b>Total Respondents: 819</b>	

#	Further comments/clarifications	Date
1	Economical and information accessibility	12/18/2014 2:59 PM
2	more school-based programs	12/18/2014 1:45 PM
3	I know the struggle to get qualified health aides in the villages, and how the ones that are out there have to spend all their time on emergencies, and can't do as much well-child work as we would like. Maybe get a couple of nurses to travel to villages for well-child screenings.	12/17/2014 11:07 AM
4	Mental health services for parents are not readily available.	12/16/2014 12:58 PM
5	Ensuring services that are available for low income or at risk populations are at the same level as those who have higher SES. Especially in terms of education to mothers, connecting to resources for preventative services, and following through/checking in on progress towards this end.	12/12/2014 3:02 PM
6	affordability	12/11/2014 8:34 PM

## Alaska Maternal & Child Health Needs Assessment Survey

7	Our statistics regarding EPSDT well-child exams is poor. Providers should be encouraged to emphasize the importance of those exams with their families.	12/11/2014 3:41 PM
8	Public Transportation is horrid	12/11/2014 9:35 AM
9	and affordability - although, many children are eligible for Medicaid this doesn't mean that a parent or guardian has signed them up. Rural children often do not have access to healthcare except to travel by plane.	12/10/2014 5:38 PM
10	Access for those that make slightly more than Denali Kid Care allows, but don't have adequate health insurance. Access to health care is limited or not available. Those families-kids fall through the cracks.	12/10/2014 2:19 PM
11	I feel there is sufficient quantity of programs but improvements could be made specifically in regards to immunizations. The public health system bundles immunizations and does not allow parents to chose between vaccinations.	12/10/2014 11:34 AM
12	Accessibility for young mothers who may not have transportation or even know where to go	12/10/2014 11:02 AM
13	Accessing mental health care and addiction treatment for women is hard challenging when there aren't beds available, and ongoing waiting lists for services needed. Additionally, the health care system here is very expensive and difficulty to attain health insurance or public assistance for many individuals.	12/10/2014 9:52 AM
14	We are remote	12/10/2014 9:08 AM
15	Need flyers, posters so people will know what is available.	12/10/2014 8:50 AM
16	There are not many pediatricians that accept Medicaid.	12/10/2014 8:25 AM
17	Families need access to same day mental health supports	12/9/2014 8:29 PM
18	I wish there was more funding for Public Health.	12/9/2014 6:54 PM
19	More on general development - Bright Beginnings is a terrific start - do more, especially in communicating with their child and identifying issues early for early intervention	12/9/2014 5:16 PM
20	Lack of services for support for families impacted by FASD	12/9/2014 4:56 PM
21	BETTER screenings of social emotional, mental health, & exposure to trauma.	12/9/2014 3:55 PM
22	Again, it is difficult for parents to get to their healthcare providers if they don't have a private vehicle.	12/9/2014 3:13 PM
23	waiting list long, lack of qualified providers....	12/9/2014 3:10 PM
24	Few providers, not affordable to people without (not eligible) DKC	12/9/2014 2:53 PM
25	Preventative services are needed	12/9/2014 2:46 PM
26	This service may be available but the accessibility in reaching you is harder.	12/9/2014 2:38 PM
27	Ensure screenings are being performed every time.	12/9/2014 2:25 PM
28	They need good homes to be cared for on the smaller populated islands.	12/9/2014 2:10 PM
29	I have not seen the presence if it is here.	12/9/2014 11:15 AM
30	Outreach and programs seem to be lacking here.	12/9/2014 10:37 AM
31	Please support Public Health doing home visiting.	12/9/2014 10:04 AM
32	well baby visits decrease after the first year.	12/9/2014 9:54 AM
33	Native hospitals do VERY well with well child appointments and MCH could actually focus on other things, such as assisting with travel for families without denali kid care.	12/9/2014 9:07 AM
34	Counseling and early screening for depression (even at 5 or 6) is lacking but needed. Again this is something I view as a preventative rather than interventive type of opportunity/service.	12/5/2014 1:57 PM
35	Obesity prevention and access to healthy exercise options even in bad weather. Kodiak needs a free community center with exercise equipment!	12/5/2014 10:48 AM
36	Especially in the private care sector that is largely focused on acute care and urban populations	12/5/2014 10:37 AM

## Alaska Maternal & Child Health Needs Assessment Survey

37	\$ for outreach, so community members know the worth of the well-child checks	12/5/2014 8:16 AM
38	Improve relationships with substance abuse treatment centers	12/5/2014 7:41 AM
39	all are avialable in mat-su	12/4/2014 3:05 PM
40	Quality Outreach and importance	12/4/2014 1:48 PM
41	Information to be disputed to parents/caregivers on how important the Right nutrition is for children and everyone. Most people don't have a clue what GMO is or the effects, food allergies and the effects.	12/4/2014 12:49 PM
42	Our Insurance company does not cover well-child exams and thankfully, we were able to get those services for free utilizing a Muni program in Anchorage where we could have well-child exams at a WIC clinic. We did not qualify for WIC but went there for the well-child exams rather than pay a high cost to visit a physician for one. Alas, this program thru the Muni is no more. Such a shame.	12/4/2014 10:42 AM
43	Distance for rural Alaskans	12/3/2014 12:25 PM
44	If there was a provider that could be more thorough with the exams maybe the will be less distressed adolescents in the world.	12/3/2014 1:46 AM
45	Too much information is presented in text-heavy formats that are difficult to located on the bloated state government website. Also, most of the design for the materials is really ugly.	12/2/2014 4:39 PM
46	same comment as previous about medical homes for children	12/2/2014 9:42 AM
47	provide trainings in quality and evidence-based health care services for medicaid providers--this would be both private clinics and community health centers---public health does not need to be the direct service provider, but it does need to provide a leadership role for those who are direct service providers	12/1/2014 2:36 PM
48	With not enough health aides in the villages, well child care appt are not a priority.	11/27/2014 11:48 PM
49	Non-discrimination	11/27/2014 3:16 PM
50	monthly home visits like they use to do in the past.	11/26/2014 4:15 PM
51	More outreach and education for high risk areas that have been identified.	11/26/2014 4:55 AM
52	Well visits covered by insurance should cover discussion of non well issues w/o being marked as a diagnostic visit.	11/25/2014 4:54 PM
53	Again, Health aide lets the visiting PHN do this	11/25/2014 10:26 AM
54	services on a regular and weekly basis for the communities on POW, in the communities themselves	11/24/2014 3:13 PM
55	Advertise	11/24/2014 2:27 PM
56	Cost is part of accessibility. those who cannot afford, will not be able to access.	11/24/2014 12:26 PM
57	See 5.	11/23/2014 5:15 PM
58	Better services as the children age	11/21/2014 4:06 PM
59	Communication access for deaf consumers	11/21/2014 3:59 PM
60	Referrals to community agencies that can provide assistance. and when referred to agency for assistance, being able to provide the assistance without costing the family.	11/21/2014 12:25 PM
61	Many children in our service area have not received preventative services due to accessibility; even having a clinic close to their home is difficult because it's only open during work hours;	11/21/2014 9:44 AM
62	If you have insurance then these are terrific	11/21/2014 7:10 AM
63	All areas need improvement. Particularly need to focus on getting to those with disabilities sooner and faster, not waiting until Kindergarten is essential to improving overall quality of life.	11/20/2014 8:48 PM
64	I think parents need to be more actively engaged.	11/20/2014 8:31 PM
65	The clinic runs out of vaccinations frequently.	11/20/2014 3:04 PM
66	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:19 PM

## Alaska Maternal & Child Health Needs Assessment Survey

67	The Tot's clinic through the PAT program serves children from infant to 4 years of age, the older children, 6-10 are not served through that program and there are many children who do not participate.	11/20/2014 1:46 PM
68	Nutrition and dental and adequate sleep screenings. Poor nutrition and poor sleep habits are a huge detriment to children trying to concentrate in school.	11/20/2014 12:56 PM
69	These two dimensions are critical for families to have in support of raising healthy children.	11/20/2014 10:55 AM
70	Mother's and children in Houston, Willow & Talkeetna often have a difficult time making it town for healthcare related needs.	11/20/2014 10:28 AM
71	Again further expanding our network of professionals who is knowledgable in mental health services to the younger populations	11/20/2014 10:23 AM
72	In rural Alaska, we have limited availability and accessibility for mental health services or preventative health care services for children. With the services that we have, it is barely covering the needs of our community.	11/20/2014 9:48 AM
73	Not all physicians accept DKC, in some towns there are no providers. Costs are increased 10-fold to the state when children and caretakers are forced to leave their towns because the medical providers	11/20/2014 9:42 AM
74	Again, my child has been well provided for by IHS and ANMC as well as the Anchorage School District school nurse for these services.	11/20/2014 9:16 AM
75	Public knowledge of services. Clinics in malls for outreach.	11/20/2014 9:03 AM
76	I receive reminder cards from my sons pediatrician about when his next appointments are due - this is VERY helpful!	11/20/2014 8:06 AM
77	Hours of operation - before and after work hours, on weekends, etc	11/19/2014 4:16 PM
78	I think we could still go to Public Health.	11/19/2014 3:53 PM
79	more promotion of this service	11/19/2014 3:50 PM
80	I believe quality is good.	11/19/2014 3:50 PM
81	More support for LGBTQ communities	11/19/2014 3:31 PM
82	Effective time spent... Individual based progress	11/19/2014 3:28 PM
83	Health care providers/school health services personnel need more time to spend with families gathering background, history, current concerns, family structure and supports, family strengths and risks. They also need more training to have a keen eye for risks. Quality Childcare!	11/19/2014 3:20 PM
84	Failure to recognize that value of a Well Child service occuring within the medical home as compared to leaving this up to a safety net public health professional	11/19/2014 3:20 PM
85	When my children were little, the State had numerous programs & respite care that are no longer available (my son had a language/hearing issue and a case worker came to our home to help him with his language skills and to teach us how continue when she wasn't there. There was no cost to us. Today I see many children falling through the cracks because they don't know where to go for help and/or they can't afford it.	11/19/2014 3:17 PM
86	Situations in rural/bush communities are often not recognized until they are already severe.	11/19/2014 3:17 PM
87	For the mentally ill and for the substance abusers. Their children do not have a say in their parent's poor choices; let's make it a little easier for the children to get the best start they can.	11/19/2014 3:10 PM
88	more information on where and what, besides PIC	11/19/2014 3:03 PM
89	accessibility of information and quality of care are important. Sometimes I question whether doctors are merely parroting what others say is good for children, or if they have done the research for themselves.	11/19/2014 2:59 PM
90	Again, I currently am not aware of what services are provided in these three areas.	11/19/2014 2:58 PM
91	I think we are good in this regard.	11/19/2014 2:56 PM
92	more advertising for vaccines and understanding providers to parents who may be on the fence on if they should vaccine. CLear unbiased information so that the parents can make informed decisions about thier child's well being and not making the parents feel stupid or judged	11/19/2014 2:54 PM
93	for nome's surrounding areas	11/19/2014 2:53 PM

## Alaska Maternal & Child Health Needs Assessment Survey

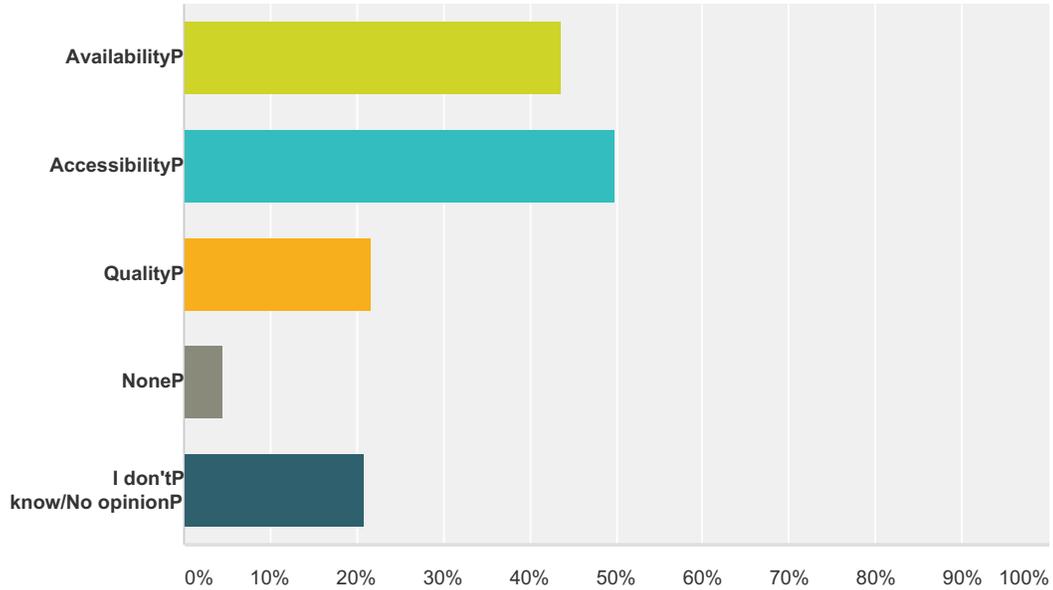
94	put WIC on EBT	11/19/2014 1:11 PM
95	Same as before--info/awareness that well child checks are available w/o deductible/co-pay	11/18/2014 3:36 PM
96	Well child checks with vaccinations are often held off/ behind schedule due to affordability.	11/18/2014 3:32 PM
97	All Alaskans deserve quality healthcare that is easily accessible.	11/18/2014 1:19 PM
98	health care settings could do a better job being youth-friendly. there is information on what makes a youth-friendly clinic, etc. that we could strive to achieve at the various health care settings in our state.	11/17/2014 4:13 PM
99	Children on Medicaid and Denali Kid Care are eligible for well child exams. We need to know more about why they are not getting them. There is health care provider turnover in some areas, but for some reason children are not getting well child exams according to the recommended schedule.	11/17/2014 3:07 PM
100	Varied hours and locations	11/17/2014 1:34 PM
101	Promotion of Bright Futures preventive health care	11/17/2014 12:10 PM
102	In school HRSA clinics.	11/17/2014 10:56 AM
103	for those outside of cities	11/17/2014 10:34 AM
104	Consistency in meeting the required elements of a preventive health visit	11/17/2014 9:03 AM
105	Affordability - as with the previous comments.	11/15/2014 2:57 PM
106	I don't have children so I have not had to seek these services.	11/14/2014 1:29 PM
107	I use private insurance for my child's well-child exams and services as I'm not even aware of what the State can provide.	11/11/2014 11:34 AM
108	the people that need these services the most are not going to allocate money for it so this has to be free to them	11/5/2014 3:50 PM
109	Same as number 5	11/3/2014 6:01 AM
110	education for everyone as to the importance of early intervention	10/31/2014 8:47 AM
111	Great service should be more affordable to working class not eligible for medicaid	10/30/2014 4:48 PM
112	Increase Availability of mental health services such as counseling and in-state psychiatric care	10/30/2014 3:58 PM
113	Schools were told no walk in, won't take if family has insurance	10/30/2014 12:58 PM
114	Lack of personnel and support personnel re audiology	10/30/2014 11:50 AM
115	Public health nurses	10/29/2014 3:05 PM
116	trauma screenings & providers	10/29/2014 12:10 PM
117	An increase in availability for behavioral health services and mental health services would be hugely beneficial. Right now the services Alaska does have are seriously lacking in availability and quality.	10/29/2014 11:55 AM
118	Only when PHNs are in the village 2 times a year. Most parents only take their kids to the clinic when they are sick, not into preventive care.	10/29/2014 11:18 AM
119	In the Mat-Su 2012 Community assessment: Availability of appts were a barrier to receiving health services	10/29/2014 9:14 AM
120	with the current system in place there needs to be quality service. Higher Education for clinic aids, closer supervision,	10/29/2014 8:55 AM
121	screening for depression in children, other mental health tools incorporated somewhere in your system. Funding issues, of course, but really, the money that goes to eg TB control, really!?!?sort of a historical glitch that has outlived it's time.other much more pressing issues for youth	10/29/2014 8:20 AM
122	See previous response	10/29/2014 8:14 AM
123	Education about the need for HCP visits, child nutrition, Ht/Wt/BMI measurement and counseling, if needed.	10/29/2014 7:58 AM
124	immunizations at the health center	10/29/2014 7:55 AM
125	So many children in our state do not have oral health providers in their communities.	10/29/2014 7:49 AM
126	ONLY COMES TO AREA ONCE A MONTH...	10/29/2014 7:36 AM

## Alaska Maternal & Child Health Needs Assessment Survey

127	Same comments as for infants -- health literacy and language access are important always. Also, a better program for assuring that all children have access to and payment for vaccines on time without difficult paperwork. And more support for child advocacy centers (CACs), including more stable funding sources. We also need more child maltreatment prevention and positive parenting classes. It could be that there are lots of low-cost or free positive parenting classes available all over Alaska that I just don't know about, but there is a tremendous need and I don't know where to refer people. This should include parenting for parents who have experienced ACEs.	10/28/2014 8:31 PM
128	Options for quality home-based services need to be provided for working poor and families with limited or no reliable transportation in rural road system locations.	10/28/2014 8:31 PM
129	Not enough PHNs to serve interior Alaska villages	10/28/2014 7:50 PM
130	we are seeing less and less of our public health nurses as budgets are cut and focus is changed within public health. There is nothing in our community to replace this service.	10/28/2014 6:52 PM
131	I believe all Alaskan children should receive health care coverage, therefore there would be no excuse for not getting a child	10/28/2014 4:09 PM
132	I've always had quality well child and preventative health care services for my three children that were both available and accessible, both in Bethel and in Anchorage.	10/28/2014 3:47 PM
133	More patient centered education	10/28/2014 11:17 AM

**Q11 In which of the areas listed below could the Alaska maternal child public health system improve related to GROWTH AND DEVELOPMENTAL SCREENINGS?**

Answered: 813 P Skipped: 252P



Answer Choices	Responses
Availability	43.54%P 354
Accessibility	49.94%P 406
Quality	21.77%P 177
None	4.67%P 38
I don't know/No opinion	20.79%P 169
<b>Total Respondents: 813P</b>	<b>P</b>

#	Further comments/clarifications	Date
1	Long waitlists for screenings and evaluations, which further delays identification of needs and implementation of support/treatment services if needed (as these agencies as well have long waitlists).	12/12/2014 3:02 PM
2	Encourage providers to use standardized tools according to the AAP periodicity schedule.	12/11/2014 3:41 PM
3	Takes a long time to get through the FACES evaluation, and agencies lose information so that the questionnaire has to be repeated. This happened with one family last year where the foster care provider had to fill out one child twice and the other child 5x. Possibly staff transition issues?	12/11/2014 10:09 AM
4	It seems like there are good programs for adults - well being programs, but nothing much for this age range to create active youth, who understand the connection between nutrition and health	12/11/2014 9:26 AM
5	Lack of access to health care.	12/10/2014 5:38 PM
6	Getting information out to families that need it about availability and access. My experience is that it is very limited and unknown to many.	12/10/2014 2:19 PM

## Alaska Maternal & Child Health Needs Assessment Survey

7	reminder notices would be helpful	12/10/2014 11:34 AM
8	We a remote	12/10/2014 9:08 AM
9	Bethel seem too far to get the help families need who rely on Bethel to come out and help them. train people in the villages to work with families in need.	12/10/2014 8:50 AM
10	Marketing so parents know about the services	12/10/2014 8:14 AM
11	Here belong the same comments as written in A2.	12/9/2014 6:54 PM
12	not sure what is available or how to find out	12/9/2014 5:16 PM
13	Many families that don't qualify for ANMC services are so limited by lack of transportation and funds.	12/9/2014 4:56 PM
14	Many physicians are not aware of EPDST screenings.	12/9/2014 4:49 PM
15	Few providers, not affordable to people without (not eligible) DKC. Often too focused on FAS screenings rather than more holistic screening processes.	12/9/2014 2:53 PM
16	Are there enough providers? Or are the providers available able to accept the financial payments available for those children (Medicaid) or only regular insurance or the school districts financing	12/9/2014 2:35 PM
17	I believe this would be proper screening with their menal health.	12/9/2014 2:10 PM
18	I have not seen the presence if it is here.	12/9/2014 11:15 AM
19	ASQ and ASQ SE for children up to 60 months.	12/9/2014 10:04 AM
20	standardized developmental screenings in peditricians offices.	12/9/2014 9:54 AM
21	Autism and other developmental delays are easy to find in the low functioning population. It is much harder to find and support parents for those who are high functioning and that leads to lack of needed services.	12/5/2014 1:57 PM
22	Especially in the private care sector that is largely focused on acute care and urban populations	12/5/2014 10:37 AM
23	ASQ screenings at all well-child checks	12/5/2014 8:16 AM
24	Improve relationships with substance abuse treatment centers	12/5/2014 7:41 AM
25	parents have access to quality screenings and they are available to all regardless of income	12/4/2014 3:05 PM
26	distance	12/3/2014 12:25 PM
27	See comment above.	12/3/2014 1:46 AM
28	same comment as previous about screening	12/2/2014 9:42 AM
29	same as above	12/1/2014 2:36 PM
30	Public awareness	11/30/2014 11:18 AM
31	Get the word out. Parents need to know what is available and recommend screenings for kids	11/28/2014 7:16 AM
32	monthly home visits like they use to do in the past.	11/26/2014 4:15 PM
33	More outreach and education for high risk areas that have been identified.	11/26/2014 4:55 AM
34	Use an actual developmental screen. The Ages and Stages Questionnaire (ASQ) is recommended.	11/25/2014 10:33 AM
35	see note above	11/24/2014 3:13 PM
36	Advertise	11/24/2014 2:27 PM
37	Cost is part of accessibility. those who cannot afford, will not be able to access.	11/24/2014 12:26 PM
38	See 5.	11/23/2014 5:15 PM
39	After kindergarten age the attempt these all but stop. A basic check up is done for school but the messages about health/development all seem to focus on the younger child. More focus needs to be pit on the older ones who are also capable of managing more of their own care	11/21/2014 4:06 PM
40	Public Information Campaigns	11/21/2014 12:39 PM

## Alaska Maternal & Child Health Needs Assessment Survey

41	Cost	11/21/2014 12:25 PM
42	Many children in our service area have not received preventative services due to accessibility; even having a clinic close to their home is difficult because it's only open during work hours;	11/21/2014 9:44 AM
43	Parents are not given enough information in finding locations, and resources.	11/21/2014 8:33 AM
44	Insurance is needed	11/21/2014 7:10 AM
45	Lack of public awareness	11/20/2014 8:48 PM
46	I think parents need to be more actively engaged.	11/20/2014 8:31 PM
47	Children after the age of three and not in school fall into a hole until school start for financially challenged families	11/20/2014 5:15 PM
48	Ask the parents more and do more observations to know truly what they are working with.	11/20/2014 3:04 PM
49	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:19 PM
50	All are needed	11/20/2014 1:46 PM
51	Access to a board range of specialists including mental health screenings and evaluations are lacking.	11/20/2014 1:01 PM
52	Incorporate school readiness screenings into child well visits. Provide supports for parents to get children school ready. Huge differences in child skill levels at the kindergarten level. Difficult to teach to all levels in classroom.	11/20/2014 12:56 PM
53	Same as above.	11/20/2014 10:55 AM
54	Mother's and children in Houston, Willow & Talkeetna often have a difficult time making it town for healthcare related needs.	11/20/2014 10:28 AM
55	Consistent screening with the same tools!!!	11/20/2014 10:05 AM
56	Norton Sound and the school district do a good job of making screenings available to families.	11/20/2014 9:48 AM
57	my child has been well provided for by IHS and ANMC as well as the Anchorage School District school nurse for these services	11/20/2014 9:16 AM
58	Require all children to have a full screening when they are seen for their shots. Not going just by what the parent/caregiver states but to really spend time with each child and do a quick developmental assessment	11/20/2014 9:10 AM
59	Parents who most need to know (who have children most in need of screenings) are unaware of these services or agencies that provide them. More education/outreach about services and agencies is needed.	11/20/2014 9:08 AM
60	A lot of mothers aren't aware of the availability.	11/20/2014 9:08 AM
61	education to public and private sectors	11/20/2014 9:07 AM
62	I feel as though my son is screened adequately by his pediatrician.	11/20/2014 8:06 AM
63	EPSDT screenings beyond age 3 -- every year at every check up.	11/19/2014 8:02 PM
64	I have had issues when my child was younger in accessing services that didn't cost a fortune for my child with a speech and language issue. We were aware of the disability before she turned three and our insurance would not cover the cost of speech therapy twice a week. We are doubly insured as State of Alaska employees (both myself and my husband) so we didn't qualify for Medicaid. I was also unimpressed with the follow up from a local agency who stated they would help me when the Child Find process became available in my community. I found out from a friend instead of the person at the agency. When I called them with concerns they never called me back. Quite frankly, this helped me understand how some parents "give up" trying to obtain services for their children. If I wasn't the well-educated, professional, and "pushy" Mom that I am I could have fallen into that trap as well.	11/19/2014 5:54 PM
65	Closest available is 100 miles away	11/19/2014 4:30 PM
66	again more information and education about the importance of regular screenings	11/19/2014 3:50 PM
67	I don't know about quality.	11/19/2014 3:50 PM
68	More support for LGBTQ communities	11/19/2014 3:31 PM
69	Every child needs help in different areas, and every adult assisting them needs pointers and assistance at different times for different children	11/19/2014 3:28 PM

## Alaska Maternal & Child Health Needs Assessment Survey

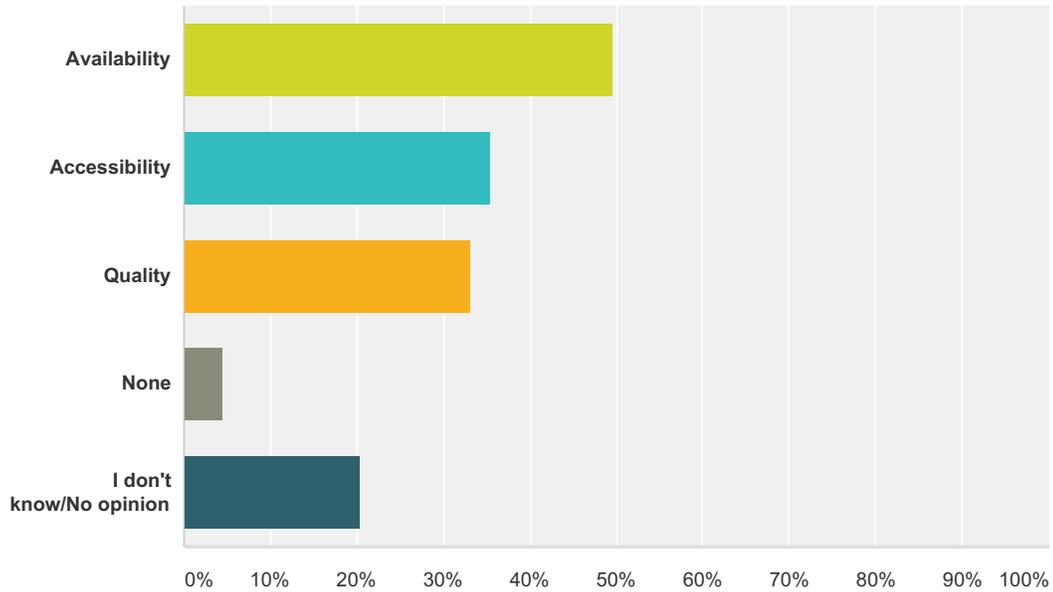
70	Health care providers/school health services personnel need more time to spend with families gathering background, history, current concerns, family structure and supports, family strengths and risks. They also need more training to have a keen eye for risks. Quality Childcare!	11/19/2014 3:20 PM
71	Growth and Developmental screenings should occur within the medical home and part of the well child exam as compared to piecing out parts of the well child exam to a public health professional	11/19/2014 3:20 PM
72	There is too much push for our young children to excel at an early age (pre-school, etc.) Children shouldn't need so many skills going into kindergarten-kindergarten is the appropriate place to learn them. Countries where kids actually start school at an older age (i.e. Finland, age 7) are actually turning out better educated kids and with a higher level of social skills and brain development.	11/19/2014 3:17 PM
73	Most of the population do not use or have access to computers. Having readily available screenings at places like Wal-Mart, the grocery store, etc. would allow lower functioning families to be educated and access developmental information.	11/19/2014 3:10 PM
74	More information could be made available to the public regarding what services and programs are available in their area for this.	11/19/2014 2:56 PM
75	For nome's surrounding areas	11/19/2014 2:53 PM
76	Education	11/19/2014 1:40 PM
77	ASD has great services re: developmental screenings--assist with more rural districts who don't have school nurses/connect with PHNs?	11/18/2014 3:36 PM
78	All Alaskans deserve quality healthcare that is easily accessible.	11/18/2014 1:19 PM
79	Ideally, growth and developmental screenings should occur during well child visits.	11/17/2014 3:07 PM
80	Varied hours and locations	11/17/2014 1:34 PM
81	Schools, parent support/education groups. Parents are very stressed, economically and lack of public system psycho-social support around the normalization of stressors in parenting and how to cope.	11/17/2014 10:56 AM
82	Publicity	11/16/2014 3:14 PM
83	Affordability - as with the previous comments..	11/15/2014 2:57 PM
84	I don't have children so I have not had to seek these services.	11/14/2014 1:29 PM
85	I haven't had any interaction with them. Is it because it's done at school or because we don't qualify?	11/4/2014 3:25 PM
86	maybe have a video playing of what you need to worry about. Some native families wouldn't really understand if giving to them in writing. Since most Alaskan Natives are visual learners.	11/4/2014 8:22 AM
87	Same as number 6	11/3/2014 6:01 AM
88	Need more services for children with special needs--and navigation services	11/1/2014 11:01 AM
89	again, communities need to be made aware of the importance of early intervention, not waiting to see if problems go away without effort	10/31/2014 8:47 AM
90	Develop/Increase culturally appropriate programs/public education in rural areas on healthy child development, including topics such as healthy relationships.	10/30/2014 3:58 PM
91	Same as #10	10/30/2014 11:50 AM
92	public health nu rses	10/29/2014 3:05 PM
93	We Have a Head Start/Early Head Start program that helps with these.	10/29/2014 11:18 AM
94	Providers and nurses having the time to do teaching or another discipline hired in the clinic/office or hospital in order to provide the right resources and referrals. Also having the transportation available to some families or a family advocate helping assist the family needs.	10/29/2014 10:09 AM
95	ECE education for staff who administer screenings.	10/29/2014 8:55 AM
96	shift priorities to reflect the 21st century! collecting data that no one can use for anything?when is the obesity data changing anything, move on people! We need dentists that aren't interested primarily in other things besides dental health, we needthe Lion's club to screen vision and then help kids get to a pediatric ophthamologist, we need community centers for children to be safe and get some exercise in these brutal winters	10/29/2014 8:20 AM

## Alaska Maternal & Child Health Needs Assessment Survey

97	For school aged children most screenings are completed in a school setting and information to care givers is lacking. It is important to education parents regarding the purpose and process rather than give a "OK" or "not OK" response.	10/29/2014 8:14 AM
98	Education about the need for HCP visits, child nutrition, Ht/Wt/BMI measurement and counseling, if needed.	10/29/2014 7:58 AM
99	well child care at health center	10/29/2014 7:55 AM
100	ALL IS COVER WHEN PHN COMES DOWN	10/29/2014 7:36 AM
101	Not all kids qualify for Denali Kid Care or have decent private insurance. There are uninsured or underinsured Alaskan kids who are probably missing out on needed screenings. Medicaid expansion would have helped with some of these...	10/28/2014 8:31 PM
102	Options for quality home-based services need to be provided for working poor and families with limited or no reliable transportation in rural road system locations.	10/28/2014 8:31 PM
103	Not enough PHNs to serve interior Alaska villages	10/28/2014 7:50 PM
104	We are seeing less and less of our public health nurses as budgets are cut and focus is changed within public health. There is nothing in our community to replace this service.	10/28/2014 6:52 PM
105	More often. More information related to drug and alcohol use during pregnancies...and it's effects.	10/28/2014 5:19 PM
106	I believe all Alaskan children should receive health care coverage, therefore there would be no excuse for not getting a child the help they need.	10/28/2014 4:09 PM
107	I have never heard of screening. knowing about them would be great.	10/28/2014 11:17 AM

**Q12 In which of the areas listed below could the Alaska maternal child public health system improve related to SCHOOL HEALTH SERVICES?**

Answered: 814 Skipped: 251



Answer Choices	Responses
Availability	49.75% 405
Accessibility	35.50% 289
Quality	33.17% 270
None	4.55% 37
I don't know/No opinion	20.39% 166
<b>Total Respondents: 814</b>	

#	Further comments/clarifications	Date
1	Better communication with school district and intergrating care	12/19/2014 6:21 AM
2	Many parents without adequate insurance have no options for mental health care for their children, and what the schools provide is minimal.	12/16/2014 12:58 PM
3	Having revolving schedules where there is not providers on site at all times, high provider/student ratio which impacts ability to develop necessary relationships to identify needs and connect to resources. Or supports may feel rushed or shallow.	12/12/2014 3:02 PM
4	affordability	12/11/2014 8:34 PM
5	Support to expand in-school services.	12/11/2014 3:41 PM
6	Food services	12/11/2014 3:41 PM

## Alaska Maternal & Child Health Needs Assessment Survey

7	I think they are presented info in schools, but are not really creating a link between school and home. The food quality of school lunches has improved with salad, fruit offered at unlimited quantities, but the main meal is "kid friendly" and full of carbs and fat	12/11/2014 9:26 AM
8	Do they offer this in rural Alaska?	12/10/2014 5:38 PM
9	Work with schools to provide service, and then BE RESPECTFUL to the school as a partner.	12/10/2014 5:00 PM
10	School nurses should be available on site throughout the week.	12/10/2014 11:34 AM
11	Provide more assistance for behaviorally challenged students in the classroom, and early intervention screenings for students, preventive and psychoeducation instructions for young elementary aged children- for all students to work on changing the culture in classrooms to prevent bullying, keeping "Bodies to themselves" etc. More availability, accessibility and quality in public schools. please!	12/10/2014 9:52 AM
12	I am not aware of any system that is available to interior villages, it seem to not be available.	12/10/2014 8:50 AM
13	We need to come up with a plan on how to keep the School Nurse in the school with an appropriate student:nurse ratio	12/9/2014 9:18 PM
14	Children should be able to get shots at school for free	12/9/2014 8:29 PM
15	improving but still not sufficient to meet needs	12/9/2014 5:16 PM
16	Schools are way under staffed for providing health services especially for those affected by FASD requiring speech/ language services and OT/PT.	12/9/2014 4:56 PM
17	Educating teachers and staff on how to safely and respectfully deal with children who experience complex medical or behavioral issues.	12/9/2014 4:47 PM
18	It would be nice to have health care providers in the schools regularly instead of once or twice a year.	12/9/2014 3:13 PM
19	NO SCHOOL COUNSELORS in the elementary schools on the Peninsula. Limited case management within the school district. Limited psychologists on the Peninsula. HUGE barriers to treatment.	12/9/2014 2:53 PM
20	Physical Education needs to be expressed more and needs of what it is going to take to live a healthy lifestyle comes through education.	12/9/2014 2:38 PM
21	Many schools do not have nursing available to the students on site, just basic trained staff, which would be fine except when they need other services such as behavioral health, and the district does not use the local behavioral health providers thinking they can provide those services in house	12/9/2014 2:35 PM
22	Improve follow up by increasing community-based support in programming such as parent navigation and/or case management services.	12/9/2014 2:25 PM
23	Do we have school nurses anymore?	12/9/2014 2:18 PM
24	I have not seen the presence if it is here.	12/9/2014 11:15 AM
25	Seems to be pretty non-existent in Cordova's schools.	12/9/2014 10:37 AM
26	I didn't know there were school health services in Cordova.	12/9/2014 9:19 AM
27	MORE ADVERTISING TO PUBLIC / PARENTS	12/9/2014 9:13 AM
28	same answers as questions 10-11	12/5/2014 1:57 PM
29	There are counselors in the public schools, but they do not do assessment and treatment, only secondary prevention, and only for the children of the "worried well"	12/5/2014 11:52 AM
30	there has been a decrease in school health services at individual schools as result of budget crunches and this has decreased access/availability	12/5/2014 10:37 AM
31	vision and hearing screenings for kindergartners w/l the first month of enrollment	12/5/2014 8:16 AM
32	Improve relationships with substance abuse treatment centers	12/5/2014 7:41 AM
33	provide midlevel practionerers in the middle and high schools.	12/4/2014 3:05 PM
34	Nurses in ALL public schools, private schools too!	12/4/2014 10:42 AM
35	Not every school has health services available.	12/3/2014 1:46 AM

## Alaska Maternal & Child Health Needs Assessment Survey

36	Every school deserves a school nurse or health advocate!	12/2/2014 4:39 PM
37	School Nurse staffing	12/2/2014 9:42 AM
38	same as above: provide leadership that supports school health services and nurses with training quality improvement guidance	12/1/2014 2:36 PM
39	monthly home visits like they use to do in the past.	11/26/2014 4:15 PM
40	More outreach and education for high risk areas that have been identified.	11/26/2014 4:55 AM
41	Have a school nurse available more than one day a week.	11/25/2014 4:54 PM
42	Provide a nurse for every school.	11/25/2014 10:33 AM
43	Access to dead flu virus equal to flu mist.	11/24/2014 8:14 PM
44	see note above	11/24/2014 3:13 PM
45	Train the teachers, help spread knowledge of disabilities and more efforts on effects of bullying	11/24/2014 2:27 PM
46	Schools in villages off the road system have difficulty hiring and keeping staff.	11/23/2014 5:15 PM
47	Every school should have a full time nurse	11/21/2014 4:06 PM
48	Many of the health issues related to children could be remediated through School Based Medical Services (screening, vaccinations, well child, sick child, etc...) and that goes way beyond a School Nurse. Having either a visitation scheduled by a provider or an on call provider would improved the quality, accessibility and availability of services.	11/21/2014 9:44 AM
49	There don't seem to be any checkups and the nurses in the schools don't seem to communicate with the parents very often if any	11/21/2014 7:10 AM
50	Need to put nurses back in school and have them available at that school full time. For smaller schools and remote areas school health services needs to be provided through on educator. Training equivalent to community health aides would greatly improve school health services.	11/20/2014 8:48 PM
51	Schools have had to take over vision and hearing screenings and can't afford school nurses to address health concerns or issues.	11/20/2014 8:31 PM
52	More speach therapy, autism spectrum education.	11/20/2014 6:08 PM
53	Mny school do not see teh coelation between chronic bulling and child with mental illness acting out as n in the same issue	11/20/2014 5:15 PM
54	School districts cutting nursing staff is a detriment.	11/20/2014 4:13 PM
55	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:19 PM
56	This is not available here in Hoonah- other than the SEARHC clinic. I am an RN and the clinic here does not hire any nurses at all. The school had frequent visits from a contracted Psychologist/counselor, but infrequent visits for Occupational or Speech Therapists.	11/20/2014 1:46 PM
57	Increase funding for school nurses, counselors, special education, supports, etc. Part-time school health professionals are overwhelmed and cannot respond in a timely manner to the student populations.	11/20/2014 12:56 PM
58	It has been my experience is that schools were the primary service/screening provider for this age group. How this translates to rural Alaska, I'm unsure.	11/20/2014 10:55 AM
59	It would be very helpful to have trained nursing staff who share resources for the developmentally delayed population. Knowledge is power but is worthless unless shared.	11/20/2014 10:28 AM
60	There are not enough school nurses in AK	11/20/2014 10:05 AM
61	The needs of our students are tremendous. In rural Alaska, most positions are not just one position. Individuals wear multiple hats that require their attention to be deterred from priorities with students and providing adequate health services.	11/20/2014 9:48 AM
62	WORK CLOSER WITH THE SCHOOL NURSES	11/20/2014 9:47 AM
63	again my relationship both professionally and privately has been a very positive experience with the school system.	11/20/2014 9:42 AM

## Alaska Maternal & Child Health Needs Assessment Survey

64	In our school we have 2 school nurses who do a lot for the kids (screenings, flu vaccination, advice on common problems like lice.	11/20/2014 9:16 AM
65	I've found it to be sufficient in the area of physical health. Mental health is where it is lacking	11/20/2014 9:10 AM
66	Parents often believe a school counselor is professionally able to, and can and should provide behavioral health counseling to all children at the school in need of such services. Again, education and outreach to parents about what services are offered at a school and what services need to be sought from other providers would be helpful.	11/20/2014 9:08 AM
67	Annual physicals/screenings should provided for children in every village by nurses and not just health aides.	11/20/2014 8:23 AM
68	I have four stepchildren in the public school system and feel that they are treated adequately.	11/20/2014 8:06 AM
69	promote standards for social emotional learning	11/20/2014 7:24 AM
70	Provide separate sufficient funding so that all school children have access to a school nurse 100% of the time while school is in session.	11/20/2014 6:45 AM
71	Every school should have a licensed RN school nurse AT LEAST, not just to deal with periodic health needs (colds, scrapes, etc.) but also to support the medication and health needs of students with chronic health conditions.	11/19/2014 8:02 PM
72	Not all schools have school nurses. Alaska state PHNs are, in the rural areas, the de facto school nurse. Helping school districts to realize the advantages of investing in school nurses would be beneficial.	11/19/2014 6:05 PM
73	We have one school nurse for the entire district, and no comprehensive K-12 health education program.	11/19/2014 3:53 PM
74	Not many communities in Southeast have school nurses	11/19/2014 3:50 PM
75	More support for LGBTQ communities	11/19/2014 3:31 PM
76	Helping every parent understand this is just additional assistance for what they should provide not the state, community, town, etc. The outside help is just to assist the family with what the family should be doing..	11/19/2014 3:28 PM
77	Health care providers/school health services personnel need more time to spend with families gathering background, history, current concerns, family structure and supports, family strengths and risks. They also need more training to have a keen eye for risks. Quality Childcare!	11/19/2014 3:20 PM
78	School health personnel are an important link in identifying children who may need services, especially in bush communities without health clinics. Early identification of needs would promote better outcomes.	11/19/2014 3:17 PM
79	Accessibility to information for the children regarding maltreatment would be good.	11/19/2014 2:59 PM
80	Fewer and fewer schools have a full time nurse. That's not a good thing.	11/19/2014 2:56 PM
81	All health care concerns should be able to be covered by school health services including extra attention to mental health	11/19/2014 2:54 PM
82	Budget cuts have limited or removed school health services in many districts.	11/19/2014 2:54 PM
83	for Nome's surrounding areas	11/19/2014 2:53 PM
84	Seems like school health has been continually cut - when the school nurse is one of THE MOST important staff members on site.	11/19/2014 2:52 PM
85	Education	11/19/2014 1:40 PM
86	keep school nutrition standards high; increase number of schools that participate in school breakfast; utilize community eligibility to get free breakfast and lunch into more schools	11/19/2014 1:11 PM
87	--help connect districts w/o school nurses to PHNs/community resources --help advocate for adequate school health services across the state	11/18/2014 3:36 PM
88	I think due to politics all areas of this specific service could be improved upon.	11/18/2014 2:57 PM
89	All Alaskans deserve quality healthcare that is easily accessible - And schools are the best place to cast a wide net, since children spend so much time there and are more likely to build trust with a school nurse/health aid etc.	11/18/2014 1:19 PM
90	Ability to be included without fear of stigma.	11/18/2014 12:35 PM
91	Can not have too many outreach and educational programs.	11/18/2014 12:24 PM

## Alaska Maternal & Child Health Needs Assessment Survey

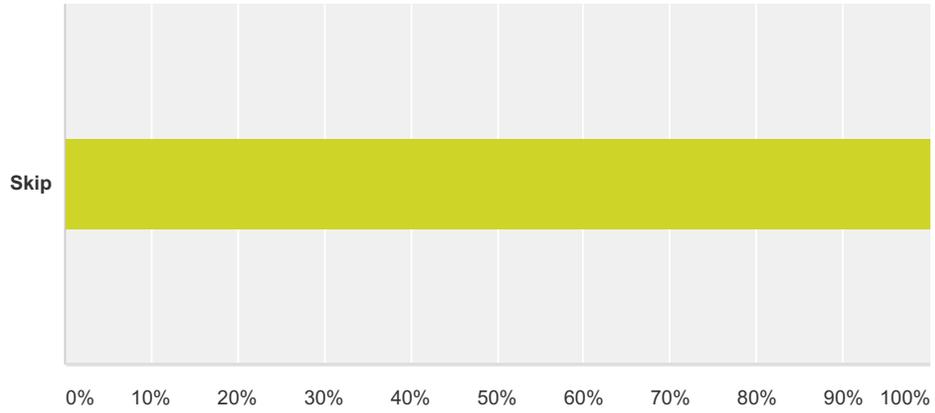
92	reproductive health education, services and resources needed at the school level. more mental health services should be available at the school level too.	11/17/2014 4:13 PM
93	Every school does not have a school nurse, but every school needs one.	11/17/2014 3:07 PM
94	Increase presence in schools--i.e. Clark Middle School--expand to other schools	11/17/2014 1:34 PM
95	Promote school nurses statewide as a means to quality school health services. Students with chronic conditions should have access to school nursing services at an appropriate staffing level. Many rural schools have no access to school nursing services and should, in the least, have a district school nurse to plan for student needs, train school staff and be a resource for health related policies and procedures. The State should also promote school based health centers in appropriate locations of need as another means for quality school health services.	11/17/2014 12:10 PM
96	School based clinics and wellness in the schools. Use CDC school health index. Engage parents.	11/17/2014 10:56 AM
97	School health services are at the whim of the district serving the children. There is great disparity across the state	11/17/2014 9:03 AM
98	Would like to have seen the flu vaccines given in ASD school this year.	11/16/2014 9:40 PM
99	Limitations in school services (e.g., cut backs for school nurse FTEs)	11/15/2014 2:57 PM
100	I don't have children so I have not had to seek these services.	11/14/2014 1:29 PM
101	My child is not yet in the school system so I have no direct experience in this area.	11/11/2014 11:34 AM
102	It's doing good so far!	11/4/2014 8:22 AM
103	I am opposed to health services being bundled into school district educational budgets. So to the extent that this occurs, we should have LESS. However, I am for school health services funded through a separate health budget; to the extent that this occurs, I would favor increased availability, accessibility, and quality, particularly around issues such as child maltreatment, mental health, and exercise.	11/3/2014 6:01 AM
104	Inservices when school is not in session. weekends or evenings. Have had mult errors from public health regarding immunizations needed but not given in non English populations and encountered resistance when calling to discuss.	10/30/2014 12:58 PM
105	Speech-Language Assessments/available personnel/follow up	10/30/2014 11:50 AM
106	need to have a registered nurse in every school. Reduction in services due to budget cuts has doubles the work of the school nurse and reduces the time allowed for case mgmt	10/29/2014 9:10 PM
107	Allow nurses to come into the schools to give inservices	10/29/2014 3:05 PM
108	School health services are currently available, but constant threats to school district budgets makes me worry about their future availability.	10/29/2014 2:54 PM
109	Kodiak Public Health Nurses work well with School nurses providing support with immunizations	10/29/2014 1:58 PM
110	Promoting a teaching table at family nights may be helpful with an advocate or representative from the state. Targeting Title 1 schools that need extra support with families and students in need social/emotional/financial/educational. Working with the CIT program in the ASD setting.	10/29/2014 10:09 AM
111	education, hands on	10/29/2014 8:55 AM
112	I think you do well in this area, at least in Anchorage because every public school has a full time BSN. The other areas of the state I can't speak to. I think it has been a boon to community health to have a school nurse consultant as well.	10/29/2014 8:20 AM
113	It is important to education parents and care givers regarding the purpose and process rather than give a "OK" or "not OK" response. Additionally, follow-up on any concerns.	10/29/2014 8:14 AM
114	For follow-up from school health refererals	10/29/2014 7:58 AM
115	psychological screens	10/29/2014 7:55 AM
116	I would love to see more school-based health clinics in Alaska and more school-based social workers.	10/28/2014 8:31 PM
117	School health services in rural areas are far too limited. telemedicine should be utilized by school districts with partnerships with pediatricians who are familiar with the cultures of the communities they are responsible for	10/28/2014 8:31 PM
118	I would like to see immunization clinics done again in the schools.	10/28/2014 6:52 PM

## Alaska Maternal & Child Health Needs Assessment Survey

119	there is no school health services in our region	10/28/2014 6:04 PM
120	Spend time in the schools for routine checks eyes, ears, general health	10/28/2014 5:22 PM
121	I appreciate that our school district has a school nurse on staff, however I wonder about the kids who are not enrolled in public school and what there access to health services is like?	10/28/2014 4:09 PM
122	Have more clinics and educational opportunities held at schools in conjunction with school health nurses	10/22/2014 2:45 PM

**Q13 Check 'Skip' and then click 'Next' if you are not familiar with the health needs of this population (adolescents 11-19 years) to go to the next population.**

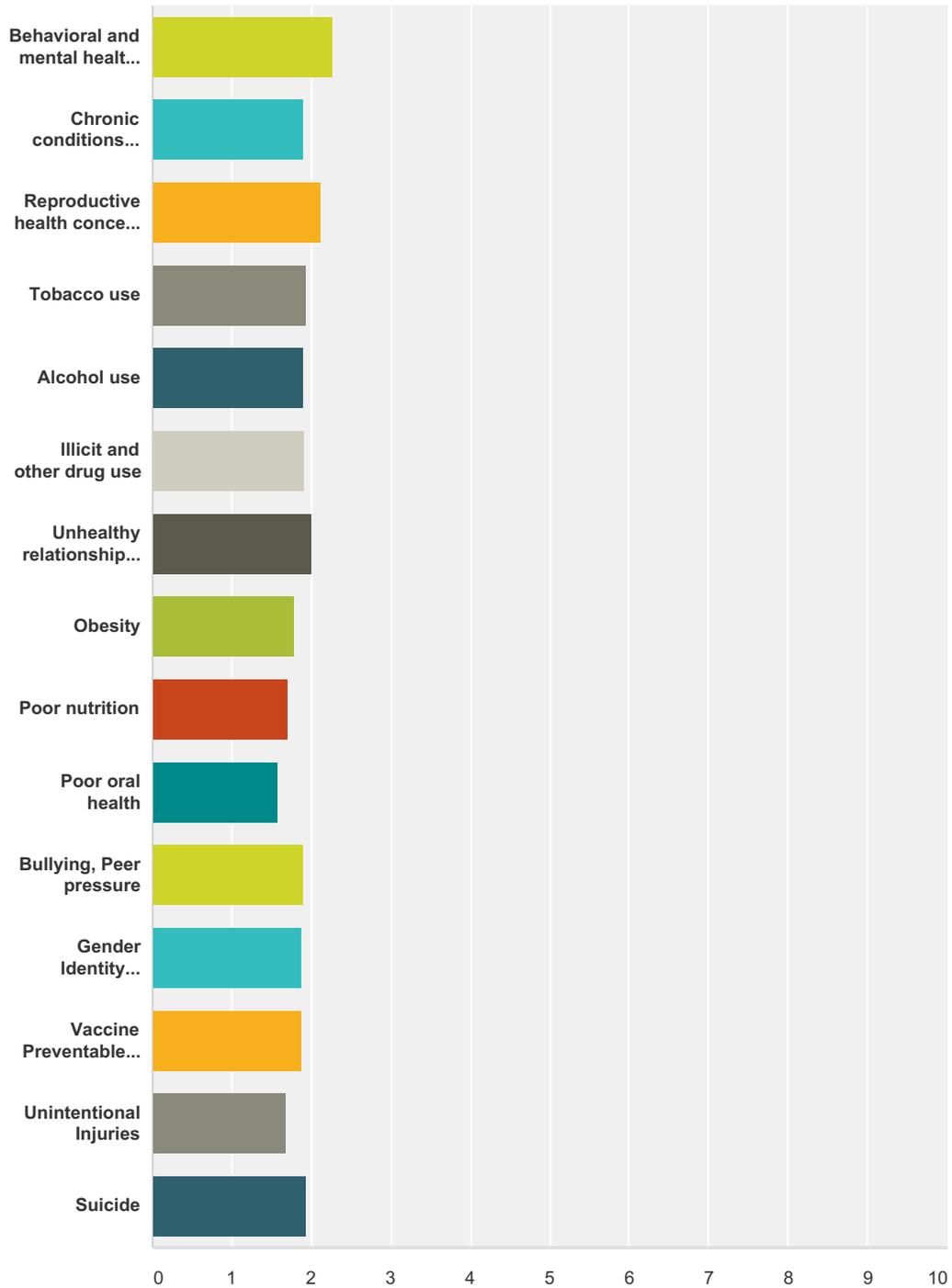
Answered: 116 Skipped: 949



Answer Choices	Responses
Skip	100.00% 116
<b>Total</b>	<b>116</b>

**Q14 CHOOSE YOUR TOP 3 major health concerns you feel are most important for Adolescents (11-19 years) and then RANK them in order of importance.**

Answered: 817 Skipped: 248



	1=Most Important	2	3	Total	Weighted Average
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## Alaska Maternal & Child Health Needs Assessment Survey

Behavioral and mental health problems	<b>49.02%</b> 201	<b>29.27%</b> 120	<b>21.71%</b> 89	410	2.27
Chronic conditions (diabetes, high blood pressure, asthma, etc.)	<b>34.92%</b> 22	<b>20.63%</b> 13	<b>44.44%</b> 28	63	1.90
Reproductive health concerns (preventing sexually transmitted infections (STIs), birth control methods, teen pregnancy)	<b>38.72%</b> 127	<b>34.76%</b> 114	<b>26.52%</b> 87	328	2.12
Tobacco use	<b>20.97%</b> 13	<b>51.61%</b> 32	<b>27.42%</b> 17	62	1.94
Alcohol use	<b>26.18%</b> 50	<b>38.22%</b> 73	<b>35.60%</b> 68	191	1.91
Illicit and other drug use	<b>32.44%</b> 73	<b>28.00%</b> 63	<b>39.56%</b> 89	225	1.93
Unhealthy relationships (intimate partner violence, sexual coercion/control, etc.)	<b>30.81%</b> 118	<b>38.90%</b> 149	<b>30.29%</b> 116	383	2.01
Obesity	<b>23.08%</b> 24	<b>32.69%</b> 34	<b>44.23%</b> 46	104	1.79
Poor nutrition	<b>23.17%</b> 19	<b>24.39%</b> 20	<b>52.44%</b> 43	82	1.71
Poor oral health	<b>14.81%</b> 4	<b>29.63%</b> 8	<b>55.56%</b> 15	27	1.59
Bullying, Peer pressure	<b>29.11%</b> 62	<b>30.99%</b> 66	<b>39.91%</b> 85	213	1.89
Gender Identity (LGBTQ, etc.)	<b>20.00%</b> 5	<b>48.00%</b> 12	<b>32.00%</b> 8	25	1.88
Vaccine Preventable Diseases	<b>20.83%</b> 5	<b>45.83%</b> 11	<b>33.33%</b> 8	24	1.88
Unintentional Injuries	<b>16.67%</b> 5	<b>36.67%</b> 11	<b>46.67%</b> 14	30	1.70
Suicide	<b>31.82%</b> 77	<b>31.82%</b> 77	<b>36.36%</b> 88	242	1.95

#	Other (please specify)	Date
1	Foster care, attachment issues, abuse	12/16/2014 6:49 PM
2	So much cutting going on. Everyone knows who does it and it is almost "cool" to participate.	12/16/2014 10:53 AM
3	These are ALL important issues	12/12/2014 1:12 PM
4	Caregiver capacity to care for the child, assisting families as a whole get the support they need to parent.	12/12/2014 8:15 AM
5	The issues get more complex with age; as a clinician for primarily 12-17 year olds I would also include suicide, tobacco, alcohol and other drugs, exposure to domestic violence, physical and sexual abuse, teen pregnancy/STDs and poor hygiene. Much of this could be prevented with working to improve healthy attachment and boundaries in infants and toddlers. Educate teen (and older) parents to break the cycle!	12/11/2014 10:15 AM
6	Child maltreatment	12/10/2014 4:41 PM
7	Child maltreatment	12/10/2014 2:36 PM
8	watching too much media or playing too many vedio games.	12/10/2014 2:20 PM
9	easy access to health care without the threat of debt or collection	12/10/2014 11:03 AM
10	AND BULLYING	12/10/2014 10:25 AM

## Alaska Maternal & Child Health Needs Assessment Survey

11	Exposure to violence, unhealthy relationships both themselves and others around, attitudes of acceptance and the culture to "not talk about it" and to "keep secrets/problems to themselves" is a challenge. Alcohol use	12/10/2014 9:54 AM
12	Family problems	12/10/2014 8:07 AM
13	Child abuse	12/9/2014 8:30 PM
14	Most of the "epidemic" of drug - which includes alcohol and tobacco - use is to self-medicate. Deal with the pain and the need for the analgesic is gone.	12/9/2014 7:17 PM
15	1. Child Maltreatment - most important	12/9/2014 5:07 PM
16	*Chronic condition=FASD!	12/9/2014 4:59 PM
17	I think it's important to increase education for adolescents that would help improve the transition from childhood into adolescence. But this includes all areas of life, including social factors, physical (nutritional, health conditions, activity, etc), mental/emotional, etc.	12/9/2014 4:56 PM
18	Sexual abuse and assault, not by an intimate partner but from family members, friends, and acquaintances (Number 1)	12/9/2014 3:28 PM
19	So many things affect this group only giving 3 choices is unfair.	12/9/2014 3:14 PM
20	Homelessness and parental substance abuse	12/9/2014 2:47 PM
21	Child/teen maltreatment sexting/porn exposure	12/9/2014 2:12 PM
22	Illicit/drug use is high too	12/9/2014 11:12 AM
23	I see bullying on the list but to me, bullying often comes in the form of adults to kids and adults to adults that kids see and then model. So much focus is on kids bullying each other when really it has to begin with many aspects of our society that model bullying and reinforce it. It is so pervasive that we often don't see it, even our educational institution is often disrespectful of kids and set up bullying paradigms. I think dis	12/9/2014 10:41 AM
24	Overcoming childhood trauma, which is often the source of substance abuse and behavior/mental health problems	12/9/2014 10:36 AM
25	Meaningful Opportunities/Positive Mentors #1	12/5/2014 12:45 PM
26	My community is failing its young people in the area of behavioral health.	12/5/2014 11:54 AM
27	Increase of meth and heroine lately in Kodiak. Alcohol is a long-standing problem, and people who start young have worse problems with addiction.	12/5/2014 11:04 AM
28	I think instead of alcohol use, it should substance abuse, because most of my teens are a combination of alcohol and drug use	12/4/2014 2:06 PM
29	Out-of-state placement lack of housing capacity and resources for therapeutic foster family. Low reimbursement rates.	12/4/2014 1:07 PM
30	It is unfathomable that the majority of chlamydia cases are in 15-24yo. It is neglegant of the state not to be putting more resources in education our youth and giving them they tools to prevent these diseeseases to keep themselves safe! And the sexually assault rate in our young women is absolutely unacceptable and the action from the State to be "Choose Respect" to lower the rates is just flat out bullshit.	12/2/2014 4:44 PM
31	Maltreatment should have been listed	12/1/2014 6:47 PM
32	I would also like to add suicide, illicit and other drug use, and unhealthy relationships	11/29/2014 12:20 PM
33	Undiagnosed/Unaccommodated fetal alcohol #1	11/25/2014 6:04 PM
34	they are all important!!!	11/25/2014 4:11 PM
35	Suicide is often a result of the use of alcohol, unhealthy relationships...but the suicide rate is a major concern	11/24/2014 9:12 PM
36	Healthy families- this population is exposed to family violence and substance abuse which they do not have control over and raises their ACES score considerably.	11/24/2014 3:55 PM
37	there are so many issues facing this population that it was very hard to pick 3	11/24/2014 12:27 PM
38	Child Maltreatment as first priority	11/24/2014 12:10 PM
39	exposure to domestic violence, sexual abuse long term	11/24/2014 11:32 AM

## Alaska Maternal & Child Health Needs Assessment Survey

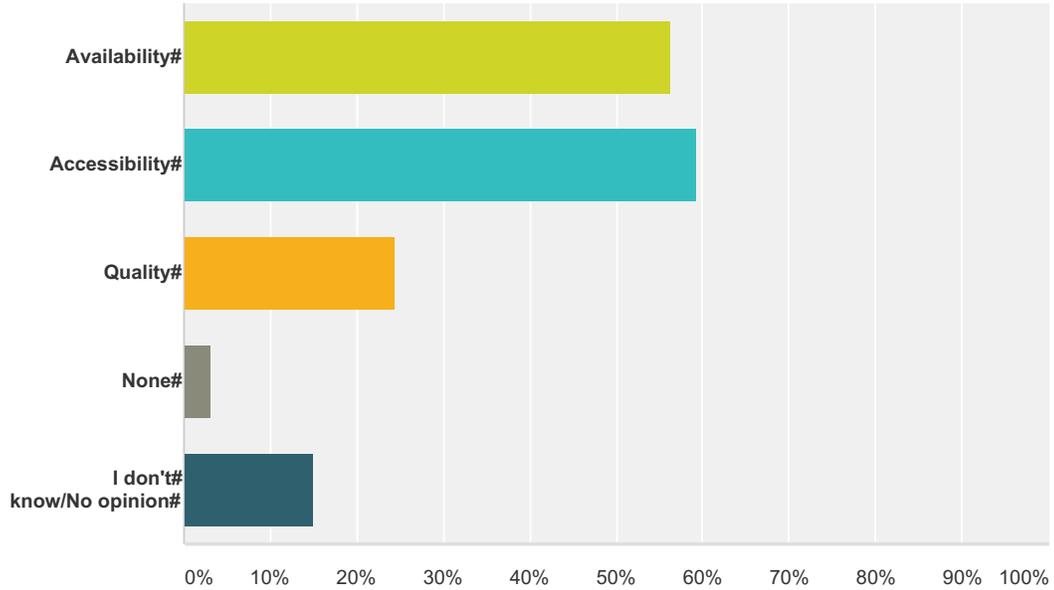
40	It was hard to pick only 3 for this age group. Unhealthy relationships, tobacco useSTDs and Birth control	11/20/2014 3:28 PM
41	These all go hand in hand seems to me, if we focus on ETOH use and we can add all the other information to this... Marijuana use is very prevalent on our communities, need more education on this esp directed at the youth!	11/20/2014 2:21 PM
42	Can we qualify this with only three? Teen pregnancy, poor family support/structure, bullying, alcoholism poor nutrition, obesity- these are all very prevalent in our community. I question whether the teen pregnancy problem is not supported by the Alaska Native community to keep their youth in the community.	11/20/2014 1:51 PM
43	Family support	11/20/2014 9:49 AM
44	drug, alcohol and tobacco use, behavioral and mental health needs, and suicide. I feel all these topics are equally important and a ranking of importance is not adequate. The topics are inter-related. self medication for undiagnosed mental health issues, domestic violence, and bullying all contribute to CDS, alcohol, tobacco, and unhealthy relationships that put teenager at risk for pregnancy, STI, etc.	11/20/2014 9:48 AM
45	HOMELESSNESS PROSTITUTION IPV	11/20/2014 9:47 AM
46	Disabled Indiv. Having to wait years to get waiver services	11/20/2014 9:32 AM
47	#1 Child Maltreatment	11/20/2014 9:11 AM
48	Suicide is a behavioral health concern.	11/19/2014 8:02 PM
49	nutrition/health education needs to start before they reach this age. nutrition and obesity are somewhat tied together.	11/19/2014 4:11 PM
50	You've mixed up gender identity and sexual orientation, they are distinct and independent. I'm happy you're trying, though. I think the 4th R is really lacking.	11/19/2014 3:54 PM
51	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:42 PM
52	I will not chose. ALL of these are the most important. I have been stating this at every age. This is not a helpful survey to even try to make these an importance ratting. Make a group and label it Most import and almost all of these would be able to fit that label.	11/19/2014 3:30 PM
53	Abuse and neglect ("throwaway kids")	11/19/2014 3:23 PM
54	Too difficult to rank. Many are a top priority	11/19/2014 2:53 PM
55	Oh, I want to check about six more! So many are tied together ...	11/19/2014 2:53 PM
56	Alcohol and drug use are important, but are often the resulting behavior from trauma such as abuse/maltreatment/untreated mental health concerns	11/19/2014 2:52 PM
57	I think child maltreatment in this area is still #1.	11/19/2014 2:50 PM
58	all are concerns	11/19/2014 2:47 PM
59	Adolescents do not seem to be grasping an attitude of respect for each other, for parents and especially for women in general.	11/18/2014 12:37 PM
60	many of these overlap	11/17/2014 9:18 PM
61	Role identity is the developmental task. Teens are looking for themselves and finding it in peers more than adults. Great need for adult mentoring and programs that connect youth to adults in their interest areas. Teens are amazing, ambitious and love to be involved. Opportunities for involvement is limited in smaller communities. They need adults paid to work with youth.	11/17/2014 11:00 AM
62	This is difficult as these are all very important issues for adolescent health	11/17/2014 9:05 AM
63	alcohol, illicit drug and tobacco use are very concerning, as well as, unhealthy relationships, reproductive health concerns, and gender identity issues.	11/6/2014 10:03 AM
64	I think behavioral and mental health, suicide and bullying could all be put together for # 1	11/5/2014 9:57 AM
65	Tobacco use is the center of a lot of risk behaviors and has health outcomes that run the gamut of problems and conditions!	10/31/2014 9:53 AM
66	I would group illicit drugs with Alcohol	10/30/2014 2:07 PM

## Alaska Maternal & Child Health Needs Assessment Survey

67	It's interesting that child maltreatment is not an option in this age group, yet this age group has large numbers of child maltreatment issues as well.	10/29/2014 10:10 AM
68	I could of eaisly checked all the above as "most important"	10/29/2014 8:56 AM
69	as i provider i see kids who need social emotional learning--somewhere easy like school	10/29/2014 8:42 AM
70	serious! you don't even have drugs on the list. as I said, think 21st century. it's not just marijuana anymore	10/29/2014 8:21 AM

**Q15 In which of the areas listed below could the Alaska maternal child health system improve related to PREVENTATIVE HEALTH CARE SERVICES?**

Answered: 792 # Skipped: 273#



Answer Choices#	Responses#	#
Availability	56.44%#	447
Accessibility	59.22%#	469
Quality	24.37%#	193
None	3.03%#	24
I don't know/No opinion	15.03%#	119
<b>Total Respondents: 792#</b>		<b>#</b>

	Further comments/clarifications#	Date#
1	Be sure to present friendly and inviting for teens, no stigma. Centers in more trafficked areas.	12/19/2014 9:45 AM
2	I don't know that my kids ever knew there were options for information or resources. Information may have gotten to them through some other way, but it wasn't the school.	12/17/2014 11:11 AM
3	Gardasil is not part of vaccine for children program. Nearest community health organization that provides Gardasil for uninsured or under insured is Talkeetna, Sunshine Clinic	12/14/2014 9:55 PM
4	transportation to and from	12/13/2014 8:34 PM
5	Certainly not enough agencies to meet the demand of this population, primarily the transitional age youth. Ensuring they understand how (not only where) to get the services they need and doing outreach to get them. Increasing training of evidence based practices for providers.	12/12/2014 3:33 PM
6	think about rural area for one thing	12/12/2014 4:14 AM

## Alaska Maternal & Child Health Needs Assessment Survey

7	Keep giving away condoms at the health department, and offering free or reduced cost screenings there.	12/11/2014 10:26 AM
8	There is none that I know of	12/11/2014 9:42 AM
9	provide more counseling opportunites or lunch groups to help this age grow up with an understanding of how their choices affect their lives - having a child at 15, 16 creates barriers and not having the self-understanding to know what a healthy relationship is when you are uncertain who you are can define your life. Kids should have safety areas that they can go to when they are in unsafe situations	12/11/2014 9:31 AM
10	Knowing their rights to privacy and what they (as adolescents) have the right to access without parent present and / or with their knowledge.	12/10/2014 5:43 PM
11	Information about Availability and Accessibility or more availability and accessibility.	12/10/2014 2:26 PM
12	The lack of services for teens who experience drug/alcohol problems is appalling.	12/10/2014 11:38 AM
13	availability is the primary concern with all preventative as well as acute mental and physical health needs in this community.	12/10/2014 9:56 AM
14	Market to teens so they can access services with or without parents	12/10/2014 8:16 AM
15	I believe that providing adolescents and their families with resources to proper nutrition, physical activity, community involvement, and mental/emotional support is key to ensuring our youth grow up to be successful and healthy adults who can contribute to their community.	12/9/2014 5:03 PM
16	I think information about service availability is the issue.	12/9/2014 4:54 PM
17	"Just say No!" is not working. We need early intervention/prevention programs.	12/9/2014 4:53 PM
18	There could be more information about preventative services, specifically emphasizing the importance of preventative services. These services could also be made more affordable.	12/9/2014 3:40 PM
19	same as previous questions.	12/9/2014 3:16 PM
20	Limited programming/ resources for teens	12/9/2014 2:55 PM
21	The kids need this on the weekends.	12/9/2014 2:48 PM
22	Our school see's a guidance counselor every three weeks. This is not enough time to constantly express concern for preventative meassures to be set in place when our kids leave school.	12/9/2014 2:47 PM
23	Requiring MOU's with community Behavioral Health and Clinics, working with local providers if they do not have the qualified services in house...have an area where the provider can do their services on site if needed	12/9/2014 2:39 PM
24	MORE ADVERTISING	12/9/2014 9:15 AM
25	Very limited options for youth substance abuse treatment, especially for intensive needs	12/5/2014 11:10 AM
26	Especially in the private care sector that is largely focused on acute care and urban populations	12/5/2014 10:40 AM
27	Well child checks offered at schools?	12/5/2014 8:20 AM
28	Improve relationships with substance abuse treatment centers	12/5/2014 7:42 AM
29	drug and etoh treatment mental health treatment in patient facilities	12/4/2014 3:09 PM
30	Functional prevention programs for SE region. Providing awareness activities, media awareness, and information on all mental health issues, drug and alcohol use/abuse, suicide, bullying. All these issues intertwine	12/4/2014 1:16 PM
31	A healthy teenager dies not have a ricochet effect for drug/alcohol user and abuse or depression leading to possible suicide attempts. I need to teach respect for one's self as well as others.	12/3/2014 1:52 AM
32	Making services youth friendly! Evening clinics! Campaigns that are run on social media instead of buses! Integrating with the schools on STI education and screenings!	12/2/2014 4:47 PM
33	As previous regarding a medical home. Our homeless youth population is growing. We need a midlevel provider at our local homeless youth gathering place to provide better medical care to this population.	12/2/2014 9:52 AM
34	provide leadership that supports care providers who serve and who want to serve this population; this would be clinical and developmental based trainings and quality improvement techniquet	12/1/2014 2:43 PM

## Alaska Maternal & Child Health Needs Assessment Survey

35	I live in an area where we have to travel out of our villages to get the care.	11/27/2014 11:50 PM
36	monthly home visits like they use to do in the past.	11/26/2014 4:15 PM
37	More outreach and education for high risk areas that have been identified.	11/26/2014 4:57 AM
38	Same comment as before.	11/25/2014 4:56 PM
39	The young won't go to the clinic	11/25/2014 10:29 AM
40	remote communities	11/24/2014 3:15 PM
41	Advertise, many kids don't know what's available	11/24/2014 2:32 PM
42	Cost is part of accessibility. those who cannot afford, will not be able to access.	11/24/2014 12:28 PM
43	The HPV immunization to children should be mandatory. Parents don't need to tell their children what the immunization is for. The native community is far ahead of the game and they have their children immunized with or without telling the kids what this shot is for. Parents need to be parents and have their children immunized.	11/24/2014 10:32 AM
44	See 5.	11/23/2014 5:20 PM
45	Communication access for deaf consumers	11/21/2014 4:00 PM
46	Seems this is an misunderstood age bracket.	11/21/2014 12:43 PM
47	COST	11/21/2014 12:26 PM
48	<p>My 19 year old son received a severe traumatic brain injury December 2013. He had to go out of state for much of his initial treatment because Alaska does not have enough doctors specializing in TBI. After my son returned home it took months to get in to see a neurologist and when we finally did -- it was a nightmare. We went to Dr. Osterbauer at Alaska Neurology Center (1100 E Dimond Blvd Anchorage, AK 99515 907-565-6000/866-977-2562 P 907-565-6001/866-201-8222 F info@aknc.com) The waiting area was stark white, with 4 large screen televisions, all on, and on different channels. There is a partial wall allowing people to look down to the first floor cafe and lobby. There was loud music and conversation drifting up from the cafe, plus the food smells. The environment was a total sensory overload for my son. Then checking in was difficult. We submitted ROI's, guardianship papers, insurance cards, medication list at least 3 weeks prior to the appointment -- hoping to speed the process up because my son is not terribly patient after his TBI. The desk clerk asked for our documents. I explained we already provided them. She said she had not checked her computer. I told her I was not impressed. After about 15 to 20 minutes we were taken back to the exam room. We waited there for over 30 minutes past our appointment time for the doctor. Blood draws were scheduled. The lab staff was late and not appropriately prepared for 10 vial draws from a TBI patient. The final outcome when I emailed the doctor with questions from our visit and to make him aware of the deficits his clinic is facing -- was to get a phone call from Eli Lehrmann, the operations manager saying that we had to speak before I could come for an appointment to discuss those questions, the next day. Elly said he had many concerns about my email to Dr. Osterbauer. He said I seem unhappy, therefore he wanted to make a referral. I told him I am not impressed with the clinic or support staff but that I felt Dr. Osterbauer gave Keyn a great exam and seemed very knowledgeable. We waited a long time for the appointment and I would prefer not to start all over for Keyn's sake. He said he looked at my son's medical records and that his injury in average. They have lots of patients that can't even control their drool. (Exact quote.) I asked to speak with Dr. Osterbauer and Elly said the doctor works for him. He then explained that they have lots of cameras and that he has reviewed the videos and found our behavior unacceptable. He said I was repeatedly rude to his staff, that I used the word "f**k several times, which I did not do. He made an issue of my son throwing the little rubber brain he was given to squeeze during the blood draw. Keyn was bored waiting for them to figure out how to do the draw and was just tossing the brain to me. Elly said that was not what my son was there to do. Questioned my request for restraint Keyn. I told him that was not the case, I asked to restrain his arm. He then said "If you care about your son you will keep your mouth shut.". You need us. We do not need you. I don't need your interior decorating advice. We have an interior decorator. So are you going to keep your mouth shut and keep your appointment? I told him that his behavior was unbelievable and that we would not accept a referral and that I was done listening to him. The next morning I called ABIN and reported the incident and they referred us to another neurologist. Only a 2 week wait to get in.</p>	11/21/2014 10:52 AM
49	having school access to full range acute, preventative and mental health services with a parental waiver for use would greatly improve the quality, availability and accessibility of care for adolescents in Alaska;	11/21/2014 9:47 AM
50	There is one great place to go, but most people are poor to go there. The other is so over crowded, kids don't want to go	11/21/2014 7:17 AM
51	Too much judgment/discrimination is continuing to occur. Discrimination is preventing adolescents from seeking preventative health services.	11/20/2014 8:52 PM

## Alaska Maternal & Child Health Needs Assessment Survey

52	Parents involvement and engagement needs to improve.	11/20/2014 8:37 PM
53	There is already a lot being done. Plenty of partnerships, etc.	11/20/2014 4:16 PM
54	Consider effort for state hospitals to become 100% Baby Friendly Hospitals; from my read this is the most effective way to increase breast feeding and duration seems quite preventive re maternal risk for abuse/ neglect, i.e., study by L Strathearn et al. 2009	11/20/2014 3:58 PM
55	Open up to anyone able to come, not just underinsured or no insurance.	11/20/2014 3:50 PM
56	Drug use, etoh use and doing more outreach and education in rural areas...	11/20/2014 2:25 PM
57	The schools do not have a quality health education program, which would be the first step in educating first our youth re: preventative health care. Combine that with visits from a nursing staff could make a big difference in actuating a real change in the health status of our communities.	11/20/2014 2:09 PM
58	I've added quality to the improvement dimension because it doesn't appear that current strategies of communication and education resonate with this population. Somehow the messaging isn't positively impacting the statistics, or perhaps it is.	11/20/2014 11:05 AM
59	There are a limited number of Quality low cost options for children.	11/20/2014 10:46 AM
60	Sharing resources starts with the schools and the schools rarely provide pertinent information to the families that need it.	11/20/2014 10:33 AM
61	Public Health in Nome does a good job of providing education and resources to adolescents aged 11-19.	11/20/2014 9:52 AM
62	WORK WITH THE SCHOOL DISTRICT NURSES WORK WITH THE HOMELESS YOUTH SHELTER AND MENTAL HEALTH PROVIDERS	11/20/2014 9:48 AM
63	I think the nurses in the high schools do a great job, the elementary schools need better quality	11/20/2014 9:39 AM
64	I've not had to use state resources for this.	11/20/2014 9:16 AM
65	Having services available to teens in schools. Especially for reproductive health.	11/20/2014 9:05 AM
66	I'm sure that drug and alcohol issues are discussed in school, but it needs to be an ongoing discussion and not just once a year at a just-say-no assembly.	11/20/2014 8:13 AM
67	Teens need to know where to go and have access to free socially acceptable healthcare.	11/20/2014 6:58 AM
68	Quantity too. Work with ANDVSA for prevention	11/19/2014 11:26 PM
69	Promote the availability to target population	11/19/2014 10:57 PM
70	Not speaking for Fairbanks, but there are other areas throughout the State of Alaska who need better accessibility and quality services for youth in this age group.	11/19/2014 5:55 PM
71	small villages teens feel too exposed to access available birth control	11/19/2014 5:22 PM
72	I really love iknowmine.org	11/19/2014 4:07 PM
73	currently we have a sliding scale for services, most cant afford to pay. i dont want to see the cost as a detterant	11/19/2014 3:59 PM
74	(For Quality, I'm specifically thinking about mental health and special needs.)	11/19/2014 3:53 PM
75	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:43 PM
76	our Community is VERY LIMITED in its resources for youth, availability, accessibility and what we do have is not quality!	11/19/2014 3:39 PM
77	Education... Knowledge. Understanding. Good morals.... Adolescents should have their understanding and be aware of these services. All of these points are probably good, but the children have to know how to access them and that they are there, and want help.....	11/19/2014 3:32 PM
78	You can lead a horse to water, but you can't make him drink. A person can know how to prevent disease/ill health, but they won't always do it because it's hard.	11/19/2014 3:19 PM
79	Where is the free teen medical clinic? ANHC no longer has sliding fees.	11/19/2014 3:07 PM
80	Services for this population are usually limited and not focused on serving the child/youth and caregiver together. This limits the impact of the strategy as the caregiver is often the main cause or contributor to the presented issues.	11/19/2014 3:00 PM

## Alaska Maternal & Child Health Needs Assessment Survey

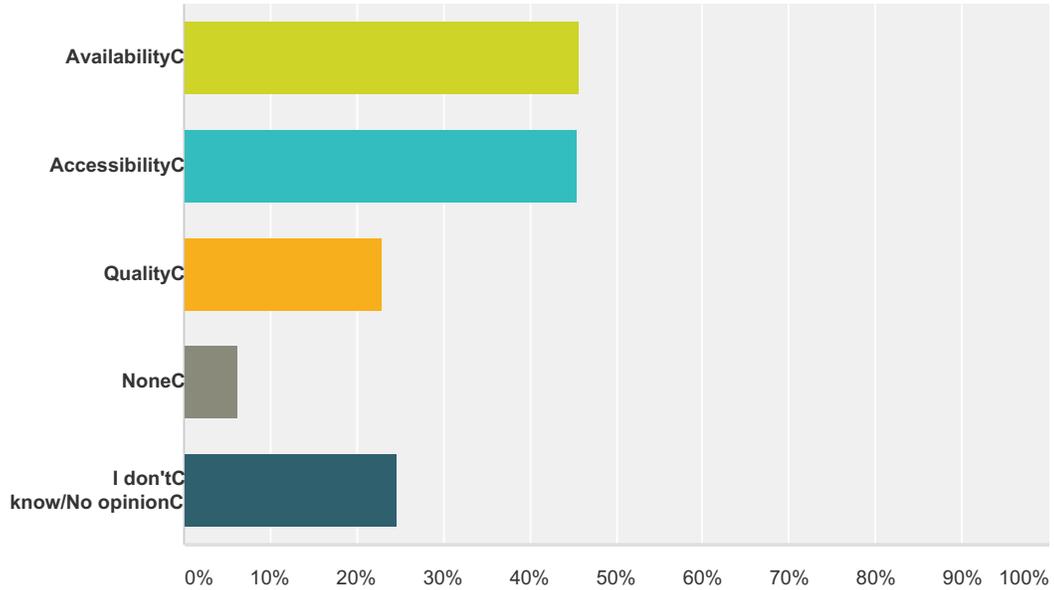
81	Ditto to the previous two comments.	11/19/2014 3:00 PM
82	advertise, make it free, make preventative health care discussions normal and not embarrassing. Open informed communication with quality educators. Health educators and Health Fitness professionals and Nutrition should be very important for preventative care and anyone who wants to improve thier health should have access	11/19/2014 2:59 PM
83	I feel like there's a segment of our population that gets left out completely - too "rich" for public assistance, but too poor for some basic needs.	11/19/2014 2:54 PM
84	Do kids in this age range still get well child checks? Advocate/promote annual preventative health screenings	11/18/2014 3:41 PM
85	A small pamphlet won't change much. There needs to be an increased participation/collaboration to reach our young pre-teens and young adults.	11/18/2014 3:39 PM
86	There is a small amount of providers in my area that provide affordable Mental health services for individuals that have little or no insurance.	11/18/2014 2:17 PM
87	All Alaskans deserve quality healthcare that is easily accessible.	11/18/2014 1:23 PM
88	There seems to be a place where the older adolescent falls through the public health system, especially if they are in need of financial assistance.	11/18/2014 12:41 PM
89	More is always better	11/18/2014 12:29 PM
90	Economic accessibility is lacking.	11/18/2014 11:22 AM
91	we need more of our clinics to be teen-friendly, well-trained, non-judgemental staff who provide meaningful health services and resources to teens. reproductive health issues and healthy relationship issues are of particular concern.	11/17/2014 4:17 PM
92	Expand to school sites	11/17/2014 1:38 PM
93	Bright Futures - need to promote	11/17/2014 12:14 PM
94	Engaging mentoring (sports, arts, community programs with adults who are supportive and can support self-regulation of students and practice the same themselves.) Coaching men into boys curriculum for teachers, coaches, arts leaders, civic, etc.	11/17/2014 11:53 AM
95	especially for those outside of cities	11/17/2014 10:36 AM
96	Education for providers	11/17/2014 9:08 AM
97	Affordability as in other responses - but with this group there is availability aspects - e.g., access for reproductive/behavioral aspects but not wanting the clinical preventive visit.	11/15/2014 3:04 PM
98	I don't have children so I have not had to seek these services.	11/14/2014 1:31 PM
99	While there are plenty of available practices, most do not treat the adolescent with respect or compassion or really listen to them. They view them as a oatient to get in and out as quick as possible and 'blow off' their concerns	11/13/2014 3:01 PM
100	We have great quality, but the services aren't always available because the services aren't available in regions of the state, parents/guardians don't believe they can afford it (or truly can't afford it), and the low-cost programs have long wait periods.	11/4/2014 3:31 PM
101	encourage more kids to stop eating junk food, and eat more traditional foods	11/4/2014 8:30 AM
102	We need services in the YK Delta BAD!	11/3/2014 10:48 AM
103	People need to be seen when they have a problem, by using only appointment only at the FRPHC how good is that. Can't you also have some walk in times. Look at your numbers, bet they are way down since this appointment only crap went into effect. The ones who are lazy love it. And take forever to chart. Just like STI clinic, it is all swabs and urine testing some blood draw, but not always. How long does all that take. Certainly not 45 minutes.	11/3/2014 10:29 AM
104	More services in mental health needed	10/30/2014 4:50 PM
105	Establish school-based health clinics in neighborhoods with high risk populations.	10/30/2014 4:04 PM

## Alaska Maternal & Child Health Needs Assessment Survey

106	especially for adolescents who are new to our country. I have called Denali Kid Care and was told that a person has to live in the US for at least 5 years to get Denali Kid Care. This leaves many of the students I serve without access.	10/30/2014 9:11 AM
107	Probably can't for kids less than 18 as they need their parent permission.	10/29/2014 3:11 PM
108	PLEASE more prevetion efforts!	10/29/2014 11:59 AM
109	Promoting outreach in villages and providing education and teaching to the lower socio-economic classes.	10/29/2014 10:47 AM
110	kids rarely go to hcp unless they are ina sport; need to find a different way to deliver health care to kids at this age---in the schools? with an ANP?	10/29/2014 8:45 AM
111	Services should be publicized so adolescents know where to go if needed.	10/29/2014 8:02 AM
112	counseling	10/29/2014 7:57 AM
113	NO ISSUES AT PRESENT	10/29/2014 7:47 AM
114	I think the SOA Dept. of Adolescent Health is doing great work and the Family Violence Prevention Project is doing great work for teens too. This small # of people, however, can only do so much. I would love to see areas such as violence prevention, education on the overlaps between substance abuse, sexual health, pregnancy and STI prevention, and intimate partner violence and child maltreatment getting more SUSTAINED and guaranteed funding and more staffing, and for that work to be able to happen in close partnership with tribal, non-profit, and different cultural organizations and cultural groups. Also, since long-acting reversible contraceptives are so crucial for preventing coerced and unwanted pregnancies, these need to be made available to teens at low or no cost and in many different places, as well as condoms and scientifically-based information on STIs and pregnancy, etc. Collaborations between DV/SV agencies and local health systems could be key to this. If we want to prevent FASD and toxic stress during pregnancies and child maltreatment, and the many many consequences of these throughout the lifecourse, then we need to start by helping teens have healthy relationships and control over their sexuality and reproduction.	10/28/2014 8:48 PM
115	Culturally-specific programs related to drug/alcohol prevention and violence prevention need to be integrated into every health curriculum from the 5th grade on up. Local presenters need to be trained & supported to continue this role in their community.	10/28/2014 8:43 PM
116	Education and caring , an adult the Really cares	10/28/2014 8:09 PM
117	I teach high school sex ed and this age group does not know about public health at all.	10/28/2014 6:55 PM
118	Sex education	10/28/2014 6:21 PM
119	limited resources in the region	10/28/2014 6:09 PM
120	I've always been able to get quality well child checks for my son who is 14 that was both available and accessible, in Bethel and in Anchorage.	10/28/2014 3:50 PM
121	Incorporation with School based health centers and inclusion of sexual health screenings, contraceptives and availability of condoms. Clinics need youth accessibility training and to be assessed by youth.	10/27/2014 10:48 AM

**Q16 In which of the areas listed below could the Alaska maternal child public health system improve related to GROWTH AND DEVELOPMENTAL SCREENINGS?**

Answered: 788 C Skipped: 277C



Answer Choices	Responses	Count
Availability	45.81%	361
Accessibility	45.56%	359
Quality	22.97%	181
None	6.35%	50
I don't know/No opinion	24.62%	194
<b>Total Respondents: 788</b>		<b>788</b>

#	Further comments/clarifications	Date
1	Be sure to present friendly and inviting to teens, no stigma	12/19/2014 9:45 AM
2	transportation to and from screening events	12/13/2014 8:34 PM
3	Certainly not enough agencies to meet the demand of this population, primarily the transitional age youth. Ensuring they understand how (not only where) to get the services they need and doing outreach to get them. Increasing training of evidence based practices for providers.	12/12/2014 3:33 PM
4	Support ACCA and others in Fairbanks. They do a great job with what they have, but are underfunded.	12/11/2014 10:26 AM
5	There is none that I've ever seen here	12/11/2014 9:42 AM
6	Lack of access to healthcare in Alaska.	12/10/2014 5:43 PM
7	Information about Availability and Accessibility or more availability and accessibility. Early screening physical health for this age group	12/10/2014 2:26 PM

## Alaska Maternal & Child Health Needs Assessment Survey

8	i	12/10/2014 9:56 AM
9	Limited programming/ resources for teens. Underserved population	12/9/2014 2:55 PM
10	Teens don't know what kind of services they can access for themselves when a guardian or parent is not available.	12/9/2014 2:48 PM
11	Sqme as #15 above.	12/9/2014 2:47 PM
12	I think that very often the first line of referral when there is a deficit identified is to medical providers and intervention. This immediately labels it as a "medical problem" that is "fixed" or "managed" medically. Parents (and individuals) need other forms of support and the referrals that are often not included as part of a medical practice.	12/8/2014 11:16 AM
13	There are services available on paper, but they are not being delivered	12/5/2014 11:55 AM
14	I don't know enough about developmental screenings for this age population	12/5/2014 8:20 AM
15	Improve relationships with substance abuse treatment centers	12/5/2014 7:42 AM
16	Kids will not talk to someone of they do not feel they cannot trust them.	12/3/2014 1:52 AM
17	as previous comment on screenings	12/2/2014 9:52 AM
18	same as above	12/1/2014 2:43 PM
19	monthly home visits like they use to do in the past.	11/26/2014 4:15 PM
20	More outreach and education for high risk areas that have been identified.	11/26/2014 4:57 AM
21	see previous notes	11/24/2014 3:15 PM
22	Advertise, many kids/parents don't know what's available	11/24/2014 2:32 PM
23	See 5.	11/23/2014 5:20 PM
24	More in depth screenings should be done - not the 15 minute speed checks they do for school. Really focus on the kids and ask in depth questions.	11/21/2014 4:14 PM
25	Again, public information campaigns	11/21/2014 12:43 PM
26	having school access to full range actue, preventative and mental health services with a parental waiver for use would greatly improve the quality, availability and accessibility of care for adolescents in Alaska;	11/21/2014 9:47 AM
27	There is one great place to go, but most people are poor to go there. The other is so over crowded, kids don't want to go	11/21/2014 7:17 AM
28	Services are only provided in a widespread fashion at large communities. Mid-size to small/remote communities are not receiving enough attention	11/20/2014 8:52 PM
29	Parents involvement and engagement needs to improve.	11/20/2014 8:37 PM
30	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:25 PM
31	There are only general physicals if the youth are involved in sports, otherwise, it is not done on a regular basis.	11/20/2014 2:09 PM
32	Meeting teens when and where they are available rather than during clinic hours makes sense for this group.	11/20/2014 11:05 AM
33	Childfind does a great job on identifying kids who have developmental delays however, the education component portion of the program could be improved.	11/20/2014 10:33 AM
34	AROUND THE HOLIDAYS WORK WITH LOCAL GROCERY STORES TO SEE IF THERE CAN BE POSTED INFORMATION ON WHAT SERVICES AND WHERE TO FIND THEM/LOCATION WHAT ALL PH PROVIDES INCLUDIE WORKING WITH THE LOCAL HOSPITALS AND POST OFFICE TO POST INFORMATION ON WHERE TO FIND SERVICES GEARED TOWARDS YOUTH WHO DON'T GOOGLE THE STATE'S WEB PAGES HAVE A FUN AND INFORMATIVE PSA HOLD OPEN NIGHT AT THE HOMELESS YOUTH SHELTER WITH PIZZA / FOOD ALWAYS GETS TEENS TO SHOW UP TO TALK ABOUT ABUSE, COERECION, SEXUAL ABUSE PROVIDE RESOURCES BY HOLDING MEETINGS 1 X A MONTH OTHERWISE OCCASSIONAL MEETINGS ARE WORTHLESS.	11/20/2014 9:48 AM
35	I've not had to use state resources for this.	11/20/2014 9:16 AM

## Alaska Maternal & Child Health Needs Assessment Survey

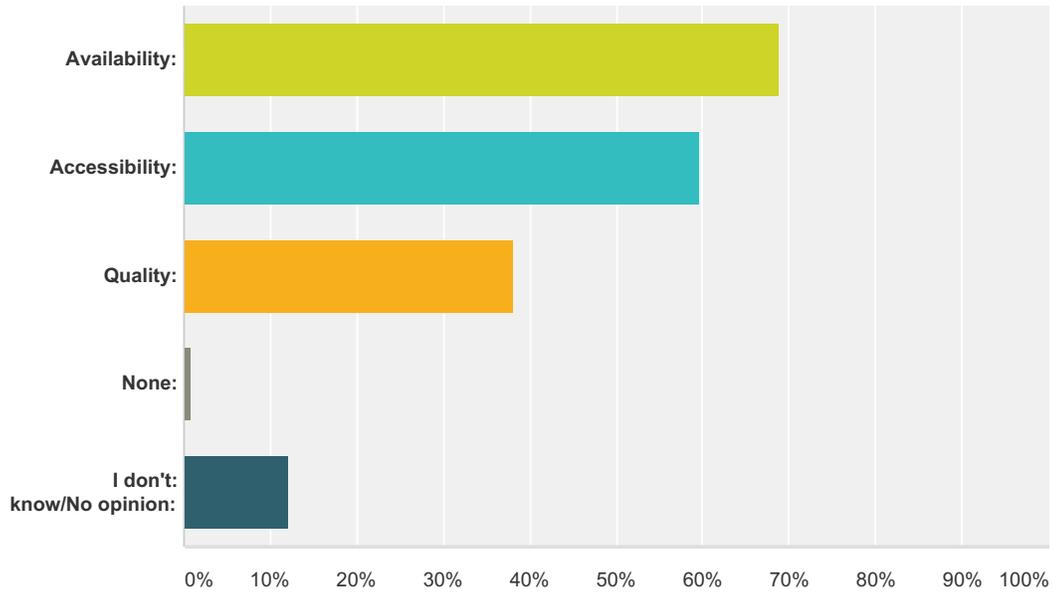
36	Again - if providers could spend a little extra time with the youth and complete a developmental assessment themselves instead of going off what the parent/caregiver states. Many parent/caregivers do not provide accurate information either due to not wanting to do so or because they lack the understanding/education	11/20/2014 9:14 AM
37	My children are screened adequately by their pediatrician.	11/20/2014 8:13 AM
38	Teens and children deserve better food to develop properly.	11/20/2014 6:58 AM
39	EPSDT screenings every year at every check up until age 21. Also, consider having school nurses do EPSDT screenings for students who may not receive regular check ups.	11/19/2014 8:09 PM
40	growth and developmental screening are not well emphasized in this age group. If more teens got in to well child clinics perhaps more behavioral health problems could be identified early.	11/19/2014 6:21 PM
41	help with costs	11/19/2014 4:14 PM
42	Do we still do those at this age?	11/19/2014 4:07 PM
43	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:43 PM
44	Education... Knowledge. Understanding. Good morals.... Adolescents should have their understanding and be aware of these services. All of these points are probably good, but the children have to know how to access them and that they are there, and want help.....	11/19/2014 3:32 PM
45	Screening in this age group is limited.	11/19/2014 3:00 PM
46	More information could be made available to the public regarding what programs and services are in their areas.	11/19/2014 2:59 PM
47	Educational opportunities	11/19/2014 1:42 PM
48	There is only one facility that provides healthcare for my daughter that I can afford. If they do not treat her there is no other option to turn to.	11/18/2014 2:17 PM
49	All Alaskans deserve quality healthcare that is easily accessible.	11/18/2014 1:23 PM
50	Specific programs for autism, ADHD and other learning/behavioral disabilities/disorders.	11/18/2014 12:41 PM
51	More -	11/18/2014 12:29 PM
52	Encouraging young families to participate.	11/17/2014 4:23 PM
53	Expand to school sites	11/17/2014 1:38 PM
54	More public education around developmental tasks of age groups. Normalize and offer support, connections for people parenting.	11/17/2014 11:53 AM
55	I don't know what or how you provide developmental screening, but having access to screening in the rural health areas is important. Is there a method established for remote screening?	11/17/2014 9:08 AM
56	Affordability -	11/15/2014 3:04 PM
57	I don't have children so I have not had to seek these services.	11/14/2014 1:31 PM
58	awareness	11/5/2014 3:53 PM
59	We have great quality, but the services aren't always available because the services aren't available in regions of the state, parents/guardians don't believe they can afford it (or truly can't afford it), and the low-cost programs have long wait periods.	11/4/2014 3:31 PM
60	Doctors should be sure to prescribe reading to babies starting at birth. Enroll them in Imagination Library to ensure they have a library prior to entering Kindergarten.	11/4/2014 2:12 PM
61	We need these services in the YK Delta and more access to them!	11/3/2014 10:48 AM
62	Can texting for appointments be done? Can there be a facebook page or website for local clinics. Someone told me well, they can go to the state website.... Right, so some teen who has an sti is going to go to the state of Alaska website and then link and link until they get to the FRPHC site. Get with the program.	11/3/2014 10:29 AM
63	Outreach to local clinics training health care professionals on what to teach certain populations that are at risk and what resources are available to them. Providing outreach in more at risk schools. Collaborating with Health Teachers in the school setting.	10/29/2014 10:47 AM
64	ECE education for those administering screenings and education on follow up process	10/29/2014 8:59 AM

## Alaska Maternal & Child Health Needs Assessment Survey

65	easy to do in the schools	10/29/2014 8:45 AM
66	That provide counseling about health weight and nutrition.	10/29/2014 8:02 AM
67	well child/teen exams	10/29/2014 7:57 AM
68	NO ISSUES AT PRESENT	10/29/2014 7:47 AM
69	limited resources in the region	10/28/2014 6:09 PM
70	comprehensive approaches- healthy relationships, HPV vaccinations, substance abuse prevention, honest conversations.	10/27/2014 10:48 AM

**Q17 In which of the areas listed below:  
could the Alaska maternal child public:  
health system improve related to MENTAL:  
HEALTH CARE SERVICES?:**

Answered: 772 : Skipped: 293:



Answer Choices:	Responses:
Availability	68.91%: 532
Accessibility	59.72%: 461
Quality	38.21%: 295
None	0.91%: 7
I don't know/No opinion	12.18%: 94
<b>Total Respondents: 772:</b>	<b>:</b>

#:	Further comments/clarifications:	Date:
1	Be sure to present friendly and inviting to teens, no stigma. Centers in more trafficked areas.	12/19/2014 9:45 AM
2	I don't think my kids ever knew it was an option.	12/17/2014 11:11 AM
3	Teens whose parents have inadequate insurance and are not eligible for Denali Kid Care fall through the cracks.	12/16/2014 1:01 PM
4	There is a definite shortage of psychiatrists and counselors who accept medicaid. Medicaid should reimburse counselors who do not have physician oversight.	12/14/2014 9:55 PM
5	transportation is needed	12/13/2014 8:34 PM
6	Certainly not enough agencies to meet the demand of this population, primarily the transitional age youth. Ensuring they understand how (not only where) to get the services they need and doing outreach to get them. Increasing training of evidence based practices for providers.	12/12/2014 3:33 PM

## Alaska Maternal & Child Health Needs Assessment Survey

7	Partner with local agencies that are already providing mental health services to strengthen efforts rather than duplicate efforts.	12/11/2014 6:19 PM
8	There are currently no residential placements in Alaska for youths under 18 who need extra DD services, and they are blended with SED youth. Most of them end up going out of state. One youth (among many) we served this year was a high needs youth with schizophrenia. We served him for many months before he had a break and transferred back to North Star Hospital. He had been out of state for 2 years, and may be placed out of state again. There are very little to no resources for parents of special needs children (as well as more functional youth with behavioral challenges) in Alaska, both in the larger cities and of course in the smaller villages. The PLL program seems to be helping, as well as current residential programs, which have been challenged with meeting Medicaid guidelines to stay in business and available to serve.	12/11/2014 10:26 AM
9	Don't think Alaska maternal child public health does anything with this	12/11/2014 9:42 AM
10	The inpatient services and follow-up with families are very lacking; Inpatient drug/alcohol rehab or outpatient rehab is not sufficient	12/11/2014 9:39 AM
11	provide more and in informal settings, such as a lunch group	12/11/2014 9:31 AM
12	Offer more BH services and ensure an adequate number of clinicians are available to serve the population and their needs.	12/10/2014 5:43 PM
13	Early screening for mental health for this age group	12/10/2014 2:26 PM
14	The stigma for teens being associated with any kind of mental illness is a huge barrier to access.	12/10/2014 11:38 AM
15	Students with mental health issues and developmental issues like autism-spectrum have no services.	12/10/2014 11:05 AM
16	please! see above answer (#12) this is the primary problem in Alaska and especially in Anchorage	12/10/2014 9:56 AM
17	Rural Alaska needs MH services	12/10/2014 8:55 AM
18	Public education on where teens can receive services.	12/10/2014 8:16 AM
19	Mental Health needs more funding. It needs to be part of a physical. We need to recognize and react to emotional pain.	12/9/2014 7:52 PM
20	FAR TOO FEW TO MEET THE NEEDS! Training for programs to needs to be updated to the most current methods since the old ones have been proven ineffective.	12/9/2014 7:19 PM
21	Need treatment programs for adolescent mothers.	12/9/2014 7:01 PM
22	Increased availability in trauma-informed treatment, especially to youth on Medicaid/Denali Kid Care	12/9/2014 5:08 PM
23	It is essential that adolescents have access to education and resources to help maintain a healthy mental state and to achieve emotional maturity.	12/9/2014 5:03 PM
24	There should be a wider range of service providers who do DIFFERENT things. As it is we have many agencies providing very similar services, with no options for those people that have had bad or ineffective treatment experiences in these types of agencies. There needs to be more education about options for healthy living (both for parents and youth), rather than chronic over-medication and institutionalization of "problem children." The general practitioner's first response when addressing mental health symptoms should NOT be medication, but recommendation for diet and exercise programs which have been repeatedly proven more effective and less costly than pharmaceuticals. Referral to medications should be a last resort, ESPECIALLY for developing youth.	12/9/2014 3:40 PM
25	it is difficult to access mental health services for children and teens. There are limited counselors with experience with kids and there is a high turnover.	12/9/2014 3:16 PM
26	This age group may be self conscious or non cooperative about getting this help.	12/9/2014 3:13 PM
27	Limited programming/ resources for teens	12/9/2014 2:55 PM
28	Especially with FASD Diagnostic clinics	12/9/2014 2:53 PM
29	Teens don't know in the high schools how to access mental health services	12/9/2014 2:48 PM
30	When recognized by teachers in the school they (the teachers) need to know how to make a referral to their regional Behavior Health Services.	12/9/2014 2:47 PM
31	as before...work with local behavioral health to provide services on site in the schools, or MOU's to have them available collaboratively	12/9/2014 2:39 PM

## Alaska Maternal & Child Health Needs Assessment Survey

32	Long wait lists for mental health services for kids of all ages. Not okay. No insurance coverage either.	12/9/2014 2:14 PM
33	There needs to be another Crisis until in Ketchikan for children who do not have a safe place to go.	12/9/2014 2:12 PM
34	I haven't seen public health address this age group.	12/9/2014 9:20 AM
35	MORE ADVERTISING	12/9/2014 9:15 AM
36	Small rural communities still lack access to resources related to mental health. This impacts rates of violence, suicide and alcoholism, and so to impact access to mental health services is to impact them all.	12/8/2014 10:46 AM
37	Please! I could write a book about this problem.	12/5/2014 11:55 AM
38	More kids needs access to counseling.	12/5/2014 11:10 AM
39	largely dearth of mental health services target to teens	12/5/2014 10:40 AM
40	Mental health for teens is very lacking in Kodiak. We need a drop in shelter, foster families, more support for natural families that is inexpensive and well advertised	12/5/2014 8:43 AM
41	I think this is a huge need in our Alaskan communities. Removing the stigma from getting assistance would be huge!	12/5/2014 8:20 AM
42	Improve relationships with substance abuse treatment centers	12/5/2014 7:42 AM
43	pay providers for all needs to include anyone who desires treatment without regard to income	12/4/2014 3:09 PM
44	All Alaskan BH facilities need to provide better quality. Provide later hours of service ie: For youth - 19yrs only, services will be available 3 days a week 5-9pm. More mental health providers that specialize in working with the target age. Less discrimination from regular Medical Providers.	12/4/2014 1:16 PM
45	The establishment of standard practices that include behavioral interventions such as applied behavioral analysis.	12/4/2014 1:09 PM
46	This is tough for teens who want privacy. Also, itinerant staff in villages is sub-par. Full-time workers would be so much better, but the cost would be astronomical.	12/4/2014 10:45 AM
47	See note above.	12/3/2014 1:52 AM
48	So many services are not teen-friendly and expensive to access. Also issues of confidentiality from caregivers.	12/2/2014 4:47 PM
49	low/limited availability to the population with no funds/insurance for this service	12/2/2014 9:52 AM
50	Limited services between weekly counseling and residential PRTC or Hospitalization.	12/1/2014 4:46 PM
51	same as #15	12/1/2014 2:43 PM
52	affordability to all	11/29/2014 12:23 PM
53	I am not familiar with the services they currently offer.	11/28/2014 7:19 AM
54	We have to travel out to get the care we need.	11/27/2014 11:50 PM
55	More outreach and education for high risk areas that have been identified.	11/26/2014 4:57 AM
56	Providing services in rural settings.	11/24/2014 3:58 PM
57	see previous notes	11/24/2014 3:15 PM
58	Advertise, many kids/parents don't know what's available and are easily offended by this topic not wanting to gather testing resulting in more issues later. Many mental health kids/adults that could greatly benefit but do not perceive them self's or their parents perceive themselves to have any mental health related issues when in fact there are.	11/24/2014 2:32 PM
59	Services seem to be reducing, and availability slim, especially in areas outside of Anchorage - Fairbanks needs help! Services need to be adolescent friendly - availability of services will be challenging as state cuts funding.	11/24/2014 12:47 PM
60	Really a lack of available services and substance abuse, eating disorder treatment available.	11/24/2014 12:44 PM
61	Cost is part of accessibility. those who cannot afford, will not be able to access.	11/24/2014 12:28 PM
62	Itinerant providers with high turnover in villages off the road system make this almost impossible in many locations.	11/23/2014 5:20 PM

## Alaska Maternal & Child Health Needs Assessment Survey

63	Unless a child is referred by a doctor or other professional it seems impossible to even get them any type of counseling. For children - it is impossible to even find counselors who work with them. There should be more who are better trained who the kids can go to on their own if they need (at school).	11/21/2014 4:14 PM
64	Communication access for deaf consumers	11/21/2014 4:00 PM
65	COST	11/21/2014 12:26 PM
66	Mental health issues are so serious and resources so lacking.	11/21/2014 11:22 AM
67	There is no mental health care system for adolescents available in the Mat-Su Valley;	11/21/2014 9:47 AM
68	there is only one place for this here and they have trouble with staffing	11/21/2014 7:17 AM
69	Lack of appropriate type and number of mental health providers.	11/20/2014 8:52 PM
70	Expensive and difficult to find.	11/20/2014 8:37 PM
71	get behavioral health centers to be able to retain counselors.	11/20/2014 4:30 PM
72	As always, itinerant staff can't make it out to the smaller areas as often as needed.	11/20/2014 4:16 PM
73	Suggest as a first step that screening include more than depression and substance/alcohol use - and include stress/ anxiety measures prenatally for reasons mentioned above	11/20/2014 3:58 PM
74	More attentiveness to giving them coping skills to face peer pressures and bullying.	11/20/2014 3:50 PM
75	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas... Need more funds available, maybe partnering with the tribes as well as the health care agencies.	11/20/2014 2:25 PM
76	I currently work for an agency that provides Behavioral Health Services, but the ability to provide those services are limited by funding. So many children/youth in our community need Mental Health and they are not being reached which furthers the downward spiral which affects everyone.	11/20/2014 2:09 PM
77	Having personal experience trying to find facilities that could provide counseling to low income persons was EXTREMELY difficult. Most facilities weren't accepting new patients and those that were had a 6-9 month waiting list. From what I understand Alaska has the highest suicide rate and depression and alcohol/substance abuse here is high as well. We need more medical professionals to help Alaskans in need of Mental Health Services.	11/20/2014 1:18 PM
78	More businesses that accept Medicaid	11/20/2014 11:50 AM
79	Make sure that there is a system that ensures transitions of clients from one level of service to the next without losing them.	11/20/2014 11:05 AM
80	There are very few facilities capable of providing Mental Health Services for children.	11/20/2014 10:46 AM
81	There are very few resources for folks with mental health needs and No services for folks who experience mental health needs and developmental delays. Co Di offers some case management but very lack efficient counseling models.	11/20/2014 10:33 AM
82	The state of Alaska is lacking in mental health care services especially in the outlying villages and Fairbanks. Consumers are having to leave their homes or support services to access mental health services.	11/20/2014 10:12 AM
83	Priority!!	11/20/2014 10:08 AM
84	be more confrontational with the kids, I have been involved with many kids in counseling for drugs, mental health, alcohol, tobacco, minor offenses and they tell the counselors what they want to hear. The counselors are very resistant to anyone else telling them what the teen is really doing. They say but so and so said it isn't true. bottom line is these are kids, they want to please, and counselors are looked at as authority. the teen does not want to get in trouble.	11/20/2014 9:53 AM
85	Professionals frequently transition in and out of rural Alaska. Having consistent providers with quality care.	11/20/2014 9:52 AM
86	MORE MENTAL HEALTH IS NEEDED FOR SCREENING SIB AND SELF MEDICATING WITH DRUG USE	11/20/2014 9:48 AM
87	I've not had to use state resources for this.	11/20/2014 9:16 AM
88	There are minimal to no adequate services for youth with MH issues, particularly for those with Intellectual Disability	11/20/2014 9:15 AM
89	More of an effort and funding needs to be provided to DHHS and EED for collaborative efforts for bullying prevention and other abuses.	11/20/2014 8:31 AM

## Alaska Maternal & Child Health Needs Assessment Survey

90	What programs are available, besides individual counseling?	11/20/2014 8:13 AM
91	Availability in Anchorage and MatSu are abysmal. Medicaid has not increased rates paid to providers in many years, so many are dropping out of the program.	11/20/2014 8:12 AM
92	Alaska has pathetic mental health offerings	11/19/2014 10:57 PM
93	The publicly funded behavioral health system only serves children with the most acute needs, and not all providers are able to provide trauma-informed and/or culturally appropriate services. Expanding publicly funded services for mild to moderate mental health needs is also needed.	11/19/2014 8:09 PM
94	An underserved population in this area.	11/19/2014 6:21 PM
95	See above comment.	11/19/2014 5:55 PM
96	providers poor skills tends to rebuff new patient engagement, the stigma is still an issue for this age group.	11/19/2014 5:22 PM
97	None in the area	11/19/2014 4:32 PM
98	help with costs	11/19/2014 4:14 PM
99	The State community mental health grant goes to SCPS, which s a completely ineffective provider. Youth Advocates of Sitka does a great job but funding is so low they have great difficulty attracting and retaining quality clinicians. The recent Medicaid reimbursement problems have not helped that situation. Additionally, there is a huge swath of adolescents who can't access care through YAS because they have private insurance, which doesn't cover a great many services, including those provided by unlicensed clinicians, which is all YAS can afford to hire. It's too bad because they actually use effective, research-based strategies to help young people.	11/19/2014 4:07 PM
100	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:43 PM
101	we do not have mental health services for youth in our community. What counseling services there are mainly geared towards native youth but do not have a mental health componant, while other nationalities have nothing. the struggle with language barriers; private help is not financially feasible for many youth/families but also does not cover mental health but only family counseling. Hippa becomes a problem in many cases. So many youth enter emergency rooms with issues that could be help but dont get help becuae that information is kept private. often times hippa protects in such a way that keeps an addict an addict!! We cant get help for someone if the need is going to remain a hidden need.	11/19/2014 3:39 PM
102	LGBTQ communities	11/19/2014 3:33 PM
103	Education... Knowledge. Understanding. Good morals.... Adolescents should have their understanding and be aware of these services. All of these points are probably good, but the children have to know how to access them and that they are there, and want help.....	11/19/2014 3:32 PM
104	Problems in rural/bush communities often are not identified until the conditions are severe, so children end up receiving their intial treatment at a residential program rather than in their home communities, which can create an additional layer of trauma.	11/19/2014 3:22 PM
105	these children will become our future professionals, community members, and criminals. Wouldn't it be nice if they knew how to operate in a world that is unkind?	11/19/2014 3:19 PM
106	There are less and less providers that take Medicaid.....finding providers is difficult.	11/19/2014 3:07 PM
107	We are so far off on this one. I will leave my comments at that.....	11/19/2014 3:00 PM
108	THere are too many clients and not enough facilities to treat symptoms, causes and mental disease permanently. less quick fixes for frequent flyers and more real help	11/19/2014 2:59 PM
109	We have a severe shortage of mental health services. When you're in crisis, you don't want to hear that there is a 6 month waiting list or that there's no help.	11/19/2014 2:52 PM
110	Consistent counselors/clinicians	11/19/2014 1:42 PM
111	There needs to be better access to mental health help for our children. North Star isn't the only answer and often if parents want help it comes out of their pockets.	11/18/2014 3:39 PM
112	All areas of this should be improved upon since our state has such high rates of mental illness	11/18/2014 3:00 PM
113	All Alaskans deserve quality healthcare and mental health screening that is easily accessible.	11/18/2014 1:23 PM

## Alaska Maternal & Child Health Needs Assessment Survey

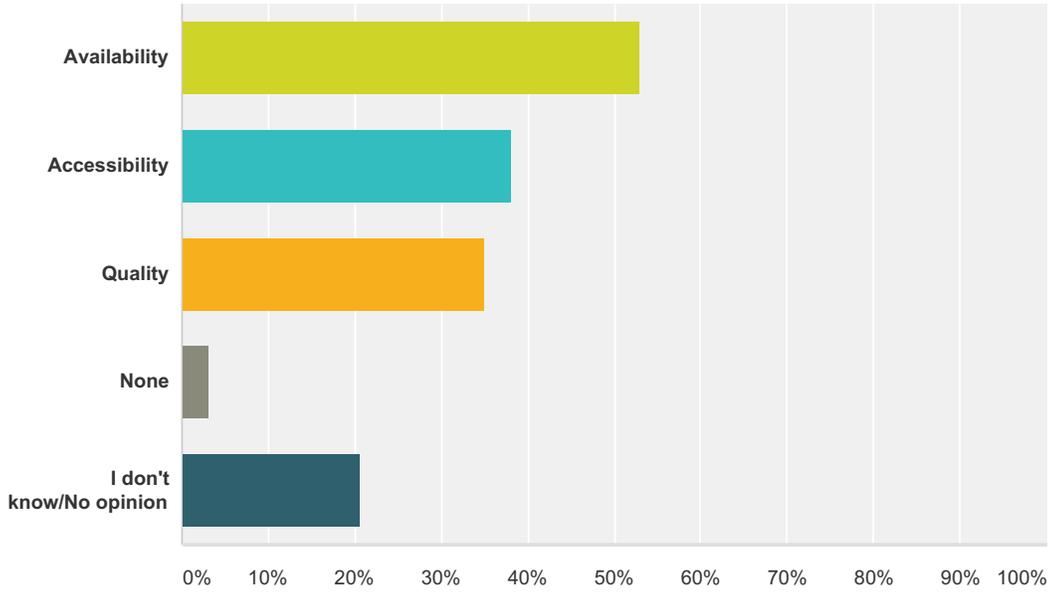
114	I am not aware of any services related to mental health care services that MCH provides. This issue is sorely lacking throughout the state. MCH could make a real impact and bold move implementing a program dealing with these issues.	11/18/2014 12:49 PM
115	Some way to reach the troubled child in a way that is effective.	11/18/2014 12:41 PM
116	More - counselors available in all schools.	11/18/2014 12:29 PM
117	More public education needs to happen regarding mental health and mental illness so as to open up the conversation and make it a less taboo topic. The economic accessibility of all mental health treatments could improve as well.	11/18/2014 11:22 AM
118	Too many wait lists in the state. Not enough resources.	11/18/2014 8:51 AM
119	Services for children with developmental disabilities.	11/17/2014 4:23 PM
120	Increase school counselors trained in mental health and more access to counseling for families	11/17/2014 1:38 PM
121	This is critical. In the last area I worked, we universally screened middle and high school with the PHQ-13. Scores were very concerning. The process and structural barriers to receive services was appalling. Parents who were afraid, suspicious, in denial, hurting themselves were required to complete 20-30 page application prior to any appointment. Impossible. Silo-ed mental health services living in a castle with a moat for families. Or waiting until there is crisis beyond thinkable circumstances to occur before people are given support. Incredibly disconnected service even with the school district begging for support for psycho-educational groups. This is critical and I'm interested in helping to think about this on a statewide basis.	11/17/2014 11:53 AM
122	Reducing stigma of access to mental health care services.	11/17/2014 11:10 AM
123	This is a huge problem across the state. I wouldn't know where to start	11/17/2014 9:08 AM
124	Anchorage is plagued by the need for mental health services and very little resources. Our youth are suffering because of it.	11/16/2014 9:43 PM
125	Affordability as previous - but availability as may want mental/behavioral health and reproductive aspects but not accessing through the clinical preventive visit (e.g., physical exam).	11/15/2014 3:04 PM
126	I don't have children so I have not had to seek these services.	11/14/2014 1:31 PM
127	this problem is huge. There is no mental health resource for children in need in Fairbanks. The long waits for openings and transfer to Anchorage delays critical valuable care	11/5/2014 3:53 PM
128	See comments above, and the doctors in general practice don't know enough about adolescent MH to be helpful.	11/4/2014 3:31 PM
129	offer a visit when they come into see the doctor, explain to them it's ok to see a BH provider.	11/4/2014 8:30 AM
130	This is a huge gap in services. Same with services for drug use.	11/3/2014 6:04 AM
131	There are inadequate in-state residential treatment facilities for adolescents with mental health. Some existing facilities are not good.	10/30/2014 4:04 PM
132	Pay for behavioral health and less waiting times to get in	10/29/2014 3:11 PM
133	Especially in Bethel and surrounding villages.	10/29/2014 11:59 AM
134	it has to be teen friendly	10/29/2014 8:45 AM
135	we desperately need child psych help	10/29/2014 7:57 AM
136	There is essentially no out patient mental health care services unless you have private insurance	10/29/2014 7:52 AM
137	THEY DO A GREAT JOB	10/29/2014 7:47 AM
138	This is a huge problem in our state. Very few resources and the ones that are here are overwhelmed and many are poor quality. This is especially true with inpatient mental health care.	10/29/2014 6:43 AM
139	Since some of the major gaps are in rural areas, partnering with tribal health organizations to fund and support more BH positions might be a good idea. I appreciate the push to train all DBH grantees on trauma and trauma-informed care. More information on dynamics of domestic and sexual violence would be helpful too.	10/28/2014 8:48 PM

## Alaska Maternal & Child Health Needs Assessment Survey

140	The BHA model in villages only works when there is trust - a much greater investment needs to be made to have multiple trained mental health providers in remote communities, including training & programs to provide victim advocacy for childhood trauma victims; local programs need skills to provide urgent mental health interventions for youth without reliance on MH services based in hub communities that only visit 1 xx per month.	10/28/2014 8:43 PM
141	School based MH. & Health care	10/28/2014 8:34 PM
142	BH in school settings	10/28/2014 6:21 PM
143	limited resources in the region and Maniilaq services are poor at best	10/28/2014 6:09 PM
144	Perhaps the state could provide financial incentives for school districts or agencies within an underserved community to provide services.	10/28/2014 4:14 PM
145	The one counseling center here usually says they cannot take on new patients.	10/28/2014 3:53 PM
146	I think adolescents could benefit from more behavioral and mental health care services.	10/28/2014 3:50 PM
147	affordability. limited services available	10/27/2014 10:48 AM

**Q18 In which of the areas listed below could the Alaska maternal child public health system improve related to SCHOOL HEALTH CARE SERVICES?**

Answered: 781 Skipped: 284



Answer Choices	Responses
Availability	53.01% 414
Accessibility	38.28% 299
Quality	35.08% 274
None	3.07% 24
I don't know/No opinion	20.61% 161
<b>Total Respondents: 781</b>	

#	Further comments/clarifications	Date
1	Very important to have unbiased and comfortable course work on healthy relationships, healthy sexual relations, birth control, bullying, and healthy eating practices presented in a way that are for everyday living.	12/19/2014 9:45 AM
2	school based health centers	12/18/2014 1:48 PM
3	Ensuring school professionals are well informed of evidence based practices and are present for the needs of this age group.	12/12/2014 3:33 PM
4	Schools seem to avoid developing IEPs as a cost saving measure.	12/11/2014 6:19 PM
5	Get something going in the school	12/11/2014 9:42 AM
6	provide more money to have more of these services in schools	12/11/2014 9:31 AM
7	Make it available far-and-wide in Alaska.	12/10/2014 5:43 PM
8	Work with the school to provide services, and RESPECT the school for being a partner.	12/10/2014 5:11 PM

## Alaska Maternal & Child Health Needs Assessment Survey

9	Information to students about what is available to them. I don't mean an assembly. Some how on a smaller more personal scale.	12/10/2014 2:26 PM
10	Nurses on site during the entire school week would be beneficial.	12/10/2014 11:38 AM
11	I think most schools offer good health care services, but resources and money also can hinder these services in many areas. Making sure that children in schools have access to these services is important, but also ensuring the quality of the services (Especially in larger schools).	12/9/2014 5:03 PM
12	School counselors or other adults who are equipped to deal with teen aged issue and assist children who perhaps may not have good home lives.	12/9/2014 4:53 PM
13	Limited programming/ resources for teens. School counselors are lacking in training outside of "class scheduling", require more suicide prevention skills	12/9/2014 2:55 PM
14	Limited hrs for school nurses	12/9/2014 2:48 PM
15	Physical Education leads to awareness of self. Then knowledge is gained.	12/9/2014 2:47 PM
16	As above but with medical services	12/9/2014 2:39 PM
17	Again, I haven't seen public health in the schools often.	12/9/2014 9:20 AM
18	GET THE WORD OUT	12/9/2014 9:15 AM
19	Schools across the state still struggle to have prevention programs for youth that are linked to schools, even though youth and parents and communities are linked to schools in so many other ways. Think this is a great opportunity to create connections around the state!!	12/8/2014 10:46 AM
20	budget cuts have decreased these services locally, school by school	12/5/2014 10:40 AM
21	Mental health services prioritized for this age population at school	12/5/2014 8:20 AM
22	Improve relationships with substance abuse treatment centers	12/5/2014 7:42 AM
23	In school midlevel primary providers	12/4/2014 3:09 PM
24	Again- school nurses- not sure how you'd swing that in villages tho.	12/4/2014 10:45 AM
25	Not all schools have health care facilities available.	12/3/2014 1:52 AM
26	So many of our village schools have no school nurse and no public health programs to speak of.	12/2/2014 4:47 PM
27	Provide school health clinics with midlevel providers.	12/2/2014 9:52 AM
28	Porvide leadership and support for those who provide the direct services	12/1/2014 2:43 PM
29	privacy for child on services used	11/29/2014 12:23 PM
30	More outreach and education for high risk areas that have been identified.	11/26/2014 4:57 AM
31	see previous notes	11/24/2014 3:15 PM
32	Teachers should have access to paid trainings on mental health, how are they supposed to know how to work with children with these disabilities if they are untrained and often unformed by the parents, especially when the parents them self's may or may not also have a disability	11/24/2014 2:32 PM
33	Staffing in schools that are on villages off the road system is problematic.	11/23/2014 5:20 PM
34	Fully trained nurses should be mandatory in every school.	11/21/2014 4:14 PM
35	having school access to full range actue, preventative and mental health services with a parental waiver for use would greatly improve the quality, availability and accessibility of care for adolescents in Alaska;	11/21/2014 9:47 AM
36	nurses or anyone else do not communicate well with parents of sick or hurt children, if any communication at all	11/21/2014 7:17 AM
37	Institute school nurse requirements	11/20/2014 8:52 PM
38	Public Health services are more restricted in what services they can provide due to budget cuts. Schools also have the same budget cuts and cannot provide school nurses.	11/20/2014 8:37 PM
39	More presentations at school regarding issues the kids face.	11/20/2014 3:50 PM

## Alaska Maternal & Child Health Needs Assessment Survey

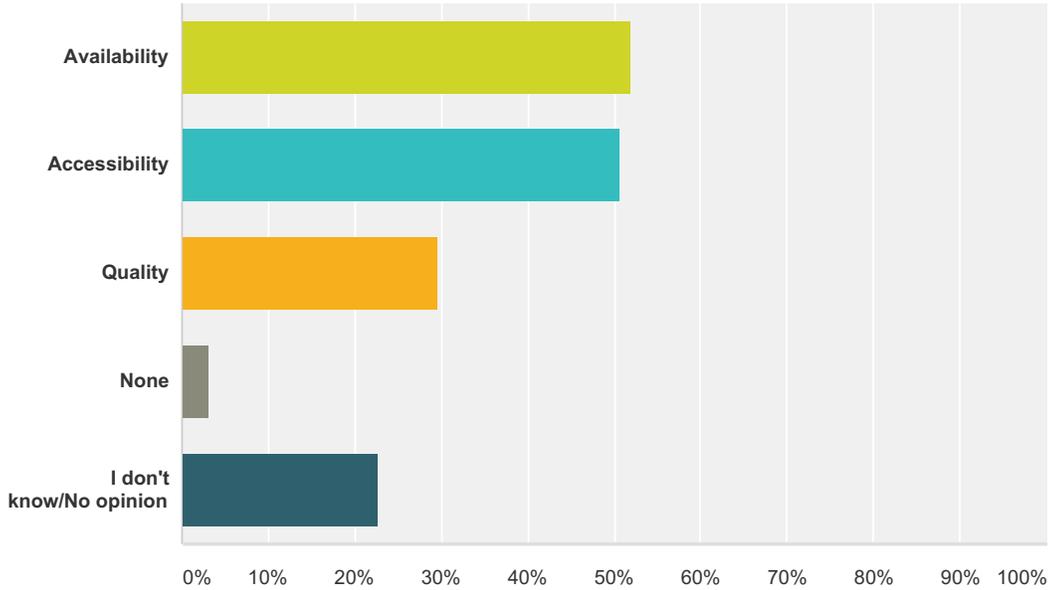
40	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:25 PM
41	These are not available in our community other than the SEARHC clinic.	11/20/2014 2:09 PM
42	Meeting teens when and where they are available rather than during clinic hours makes sense for this group.	11/20/2014 11:05 AM
43	I think it is imparative that the schools be well versed in the community resources available in their community.	11/20/2014 10:33 AM
44	Each school should have a nurse in facility not shared among 3 or 4 facilities.	11/20/2014 9:53 AM
45	Funding for rural schools to increase staff for health care services.	11/20/2014 9:52 AM
46	HIRE MORE PUBLIC HEALTH NURSES	11/20/2014 9:48 AM
47	I think the state is doing a good job supporting school nurses and should continue to do so.	11/20/2014 9:16 AM
48	Provide more mental health within the school setting	11/20/2014 9:14 AM
49	Students should have annual physicals/screenings in every village by a nurse and not just health aides. YKHC needs to be more proactive in scheduling physicals at the start of the year and more funding need to be made available for them to do it.	11/20/2014 8:31 AM
50	PLEASE teach sexual education and health. I am NOT a fan of abstinence programs as research indicates that they are not effective. I want facts and information available to my children and stepchildren - we discuss these topics at home, but sometimes it's easier/more comfortable for adolescents to get information from a non-parental source.	11/20/2014 8:13 AM
51	Separate funding provide for school nurse to be available at all time school is in session.	11/20/2014 6:58 AM
52	School counselors are not clinicians, so having LCSWs in schools (like in LKSD) or embedded clinicians providing both Medicaid and 3rd party reimbursed services in schools would expand access	11/19/2014 8:09 PM
53	Not all schools have school health professionals.	11/19/2014 6:21 PM
54	My children attend private school so I am not familiar with public health care services.	11/19/2014 5:55 PM
55	confidential	11/19/2014 5:22 PM
56	let kids know where to get information.	11/19/2014 4:14 PM
57	Only one school nurse for all the schools in the district. It would be great to have Public Health nurses co-locate in high schools for a couple of hours a week for drop ins and relationship building. And dare I suggest it... birth control, EC, and STI testing & treatment? Yes!	11/19/2014 4:07 PM
58	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:43 PM
59	school only provided small standard assesments does not provide any real substance. Hippa becomes a major issue in getting and continue service for youth as they age. If schools could partner with our various programs we could possibly gain access to assistance that would not otherwise be available. Often times schools recieve funding and staff that could be used by us if we could all partner together for a common goal.	11/19/2014 3:39 PM
60	LGBTQ communities	11/19/2014 3:33 PM
61	Education... Knowledge. Understanding. Good morals.... Adolescents should have their understanding and be aware of these services. All of these points are probably good, but the children have to know how to access them and that they are there, and want help.....	11/19/2014 3:32 PM
62	Full time RN at each school	11/19/2014 3:10 PM
63	Again, budget constraints have limited accessibility in schools across the state.	11/19/2014 3:00 PM
64	I think every school should have a full time nurse on staff.	11/19/2014 2:59 PM
65	Keep a nurse in every school.	11/19/2014 2:50 PM
66	Education and Consistency of support individuals provided	11/19/2014 1:42 PM
67	Advocate for statewide comprehensive health education that includes relationships, sexual health, mental health. Make itrequired so it's not a political problem for the school staff.	11/18/2014 3:41 PM
68	School nurses can only do so much. I believe he counselors could be more involved in the middle school/high school lives of our kids.	11/18/2014 3:39 PM

## Alaska Maternal & Child Health Needs Assessment Survey

69	School health services are in a unique place where they can gain trust and serve kids who may not be able or allowed to access outside of school... all Alaskans deserve quality healthcare and mental health screening that is easily accessible.	11/18/2014 1:23 PM
70	ASD now has a temporary windfall - spend it for kids!!	11/18/2014 12:41 PM
71	need more school nurses and school health based clinics.	11/17/2014 4:23 PM
72	there is a dire need for reproductive and healthy relationship education, services and resources (i.e. birth control) to be included in schools.	11/17/2014 4:17 PM
73	Expand to other school sites	11/17/2014 1:38 PM
74	see previous comments for child	11/17/2014 12:14 PM
75	HRSA clinics within schools run by tribal agencies, anch neighborhood health, or public health (state or muni).	11/17/2014 11:53 AM
76	Especially for rural health	11/17/2014 9:08 AM
77	Affordability - also few school-based health services in the state.	11/15/2014 3:04 PM
78	We need more school based clinics in general and services that address mental health in particular	11/13/2014 9:57 PM
79	In the High School in Ketchikan, there is no school nurse, or someone for students to talk to for questions about their health. Which is a very important issue.	11/7/2014 9:38 PM
80	This is a HUGE issue that needs to be addressed in the YK delta and we need to figure out a way to bring the traditional native values back into the adolescents lives.	11/3/2014 10:48 AM
81	See previous answer. Its either none or all depending on the funding structure.	11/3/2014 6:04 AM
82	Allow the nurses in the schools to discuss safe sex, pregnancy, and stuff like that.	10/29/2014 3:11 PM
83	This is more related to future availability, as school budgets continue to be threatened.	10/29/2014 2:56 PM
84	Public Health Nurses are available to the school nurses	10/29/2014 2:02 PM
85	Working with teachers, health teachers and nurse to promote outreach programs.	10/29/2014 10:47 AM
86	we have a great ratio of school nurses/student but kids need social emotional learning starting in K and continuing it until 12th grade--so many kids who drop out have ACEs and are smart enough to finish high school but need resiliency training	10/29/2014 8:45 AM
87	For follow-up services	10/29/2014 8:02 AM
88	continue to have school nurses	10/29/2014 7:57 AM
89	NOT ALWAYS ABLE TO COME AT A TIME THAT WORKS FOR STUDENTS	10/29/2014 7:47 AM
90	This seems to be an area that is under-resourced, but I am not an expert on this area.	10/28/2014 8:48 PM
91	All school counselors & health providers in rural Alaska need basic training & skills on responding to children in crisis, especially children who have been victimized, to minimize education disruption for child victims	10/28/2014 8:43 PM
92	I would like to see public health nurses in our schools so students know who they are and can turn to them with questions as needed.	10/28/2014 6:55 PM
93	I really don't know what is out there, but hope that kids have accessibility to a trusted health care provider in the school system.	10/28/2014 6:21 PM
94	limited resources in the region	10/28/2014 6:09 PM
95	gaining confidence of the community to offer the services	10/28/2014 5:26 PM
96	expansion. Incorporation with School based health centers and inclusion of sexual health screenings, contraceptives and availability of condoms. Clinics need youth accessibility training and to be assessed by youth.	10/27/2014 10:48 AM

**Q19 In which of the areas listed below could the Alaska maternal child public health system improve related to PRECONCEPTION, PRENATAL, AND POSTPARTUM CARE?**

Answered: 780 Skipped: 285



Answer Choices	Responses
Availability	51.92% 405
Accessibility	50.77% 396
Quality	29.62% 231
None	3.21% 25
I don't know/No opinion	22.82% 178
<b>Total Respondents: 780</b>	

#	Further comments/clarifications	Date
1	reproductive health	12/18/2014 1:48 PM
2	Send people into the schools when the kids are in 8th grade. Don't wait for them to be juniors or seniors and hope they figure it out on their own. Help the teachers set up a sex ed course for 5th and 8th grade, when the kids have the questions, and are too embarrassed to ask.	12/17/2014 11:11 AM
3	Young mothers without expensive health insurance have no way to access mental health services in Fairbanks.	12/16/2014 1:01 PM
4	Certainly not enough agencies to meet the demand of this population, primarily the transitional age youth. Ensuring they understand how (not only where) to get the services they need and doing outreach to get them. Increasing training of evidence based practices for providers.	12/12/2014 3:33 PM
5	More presentations/educational outreach to adolescents.	12/11/2014 6:19 PM
6	More education on the topics.	12/10/2014 5:43 PM

## Alaska Maternal & Child Health Needs Assessment Survey

7	services provided clinically, and without (religious or personal) judgment	12/10/2014 5:11 PM
8	This is tricky. If 15,16, and 17 improved, lines of communication for this question could improve as well. This is a physical and mental health question.	12/10/2014 2:26 PM
9	Education	12/10/2014 8:16 AM
10	Need a better system to support postpartum care; I.e case management to ensure positive breastfeeding experience, in addition to follow up on depression, anxiety and stress throughout first year.	12/10/2014 5:40 AM
11	Access to breastfeeding and post partum mental health supports	12/9/2014 8:31 PM
12	Same as answer 1 (A1). Ensuring that women are ready to have children is so important. Having that discussion before a woman gets pregnant is important. If a woman is going to get pregnant, then she should have the information needed to be healthy and have a healthy baby. We need to stop any abstinence only practice that is going on (unless of course by a religious organization not funded by the government).	12/9/2014 7:52 PM
13	For adolescents who become parents at an early age, it is very important that they have access to the above services. Providing young parents with resources and support will help ensure they are educated and prepared to take on the responsibilities of parenthood.	12/9/2014 5:03 PM
14	More assistance and community programs in poor and rural areas.	12/9/2014 4:53 PM
15	There are limited OB services on the peninsula	12/9/2014 2:48 PM
16	Invite outside entities within a community to help provide services. Some day these kids will need to feel comfortable enough to ask for help as they get older.	12/9/2014 2:47 PM
17	Same as above but with Public Health, clinics medical or behavioral health	12/9/2014 2:39 PM
18	This is an area where services are greatly lacking. There is NO public education WHATSOEVER for teens and young women in the Bering Strait Region of Alaska. It is absolutely disgusting how neglected our youth are when it comes to educating them about their reproductive health. The rate of unintended pregnancies is astronomically high in this region and the State of Alaska appears to not be doing anything about it. As I'm sure you are aware, unintended pregnancies result in abortions and unwanted children that parents cannot afford to take care of. In the end we have devastating economic and social impacts because of this and NO ONE is talking about it...	12/9/2014 2:25 PM
19	Need more midwives. Medicaid coverage needs to be increased.	12/9/2014 12:07 PM
20	Needs to be delivered in the home environment	12/9/2014 10:38 AM
21	Include mental health issues and discussions as a normal part of the conversation.	12/8/2014 11:16 AM
22	Promote perception that it is okay and a positive choice for teens to be abstinent. Focusing on safer sex too much without strong support of abstinence creates a couple of negative expectations: teen sex is acceptable & even expected as a norm; teen pregnancy & STDs can be successfully avoided even if kids are sexually active (pretty dubious claim). Nothing protects the heart when sexually active teens break up. They are not emotionally equipped to deal well with that. Too many become depressed & even suicidal. They also are more likely to give into pressures and coercion when they think sex in dating for teens is a norm.	12/5/2014 11:10 AM
23	Offering these services at school, maybe with the nurse?	12/5/2014 8:20 AM
24	Improve relationships with substance abuse treatment centers	12/5/2014 7:42 AM
25	pay kids not to get pregnant or to have sex	12/4/2014 3:09 PM
26	More educated (in preconception, prenatal, postpartum care) medical providers.	12/4/2014 1:16 PM
27	& accessibility	12/4/2014 10:34 AM
28	If kids could find a way to talk comfortably about sex and learn everything bad as well as everything good about it perhaps there will be less teenage pregnancies and STDs.	12/3/2014 1:52 AM
29	Limited to none of parenting classes that are free.	12/2/2014 9:52 AM
30	provide leadership and support for direct service providers (same as above: trainings, quality improvement guidance)	12/1/2014 2:43 PM
31	Public awareness needed	11/30/2014 11:20 AM

## Alaska Maternal & Child Health Needs Assessment Survey

32	getting the word out there what and where the services are	11/29/2014 12:23 PM
33	More outreach and education for high risk areas that have been identified.	11/26/2014 4:57 AM
34	There are a variety of quality options available for obstetric care in Juneau, but most adolescents are unaware of the full range of their options. Adolescents, in particular, would benefit from care provided by midwives. Midwifery care is, in general, more holistic and individualized than physician care, and that type of trusting relationship with a health care provider is of particular benefit to young mothers/families.	11/25/2014 2:32 PM
35	Students feeling comfortable coming forward with pregnancy are few and far between. Feeling comfortable in accessing care is the issue, not the actual accessibility.	11/24/2014 10:25 AM
36	See 5.	11/23/2014 5:20 PM
37	A lot of places dont have anyone who specializes in this area. For those who do, there arent any specialist and trips out ov state are required.	11/21/2014 4:14 PM
38	Communication access for deaf consumers	11/21/2014 4:00 PM
39	Too many youth are getting information from unreliable sources (including from other youth, parents, teachers, and other adults).	11/21/2014 12:43 PM
40	COST	11/21/2014 12:26 PM
41	having school access to full range actue, preventative and mental health services with a parental waiver for use would greatly improve the quality, availability and accessibility of care for adolescents in Alaska;	11/21/2014 9:47 AM
42	Affordability (postpartum).	11/21/2014 8:35 AM
43	I believe there is a pregnancy center, but most place or opinionated and you really don't have a choice or options. It should not be confidential from parents.	11/21/2014 7:17 AM
44	Judgment and discrimination are two huge areas that need to be addressed.	11/20/2014 8:52 PM
45	The challenge though should not be just to provide a teenager with more information without parent's input, but involve parents in those topics.	11/20/2014 8:37 PM
46	New mom's especially young or teen moms are not educated on the inportnce of atachment. It is just aumed you ar female had a baby ocourse you can bond with your child.	11/20/2014 5:21 PM
47	Preconception- pregnancy prevention in the Yukon Delta has GOT to improve. They have the birth rate of a third world country.	11/20/2014 4:16 PM
48	see above / need a lot better data on mental state of mothers during pregnancy and post partum to get a sense of what might be needed	11/20/2014 3:58 PM
49	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:25 PM
50	The women can go to the SEARHC clinic and be seen, however they go out to Juneau for their appointments with an OBGYN and stay there later in pregnancy to deliver. The information received preconception is dubious. Childbirth classes are offered by the PAT program, which has a small percentage of women participating. It is difficult to reach these women. I have offered also to give classes for free, however most women rely on the family information and the short prenatal visits in Juneau. It would be so much more effective if the youth were geared towards preventative health through the schools and learn early to be proactive in their own and their family's health.	11/20/2014 2:09 PM
51	I only say Quality because Im currently pregnant and get seen at the Alaska Native Hospital where they provide the Nutaqsiivik Program, which is a home based-volunteer program, where a nurse comes to my home once a week for 1 mth and after that once every 2wks each month and she will ideally stay with me till my baby is 2 (again as long as I'm willing to continue the program.) And she provides all kinds of information from stages of baby growth, what mom is to expect, including parenting lessons and much more. Which I believe is an amazing program! One of the best ways I can be a good parent is to understand where my child is at in the growth and maturity stages to be able to fully understand what to expect and how to teach/discipline them in a way that is effective at their stage. I dont know if every hospital provides this but I believe they should! And I also feel child development should be a required class in high school, so all young people know what they're getting into and could help towards preventative measures.	11/20/2014 1:18 PM
52	There is always room for improvement but no specific recommendations.	11/20/2014 11:05 AM
53	The availability for teens to receive reproductive health services is dependent on their parents choices for them.	11/20/2014 10:46 AM

## Alaska Maternal & Child Health Needs Assessment Survey

54	HAVE A TRAVELLING CLINIC BUS TO COVER AREAS WHERE WOMEN AND CHILDREN IN LOW INCOME AREAS AND POOR TRANSPORTATION AREAS ( MOST OF WHICH ARE IS IN NO TRANSPORTATION / BUS AREAS) IN REMOTE AREAS, TO PROVIDE SERVICES AT LEAST 1 X A MONTH	11/20/2014 9:48 AM
55	I've not had to use state resources for this.	11/20/2014 9:16 AM
56	The pre-conception and prenatal are good but following up on the post-partum seems to be lacking - young parents need more guidance and education and this often comes from our public health nurses but only some nurses are good at doing this	11/20/2014 9:14 AM
57	Continue the efforts in regards to the importance of breast feeding. Offer courses for breast feeding in public along with child seat training.	11/20/2014 8:31 AM
58	It would be great if there were more programs like the Nurse Family Partnership that were available state wide	11/20/2014 8:21 AM
59	More PSA's related to rollover on baby accidents, the damage done to pre-born by their mom's being exposed to domestic violence just like you have done with FASD.	11/20/2014 8:17 AM
60	Please see my comment above about sex ed being taught in schools. Children need to be made aware of the consequences of sex and not just told to avoid it.	11/20/2014 8:13 AM
61	Access to affordable (free) and appropriate birth control is imperative. Prenatal care should be available regardless of ability to pay, whether through public health nursing or other publicly funded health care organizations. Providing 10 therapy sessions to all new mothers (not just teens) upon request, for free, would help reduce the incidence of post-partum depression and the associated negative consequences to infants. Establishing teen parenting support groups and mentoring through schools, tribes, or other community organizations would also do this.	11/19/2014 8:09 PM
62	Our public health nursing is perceived as being judgemental contributing to lack of engagement	11/19/2014 5:22 PM
63	education needs to start when children are in the fifth grade about taking care of our bodies. should be taught in schools.	11/19/2014 4:14 PM
64	DKC is great. I like that Public Health stepped in and increased birth control services when Planned Parenthood reduced the services it provides here in Sitka. Public Health seems to do a good job of postpartum care/screening- although I noticed that when I had a baby out of town, I was off their radar. So maybe institute a communication from physicians when someone gets transferred out of town for delivery, in addition to whatever they have going on with the hospitals now.	11/19/2014 4:07 PM
65	There are no prenatal/childbirth classes in ketchikan	11/19/2014 3:59 PM
66	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:43 PM
67	When I talk to teens the number one thing I hear is "I didn't know" or "I didnt know who to talk to" start younger, add programs back into school health programs, put on community events and forums, use school media. Its a false thing to think that kids use 'google' to learn everything.	11/19/2014 3:39 PM
68	Education... Knowledge. Understanding. Good morals.... Adolescents should have their understanding and be aware of these services. All of these points are probably good, but the children have to know how to access them and that they are there, and want help.....	11/19/2014 3:32 PM
69	Also, pregnant women need motivation to participate in prenatal care. Often those who do not obtain it are hiding a substance abuse problem.	11/19/2014 3:25 PM
70	Children are having children. The newborns don't have a choice about the age of their mother, the mother needs the most information possible.	11/19/2014 3:19 PM
71	Availability for preconception	11/19/2014 3:02 PM
72	Share resources across Divisions. We have to move out of our silos so those who are serving the same populations know what the true array looks like.	11/19/2014 3:00 PM
73	I don't know how to answer this one. Teenagers shouldn't be having babies! I know they do but when it happens it is generally because something happened that shouldn't have. I guess once they are pregnant, they should have access to the same services a grown woman does.	11/19/2014 2:59 PM
74	Healrh education for all stages, support systems, more options besides just a pamphlet from a doctor. affordable education classes, in home help, support groups. real education from experienced professionals in an affordable and convenient way	11/19/2014 2:59 PM

## Alaska Maternal & Child Health Needs Assessment Survey

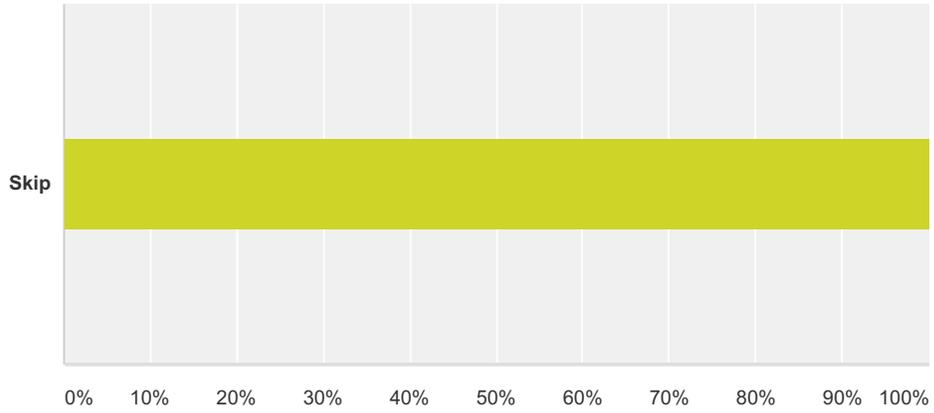
75	& education	11/19/2014 2:54 PM
76	Trained professionals availability as well	11/19/2014 1:42 PM
77	Include in comprehensive health education	11/18/2014 3:41 PM
78	Preconception counseling and prenatal care should be of utmost importance. Early screening and intervention are the key to healthier generations. Not only reactive programs after the fact.	11/18/2014 3:39 PM
79	School health services are in a unique place where they can gain trust and serve kids who may not be able or allowed to access outside of school...	11/18/2014 1:23 PM
80	Get the word out about the dangers of poor health and habits, particularly smoking and drinking.	11/18/2014 12:41 PM
81	Healthy weight preconception Following weight gain guidelines during pregnancy Smoking cessation before and during pregnancy	11/18/2014 12:34 PM
82	Should be everywhere and in unexpected places.	11/18/2014 12:29 PM
83	We need more education about family Medicaid and keeping parents insured after baby is born.	11/18/2014 11:22 AM
84	Patient education	11/17/2014 4:17 PM
85	Varied locations and hours/information regarding medical coverage better understood--assistance with applying--continue early intervention with Nurse Family Partnership program	11/17/2014 1:38 PM
86	This is a critical piece also. The health standard for the state of Alaska is minimal. That needs to be evaluated. King County Washington has the ideal comprehensive curriculum, SEICUS guidelines need to be followed for curriculum. Preconception health needs to become a public health educational message to prevent FASD. IS someone is using they need access to family planning and authentic options counseling. Resources below: <a href="http://www.cdc.gov/preconception/reproductiveplan.html">http://www.cdc.gov/preconception/reproductiveplan.html</a> <a href="http://www.healthbeforepregnancy.ca/index.htm">http://www.healthbeforepregnancy.ca/index.htm</a> <a href="http://www.pregnancyoptions.info/pregnant.htm#1">http://www.pregnancyoptions.info/pregnant.htm#1</a>	11/17/2014 11:53 AM
87	Postpartum care is not sufficient in the US. I feel that there is good prenatal care; however, as soon as a baby is born there is expectation to return to typical duties ASAP. It would be beneficial to have more postpartum benefits, which allows healing for mom and bonding with baby.	11/17/2014 11:19 AM
88	Availability by confidential methods.	11/17/2014 11:10 AM
89	to those outside of cities	11/17/2014 10:36 AM
90	Affordability - even parent financial portion after insurance payments can be significant and more problems for those that lack coverage of any type.	11/15/2014 3:04 PM
91	I don't have children so I have not had to seek these services.	11/14/2014 1:31 PM
92	Again, the students at the high school only have a health teacher in their freshman year to tell them about this topic. Also most students forget most of the information by college	11/7/2014 9:38 PM
93	Abstinence programs aren't working. We don't have enough free/low cost services. Youth aren't feeling comfortable going to parent's providers.	11/4/2014 3:31 PM
94	Abortion services should be more widely available.	11/3/2014 6:04 AM
95	Increasing coverage for reproductive health services in Medicaid (expand services and eligibility) will save money in the long run, this has been proven in other states.	10/30/2014 4:04 PM
96	Public health nurses continue to fund planned parenthood and I like agencies advertise on the pulic information systems that these exist like the	10/29/2014 3:11 PM
97	They do what they can, continue with family planning clinics	10/29/2014 2:02 PM
98	As a teen was was pregnant once, the quality of providers was horrible. As a pregnant teen I was turned away by 2 doctors for prenatal care and the one that tool me made it clear he did not approve, not that it was any of his business.	10/29/2014 11:55 AM
99	Work alongside clinics or physicians to provide materials and teaching to at risk families.	10/29/2014 10:47 AM
100	great CNMs here	10/29/2014 8:45 AM
101	schools like Hutchison that have classes for pregnant women and parenting skills	10/29/2014 7:57 AM

## Alaska Maternal & Child Health Needs Assessment Survey

102	NOT MY FIELD	10/29/2014 7:47 AM
103	See above comments on preventative health services, health info, accessibility of LARCs, integration of IPV and sexual health, etc.. In addition, some thoughts: *all mothers, and esp. teens and women and girls at risk, should be able to start prenatal care immediately after positive pregnancy test due to how sensitive a time of development the first trimester is *evidence-based and culturally-appropriate education, assessment, and response for domestic and sexual violence needs to be routine in prenatal care. Statewide training and technical assistance and collaboration on this with tribal health, etc. would be very helpful. Linda Chamberlain could be point person to figure out how to do this. * more support for evidence-based care in birth, including penalties for hospitals with high c-section rates, induction rates, episemiotomy rates, etc. and penalties for CDMs who don't follow their regs and who practice dangerously *many villages and hub communities in Alaska don't have access to emergency contraception.	10/28/2014 8:48 PM
104	Make services & programs to support women available to working poor & others with limited transportation options.	10/28/2014 8:43 PM
105	We are seeing less and less of our public health nurses as budgets are cut and focus is changed within public health. There is nothing in our community to replace this service.	10/28/2014 6:55 PM
106	Sex ed, again! Help youth not get into the situation of needing prenatal and postpartum care in the first place.	10/28/2014 6:21 PM
107	limited resources in the region and education is needed to parents and caretakers whose religious and cultural beliefs conflict with healthy decision making	10/28/2014 6:09 PM
108	Before a newborn goes home young women help with feeding and general newborn care Routine follow-up visits not just for when something goes wrong. All need support	10/28/2014 5:26 PM
109	I think there needs to be more education and awareness of reproductivity and health relationships for adolescents.	10/28/2014 3:50 PM
110	Affordability. Have lactation consultant programs that include youth-peer counselors. Availability of LARC to those under 20 years old and make it habit to offer most effective for teens FIRST, not just pills.	10/27/2014 10:48 AM

**Q20 Check 'Skip' and then click 'Next' if you are not familiar with the health needs of this population (women of childbearing age 15-44 years) to go to the next population.**

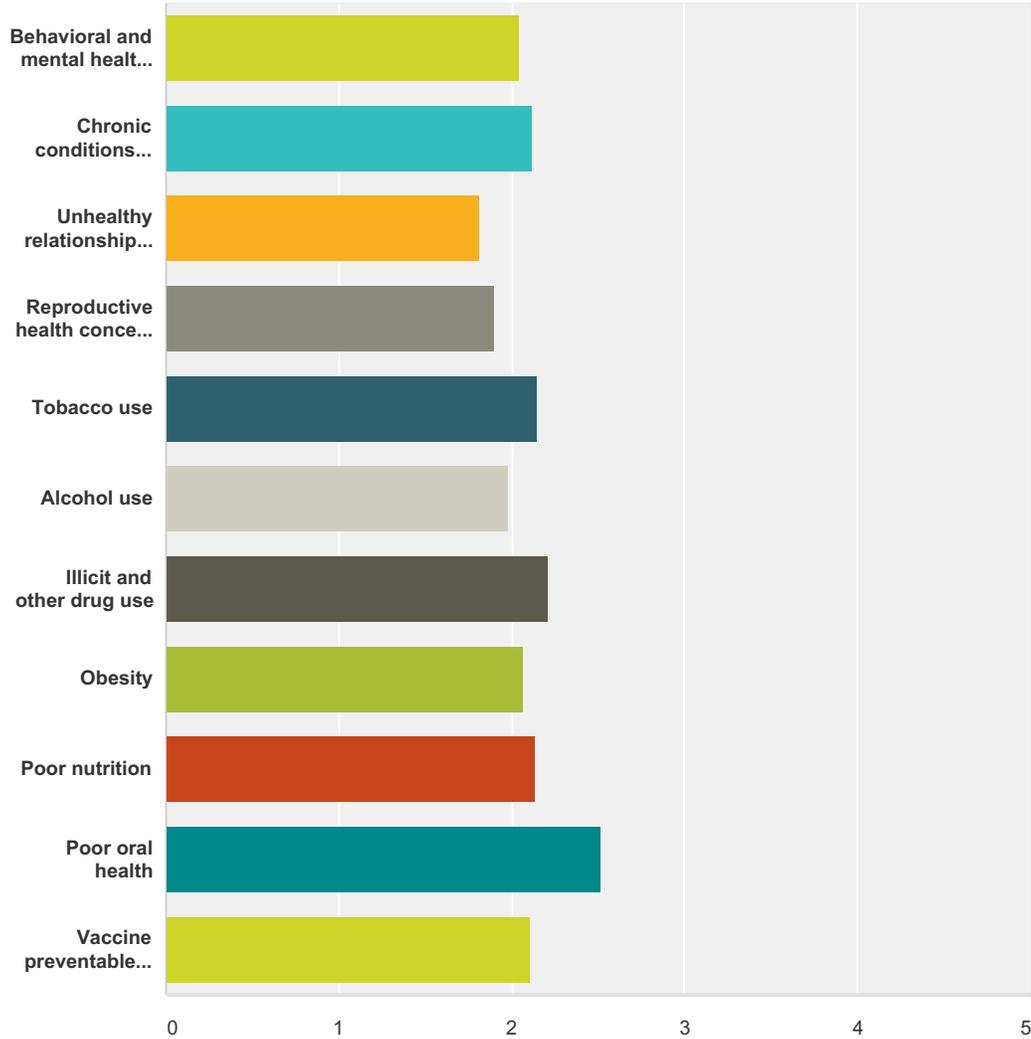
Answered: 76 Skipped: 989



Answer Choices	Responses
Skip	100.00% 76
<b>Total</b>	<b>76</b>

**Q21 CHOOSE YOUR TOP 3 major health concerns you feel are most important for Women of Childbearing Age (15-44 years) and then RANK them in order of importance.**

Answered: 828 Skipped: 237



	1=Most Important	2	3	Total	Weighted Average
Behavioral and mental health problems	30.99% 141	33.41% 152	35.60% 162	455	2.05
Chronic conditions (diabetes, high blood pressure, asthma, etc.)	30.61% 45	27.21% 40	42.18% 62	147	2.12
Unhealthy relationships (intimate partner violence, reproductive coercion/control, etc.)	41.65% 242	34.94% 203	23.41% 136	581	1.82
Reproductive health concerns (sexually transmitted infections, birth control methods, infertility, etc.)	38.89% 133	32.46% 111	28.65% 98	342	1.90

## Alaska Maternal & Child Health Needs Assessment Survey

Tobacco use	<b>23.08%</b> 18	<b>38.46%</b> 30	<b>38.46%</b> 30	78	2.15
Alcohol use	<b>35.12%</b> 105	<b>32.11%</b> 96	<b>32.78%</b> 98	299	1.98
Illicit and other drug use	<b>22.58%</b> 49	<b>34.10%</b> 74	<b>43.32%</b> 94	217	2.21
Obesity	<b>27.88%</b> 46	<b>36.97%</b> 61	<b>35.15%</b> 58	165	2.07
Poor nutrition	<b>26.40%</b> 33	<b>33.60%</b> 42	<b>40.00%</b> 50	125	2.14
Poor oral health	<b>13.04%</b> 3	<b>21.74%</b> 5	<b>65.22%</b> 15	23	2.52
Vaccine preventable diseases	<b>27.78%</b> 5	<b>33.33%</b> 6	<b>38.89%</b> 7	18	2.11

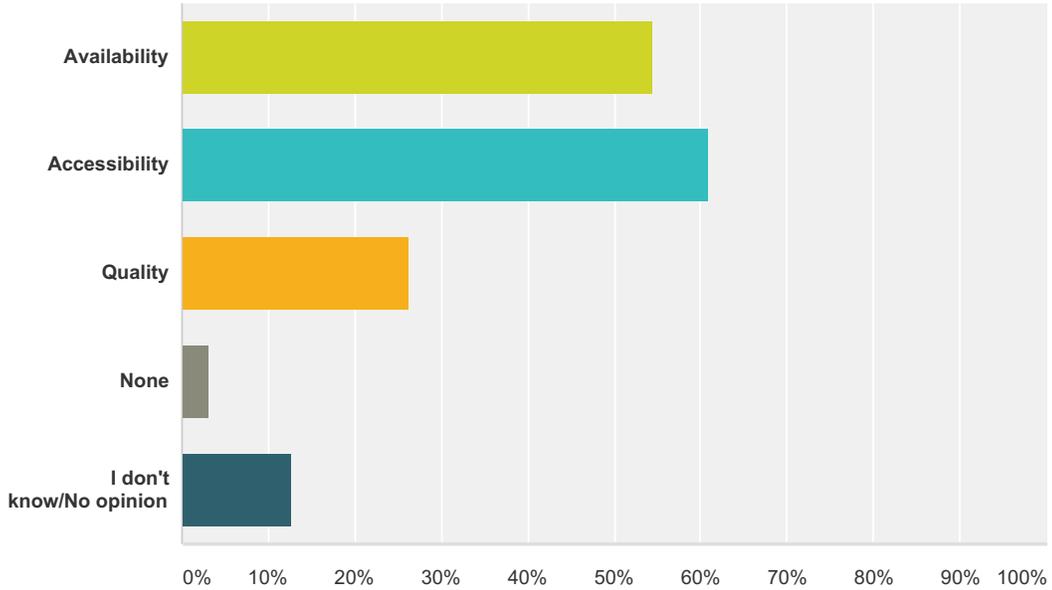
#	Other (please specify)	Date
1	Root causes of all issues listed above	12/15/2014 2:14 PM
2	Alcohol and Illicit and other drug use are close	12/10/2014 2:28 PM
3	access to health care without fear of debt or collection	12/10/2014 11:06 AM
4	*Prevention of FASD. Break the cycle	12/9/2014 5:07 PM
5	Alcohol use comes in at a close 4th	12/9/2014 5:04 PM
6	internet dangers	12/9/2014 2:15 PM
7	illicit/drug use is also high	12/9/2014 11:14 AM
8	Access to affordable prenatal care	12/5/2014 2:13 PM
9	Actually, these three problems (alcohol & other drug use and behavioral health problems) are equally problematic. In 80 to 85% of cases it is the same individual (and their family members) needing services for all three. Currently they are treated as individual issues and there are layers upon layers of roadblocks to accessing the proper level of care, let alone an accurate assessment. Also, we need a residential facility with providers ABLE AND WILLING TO SERVE CO-OCCURRING DISORDERS. (caps intentional)	12/5/2014 11:58 AM
10	Alcohol use could be in the top three too. Coping with hx of trauma	12/5/2014 8:22 AM
11	access to doula, midwife, natural and at home birth information.	11/20/2014 6:09 PM
12	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:26 PM
13	1.alcohol-is not AK still highest in USA for FAS? 2.Unhealthy relationships-AK-highest in USA 3. Behavioral & mental health problems	11/20/2014 1:48 PM
14	Infant and child care training and education	11/20/2014 11:51 AM
15	Again alcohol, tobacco, and drug use, STI all equally important	11/20/2014 9:55 AM
16	DRUG/ ETOH USE	11/20/2014 9:48 AM
17	Information/support on perinatal mood disorders	11/20/2014 9:37 AM
18	Connection to family	11/20/2014 8:17 AM
19	Access to affordable, good quality primary care (not just for chronic health conditions)	11/19/2014 8:11 PM
20	nutrition - to help stop obesity and problems it causes - diabetes, asthma, etc.	11/19/2014 4:15 PM
21	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:43 PM

## Alaska Maternal & Child Health Needs Assessment Survey

22	Education... Knowledge. Understanding. Good morals.... Adults should have their understanding and be aware of the importance of this. All of these points are the most important. If you want a healthy and upstanding person. they have to take care of all of these.	11/19/2014 3:34 PM
23	Alcohol consumption during pregnancy top concern.	11/19/2014 3:01 PM
24	Cannot rank.	11/19/2014 2:55 PM
25	climate change related health/social issues	11/18/2014 12:36 PM
26	Mental health support (depression, anxiety, postpartum support)	11/18/2014 9:16 AM
27	obesity is included in poor nutrition	11/17/2014 9:20 PM
28	I don't believe everyone is diagnosable with a mental health problem. The social determinants of health (classism, sexism, racism, heterosexism) are intersecting and causing stress on some more than others. Stop blaming people for their obesity if it is linked to food accessibility, cost. The get out and play everyday is a great idea for a campaign, but some families are in such chronic and economic stress that the framing of the message might elicit a greater sense of despair and frustration.	11/17/2014 11:58 AM
29	Poor Postpartum Benefits and Care	11/17/2014 11:20 AM
30	Though obesity, alcohol, illicit drug and tobacco use a real concern.	11/6/2014 10:05 AM
31	Environmental exposures. Health homes and other environments.	10/31/2014 3:40 PM
32	historical trauma #1	10/29/2014 3:12 PM
33	Unintentional Injury (MVI, Falls...)	10/29/2014 1:29 PM
34	healthy parenting classes	10/29/2014 9:33 AM
35	Obesity and the causes can be covered with poor nutrition	10/28/2014 3:56 PM

**Q22 In which of the areas listed below could the Alaska maternal child public health system improve related to PREVENTATIVE HEALTH CARE SERVICES?**

Answered: 811 Skipped: 254



Answer Choices	Responses	
Availability	54.50%	442
Accessibility	61.04%	495
Quality	26.39%	214
None	3.21%	26
I don't know/No opinion	12.82%	104
<b>Total Respondents: 811</b>		

#	Further comments/clarifications	Date
1	Centers if possible in locations close to shopping areas, such as Malls, big stores. Take it to the users. Also, is great advertising and accessibility and puts them in normal everyday life.	12/19/2014 9:45 AM
2	Help needed with patient care coordination	12/18/2014 1:12 PM
3	I listen to the radio, I take clients to the hospital and read the signs, I go to stores in town, and haven't really heard of you before.	12/17/2014 11:14 AM
4	Quality of care for low income women who have limited access to care. Reaching out to this population, ensuring health insurance needs are being met. Informing/educating on when or how to access services.	12/12/2014 3:36 PM
5	Education campaign could be done year round, not just health fair.	12/11/2014 8:39 PM
6	Increase community education/aareness	12/11/2014 6:21 PM

## Alaska Maternal & Child Health Needs Assessment Survey

7	Hard for this age group unless they have high paying jobs or a major illness that makes them disable and qualify for medicaid/medicare	12/10/2014 2:35 PM
8	More information, parenting classes, health education.	12/10/2014 11:43 AM
9	Cost	12/10/2014 10:26 AM
10	Professionals willing to talk with their patients about FASD	12/9/2014 5:12 PM
11	NON-DISCRIMINATING AND NON-RELIGIOUS AFFILLIATED!	12/9/2014 3:19 PM
12	same as previous.	12/9/2014 3:17 PM
13	Availability for maternal mental health, no providers out there. Need more push for maternal mental health.	12/9/2014 3:12 PM
14	Very limited availability of providers- too expensive for those without DKC. Insurance rates/ deductibles/ copays are TOO HIGH	12/9/2014 2:57 PM
15	We have locally hired counselors who can be a resource to build on the strength of every individual within a school.	12/9/2014 2:54 PM
16	These services are wonderful in Homer	12/9/2014 2:50 PM
17	I have not seen the presence if it is here.	12/9/2014 11:17 AM
18	Include midwives in your practice as part of the planning, prevention, and care so women of that age have options that could be viewed as more woman centered and less medical.	12/8/2014 11:25 AM
19	People are uninsured	12/5/2014 11:14 AM
20	Especially in the private care sector that is largely focused on acute care and urban populations	12/5/2014 10:44 AM
21	Women typically prioritize their family's health above their own, offering well-woman checks w/o insurance through public health	12/5/2014 8:23 AM
22	Improve relationships with substance abuse treatment centers	12/5/2014 7:43 AM
23	I think this is being addressed pretty well throughout the state.	12/4/2014 10:54 AM
24	Distance for rural Alaskans is a problem for all age groups	12/3/2014 12:29 PM
25	More health care centers that teach women about healthy lifestyles as well as recognizing unhealthy ones is vital for the health and wellbeing of women.	12/3/2014 1:57 AM
26	How are we still #1 in the nation for Chlamydia for HOW MANY YEARS NOW???? Also the majority of AK women have been assaulted or raped. How is this even possible? Our state needs to be pouring money and resources into these issues.	12/2/2014 4:51 PM
27	provider leadership that supports direct service providers in the private sector as well as community health services; trainings and quality improvement helps	12/1/2014 2:48 PM
28	More outreach and education for high risk areas that have been identified.	11/26/2014 4:59 AM
29	Unaffordable unless your on Medicaid or employer insurance.	11/25/2014 4:58 PM
30	There are few services available for women who need help prior to major health issues. Proactive programs are prone to budgetary cuts	11/24/2014 9:20 PM
31	Advertise, preventative seems like the furthest thought from many clients minds, it appears many people believe it cant happen to and do nothing to ensure otherwise	11/24/2014 2:36 PM
32	Cost is part of accessibility. those who cannot afford, will not be able to access.	11/24/2014 12:28 PM
33	See 5.	11/23/2014 5:23 PM
34	Communication access for deaf consumers	11/21/2014 4:01 PM
35	Women still don't know what the warning signs are for heart attacks in women - or other life-threatening issues like strokes. Women still feel they aren't worth the time and \$\$ it costs for visits.	11/21/2014 12:49 PM

## Alaska Maternal & Child Health Needs Assessment Survey

36	I work for the state and cannot afford good medical care. Dr. Tanner at the Diabetes and Lipid Clinic refused to allow me to continue as a patient because I could not avoid to pay my bill which was comprised of deductible and co-pays my insurance requires. Then I went to the Anchorage Neighborhood Health Clinic and their incompetence is so rampade I refuse to put my health at risk while they try to figure anything out. Criminally incompetent. My next hope for diabetic care was the ASEA Health Care Coalition and they do not address diabetic issues. Ridiculous.	11/21/2014 11:03 AM
37	Better referrals to BH	11/21/2014 10:30 AM
38	Medicaid and Medicare do not care about prevention so if you don't have money, there is nothing available	11/21/2014 7:22 AM
39	Need more reduced fee or free service providers especially outside of the major communities that is local and supportive to the local community.	11/20/2014 8:57 PM
40	expense	11/20/2014 8:41 PM
41	Preventive health is given little priority for low income families, we are served on a crisis basis. People unfamiliar with having health insurance are not naturally inclined to put as much effort into preventive health. you go to the doc when you are sick or you tough it out.	11/20/2014 6:14 PM
42	If you do not qualify for medicaid but cant afford medical insurance the services are not available to many in this age group.	11/20/2014 5:23 PM
43	as noted above	11/20/2014 4:16 PM
44	We also need more education.	11/20/2014 3:37 PM
45	To improve Preventative Health Care the Alaska maternal child public health system could hold well advertised special clinics, in the community and KEEP COMING BACK - annually or preferably biannually. The community is not used to participating in preventative health as evidenced by the PAT program participation. They have a great staff here, but not all families that have needs chose to be involved.	11/20/2014 2:33 PM
46	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:27 PM
47	Linking systems and to view a women over her entire lifecourse. Fragmenting care between peds, primary care, OB/GYN, etc. increases opportunities for underlying issues to "fall through the cracks."	11/20/2014 1:07 PM
48	There are few low cost options for health care at a preventative level, most low income individuals visit ER instead of a preventative care service.	11/20/2014 10:48 AM
49	More accessibility of information related to DV and drug use and it's affect on child exposure.	11/20/2014 10:27 AM
50	I have used the municipal health services for vaccinations; the hours are limited and they have reduced services; no longer offer travelers' clinic.	11/20/2014 9:26 AM
51	Unless an adult has dependent children, their access to health care services seem limited. If there are health services available to uninsured adults, that info needs broader distribution.	11/20/2014 9:20 AM
52	Prevention is the key to everything.....we have such a high number of alcohol/drug affected babies and it creates life long problems and costs.	11/20/2014 9:17 AM
53	I receive care for chronic conditions from my physician.	11/20/2014 8:16 AM
54	Providers being typically white is an impediment to some Native women reaching out to our systems.	11/19/2014 5:25 PM
55	Cost of getting routine screenings for Diabetes, cholesterol are prohibitive	11/19/2014 4:19 PM
56	help with costs - clinics everywhere - sliding fee scales.	11/19/2014 4:17 PM
57	I think it is probably still difficult to access preventive services without health insurance. The Medicaid gap really needs to be eliminated.	11/19/2014 4:10 PM
58	I think quality is good.	11/19/2014 3:55 PM
59	my answers are geared more for the young adult age 15-25. drugs and alcohol are rampant in our community and its affecting the next generation of children-- the cycle needs to be addressed and broken.	11/19/2014 3:45 PM
60	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:43 PM
61	Education... Knowledge. Understanding. Good morals.... Adults should have their understanding and be aware of these services. All of these points are probably good, but people have to know how to access them and that they are there, and want help.....	11/19/2014 3:35 PM

## Alaska Maternal & Child Health Needs Assessment Survey

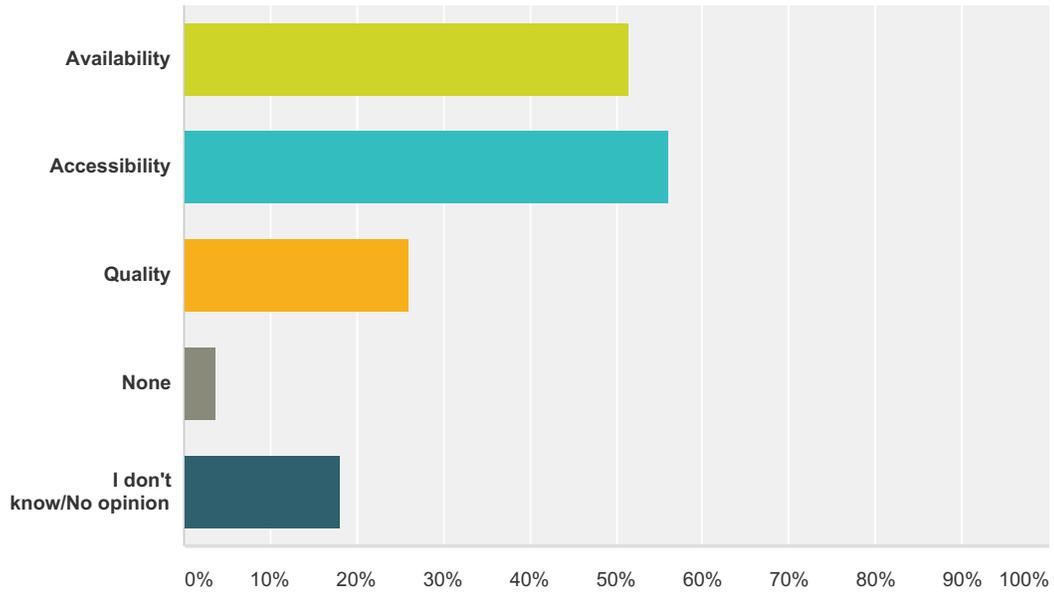
62	Many women I've talked to feel ashamed about things they are struggling with, and perceive that they are looked down upon, or fear that there will be negative repercussions to their accessing of services, even though neither is likely to be true.	11/19/2014 3:28 PM
63	Women need to know what programs are available; such as adoption and preventative options.	11/19/2014 3:06 PM
64	Health education, advertising, normalizing working on healthy lifestyle choices	11/19/2014 3:04 PM
65	Address trauma in the delivery or you will never understand what is truly causing the health concerns.	11/19/2014 3:04 PM
66	Again, I am not aware of these services	11/19/2014 3:01 PM
67	I think we're in pretty good shape.	11/19/2014 3:00 PM
68	More educational opportunities, events and activities	11/19/2014 1:43 PM
69	All Alaskans should be able to have access to quality health care and mental health screening.	11/18/2014 1:27 PM
70	Get the info out regarding tobacco and alcohol and the adverse affects it has on all aspects of life, particularly childbearing.	11/18/2014 12:44 PM
71	I think the state is doing a great job trying to help women, I think a large part of the problem is people not wanting to comply with care.	11/18/2014 3:29 AM
72	economic accessibility available everywhere in the state	11/17/2014 9:22 PM
73	Family planning, preconception messaging for men and women!	11/17/2014 12:05 PM
74	Cancer Screening	11/17/2014 11:22 AM
75	especially for those outside fo cities	11/17/2014 10:38 AM
76	Affordability - for access not sure how much State PHNs are doing on this anymore.	11/15/2014 3:06 PM
77	I do however believe that our providers need to encourage women who are pregnant to get dental examinations. Also, get more info on hydration and the effects on baby and preterm labor.	11/14/2014 8:10 AM
78	Do these services exist from the State for this age range? I use private insurance and am unaware. Do you advertise?	11/11/2014 11:35 AM
79	people with the most need will not pay for these services, it interferes with cigarette money. Health care has to be free and they have to know about it	11/5/2014 3:54 PM
80	Being able to access services is difficult in my area because very limited public transportation is available.	11/5/2014 8:40 AM
81	We do have good quality services, we don't have enough low cost providers though. The access is difficult for disabled women. There aren't enough providers for this large state.	11/4/2014 3:37 PM
82	mental health follow up, possible home visit therapy for depressed women, continue prenatal and post partum home visiting programs	11/4/2014 9:16 AM
83	Show that drinking and doing drugs is harmful to the body.	11/4/2014 8:32 AM
84	No one wants abortion. The state and elected officials have pushed so hard trying to get it out of Alaska. Well, not everyone abstains. You need birth control options readily available for people. Spacing of children is healthy for the mom and the baby. Make access to birth control easier and more affordable. For crying out loud DKC pays to fly people to Seattle for ABs, What does that cost? The state didn' buy into ACA, so the state needs to help out. Frankly, I am sure the people in office, their kids are having sex, like everyone else!!	11/3/2014 10:35 AM
85	Need more public education on effects of alcohol before and during pregnancy.	10/30/2014 4:10 PM
86	Women between 15-45 yrs need to be able to access care in the evenings or week-ends as they are either in school or working during the week days.	10/30/2014 2:17 PM
87	Teaching, connecting, outreach	10/29/2014 10:49 AM
88	great family planning clinic in our rural clinic that offers reproductive care however if you don't have insurance and have a medical issue it is too expensive to have care; ACA needs to include those making< \$15,000 who do not have children	10/29/2014 8:50 AM
89	Public education about where they can access information and services and who will pay for it.	10/29/2014 8:23 AM
90	immunizations, pap smears, STD screen	10/29/2014 7:58 AM

## Alaska Maternal & Child Health Needs Assessment Survey

91	preventive care needs to be accessible to working poor who do not qualify for public benefits & cannot afford insurance.... the high deductibles under the AFA essentially prevent women from getting preventive care	10/28/2014 8:59 PM
92	see comments from previous sections re. health literacy, language access, cultural relevance, access in rural areas, and Medicaid expansion	10/28/2014 8:54 PM
93	Same answer as before...We are seeing less and less of our public health nurses as budgets are cut and focus is changed within public health. There is nothing in our community to replace this service.	10/28/2014 6:57 PM
94	Encourage STD, HIV hepatitis screening on a regular basis. We have had the highest rates of chlamydia in the nation for years. That is ridiculous.	10/28/2014 6:25 PM
95	limited resources in the region	10/28/2014 6:11 PM
96	also, discuss the hard questions about drug and alcohol use during the childbearing years.	10/28/2014 4:22 PM
97	I've always been able to access quality health care that was both available and accessible.	10/28/2014 3:52 PM
98	I think a lot of information about mental health is much needed in Alaska, a lot of stuff could be preventable, and prevention services can help a lot.	10/28/2014 11:27 AM

**Q23 In which of the areas listed below could the Alaska maternal child public health system improve related to PRECONCEPTION, PRENATAL AND POSTPARTUM CARE?**

Answered: 804 Skipped: 261



Answer Choices	Responses	
Availability	51.49%	414
Accessibility	56.22%	452
Quality	26.12%	210
None	3.86%	31
I don't know/No opinion	18.16%	146
<b>Total Respondents: 804</b>		

#	Further comments/clarifications	Date
1	Home visiting programs	12/18/2014 1:50 PM
2	Help needed with patient care coordination	12/18/2014 1:12 PM
3	MH services, including stress management for pregnant women.	12/15/2014 12:20 PM
4	Need to educate difference between certified vs. lay midwives, different options and pros and cons	12/14/2014 4:37 PM
5	Quality of care for low income women who have limited access to care. Reaching out to this population, ensuring health insurance needs are being met. Informing/educating on when or how to access services.	12/12/2014 3:36 PM
6	make birth control available for free	12/11/2014 8:39 PM
7	This group has lots of options as long they are informed.	12/10/2014 2:35 PM

## Alaska Maternal & Child Health Needs Assessment Survey

8	More information, parenting classes, health education	12/10/2014 11:43 AM
9	Cost	12/10/2014 10:26 AM
10	I know there are places out there but need more advertisement.	12/10/2014 8:42 AM
11	Case management, first year postpartum	12/10/2014 5:44 AM
12	Ensuring that women are ready to have children is so important. Having that discussion before a woman gets pregnant is important. If a woman is going to get pregnant, then she should have the information needed to be healthy and have a healthy baby. We need to stop any abstinence only practice that is going on (unless of course by a religious organization not funded by the government).	12/9/2014 8:00 PM
13	Professionals willing to talk about FASD with patients.	12/9/2014 5:12 PM
14	With preferred providers, many people are stuck with a pool of places they can go for health care and may not have the range of options that they may want and in some cases need.	12/9/2014 5:02 PM
15	Especially improving access to midwifery care & non hospital birth care.	12/9/2014 4:01 PM
16	Availability for maternal mental health, no providers out there. Need more push for maternal mental health specifically.	12/9/2014 3:12 PM
17	Very limited availability of providers- too expensive for those without DKC. Insurance rates/ deductibles/ copays are TOO HIGH	12/9/2014 2:57 PM
18	I have not seen the presence if it is here.	12/9/2014 11:17 AM
19	depression screenings with a skilled interviewer.	12/9/2014 9:57 AM
20	Some of these teenagers will not go to prenatal care and have the baby w/o the proper care so then the family and the state has to step in to help	12/9/2014 9:44 AM
21	Include midwives in your practice as part of the planning, prevention, and care so women of that age have options that could be viewed as more woman centered and less medical. Also include mental health discussions as part of the normal conversation and not "something that happens to some women"	12/8/2014 11:25 AM
22	Too many uninsured	12/5/2014 11:14 AM
23	Linkages across providers and sectors are lacking	12/5/2014 10:44 AM
24	Real conversations and outreach about postpartum depression!!!	12/5/2014 8:23 AM
25	Improve relationships with substance abuse treatment centers	12/5/2014 7:43 AM
26	Again, I think the only issue lies with women who have no health care coverage- they fall thru the cracks.	12/4/2014 10:54 AM
27	The more a woman knows about the risks of pregnancies the better. If there was a more efficient and thorough way to teach women to plan babies and have less 'accidents' let's do it.	12/3/2014 1:57 AM
28	same as above	12/1/2014 2:48 PM
29	Affordability of delivery services.	11/26/2014 1:52 PM
30	More outreach and education for high risk areas that have been identified.	11/26/2014 4:59 AM
31	There are few resources for women in rural and remote villages and the options for more urban centers are often not available to working women with families...the times services are offered often are inflexible	11/24/2014 9:20 PM
32	Advertise, many people need educated on options out there and what they can do to empower themselves to access available resources. There is a typical attitude of lets call someone else to do that or set that up for me, but yet they may be capable and are possibly getting ready to care for a child. They need empowered and easy access resources to be as independent as possible.	11/24/2014 2:36 PM
33	Need increase of lactation support/counselors; educate hospitals and physicians	11/24/2014 12:48 PM
34	See 5.	11/23/2014 5:23 PM
35	This is not available in too many areas	11/21/2014 4:18 PM
36	Communication access for deaf consumers	11/21/2014 4:01 PM
37	Quality only because who specializes in this area in public health?	11/21/2014 12:49 PM

## Alaska Maternal & Child Health Needs Assessment Survey

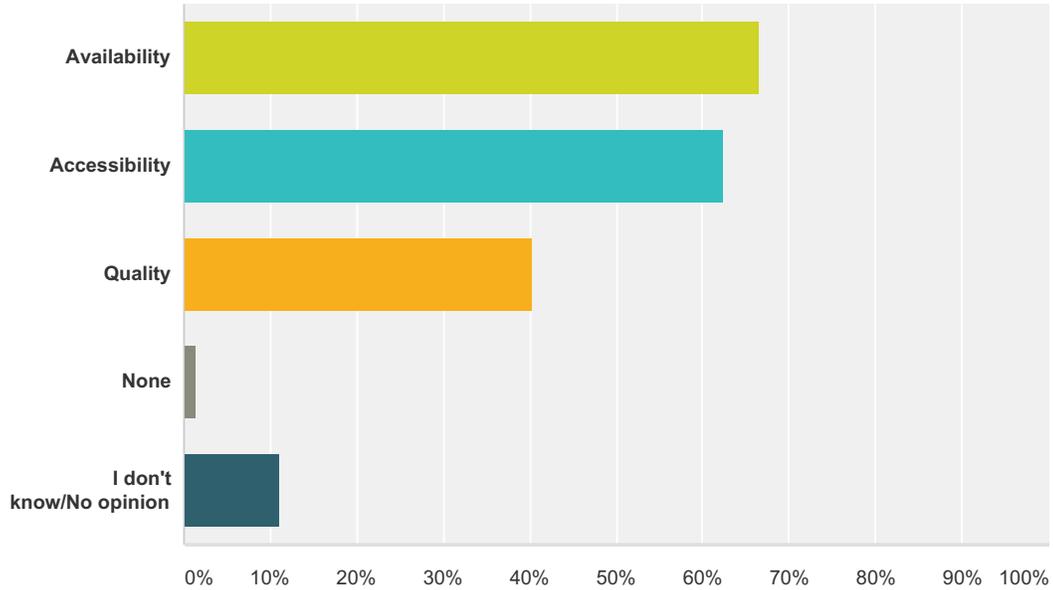
38	culturally relevant approaches for Alaska Natives	11/21/2014 11:24 AM
39	Costs for care are too high in Alaska	11/21/2014 11:03 AM
40	Affordability	11/21/2014 8:37 AM
41	If you qualify for insurance than there are places to go. However, there is only one pediatrition doctor in the area so your child gets stuck	11/21/2014 7:22 AM
42	Difficulty/discrimination still unacceptably high.	11/20/2014 8:57 PM
43	Services are available, it's whether people want to access them or not.	11/20/2014 8:41 PM
44	This is in part the same as stated before. Getting into the schools and encouraging individuals to become proactive as youth can set the stage later. This is critical in our community as we have had several that either are pregnant or who have delivered recently while in high school.	11/20/2014 2:33 PM
45	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:27 PM
46	Again using Quality, as stated earlier, having all high school students take child development has a REQUIRED class.	11/20/2014 1:22 PM
47	see comment for ques 17	11/20/2014 1:07 PM
48	Low cost options for reproductive health are limited as are preventative care.	11/20/2014 10:48 AM
49	Routine, comprehensive screening for perinatal mood disorders AND related service availability.	11/20/2014 9:39 AM
50	Medicaid seems to be covering a lot of births under Denali KidCare and that is a very good thing. Keep it and expand on it.	11/20/2014 9:26 AM
51	So many villages lack health aides that are trained well in postpartum care	11/20/2014 9:17 AM
52	I would love to see the option for public health nurses to make home visits. Not only could they help stressed out new mothers, but also ensure that the child's environment is a healthy one.	11/20/2014 8:16 AM
53	Reduce cesarean sections in Alaska!	11/20/2014 7:02 AM
54	see previous comments re: birth control, etc.	11/19/2014 8:13 PM
55	again we are working on prenatal education in Ketchikan	11/19/2014 4:19 PM
56	education starting in middle/high school.	11/19/2014 4:17 PM
57	A lot of people still don't know PH provides birth control.	11/19/2014 4:10 PM
58	I don't know about quality.	11/19/2014 3:55 PM
59	bring back good ol health class to our junior and senior high-schools. So many of our students are from unhealthy home environments, cross cultural differences.. education needs to be stepped up again in these areas in our educational system and communities programs.	11/19/2014 3:45 PM
60	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:43 PM
61	Education... Knowledge. Understanding. Good morals.... Adults should have their understanding and be aware of these services. All of these points are probably good, but people have to know how to access them and that they are there, and want help.....	11/19/2014 3:35 PM
62	Save the babies	11/19/2014 3:21 PM
63	Information accessibility: women need to know how to care for themselves in addition to caring for their babies.	11/19/2014 3:06 PM
64	education, support groups, normalizing breastfeeding, contraceptive care, post partum education and support needed for everyone including getting your body and health back after baby and making good choiced for mother and baby with health fitness nutrition and lifestyle choices	11/19/2014 3:04 PM
65	Availability of preconception	11/19/2014 3:04 PM
66	Prevention FAS	11/19/2014 3:02 PM
67	I think we're in pretty good shape.	11/19/2014 3:00 PM
68	All Alaskans should be able to have access to quality health care and mental health screening.	11/18/2014 1:27 PM

## Alaska Maternal & Child Health Needs Assessment Survey

69	See above.	11/18/2014 12:44 PM
70	Again I feel that we offer a great amount of services here, but sometimes patients don't feel like they need to make appointments.	11/18/2014 3:29 AM
71	We have such poor postpartum care in the US. There is expectation to return to work and normal duties ASAP. This puts mom's mental health at risk as well as health for the baby.	11/17/2014 11:22 AM
72	Inclusion of a broad range of services including contraception, education on abstinence and family planning. As well as, improved services for mothers and fathers, partners and caregivers in postpartum care in the workplace - more lactation rooms, flexible schedules for mothers, fathers, partners and caregivers.	11/17/2014 11:13 AM
73	outside of cities	11/17/2014 10:38 AM
74	I don't have children so I have not had to seek these services.	11/14/2014 1:32 PM
75	Postpartum care. More women should be informed about help they can get with breastfeeding	11/14/2014 8:10 AM
76	There is only one agency offering services and that is in Eagle River.	11/5/2014 8:40 AM
77	mental health follow up, possible home visit therapy for depressed women. continue prenatal and post partum home visiting programs	11/4/2014 9:16 AM
78	Abortion services should be more widely available	11/3/2014 6:05 AM
79	Increase awareness of the fragility of infants, the importance of prenatal healthcare, and creating a healthy foundation early.	10/29/2014 12:03 PM
80	great CNMs here	10/29/2014 8:50 AM
81	Depending on the service provider, appointments that address the above topics are many times via a checklist or survey. This is such an important time for women that it really should be more relationship based services. Midwives and doulas are so valuable.	10/29/2014 8:23 AM
82	get access to OB-gyn providers and FP doctors early in the PG	10/29/2014 7:58 AM
83	Quality care is extremely limited & essentially unavailable to people with unreliable transportation on the road system, and to those off the road system who are not served by public health	10/28/2014 8:59 PM
84	See comments on this question in teen section	10/28/2014 8:54 PM
85	Improve communication to villagers about the benefits of delaying child bearing and assist with contraception for those that don't want more children.	10/28/2014 6:25 PM
86	limited resources in the region	10/28/2014 6:11 PM
87	Alaska could provide more treatment centers for women who have addiction issues and happen to be pregnant.	10/28/2014 4:17 PM
88	Preconception teaching teens about before having sex, Prenatal care is great in Alaska, Postpartum needs some work, doesn't seem like it is addressed as heavily as it should be	10/28/2014 11:27 AM
89	I've experienced zero preconception care and education before getting pregnant. Once I was pregnant the doctor doesn't even see you until you're 8 weeks, even though the fetus has already been potentially exposed to so much before 8 weeks.	10/22/2014 2:50 PM

**Q24 In which of the areas listed below could the Alaska maternal child public health system improve related to MENTAL HEALTH CARE SERVICES?**

Answered: 800 Skipped: 265



Answer Choices	Responses
Availability	66.50% 532
Accessibility	62.38% 499
Quality	40.38% 323
None	1.50% 12
I don't know/No opinion	11.00% 88
<b>Total Respondents: 800</b>	

#	Further comments/clarifications	Date
1	Centers if possible in locations close to shopping areas, such as Malls, big stores. Take it to the users. Also, is great advertising and accessibility and puts them in normal everyday life.	12/19/2014 9:45 AM
2	integrated mental health and health care	12/18/2014 1:50 PM
3	I feel there are limited resources for individuals in this age range regarding mental health, especially in terms of targeted long-term and residential care.	12/15/2014 12:30 PM
4	Allow women to receive MH services for the benefit of their child. Stress management is important for the developing fetus and children 0-3.	12/15/2014 12:20 PM
5	Insufficient mental health care services is the greatest challenge for the Mat-Su Valley	12/14/2014 10:03 PM
6	Quality of care for low income women who have limited access to care. Reaching out to this population, ensuring health insurance needs are being met. Informing/educating on when or how to access services.	12/12/2014 3:36 PM

## Alaska Maternal & Child Health Needs Assessment Survey

7	screening in the schools	12/11/2014 8:39 PM
8	Partner with existing agencies	12/11/2014 6:21 PM
9	It is difficult to access services in rural Alaska or if a woman does not have insurance. This is particularly troubling if she is a mother and her children are being impacted.	12/11/2014 3:44 PM
10	Diagnosis procedures seem incredibly slow.	12/10/2014 5:13 PM
11	This area could be improved for this age group. Concepts of mental health are still not widely understood. Many factors effect mental health-even short term. Education-it is better that it was years ago.	12/10/2014 2:35 PM
12	More information, parenting classes, health education. Also offering/connecting women with some kind of counseling services before and after birth.	12/10/2014 11:43 AM
13	Cost	12/10/2014 10:26 AM
14	We need more Behavioral Health Aides in rural villages.	12/10/2014 8:55 AM
15	Screening, services and support are extremely limited and much stigma. Mental Health should be embraced by DPH and viewed similar to diabetes in prevention, awareness and treatment	12/10/2014 5:44 AM
16	The amount of trauma that is in so many women's lives is staggering, yet providers don't touch it. Providers aren't looking for the underlining reason for behaviors, they medicate it and they tell the women to change.	12/9/2014 8:00 PM
17	Having support systems working together early on to impact the community as a whole would lead to a much healthier state.	12/9/2014 5:12 PM
18	In particular, increase psychiatric services to pregnant women and increase provider's knowledge of post-partum depression	12/9/2014 5:09 PM
19	Many young moms are not privately insured & are on Medicaid. There are extremely limited options for moms on Medicaid to get mental health care in Fairbanks because there are so few providers in our community allowed to bill Medicaid (due to rules barring private practice from billing Medicaid). The few available providers are of limited quality.	12/9/2014 4:01 PM
20	Support friends and family of mentally challenged folks giving them some direction to guide their loved ones.	12/9/2014 3:19 PM
21	Availability for maternal mental health, no providers out there. Need more push for maternal mental health. Have state help with doula services for support, inhome visits after baby is born as well.	12/9/2014 3:12 PM
22	It seems like here, the community behavioral health center is the fastest to get into, but also doesn't necessarily offer specialized treatment modalities that private practitioners can offer. But clients are often on Medicaid or self-pay and need a sliding fee scale.	12/9/2014 3:11 PM
23	Very limited availability of providers- too expensive for those without DKC. Insurance rates/ deductibles/ copays are TOO HIGH	12/9/2014 2:57 PM
24	Many kids are not aware of who their village counselor is much of the time maybe because of the schools own awareness.	12/9/2014 2:54 PM
25	This is already available in our community, maybe assisting with lowering the stigma of the benefits vs the shame...the support that one receives thru this service	12/9/2014 2:42 PM
26	Long wait lists, no insurance.	12/9/2014 2:16 PM
27	I have not seen the presence if it is here.	12/9/2014 11:17 AM
28	barriers to mental health services exist with not enough providers and stigma to seeking services.	12/9/2014 9:57 AM
29	The conversation and care around mental health issues needs to be destigmatized, normalized, and welcomed as a natural experience for many people especially women as their roles change through life (child to adult, single to in a relationship, parenting, etc). Women need to have available daycare AT THE PLACE OF SERVICE to allow for them to participate as that is frequently a barrier to service access. Including the mental health care in the same building as all other services so there is not a segregation (going to 'that' office) would also help. Or have a mental health provider that can come to a house as a service so transportation and childcare challenges can be overcome.	12/8/2014 11:25 AM
30	First of all, start calling it "behavioral health care services" and include addictions under the umbrella	12/5/2014 11:59 AM

## Alaska Maternal & Child Health Needs Assessment Survey

31	No coverage for KANA of in-patient drug treatment & no local in-patient drug treatment available but this is a BiG need.	12/5/2014 11:14 AM
32	Real conversations and outreach about postpartum depression!!!	12/5/2014 8:23 AM
33	Improve relationships with substance abuse treatment centers	12/5/2014 7:43 AM
34	Remove financial barriers	12/4/2014 3:10 PM
35	Solve the "itinerant" worker issue throughout the state- there is too much MH probs that require full-time, permanent providers, rather than ones that come and go- especially in emergencies, where the village has to wait in an emergency for an itinerant to come (late) and deal with the aftermath, rather than at the time of the tragic event.	12/4/2014 10:54 AM
36	Based on my experience in communities, many people tell me of the dearth of mental health services for people in villages. Instead, many issues are left for the Troopers to deal with, especially in smaller communities further away from hub communities.	12/3/2014 12:29 PM
37	A lot of women suffer some kind of abuse in villages across the state. They need to know they are not alone and need to be taught to swallow their fear and speak up.	12/3/2014 1:57 AM
38	The lack of affordable/low-cost mental health care services is visible in any Alaska community. Working on innovative ways to deliver mental health care services to our rural and village communities.	12/2/2014 4:51 PM
39	same as above. primary care direct service providers can screen and implement brief interventions and make appropriate referrals for further care	12/1/2014 2:48 PM
40	More services especially for treatment of postpartum depression or postpartum anxiety and universal screening.	11/26/2014 1:52 PM
41	More outreach and education for high risk areas that have been identified.	11/26/2014 4:59 AM
42	It's unaffordable.	11/25/2014 4:58 PM
43	There are not nearly enough Mental Health care providers available in Juneau. Many are expensive and do not bill insurance. For people who do not have insurance and who would benefit from outpatient mental health services, options are particularly limited.	11/25/2014 2:38 PM
44	Mental health services need to be expanded particularly with respect to addiction and abusive relationships	11/24/2014 9:20 PM
45	Increase discussion and share successful strategies on postpartum depression, and other hormonal effects/stages facing women throughout their lives.	11/24/2014 8:23 PM
46	Lack of overall mental health services, payment for services, few providers, no treatment beds available when people are ready to seek care	11/24/2014 12:48 PM
47	Cost is part of accessibility. those who cannot afford, will not be able to access.	11/24/2014 12:28 PM
48	I am not familiar with the mental health care services in the State.	11/24/2014 10:39 AM
49	Even in Anchorage there is an extreme shortage of mental health professionals, to the extent that some of them itinerary from other states!	11/23/2014 5:23 PM
50	Also not available on many places, they are too full to accept more clients, or they arent very good and focus on passing out prescriptions and not truly helping.	11/21/2014 4:18 PM
51	Communication access for deaf consumers	11/21/2014 4:01 PM
52	QUALITY because so many GPs give out information that is wrong to women, yet the women believe them because they are doctors. Case in point: a woman who was clinically depressed was told she wasn't depressed (by her doctor) because she smiled and depressed people don't smile.	11/21/2014 12:49 PM
53	Critical lack of services	11/21/2014 11:24 AM
54	Costs for care are too high in Alaska	11/21/2014 11:03 AM
55	There is no mental health care system available for anyone but especially women in the Mat-Su Valley;	11/21/2014 9:49 AM
56	There is one facility her for that with limited doctors and months of waiting to get it	11/21/2014 7:22 AM
57	More mental health providers at all levels and areas of expertise.	11/20/2014 8:57 PM
58	expense, but also is impacted by if people want to access them.	11/20/2014 8:41 PM

## Alaska Maternal & Child Health Needs Assessment Survey

59	Free or low cost therapy should be far more readily available. In Washington I was allowed free mental health visits with my antidepressant prescription. The two together had much more of an effect than simply taking antidepressant. Here I don't see that offered.	11/20/2014 6:14 PM
60	Education and classes. NAMI is amazing, we need to figure out how to get people to use the resources they have.	11/20/2014 3:37 PM
61	There is a contracted Psychologist/counselor available for the youth in school and programs available through the SEARHC clinic. These programs are not well attended by the community. At this point we don't even have a 12 step program available.	11/20/2014 2:33 PM
62	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:27 PM
63	Again, having enough facilities/providers to help Alaskans.	11/20/2014 1:22 PM
64	Integrating mental health into primary care.	11/20/2014 1:07 PM
65	How medical (usually first contact) interacts with MH.	11/20/2014 12:45 PM
66	Cheaper services and easier to find	11/20/2014 12:02 PM
67	There is no question that for those females with mental health issues, that services and systems are not adequate to meet their needs, particularly with this specific demographic.	11/20/2014 11:08 AM
68	There are very few options for Mental Health Care services and those available are underfunded.	11/20/2014 10:48 AM
69	Mat Su has two options for mental health services neither of which effectively work with children and adults with developmental delays.	11/20/2014 10:35 AM
70	HIRE AND EXPAND SERVICES FOR MENTAL HEALTH CLINICIANS AT ALL PUBLIC HEALTH OFFICES TO FOLLOW UP ON; IPV, SUICIDAL IDEATION, CHILD ABUSE AND NEGLECT. TO WORK CLOSER WITH OCS, SCHOOL NURSES AND PROVIDE INFORMATION AND REFERRALS TO RESOURCES FOUND IN THE COMMUNITY. CHILD ABUSE.	11/20/2014 9:55 AM
71	Family support services are lacking in our mental health care services.	11/20/2014 9:53 AM
72	Routine, comprehensive screening for perinatal mood disorders and related services.	11/20/2014 9:39 AM
73	It seems there is a much larger need for people with mental and behavioral health problems as evidenced by street people and lots of folks with substance abuse issues.	11/20/2014 9:26 AM
74	Currently in the Fairbanks area, unless the person seeking MH services qualifies as seriously mentally ill, there is very limited access to MH services unless that person has private pay insurance. Advocating for MH needs that are chronic but not dx as serious (e.g. sequelae/PTSD from childhood and/or adult exposure to DV) is important for the well-being of adult women, but with more impact for mothers because of (inadvertent) intergenerational transmission.	11/20/2014 9:20 AM
75	Inadequate services for those experiencing MH issues, particularly for those with Intellectual Disability. Our kids have to be taken out of state for care.	11/20/2014 9:17 AM
76	need to reduce stigma to access services	11/20/2014 8:25 AM
77	See previous remark about Medicaid services	11/20/2014 8:13 AM
78	quality is of utmost importance	11/19/2014 10:59 PM
79	Only the most acutely sick individuals with serious mental illness are served by the public behavioral health services -- indigent individuals with mild to moderate mental health disorders must go without until they are suicidal or significantly impaired.	11/19/2014 8:13 PM
80	Again, see previous comments regarding lack of availability of services in rural communities.	11/19/2014 5:56 PM
81	takes weeks to obtain assessments sometimes	11/19/2014 5:25 PM
82	None within 100 miles	11/19/2014 4:35 PM
83	education	11/19/2014 4:17 PM
84	All of the problems listed previously for adolescents also apply here. Our community mental health provider is totally ineffective. People without insurance have no resource, and even with insurance, it's often limited.	11/19/2014 4:10 PM
85	Manage cost and no long waiting periods to have an intake	11/19/2014 4:06 PM

## Alaska Maternal & Child Health Needs Assessment Survey

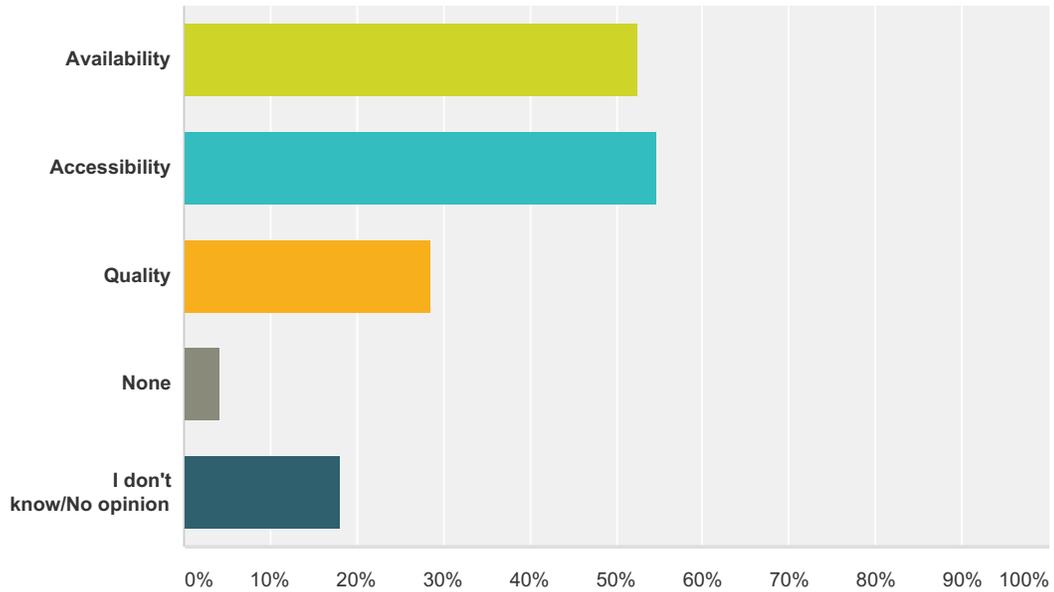
86	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:43 PM
87	Education... Knowledge. Understanding. Good morals.... Adults should have their understanding and be aware of these services. All of these points are probably good, but people have to know how to access them and that they are there, and want help.....	11/19/2014 3:35 PM
88	1) Availability - Resources in rural/bush communities are often scarce, and there is inadequate preventative and early intervention services. 2) Accessibility - Many women I've talked to feel ashamed about things they are struggling with, and perceive that they are looked down upon, or fear that there will be negative repercussions to their accessing of services, even though neither is likely to be true.	11/19/2014 3:28 PM
89	Remove the stigma of accessing mental health services.	11/19/2014 3:21 PM
90	No mental Health Care services are available in Alaska and we need it!	11/19/2014 3:19 PM
91	No providers taking Medicaid for adult mental health issues.	11/19/2014 3:09 PM
92	Mental Health needs to be openly discussed and many flexible treatment options and supportive environment for actually treating mental health	11/19/2014 3:04 PM
93	Again, the whole system has to be revamped. Nothing we are currently doing has shown a lasting impact for parents in our system. Hence the drastic budget cuts. Our systems need to acknowledge their limitations and be willing to change strategies.	11/19/2014 3:04 PM
94	There's never enough to go around. So many people in need.	11/19/2014 3:00 PM
95	Especially difficult? Finding a spot in drug or alcohol treatment programs.	11/19/2014 2:56 PM
96	Identify and treat asap while receiving care... All Alaskans should be able to have access to quality health care and mental health screening.	11/18/2014 1:27 PM
97	I am not aware of any that exist that are provided through MCH. Services re: mental health are sorely lacking in Alaska. MCH could make a real impression by implementing a program to address this issue.	11/18/2014 12:52 PM
98	Quality care should be available to everyone regardless of financial issues.	11/18/2014 12:44 PM
99	I think in the villages we have a hard time creating a program that works for the people.	11/18/2014 3:29 AM
100	the rural villages are in need of these types of services. getting sent away--even to Anchorage--isn't always a healthy option. removing them from their support network, bringing them to an unfamiliar, urban culture that might be frightening.	11/17/2014 4:20 PM
101	Must have more counseling available for those with no health coverage	11/17/2014 1:40 PM
102	There are no available substance abuse beds available today without a waiting list. There is no family program around addiction, community aftercare, positive messaging about people in recovery. Alcohol-drug free events advertised. Even public radio is underwritten by big booze fests. Wine-tasting, october fest, etc. Addiction is democratic in the state but there is a perception supported that it is only in the First Peoples, which is absolutely not the case and perpetrates more harm.	11/17/2014 12:05 PM
103	Increased work to remove stigma of mental health issues.	11/17/2014 11:37 AM
104	As well as, reducing the stigma of mental health and behavioral health in the community.	11/17/2014 11:13 AM
105	for those outside of Anchorage	11/17/2014 10:38 AM
106	I believe any one needing such services would have to go to Anchorage or the Valley.	11/5/2014 8:40 AM
107	It is only available to women with coverage. Coverage is now being limited to XX times per month/year (instead of a dr. being able to determine how many sessions are needed). People are turning to API when it could be handled elsewhere. Women are being treated once in jail instead of before the crime happens.	11/4/2014 3:37 PM
108	mental health follow up, possible home visit therapy for depressed women. continue prenatal and post partum home visiting programs	11/4/2014 9:16 AM
109	there's just a general lack of mental health care services everywhere.	10/30/2014 4:10 PM
110	this seems to be a big area of concern.	10/29/2014 12:14 PM
111	cost	10/29/2014 9:56 AM
112	no \$\$ for counseling for many	10/29/2014 8:50 AM

## Alaska Maternal & Child Health Needs Assessment Survey

113	Education about hormones, body changes, reality of the process should be discussed more. Providing information and resources.	10/29/2014 8:23 AM
114	need more psych providers	10/29/2014 7:58 AM
115	There is nearly no way to get an outpatient psychiatric appointment in Fairbanks. The Fairbanks Behavioral health has dumped many of their patients on the family doctors in the community.	10/29/2014 7:54 AM
116	Support telemedicine or another technology to allow women and children in remote areas & those without reliable transportation to get quality, MH services via technology to meet their needs rather than being limited to the one or 2 service providers locally	10/28/2014 8:59 PM
117	See comments on this question in teen section	10/28/2014 8:54 PM
118	Too many of our young adults are crippled by FAS, substance abuse, personal violence and there is no where to turn for them. Increase video conferencing for those that don't have access due to remote living.	10/28/2014 6:25 PM
119	limited resources in the region and Maniilaq services are horrific	10/28/2014 6:11 PM
120	We are woefully short of mental health services for adults.	10/28/2014 4:22 PM
121	I think offering these services for women of child bearing age would benefit them a great deal.	10/28/2014 3:52 PM
122	<b>**most important**</b>	10/28/2014 1:08 PM
123	There is a stigma with mental health care services that people in Alaska and mostly in Alaska natives dont like to address they might have a mental health issue, but dont want to be called a mental case in their communities. Also Mental Health has one of the highest tobacco use rates and should be addressed if patients want help. It is still an addiction that they may want to quit, and is a coping (self medication) method they have taught themselves. I wish there was a big movement with mental health and tobacco use issues.	10/28/2014 11:27 AM

**Q25 In which of the areas listed below could the Alaska maternal child public health system improve related to FAMILY PLANNING?**

Answered: 805 Skipped: 260



Answer Choices	Responses
Availability	52.67% 424
Accessibility	54.78% 441
Quality	28.57% 230
None	4.22% 34
I don't know/No opinion	18.14% 146
<b>Total Respondents: 805</b>	

#	Further comments/clarifications	Date
1	Centers if possible in locations close to shopping areas, such as Malls, big stores. Take it to the users. Also, is great advertising and accessibility and puts them in normal everyday life.	12/19/2014 9:45 AM
2	Only 3 ob/gyn have privileges at Mat- Su Regional Hospital. Only one nurse practitioner at the Mat-Su Public Health Department, we need more providers.	12/14/2014 10:03 PM
3	Quality of care for low income women who have limited access to care. Reaching out to this population, ensuring health insurance needs are being met. Informing/educating on when or how to access services.	12/12/2014 3:36 PM
4	deal with what is real life not projected life.	12/12/2014 2:29 PM
5	make birth control available for all for free	12/11/2014 8:39 PM
6	cost and responsibilities of parenthood.	12/10/2014 5:13 PM

## Alaska Maternal & Child Health Needs Assessment Survey

7	There are organizations available for this-at low cost or free-education-information about the wide variety of options to meet the varying values of the age group	12/10/2014 2:35 PM
8	Increase their funding!!	12/10/2014 11:43 AM
9	Cost and how about just actually doing it	12/10/2014 10:26 AM
10	Public Education	12/10/2014 8:17 AM
11	Answers from A1 belong here. Family planning shouldn't be a political football. It is an important issue for the entire community. "If you really want to change a culture, to empower women, improve basic hygiene and health care, and fight high rates of infant mortality, the answer is to educate girls." — Greg Mortenson	12/9/2014 8:00 PM
12	Medicaid Family Planning Waiver	12/9/2014 5:35 PM
13	Education, education, education	12/9/2014 5:12 PM
14	NON-RELIGIOUS AFFILIATED NON-JUDGEMENTAL!	12/9/2014 3:19 PM
15	For some women, their partner won't let them use birth control. If that is going on, it's a controlling unhealthy relationship that also needs addressing.	12/9/2014 3:17 PM
16	Availability of information primarily.	12/9/2014 3:11 PM
17	See previous notes about the complete lack of Family Planning services in the Bering Strait Region.	12/9/2014 2:58 PM
18	Many village workers are knowledgeable or have had training for this.	12/9/2014 2:54 PM
19	Weekends	12/9/2014 2:50 PM
20	It is not known if this is available in the community, or if it is how it is provided	12/9/2014 2:42 PM
21	I have not seen the presence if it is here.	12/9/2014 11:17 AM
22	We need Planned Parenthood as a partner not just 'another community option'	12/8/2014 11:25 AM
23	Need to promote more natural family planning options, especially for people who don't like birth control due to chemical issues and moral concerns. Abortion is not a solution--causes emotional scars for decades.	12/5/2014 11:14 AM
24	Especially in the private care sector that is largely focused on urban populations and lack of focus on fertility planning/control to increase birth-spacing of wanted pregnancies	12/5/2014 10:44 AM
25	Outreach about using contraception until you are ready to start a family	12/5/2014 8:23 AM
26	Improve relationships with substance abuse treatment centers	12/5/2014 7:43 AM
27	provide condoms in high schools and middle schools	12/4/2014 3:10 PM
28	Quiet, discreet (by mail?) availability. Also- abortions. Make them available far and wide.	12/4/2014 10:54 AM
29	Distance again.	12/3/2014 12:29 PM
30	The more knowledge the better.	12/3/2014 1:57 AM
31	Family planning needs to be broaden to include LGBT couples, young/teen parents, and planning to delay or not have families! Also access to services BEFORE one is pregnant.	12/2/2014 4:51 PM
32	provide leadership that supports primary care direct service providers who currently provide these services and also for those who would like to and need training and quality improvement guidance	12/1/2014 2:48 PM
33	more education, information, and references. If we can assist people with relationships we should see less unwanted pregnancies, drug/alcohol use while pregnant ect.	12/1/2014 9:42 AM
34	More outreach and education for high risk areas that have been identified.	11/26/2014 4:59 AM
35	Services are not readily available in rural areas	11/24/2014 9:20 PM
36	Improving birth control messaging: options, dispelling side effect myths, access so that women make informed decisions about the method they choose. Encourage follow-up with providers 4 months to ensure correct usage and report side effects.	11/24/2014 8:23 PM
37	Need marketing efforts in our local venues-schools, teen hang-outs.	11/24/2014 12:48 PM

## Alaska Maternal & Child Health Needs Assessment Survey

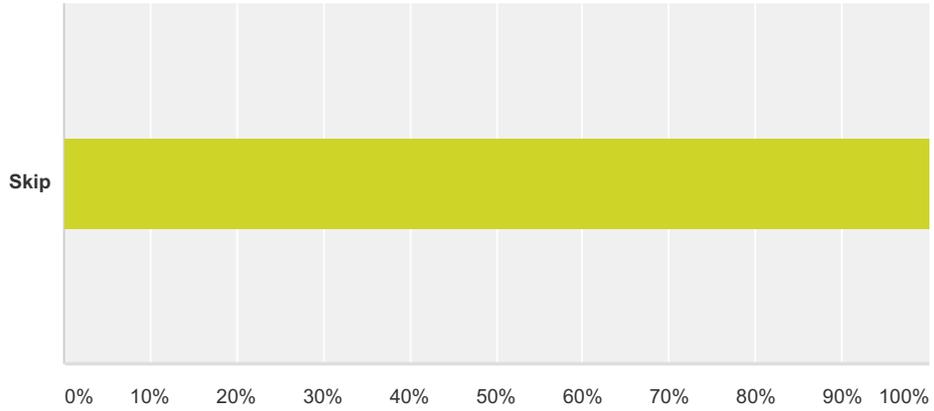
38	Communication access for deaf consumers	11/21/2014 4:01 PM
39	Costs for care are too high in Alaska	11/21/2014 11:03 AM
40	PCHS is great for this need if you have insurance	11/21/2014 7:22 AM
41	Family planning is still very stigmatized and is seen negatively in most communities. Need to promote use and awareness of family planning that can build stronger families and better relationships.	11/20/2014 8:57 PM
42	Touchy subject. Depends on what kind of family planning. If it provides the option of abortion without addressing the issues that follow it, it's not supporting the family.	11/20/2014 8:41 PM
43	This is a difficult area to broach- Family Planning is a misnomer. In our community it appears as though the community here welcomes its young women having children out of wedlock, while still in high school. It would be wise for education to start with teaching the value of a family, then teach family planning, NOT ABORTION AS AN OPTION. I encourage youth to educate themselves in developing a stable family with marriage as the first step. Educating themselves in child rearing, then have children and continue in their education as they raise children in stability. Children don't even know what being engaged means today. It is imperative, if you want to plan a family to know what a family is and work towards that goal. Family planning should not be which kind of condom, pill, patch, shot or IUD to get, but planning to be educated themselves, then nurture children and inspire them to contribute to our communities. It would be wise to help our young people learn how to BE a stable family. THAT should be our goal in Family Planning.	11/20/2014 2:33 PM
44	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:27 PM
45	Again, using child development has a required class to inform young people.	11/20/2014 1:22 PM
46	See comment for ques 17. Also, involving women's male partner in family planning education.	11/20/2014 1:07 PM
47	USE TRAVELLING HEALTHCARE CLINICS IN FORM OF A BUS TO PROVIDE SERVICES TO REMOTE AREAS AND IMPROVE ACCESSABILITY MOST TEENS WILL NOT TRAVEL TO A PUBLIC HEALTH OFFICE THEY NEED TO HAVE ACCESABILITY TO WHERE THEY HANG OUT MEET	11/20/2014 9:55 AM
48	It seems that there are a lot of unplanned pregnancies and youth and even people in their 20s and 30s don't understand the basics of reproduction and how to prevent pregnancy.	11/20/2014 9:26 AM
49	Support every option for family planning as a respected option, and a private decision for the women/family who is making that decision.	11/20/2014 9:20 AM
50	Public Health should have long-term funding to continue provide LARK birthcontrol methods	11/20/2014 8:23 AM
51	I am familiar with family planning options, so i'm not sure what is needed.	11/20/2014 8:16 AM
52	Poverty should not be a barrier to accessing reproductive health services or birth control.	11/19/2014 8:13 PM
53	No focused agencies attending to this need here.	11/19/2014 5:25 PM
54	We do a great job here at Public Health!	11/19/2014 4:19 PM
55	teach it in school (starting early - before they become sexually active)	11/19/2014 4:17 PM
56	I don't know how hard it is to get in at Public Health. It would be nice if PH could refer out for LARCs (long acting reversible contraceptives) in addition to providing hormonal birth control.	11/19/2014 4:10 PM
57	Currently, we have an ANP who comes to our clinic every other Thursday.	11/19/2014 4:08 PM
58	More public involvment from minorities not just Alaska Natives.	11/19/2014 4:06 PM
59	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:43 PM
60	Education... Knowledge. Understanding. Good morals.... Adults should have their understanding and be aware of these services. All of these points are probably good, but people have to know how to access them and that they are there, and want help.....	11/19/2014 3:35 PM
61	Need more service announcements	11/19/2014 3:09 PM
62	I don't mean availability of abortions. That is NOT family planning! Abortions are a LACK of planning and lack of taking responsibility. True family planning options would be nice.	11/19/2014 3:06 PM
63	EDUCATION for all of it everywhere easy to access for everyone.	11/19/2014 3:04 PM
64	Availability of real family planning, not referring to abortion	11/19/2014 3:04 PM

## Alaska Maternal & Child Health Needs Assessment Survey

65	I think we're in pretty good shape.	11/19/2014 3:00 PM
66	& education	11/19/2014 2:56 PM
67	Need CHCs to incorporate preventive health services into their primary care practices to address women's health needs.	11/18/2014 3:36 PM
68	Start in school - before they decide to have sex.	11/18/2014 1:27 PM
69	Abortion is NOT birth control.	11/18/2014 12:44 PM
70	Present ALL options to women and men.	11/17/2014 4:25 PM
71	we need to take politics out of family planning and reproductive health in general and start treating it for what it is: a health concern, not a political battle.	11/17/2014 4:20 PM
72	Public education, normalize the use of family planning when you are sexually active and not prepared to become a parent. This may reduce FASD, unintended pregnancy, potentially ACEs of unintended/unwanted/neglected/abused children.	11/17/2014 12:05 PM
73	Increase awareness of ALL options, including abortion rights.	11/17/2014 11:37 AM
74	I am not aware of the services that the AK maternal child public health system offers to this age group, so getting more information on these services to the public may be helpful.	11/14/2014 6:32 PM
75	Again, only one agency in the vicinity offers this type of service.	11/5/2014 8:40 AM
76	In Anchorage, it's pretty good, but what about in rural parts of the state?	11/4/2014 3:37 PM
77	In high school, that unsafe sex leads to pregnancies and no one that young should be thinking of a family.	11/4/2014 8:32 AM
78	Improve in everyway-easy access, education, provide all methods. Competent providers.	11/3/2014 10:35 AM
79	Need to expand accessibility to, and quality of, comprehensive reproductive services. More providers should follow established guidelines for what constitutes comprehensive care. Need to expand availability of effective b/c methods to all women (LARCS, not condoms and pills)	10/30/2014 4:10 PM
80	continue with family planning clinics	10/29/2014 2:04 PM
81	family planning/STI available in high schools	10/29/2014 8:50 AM
82	Information distribution regarding options and value of family planning - beyond birth control.	10/29/2014 8:23 AM
83	contraceptive care at health centers	10/29/2014 7:58 AM
84	I don't know everything about what the State MCH dept. does and does not do in this area. I have seen fantastic work out of your dept. in this area. It just strikes me that there are still tremendous gaps in the state, which makes me think that there aren't enough staff working on this, enough peer educators/peer health workers in the different language groups and regions and communities, enough creative and diverse methods of dissemination of information, and probably not enough funding. I have also heard that LARCs are not available statewide and not enough providers know how to use them.	10/28/2014 8:54 PM
85	Encourage more open dialogue about having children and options for not having children. Too many people have children that they then abandon or abuse because they are not mentally or financially equipped to care for them.	10/28/2014 6:25 PM
86	limited resources in the region and Maniilaq services are horrific	10/28/2014 6:11 PM
87	More outreach and awareness needs to be done so that more women plan their families.	10/28/2014 3:52 PM
88	policy makers/politicians should stop politicizing the issue allow the public health system to these services widely available.	10/28/2014 1:08 PM
89	I have never heard of family planning	10/28/2014 11:27 AM
90	Affordability- LARC. Accessibility for teens and young women.	10/27/2014 10:49 AM
91	Very little preconception care.	10/22/2014 2:50 PM

**Q26 Check 'Skip' and then click 'Next' if you are not familiar with the health needs of this population (children & youth with special health care needs) to go to the next question.**

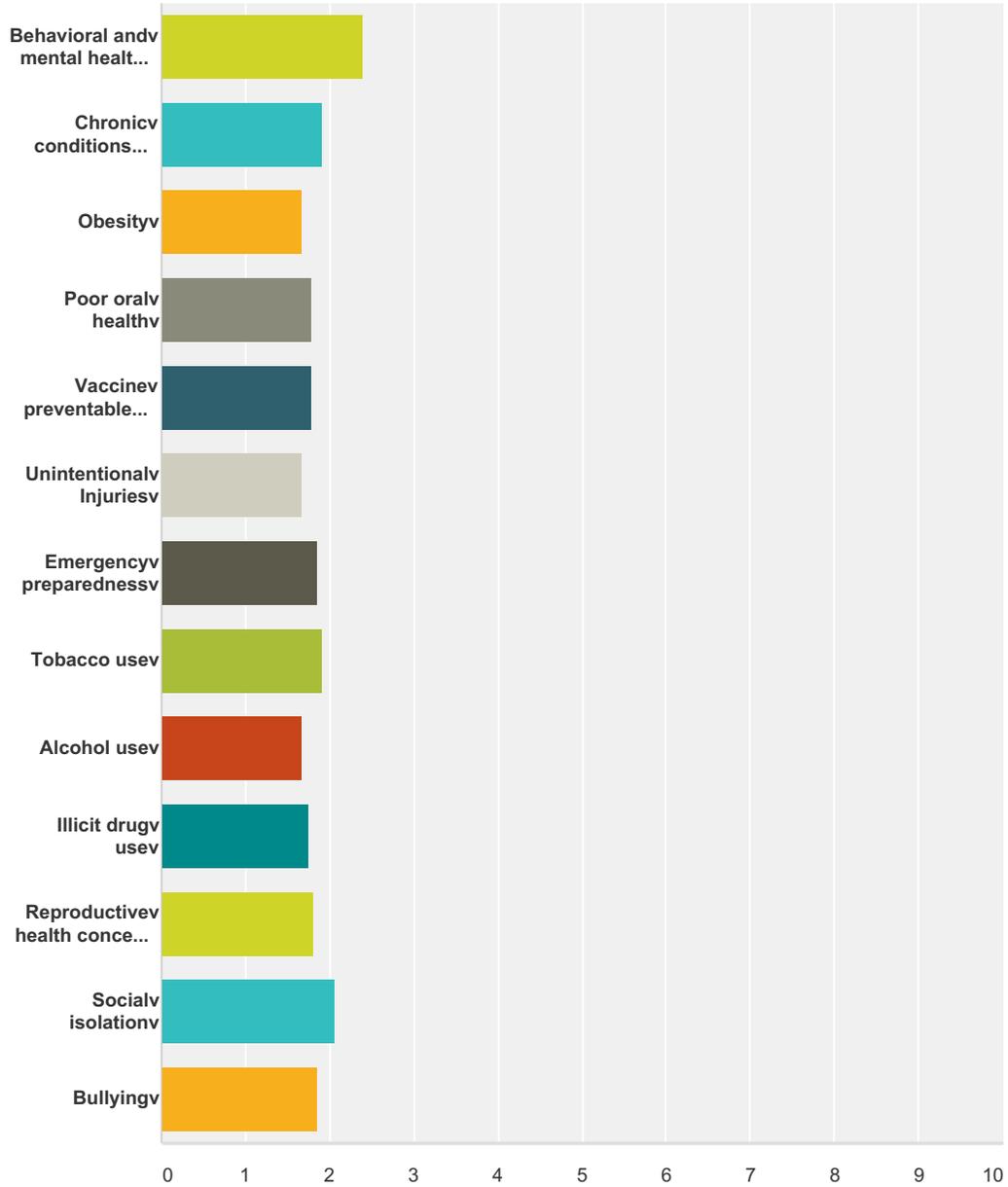
Answered: 241 Skipped: 824



Answer Choices	Responses
Skip	100.00% 241
<b>Total</b>	<b>241</b>

**Q27 CHOOSE YOUR TOP 3 major health concerns you feel are most important for Children & Youth with Special Health Care Needs and then RANK them in order of importance.**

Answered: 643 v Skipped: 422v



v	1=Most Important	2v	3v	Totalv	Weighted Averagev
Behavioral and mental health problems	56.77%v 281	26.26%v 130	16.97%v 84	v 495	v 2.40
Chronic conditions (asthma, diabetes, etc.)	25.17%v 37	41.50%v 61	33.33%v 49	v 147	v 1.92

## Alaska Maternal & Child Health Needs Assessment Survey

Obesity	13.76% 15	40.37% 44	45.87% 50	v 109	v 1.68
Poor oral health	25.00% 11	29.55% 13	45.45% 20	v 44	v 1.80
Vaccine preventable diseases	26.32% 5	26.32% 5	47.37% 9	v 19	v 1.79
Unintentional Injuries	13.33% 8	40.00% 24	46.67% 28	v 60	v 1.67
Emergency preparedness	28.77% 21	27.40% 20	43.84% 32	v 73	v 1.85
Tobacco use	15.38% 2	61.54% 8	23.08% 3	v 13	v 1.92
Alcohol use	16.05% 13	35.80% 29	48.15% 39	v 81	v 1.68
Illicit drug use	18.84% 13	37.68% 26	43.48% 30	v 69	v 1.75
Reproductive health concerns (sexually transmitted infections, birth control methods, teen pregnancy)	30.71% 43	20.71% 29	48.57% 68	v 140	v 1.82
Social isolation	33.07% 124	40.53% 152	26.40% 99	v 375	v 2.07
Bullying	23.93% 56	36.75% 86	39.32% 92	v 234	v 1.85

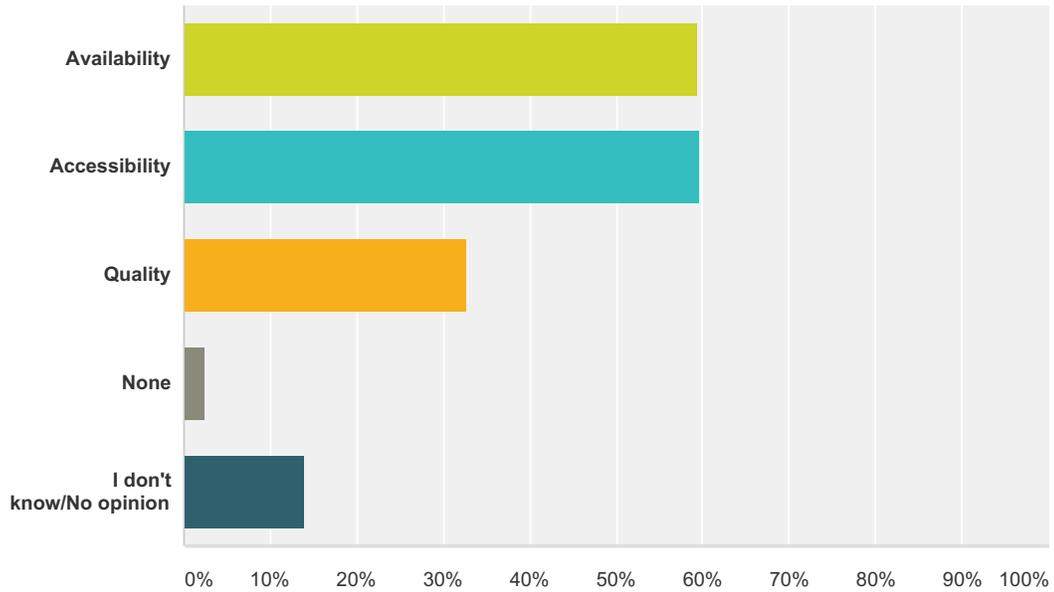
#v	Other (please specify)v	Datev
1	Support and training for parents	12/16/2014 1:03 PM
2	# 1 would be family support to help keep the kids at home.	12/11/2014 10:29 AM
3	I'm hesitating with these answers, but I do feel that it depends on the degree of the special need - I'm thinking primarily of those individuals who have adult caregivers and therefore remain socially isolated in school	12/11/2014 9:34 AM
4	appropriate nutrition and violent environments	12/10/2014 10:28 AM
5	Basic Life Skills preparation for those who can function semi-independently	12/10/2014 10:21 AM
6	Sexual Assault/Inappropriate touching	12/9/2014 8:02 PM
7	FASD	12/9/2014 5:13 PM
8	1. Child Maltreatment - most important	12/9/2014 5:10 PM
9	Sexual abuse (Number 1)	12/9/2014 3:31 PM
10	a special needs child can put stress on relationship and dynamics of the whole family	12/9/2014 3:19 PM
11	maltreatment	12/9/2014 2:17 PM
12	Not enough Early Intervention for 0-3.	12/9/2014 10:06 AM
13	see everything from the previous submissions. We have 6th graders using heroin.	12/5/2014 12:00 PM
14	Intergration (health needs of whole child vs condition, and into school/community pop at large)	12/5/2014 10:46 AM
15	early detection, more \$ for outreach about Infant Learning. SOOOO difficult to find any MH providers who can/will work with children with special needs	12/5/2014 8:26 AM
16	i wouldn't say "social isolation" but a family & friend support system	12/4/2014 4:27 PM
17	Transitioning to adulthood	12/2/2014 3:48 PM
18	maltreatment	12/1/2014 6:49 PM

## Alaska Maternal & Child Health Needs Assessment Survey

19	Placement & support services, case management	12/1/2014 4:49 PM
20	Nutrition	11/25/2014 6:23 PM
21	This question is hard to answer because I don't know what special health care needs refers to	11/24/2014 9:22 PM
22	Quality Healthcare as so many specialties unavailable	11/24/2014 12:50 PM
23	emergency preparedness is also an overarching concern	11/24/2014 12:30 PM
24	Child maltreatment as priority #1	11/24/2014 12:12 PM
25	Donestic violence should be on here. Most our foster kids suffer from this due to drug/alcohol use in the home and the chikds own special needs causing problems.	11/21/2014 4:20 PM
26	transition to adulthood (being responsible for self)	11/21/2014 12:50 PM
27	Parental Guardianship relinquished and obtaining reunification. Many are homeless...	11/21/2014 12:28 PM
28	Training and employment opportunities.	11/21/2014 11:25 AM
29	Illicit drug use and alcohol of the parent and child should go hand in hand.	11/20/2014 2:36 PM
30	Nutrition	11/20/2014 2:29 PM
31	access to medical specialists	11/20/2014 1:10 PM
32	Unsafe living enviroments #1, poor family support systems #2	11/20/2014 11:10 AM
33	SEXUAL ABUSE AND EXPLOITATION	11/20/2014 9:57 AM
34	Child Maltreatment. Parent's lack of education on how to work with children of special needs. Lack of services available	11/20/2014 9:19 AM
35	speech delays	11/19/2014 5:35 PM
36	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:44 PM
37	Making a choice implys that one is less important... Make groups and let me put all of these is groups. I am not going to chose one thing over a nother, unless I can group them.	11/19/2014 3:36 PM
38	1: Abuse and neglect	11/19/2014 3:27 PM
39	not familiar enough with this population to answer	11/19/2014 3:02 PM
40	Cannot rank	11/19/2014 2:56 PM
41	Child welfare is still #1 - whether caregiver or parent	11/19/2014 2:52 PM
42	availability of school health services for students with special health care needs including chronic conditions	11/17/2014 12:21 PM
43	Case support between school IEP and medical community is lacking.	11/17/2014 12:07 PM
44	Reducing stigma with community; Increasing acceptance	11/17/2014 11:14 AM
45	Homelessness	10/30/2014 4:52 PM
46	Abuse and neglect	10/29/2014 9:39 AM
47	programs after high school	10/29/2014 8:50 AM
48	psychiatric care	10/29/2014 7:55 AM
49	lack of access to special need care	10/28/2014 9:50 PM

**Q28 In which of the areas listed below could the Alaska maternal child public health system improve related to PREVENTATIVE HEALTH CARE SERVICES?**

Answered: 621 Skipped: 444



Answer Choices	Responses
Availability	59.58% 370
Accessibility	59.74% 371
Quality	32.69% 203
None	2.58% 16
I don't know/No opinion	14.01% 87
<b>Total Respondents: 621</b>	

#	Further comments/clarifications	Date
1	Centers in more trafficked areas	12/19/2014 9:48 AM
2	Improved screenings across all populations. Increased trainings for professionals to identify needs, refer for outside consultations as needed. Bridging gaps related to access to health insurance, informing families of how/when/where to access services.	12/12/2014 3:46 PM
3	birth control for all for free.Counseling for anyone with special needs-re reproductive education.	12/11/2014 8:54 PM
4	Providers should emphasize the importance of regular well-child exams.	12/11/2014 3:50 PM
5	It is certainly available-sometime the overwelming situation they are in may prevent them from see in.	12/10/2014 2:47 PM
6	More information, parenting classes, health education	12/10/2014 11:48 AM
7	cost	12/10/2014 10:29 AM

## Alaska Maternal & Child Health Needs Assessment Survey

8	Ugh! There is just so much to say here. Why does everything have to center around the disability? It's preventative health care - so concentrate on the similarities rather than the few differences!	12/9/2014 8:11 PM
9	AS far as I can tell, this area is limited because insurers won't pay for it. Need to get insurance industry on board as partner so they can understand the cost savings of preventative as opposed to existing.	12/9/2014 5:24 PM
10	Almost nothing is available in our state to support individuals and families impacted by FASD.	12/9/2014 5:22 PM
11	Case Management - Coordinated Care	12/9/2014 5:12 PM
12	I do not think enough people are aware of this service.	12/9/2014 3:05 PM
13	I have not seen the presence if it is here.	12/9/2014 11:19 AM
14	serve children in the Infant Learning program who have delays of 25% or more to have a seamless system between Infant Learning and Preschool Special ed services. Children who don't qualify for ILP are slipping through the cracks and are not being Identified until 5 years old which is too late.	12/9/2014 10:07 AM
15	There needs to be more facilities/care providers that can take in Medicaid clients without a waiting list. Parents need to be able to access specialist care without going through multiple appointments just to achieve the referral. Transportation and lost work time needs to be addressed and supported in some way for parents as well.	12/8/2014 12:12 PM
16	Early detection through frequent ASQ screenings	12/5/2014 8:36 AM
17	Improve relationships with substance abuse treatment centers	12/5/2014 7:44 AM
18	universal health coverage without deductibles	12/4/2014 3:20 PM
19	To solve this, we need more group homes licensed in rural villages to care for youth who can't live at home. Also, more therapeutic foster homes in rural communities.	12/4/2014 11:03 AM
20	I have a 5 year old special needs child and have had the good fortune of easily meeting his medical needs. I know people in the villages do not necessarily have the same fortune. That said, i am also concerned about the availability of mental health services as my child grows and begins to deal with the emotional aspects of his special needs. I'm not aware of any right now and have received no information regarding mental health services.	12/3/2014 12:36 PM
21	provide leadership that supports primary health care providers to deliver high quality services	12/1/2014 2:56 PM
22	Youth with special health care needs need accurate and accessible sexual health information. In ASD this is sorely lacking for this population.	11/28/2014 12:13 PM
23	Bigger presence in the teen populations, especially with regard to safe sex/birth control.	11/25/2014 10:37 AM
24	It would help to know what needs are being referred to	11/24/2014 9:25 PM
25	Advertise	11/24/2014 2:41 PM
26	In off the road system villages these services are radically degraded compared to Anchorage.	11/23/2014 5:32 PM
27	Communication access for deaf consumers	11/21/2014 4:03 PM
28	Many healthcare professionals concentrate ONLY on the child's special health care needs, and forgets the young person is a young person with a lot of different healthcare needs.	11/21/2014 12:55 PM
29	COST	11/21/2014 12:30 PM
30	Affordability	11/21/2014 8:39 AM
31	Accessibility is limited for those of lower socioeconomic status or living in poverty. Access is easy for the middle class and higher but the lower class still needs more support.	11/20/2014 8:59 PM
32	These are only available through the SEARHC clinic.	11/20/2014 2:43 PM
33	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:29 PM
34	Programs are generally good but understaffed with appropriate level of professionals	11/20/2014 11:19 AM
35	There are few providers with the knowledge to provide services for special populations.	11/20/2014 10:50 AM
36	I believe educating and overseeing vulnerable children and adults alike is very important because there are people that prey on them.	11/20/2014 10:42 AM

## Alaska Maternal & Child Health Needs Assessment Survey

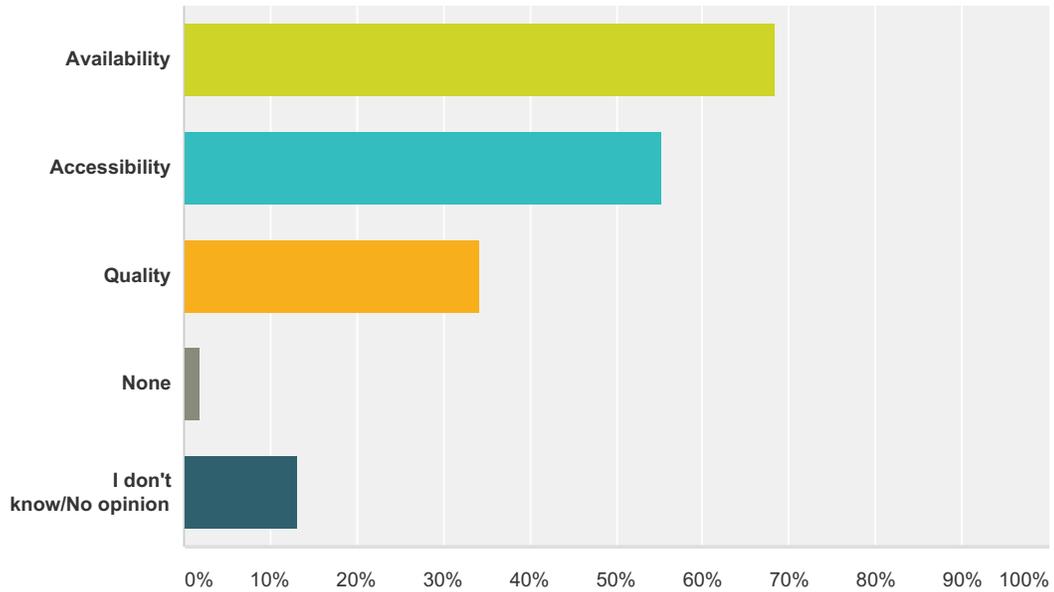
37	Larger quantity of services that focused on group work with this population including physical and mental wellness	11/20/2014 10:30 AM
38	Many families with non verbal children and youth are not able to find drs or dentists that know how to work with their kids and young adults	11/20/2014 10:15 AM
39	HIRE MORE PUBLIC HEATH NURSES WITH REPRODUCTIVE HEALTHCARE TRAINING HIRE MENATL HEALTH CLINICIANS TO TRAVEL AND ORGANIZE MEETINGS AT SHELTERS	11/20/2014 10:06 AM
40	These children on MCD, again physicians turn down these clients related to MCD reimbursement rates and the cost is 10 fold to the state to send a client to a provider in another town who will take MCD	11/20/2014 10:04 AM
41	Especially for those who don't have health care coverage, even knowing about what is available or accessible is problematic.	11/20/2014 9:27 AM
42	Educate	11/20/2014 9:24 AM
43	improved screening process for services	11/20/2014 9:15 AM
44	I have a stepson with special needs in middle school. He has been sent home sick for silly things (a stomach ache because he needed to use the restroom - within 10 minutes of being home he used the toilet and was fine, but no one asked if he needed to go to the bathroom. He missed more than half a day of school for this.) because the nurse has difficulty understanding him. Having the nurse go to the special ed classroom routinely to get to know the kids and do some general screening for health care issues would be very helpful - she could get to know the kids and understand what their particular issues might be.	11/20/2014 8:27 AM
45	Health insurance does not cover services for children with autism (specifically ASEA) and TEFRA does not cover some services. I am unable to find a provider accepting new Medicaid patients and my son has been unable to receive needed therapy.	11/20/2014 7:08 AM
46	Many people with disabilities report poor experiences in health care settings (lack of respect, understanding, patience, etc.), which results in poor health outcomes.	11/19/2014 8:19 PM
47	informed community is lacking in order to appropriately layman refer.	11/19/2014 5:38 PM
48	help with cost = clinics w/sliding fee scales.	11/19/2014 4:20 PM
49	our service in our community are very limited for children and youth with special needs.	11/19/2014 3:56 PM
50	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:44 PM
51	Materials are often written/worded in professional language, making them difficult for the clients and families to understand. Written materials should be at a lower reading level, and audiovisual materials should use simple terminology and everyday examples.	11/19/2014 3:43 PM
52	resources should be easy to find	11/19/2014 3:07 PM
53	Utilize systems in place for greater opportunities and have them collaborate for purposes of prevention in local community all cultures	11/19/2014 1:47 PM
54	Besides schools having aids and ILP for children with specials needs, we need to make sure that daycares and families have these same resources and support system.	11/19/2014 10:50 AM
55	more than one option that I can afford	11/18/2014 2:25 PM
56	All Alaskans should be able to have access to quality health care and mental health screening.	11/18/2014 1:33 PM
57	Emphasize the non-discrimination piece.	11/18/2014 12:47 PM
58	School based HRSA clinics.	11/17/2014 12:12 PM
59	As well as, awareness, knowledge and education about special health care needs.	11/17/2014 11:15 AM
60	OVER 21 HAVE NO ACCESS TO PREVENTIVE SERVICES WITH MEDICAID	11/17/2014 9:14 AM
61	lots of paperwork, families have difficulty with transportation, and folow through	11/4/2014 9:19 AM
62	Increased personnel	10/30/2014 11:56 AM
63	immunizations	10/29/2014 8:01 AM
64	NO ISSUES AT PRESENT	10/29/2014 7:57 AM

# Alaska Maternal & Child Health Needs Assessment Survey

65	I have a child with a disability, and I've had support every step of the way, from screening to diagnosis, to providing health care for.	10/28/2014 3:55 PM
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**Q29 In which of the areas listed below could the Alaska maternal child public health system improve related to SPECIALTY HEALTH CARE SERVICES?**

Answered: 620 Skipped: 445



Answer Choices	Responses
Availability	68.55% 425
Accessibility	55.32% 343
Quality	34.19% 212
None	1.94% 12
I don't know/No opinion	13.23% 82
<b>Total Respondents: 620</b>	

#	Further comments/clarifications	Date
1	We have a huge need for specialty services. We need an endocrinologist, rheumatologist, and additional child psychiatrist.	12/14/2014 10:12 PM
2	Need more providers, inform community of these services, get referrals out, bridge gaps related to extensive wait lists, improve access to affordable care.	12/12/2014 3:46 PM
3	Due to our remote location, families must travel to Anchorage for any specialty care.	12/12/2014 1:23 PM
4	Many families report difficulty accessing services	12/12/2014 10:20 AM
5	Reproductive education and services for special needs folks.	12/11/2014 8:54 PM
6	There is a shortage of accessible services in rural Alaska.	12/11/2014 3:50 PM
7	many services available in Anchorage only and other only available out of state	12/10/2014 2:47 PM
8	cost	12/10/2014 10:29 AM

## Alaska Maternal & Child Health Needs Assessment Survey

9	In the clinics. Would be nice to have more pamphlets.	12/10/2014 8:59 AM
10	Is there one dentist that understands children with disabilities? Is there a way to get get some general practitioners with enough going on that we can rely on them to research the condition(s) our little ones on a regular basis (so THEY have the newest information, and we don't have to bring it to them)? The new patient wait wouldn't be so long if we had more specialist around.	12/9/2014 8:11 PM
11	would be great i there was a registry of these services so access was broad-based	12/9/2014 5:24 PM
12	More services for FASD	12/9/2014 5:22 PM
13	Case Management - Coordinated Care	12/9/2014 5:12 PM
14	I think if there were more people aware of this service the more support you can receive.	12/9/2014 3:05 PM
15	Do not know who is available for adults with special needs, know there are some for children, but adults are far and few....	12/9/2014 2:49 PM
16	We need more community supports for FASD.	12/9/2014 2:33 PM
17	I have not seen the presence if it is here.	12/9/2014 11:19 AM
18	increase frequency of specialized health care services for children who travel is not an option.	12/9/2014 10:07 AM
19	Often there are long lists for care for those who are within the Medicaid system or they are not able to access specific care because the provider will not take Medicaid often citing low payment or excessive complications in the Medicaid billing process.	12/8/2014 12:12 PM
20	we have none	12/5/2014 8:46 AM
21	While I appreciate that specialists fly to town, it can be hard to get referrals from some providers. Would be good if the families could self-refer more easily. More frequent hearing specialist visits.	12/5/2014 8:36 AM
22	Improve relationships with substance abuse treatment centers	12/5/2014 7:44 AM
23	I think things are doing ok in this arena.	12/4/2014 11:03 AM
24	I work with children who experience special needs. There needs to be more information about your program for this population.	12/3/2014 9:31 AM
25	Many families still need to travel out of state for services. We still do not have enough specialty providers in our state.	12/2/2014 3:50 PM
26	Support services for families	12/1/2014 4:54 PM
27	ongoing needs assessment (mapping) of specialty types by geographic regions--address gaps with funding when needed	12/1/2014 2:56 PM
28	Many providers do not have the expertise to deal with children and youth with special health care needs.	11/28/2014 12:13 PM
29	Better understanding of special needs and it's global impact on a child's development.	11/25/2014 10:37 AM
30	continuation of care across multiple providers - care coordinators; Adopt medical home model of care	11/24/2014 8:31 PM
31	What's out there	11/24/2014 2:41 PM
32	Cost is part of accessibility. those who cannot afford, will not be able to access.	11/24/2014 12:30 PM
33	See 5.	11/23/2014 5:32 PM
34	We dont have any!!!	11/21/2014 4:32 PM
35	Communication access for deaf consumers	11/21/2014 4:03 PM
36	The should be tests to confirm the person is an expert before being able to offer a service (like done with Autism diagnosis and the CBC).	11/21/2014 12:55 PM
37	COST	11/21/2014 12:30 PM
38	Health care providers should be educated about the needs of the populations they serve and respond appropriately. And there should be enough of them that they feel compeled to do their best -- competively.	11/21/2014 11:15 AM
39	Affordability	11/21/2014 8:39 AM

## Alaska Maternal & Child Health Needs Assessment Survey

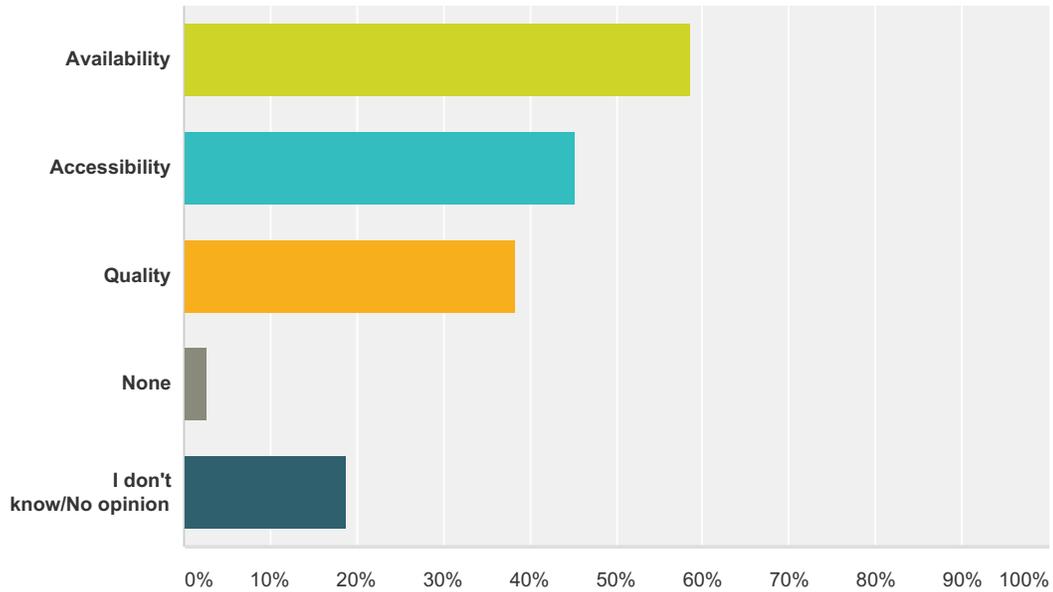
40	It's available, but not on a regular basis.	11/20/2014 8:54 PM
41	These are available through referrals from the SEARHC clinic.	11/20/2014 2:43 PM
42	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:29 PM
43	Attracting and retaining professionals is necessary to provide the level of support necessary to meet the needs of these special populations	11/20/2014 11:19 AM
44	Most Specialty services require flying to Seattle.	11/20/2014 10:50 AM
45	The Mat Su needs Speech Language Therapist & counselors to address mental health needs.	11/20/2014 10:37 AM
46	Too few specialists. Only a handful of pediatric specialists. If they don't/won't/can't see you where do you go? Move away?	11/20/2014 10:15 AM
47	MORE IN HOUSE TRAINING FOR STAFF ON LOCAL RESOURCES	11/20/2014 10:06 AM
48	Outreach to parents to assure they know what is available; and reducing stigma for seeking services for their children.	11/20/2014 9:27 AM
49	As the parent of a child with special needs - getting services is so hard and takes real advocacy which many parents don't have the time, energy or education to do. They need guidance and this can come from our public health providers	11/20/2014 9:24 AM
50	We get adequate healthcare from our pediatrician and require no special services.	11/20/2014 8:27 AM
51	Critical shortage of specialty providers statewide	11/20/2014 8:16 AM
52	Insurance places a barrier on therapy. Providers are not accepting new Medicaid patients. My son has been on waiting lists for a year. He has ASEA and United Health Care but neither covers his needed therapy. TEFRA does not cover Applied Behavioral Analysis which was helping but I am unable to pay \$150/hour for therapy.	11/20/2014 7:08 AM
53	For far too many services, Anchorage is the only source in-state. Many families must relocate to Anchorage or move outside to take care of their children's health (and educational) needs.	11/19/2014 8:19 PM
54	difficult to reach with travel, traveling providers have infrequent scheduling	11/19/2014 5:38 PM
55	None available in area	11/19/2014 4:40 PM
56	More frequent visiting specialists to the community	11/19/2014 4:22 PM
57	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:44 PM
58	Waiver level services often have long wait periods, and are unable to maintain adequate staffing to meet the needs of the children on their caseloads. Children I work with often wait for a year or more or have significant gaps in coverage. In rural communities, services are often unavailable, so families more to larger communities, only to find that they have to wait.	11/19/2014 3:43 PM
59	Currently there are 3 major providers in Anchorage for children-adults with special health care needs. They are Assets, Inc, Hope Resources, and Arc of Anchorage. However all three have either waiting lists or don't handle intakes on a regular basis. More is needed!! Where do the kids turn to when they've been out of state in behavioral health services, return to Alaska and turn 18. They should be connected to services before they return to Alaska not start from the beginning and some don't have adequate care providers who can help them obtain services. Major need. These young people then end up in the justice system.	11/19/2014 3:18 PM
60	More Medicaid providers for adults	11/19/2014 3:13 PM
61	There are no specialists in my area that take the uninsured	11/18/2014 2:25 PM
62	All Alaskans should be able to have access to quality health care and mental health screening.	11/18/2014 1:33 PM
63	I have to pick only one?	11/18/2014 12:47 PM
64	Offer a High school other than juvenile detention with a recovery high school, including addicted teens in special needs. <a href="http://www.recoveryschools.org/">http://www.recoveryschools.org/</a>	11/17/2014 12:12 PM
65	lots of paperwork, families have difficulty with transportation, and follow through	11/4/2014 9:19 AM
66	The staff in specialty clinics are usually excellent, but the clinics are held too infrequently and are concentrated in Anchorage.	11/3/2014 6:10 AM

## Alaska Maternal & Child Health Needs Assessment Survey

67	Most of the special needs children have private LIP so not sure.	10/30/2014 1:02 PM
68	Increased personnel	10/30/2014 11:56 AM
69	there are few health care providers who know how to deal with special health care needs in children.	10/29/2014 1:47 PM
70	Quit cutting funding for kids with special needs. They need more funding, it's the nature of special needs. Quit putting an undue hardship on the parents and caregivers with funding cuts and red tape miles long.	10/29/2014 9:04 AM
71	access to rehab and special ed	10/29/2014 8:01 AM
72	I FEEL AT PRESENT NEEDS ARE BEING MEET WHEN PARENTS RETURN FORMS ON TIME	10/29/2014 7:57 AM
73	We need a functioning behavioral health unit in Fairbanks. We need it to be managed by people whom care and will see patients who need them. They should not be refused care and kicked out of their clinics.	10/29/2014 7:57 AM
74	Any specialty services that my daughter needed was available to us when we needed it.	10/28/2014 3:55 PM
75	we need more speciality providers in-state. travel to seattle/large cities is difficult and expensive for families when seeking needed services for their children.	10/28/2014 1:17 PM

**Q30 In which of the areas listed below could the Alaska maternal child public health system improve related to SCHOOL HEALTH CARE SERVICES?**

Answered: 613 Skipped: 452



Answer Choices	Responses
Availability	58.56% 359
Accessibility	45.35% 278
Quality	38.50% 236
None	2.77% 17
I don't know/No opinion	18.76% 115
<b>Total Respondents: 613</b>	

#	Further comments/clarifications	Date
1	Improved screenings across all populations. Increased trainings for professionals to identify needs, refer for outside consultations as needed. Bridging gaps related to access to health insurance, informing families of how/when/where to access services.	12/12/2014 3:46 PM
2	ASD has many problems with the staffing more classes on race and care are needed!	12/12/2014 2:32 PM
3	budget for providing health care at school	12/11/2014 8:54 PM
4	We need more in-school services.	12/11/2014 3:50 PM
5	I have noticed that many youth who need speech services (lispng or difficulty enunciating) are not screened or helped at all in the school system.	12/11/2014 10:34 AM
6	nurses in the school system - right now they are there on a limited basis in the JSDistrict	12/11/2014 9:38 AM
7	Work with the school RESPECTFULLY	12/10/2014 5:16 PM

## Alaska Maternal & Child Health Needs Assessment Survey

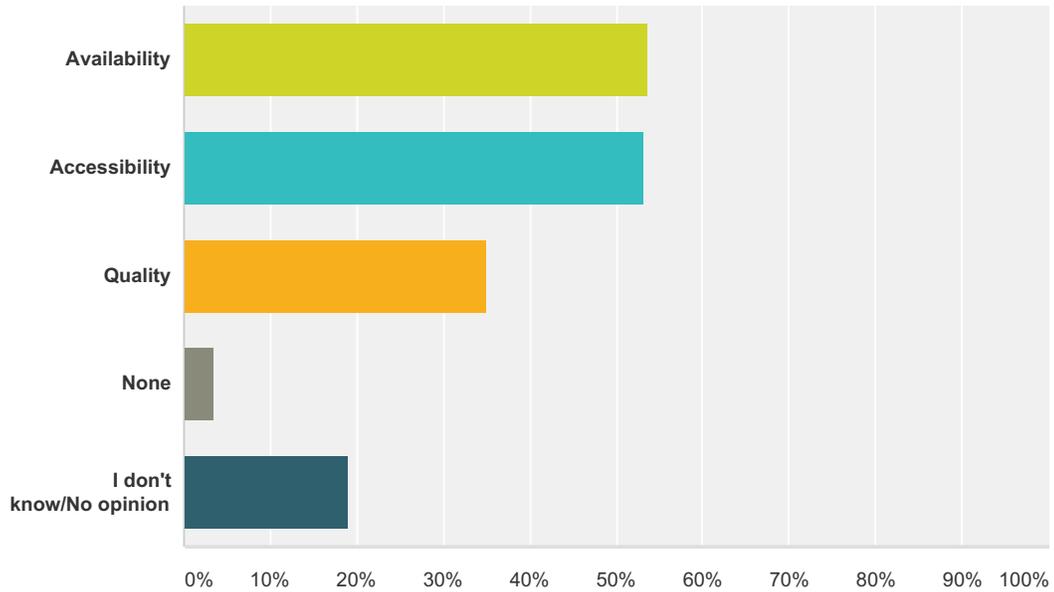
8	I think the school tries very hard, but I think we ask too much of the school system. unless it were to change some how.	12/10/2014 2:47 PM
9	More information, parenting classes, health education	12/10/2014 11:48 AM
10	cost	12/10/2014 10:29 AM
11	something more than a computer class on FASD for those working with students	12/9/2014 5:22 PM
12	Screening - Therapy	12/9/2014 5:12 PM
13	Education for teachers and sensitivity training for students in the classroom so that the child is not isolated from peers who don't understand his/her behaviors	12/9/2014 5:06 PM
14	Constant awareness can lead to better public health.	12/9/2014 3:05 PM
15	No school counselors in elementary schools on Peninsula	12/9/2014 2:59 PM
16	Schools need a better understanding of the parental rights in accordance with IDEA and an increased understanding of the disabilities within their schools.	12/9/2014 2:33 PM
17	I have not seen the presence if it is here.	12/9/2014 11:19 AM
18	children with autism need an education, but mine was encouraged to do well at recess instead of math. He is homeschooled since the public school had no interest in educating him for a future.	12/5/2014 4:42 PM
19	Not sure yet	12/5/2014 8:36 AM
20	Improve relationships with substance abuse treatment centers	12/5/2014 7:44 AM
21	midlevel primary care in the schools	12/4/2014 3:20 PM
22	This would take A LOT of money to equip schools to deal with severe special needs kids - esp. in rural AK.	12/4/2014 11:03 AM
23	ongoing needs assessment (mapping) of specialty types by geographic regions--address gaps with funding when needed	12/1/2014 2:56 PM
24	Youth with special health care needs need accurate and accessible sexual health information. In ASD this is sorely lacking for this population.	11/28/2014 12:13 PM
25	Be in the schools	11/25/2014 10:37 AM
26	Knowledge and training, awareness. Many teachers are more than willing but we do not give them enough tools to use.	11/24/2014 2:41 PM
27	Need information where services can be found-especially in summer and vacations when not in school.	11/24/2014 12:54 PM
28	Please compare what is available in off the road system villages and what is available in Anchorage. Ideally, your staff or contractor will verify, since reports from school districts tend not always to reflect the reality. For mental health, they often state services are provide by professionals when, in fact, they are haphazardly provided by untrained aides.	11/23/2014 5:32 PM
29	Have the basic school health care for regular kids and none for those with special needs	11/21/2014 4:32 PM
30	NOTE APPLIES TO ALL AREAS and EACH AGE BRACKET: Accessibility needs to include: physical access, programmatic access, financial access, and transportation access.	11/21/2014 12:55 PM
31	It's available, but only through itinerants, so it's more expensive and inconsistent.	11/20/2014 8:54 PM
32	There are no School Health Care services in Hoonah.	11/20/2014 2:43 PM
33	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:29 PM
34	I am unsure how much direct support occurs from the school system to the public health system. Teachers should be the first-line identifiers of those with issues for consideration to enter into the system, after family.	11/20/2014 11:19 AM
35	School Nurses are often under trained and ill equipped to work with special needs children.	11/20/2014 10:50 AM
36	Knowledgable individuals who are able to provide care generated to the needs and goals of the individual	11/20/2014 10:30 AM
37	Adequate availability of PT, OT, ST and nursing services	11/20/2014 10:04 AM
38	With increased funding, provide basic health exams (eye screening, dental screening, hearing screening).	11/20/2014 9:27 AM

## Alaska Maternal & Child Health Needs Assessment Survey

39	I'm unfamiliar with school health care services in rural areas but in Anchorage it seems adequate	11/20/2014 9:24 AM
40	Please see above - the school nurse needs to make regular visits to the special needs classroom to get to know the kids and their health care needs.	11/20/2014 8:27 AM
41	see previous comments about school nurses, LCSWs, etc.	11/19/2014 8:19 PM
42	there is no school health service in Hydaburg	11/19/2014 5:38 PM
43	education - don't wait till they are too old to want to listen (teenagers)	11/19/2014 4:20 PM
44	Not funded	11/19/2014 4:15 PM
45	Our schools provide fewer and fewer service to children and youth with special needs. Families become very frustrated and feel their only alternative is to pull their kids out of school but that is not always the best answer either. there are fewer and fewer trained professionals in our schools. families need tangible resources and programs to rely on besides just the internet. Remote families already feel isolated and to have schools that do not help further exasperates families.	11/19/2014 3:56 PM
46	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:44 PM
47	real special education teachers are needed and LOTS of them and they should be paid a ton for all the hard work they do	11/19/2014 3:07 PM
48	There are no health care services in my childs school. The nurse just monitors meds if the child needs to have them at the school. I have to have a doctors order for them to believe that my child has a medical allergy or needs to take a prescription which causes additional cost and trip to the physician to provide the school instead of just seeing the doctors order on the prescription bottle.	11/18/2014 2:25 PM
49	All Alaskans should be able to have access to quality health care and mental health screening - get them at school where they spend the most time and have trust built.	11/18/2014 1:33 PM
50	Again, school nursing services shuld be expanded for districts without these services or with limited access to school nurses as a means of providing quality school based health services to students with special health care needs including chronic health conditions.	11/17/2014 12:26 PM
51	High quality HRSA clinics in schools.	11/17/2014 12:12 PM
52	lots of paperwork, families have difficulty with transportation, and folow through	11/4/2014 9:19 AM
53	Again, health services for special needs children should not be part of the school budget.	11/3/2014 6:10 AM
54	School based clinics just make good sense	10/31/2014 6:11 PM
55	too few schools have full time nurses	10/31/2014 8:52 AM
56	Immunizations are a biggie for this population. I would love to see free immunizations for all children if possible.	10/30/2014 1:02 PM
57	Must continue to support the School Health Nurse Consultant position by funding this position in future years. The information disseminated to the districts by this position has been invaluable in supporting school nurses across the state.	10/29/2014 9:23 PM
58	Most kids dont qualify through the school for services even though it would greatly benefit them to recive those services	10/29/2014 1:47 PM
59	great school nurses	10/29/2014 8:52 AM
60	special ed aids and teachers	10/29/2014 8:01 AM
61	NO ISSUES ON THEIR PART..MORE OF FAMILIES NOT RETURNING FORMS IN TIMELY FASHION	10/29/2014 7:57 AM
62	Unfortunately, bush communities don't offer early school for children with disabilities and that's a need.	10/28/2014 3:55 PM
63	all areas could be improved, but most pressing is availability... most schools do not have school nursing services available. these services are very important for children with special health care needs to access education services and prevent academic underachievement and further social isolation.	10/28/2014 1:17 PM

**Q31 In which of the areas listed below could the Alaska maternal child public health system improve related to HEALTH INSURANCE?**

Answered: 606 Skipped: 459



Answer Choices	Responses
Availability	53.63% 325
Accessibility	53.14% 322
Quality	34.98% 212
None	3.63% 22
I don't know/No opinion	18.98% 115
<b>Total Respondents: 606</b>	

#	Further comments/clarifications	Date
1	Making it affordable also	12/18/2014 9:49 AM
2	More affordable	12/16/2014 10:57 AM
3	Accept Affordable Care Act Medicaid expansion. Change Medicaid reimbursement for nonphysician providers. Allow qualified nurse practitioners and counselors reimbursement without physician over site.	12/14/2014 10:12 PM
4	Educate community on how, when, where to access, identify struggles/needs to be able to address, reduce anxiety and tension related to the topic, make affordable for all!	12/12/2014 3:46 PM
5	\$\$\$\$\$	12/12/2014 2:32 PM
6	economic issues	12/11/2014 8:54 PM
7	Medicaid expansion.	12/11/2014 3:50 PM
8	Good job, Denali Kid Care!	12/11/2014 10:34 AM

## Alaska Maternal & Child Health Needs Assessment Survey

9	Exchange Cost is outrageous & Medicaid opt in will damage our economy	12/11/2014 9:44 AM
10	I hope I'm right in feeling that with the Medicaid waiver program and Denali Kid Care, that this area is covered	12/11/2014 9:38 AM
11	Children with high medical need usually qualify for medicaid or tetra medicaid. Many are covered by parental insurance as well. Doctors are usually good at informing them. One issue is when someone is in the diagnosis progress it can take a while to be approved for Tetra Medicaid.	12/10/2014 2:47 PM
12	More transparency and education around health care insurance. People don't understand how this works!!	12/10/2014 11:48 AM
13	cost	12/10/2014 10:29 AM
14	public education	12/10/2014 8:19 AM
15	Offer stipends for the insurance!	12/9/2014 8:11 PM
16	Work with other insurer's - not just Medicaid - to ensure insurance covers services and the admin hassles are reduced. Right now it is outrageous and families and providers are frustrated with the process and constant fighting to get services paid	12/9/2014 5:24 PM
17	People with jobs can't afford services anymore because insurance costs so much.	12/9/2014 5:22 PM
18	Medicaid has lost my child, is impossible to reach, and is totally non-responsive.	12/9/2014 5:12 PM
19	Too expensive for those without DKC/ Medicaid. Insurance rates/ deductibles/ copays are TOO HIGH	12/9/2014 2:59 PM
20	Other than those on Medicaid, do not know if Market Place will provide enough services these individuals need, or if it is costly and who will accept services for them	12/9/2014 2:49 PM
21	I have not seen the presence if it is here.	12/9/2014 11:19 AM
22	The new MAGI requirements removed the eligibility for children and youth in out of home placement for 30 days	12/9/2014 10:42 AM
23	Increase the limit for Denali Kid Care so that more children have a better start and lead to better outcomes throughout their lives.	12/9/2014 10:07 AM
24	Medicaid. See answers above.	12/8/2014 12:12 PM
25	a huge roadblock for many of our families	12/5/2014 12:02 PM
26	Great clarification of the difference/eligibility of MAGI/Denali Kid Care/Medicaid	12/5/2014 8:36 AM
27	Improve relationships with substance abuse treatment centers	12/5/2014 7:44 AM
28	no cost universal health care just like Norway does	12/4/2014 3:20 PM
29	Single-payer coverage for ALL AMERICANS!!!!	12/4/2014 11:03 AM
30	I have not encountered any problems with this.	12/3/2014 12:36 PM
31	waiver system is not working	12/1/2014 4:54 PM
32	expand medicaid work to help enroll people	12/1/2014 2:56 PM
33	Make information available in a short format that people will read.	11/30/2014 7:31 AM
34	One stop assistance for families with children with disabilities or special care needs. Clearly designate which programs/providers specialize	11/24/2014 8:31 PM
35	Definitely need help with DD services-the waiting list is a crime!	11/24/2014 12:54 PM
36	Not everyone can afford health insurance but may not wualify for medicaid. You shouldnt have to be single, Native, or an immigrant to qualify for maternal medicaid coverage. I was married, he worked, we had a car for his job but we couldnt afford housing or insurance due to certain circumstances. There should be more options.	11/21/2014 4:32 PM
37	COST for health insurance. Many women do not seek prenatal care (IE: doctors checkups etc...) due to lack of insurance and high costing health care. Therefore many disabilities occur in utero because of lack of medical care.	11/21/2014 12:30 PM
38	Since my son's injury I have definitely become one of the working "poor". I cannot afford to use the insurance I have that I pay for with the state because of deductibles and co-pays. Additionally, the state does not pay clerical/admin staff a living wage.	11/21/2014 11:15 AM

## Alaska Maternal & Child Health Needs Assessment Survey

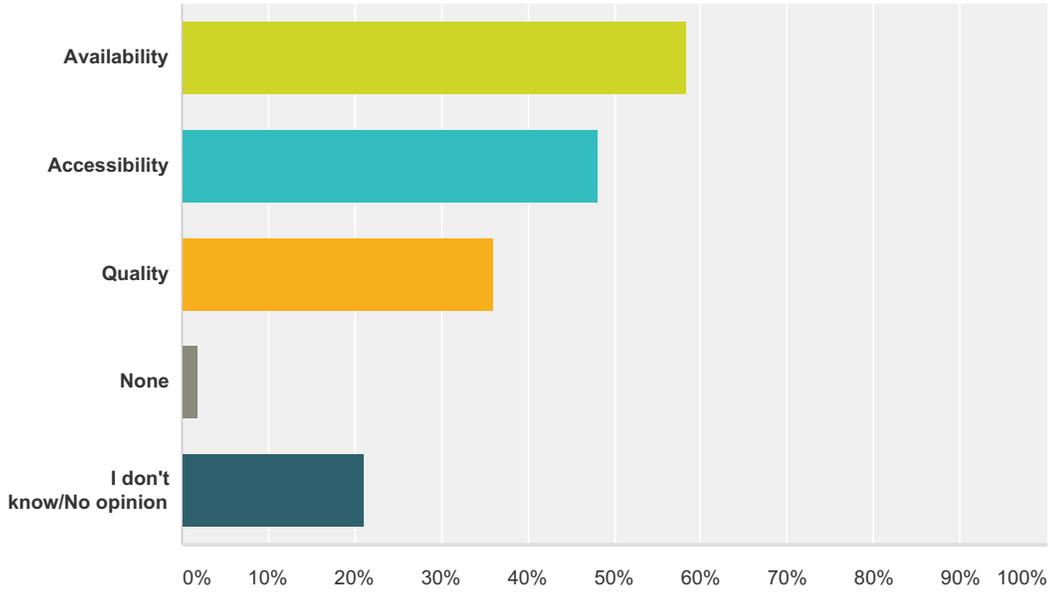
39	The cost is to high and more individuals are going with out health care due to the new laws.	11/21/2014 8:39 AM
40	Especially expanded Medicaid benefits	11/20/2014 4:25 PM
41	Making applying easier and not having such a back log that it takes months to get approved for health insurance such as Denali Kid Care or Medicaid insurance.	11/20/2014 3:49 PM
42	The SEARHC clinic does not provide for nursing services in Hoonah at this point. That is one of the insurance's flaws.	11/20/2014 2:43 PM
43	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:29 PM
44	Denali Kid Care is a great program.	11/20/2014 11:19 AM
45	Health insurance can be very expensive for children with special needs.	11/20/2014 10:50 AM
46	Improved dental coverage. Coverage for autism by all insurance, not just private.	11/20/2014 10:15 AM
47	HAVING MORE KIDS SIGN UP FOR DENALI KID CARE	11/20/2014 10:06 AM
48	increase reimbursement rates, encourage more providers to enroll for choice Encourage more insurance company diversity,- example: the only insurance provider in Sitka is Premera	11/20/2014 10:04 AM
49	provide info about how parents can access health insurance for their children.	11/20/2014 9:27 AM
50	Health insurance does not cover PT, OT, speech, etc unless it's due to a serious injury or deformity. Luckily our state offers TEFRA but again you have to know how to navigate the system to get TEFRA and you have to know it's available.	11/20/2014 9:24 AM
51	Cost of care	11/20/2014 9:08 AM
52	We have health insurance through my employer, however I think that information related to the Affordable Care Act needs to be more prominent.	11/20/2014 8:27 AM
53	Medicaid expansion needed. Damn Sean Parnell!!!	11/20/2014 8:16 AM
54	Insurance is available to children with special needs but TEFRA, ASEA, etc do not cover many of the needed and proven therapies. ASEA does not cover therapy for children with cognitive delays. Although state law requires coverage for autism ASEA does not cover therapies. TEFRA has limitations on providers and there are not enough therapies treating Medicaid patients.	11/20/2014 7:08 AM
55	When high income people can't afford insurance how are you going to fix it?	11/19/2014 11:01 PM
56	Encouraging and supporting people to enroll via healthcare.gov, and exploring ways to expand access to health insurance would help individuals access resources for health care. Requiring insurers to cover the full array of services that support maternal and child health is another way.	11/19/2014 8:19 PM
57	cost - clinics....	11/19/2014 4:20 PM
58	our office sees this hardship mainly with our families that are not citizens- no insurance, no SS cards, don't qualify for services etc.. we have a very hard time getting quality service for these youth. Many go without becuase many can't even use the pay according to income scale- so they simply walk away. This is where I see schools being able to help with service like assesments and counseling and such but it needs to be quality.	11/19/2014 3:56 PM
59	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:44 PM
60	The Denali KidCare application process is daunting. The application could be simplified. It would also be helpful to have a phone number that families can call and provide answers orally, with the person on the other end omitting the questions that are not relevant to the situation. Please don't assume that everyone has internet access or understanding; in many of the families I work with, the parent is actually a grandparent or great-grandparent with no computer skills or access.	11/19/2014 3:43 PM
61	expand medicaid - how can a person with \$0 income be expected to pay \$300 a month with a \$5000 deductible?	11/19/2014 3:25 PM
62	Denali kid care is great for the unemployeed but what about the couple that makes just enough money to stay off welfare but cant make needed medical payments or afford good health insurance?	11/19/2014 3:07 PM
63	Medicaid is availability	11/19/2014 3:07 PM
64	More education about the types of insurance and the impacts of not having coverage.	11/19/2014 3:06 PM
65	COST!	11/19/2014 3:06 PM

## Alaska Maternal & Child Health Needs Assessment Survey

66	Support to help people understand all their options and how to get what they need by competent individuals	11/19/2014 1:47 PM
67	Education and guidance for choosing and signing up for Insurance.	11/18/2014 1:33 PM
68	Availability to clients with high deductibles and co-pays.	11/18/2014 1:09 PM
69	Improve access to affordable healthcare and education surrounding family Medicaid.	11/18/2014 11:25 AM
70	Expand Medicaid--lobby legislature	11/17/2014 1:48 PM
71	The State should accept federal Medicaid funding to ensure all children are covered by health insurance.	11/17/2014 12:26 PM
72	Universal care would be the ultimate (like Massachusetts plan) or at least extending ACA through medicaid.	11/17/2014 12:12 PM
73	need to expand Medicaid	11/17/2014 10:41 AM
74	Medicaid recipients need to be drug tested and shouldn't smoke cigarettes	11/16/2014 10:54 AM
75	Good, consistent and long lasting coverage. these needs are not going to go away. Any help to the family for care is essentially cheaper for all concerned	11/3/2014 10:38 AM
76	Getting a new governor (and DHSS leadership) who would expand Medicaid coverage would be a great start.	11/3/2014 6:10 AM
77	Be able to administer to families even with health insurance.	10/30/2014 1:02 PM
78	Most insurance companies dont pay for therapies like speech and OT.	10/29/2014 1:47 PM
79	The needs of the patient should be looked at on an individual basis, as for example children with Autism need speech therapy services and these should be covered.	10/29/2014 10:52 AM
80	try to make sense of the ACA	10/29/2014 8:01 AM
81	DO NOT DEAL WITH HEALTH INSURANCE ISSUES	10/29/2014 7:57 AM
82	The state desperately needs to accept expanded medicaid.	10/29/2014 7:57 AM
83	AK Medicaid is very difficult to work with and many providers don't want to deal with it.	10/29/2014 6:49 AM
84	Working poor can't afford to purchase insurance except those with very high deductibles, so essentially they still don't have insurance. Access to quality health care for women & children (or child's primary caregiver if not the mother) so they can get preventive care and have transportation and scheduling that allow them to fully participate in wellness and preventive care is crucial	10/28/2014 9:06 PM
85	I was able to enroll my daughter in TEFRA because of her disability.	10/28/2014 3:55 PM
86	accessibility is key here - families are burdened by excessively expensive health care plans when their children do not qualify for medicaid.	10/28/2014 1:17 PM
87	Affordability	10/27/2014 10:54 AM

**Q32 In which of the areas listed below could the Alaska maternal child public health system improve related to CARE COORDINATION/MEDICAL HOME?**

Answered: 612 Skipped: 453



Answer Choices	Responses
Availability	58.50% 358
Accessibility	48.20% 295
Quality	36.11% 221
None	1.96% 12
I don't know/No opinion	21.08% 129
<b>Total Respondents: 612</b>	

#	Further comments/clarifications	Date
1	The transition of services from youth to young adult is not always well coordinated.	12/15/2014 12:34 PM
2	More providers! Increased trainings for professionals to identify needs, align community providers in terms of services and build collaborative partnerships. Bridging gaps related to access to health insurance, informing families of how/when/where to access services.	12/12/2014 3:46 PM
3	again, economic issues	12/11/2014 8:54 PM
4	Additional support for patient-centered medical homes and in-house care coordination. A reimbursement mechanism is needed. Also, support Help Me Grow model.	12/11/2014 3:50 PM
5	There is very little support for parents of special needs children to keep them at home, and the application process is amazingly long, complex, and time consuming for those who have the least time...	12/11/2014 10:34 AM
6	Create a system where there is slower turnover for care coordinators; less burnout - perhaps a system with a smaller caseload?	12/11/2014 9:38 AM

## Alaska Maternal & Child Health Needs Assessment Survey

7	People need to know their alternatives, so they can make informed decisions. Families need support when considering their options.	12/10/2014 5:16 PM
8	Free Lance Care Coordinators have no quality assurance oversight. In many agencies there is a checks and balance system to make sure the individual is receiving quality Care Coordination. With changes in the system, I fear a decrease in quality Care Coordination.	12/10/2014 2:47 PM
9	increased funding	12/10/2014 11:48 AM
10	Care coordination is quite challenging for both families and care providers of children with special needs. When multiple provider offices are involved, it can become confusing who is responsible for aspects of care that overlap between specialties. Having a primary go-to case manager for complex patients saves time and angst for families (similar to TEFRA case manager model).	12/10/2014 10:30 AM
11	cost better screenings and oversight better tracking	12/10/2014 10:29 AM
12	communicate with all resource partners	12/10/2014 9:00 AM
13	public education	12/10/2014 8:19 AM
14	Pilot project using care coordination should become statewide to increase quality, ease of navigating resources, and reduce costs overall	12/10/2014 5:48 AM
15	We should have a choice of care coordinators! The care coordinators should be independent of service providers, knowledgeable, and caring.	12/9/2014 8:11 PM
16	There is none.	12/9/2014 5:12 PM
17	If this were available family/community support would thrive.	12/9/2014 3:05 PM
18	The system is confusing enough for Waiver services, to add for all with the different processes and the ever changing requirements make it crazy for the family, and the providers.	12/9/2014 2:49 PM
19	There are so few.	12/9/2014 2:33 PM
20	I have not seen the presence if it is here.	12/9/2014 11:19 AM
21	Partner with ILP for better care coordination when children are enrolled in that system. The system for care coordination is already established statewide through Infant Learning. Systems are difficult for families to maneuver especially early in the process of diagnosis and treatment.	12/9/2014 10:07 AM
22	Care coordination is often only available once a person has been approved for specific types of service when parents truly need a care coordinator who will help coordinate and establish those services including identifying and seeking funding as needed. The title of "Care Coordinator" leaves MANY parents and care providers frustrated when they can't get the service and is confusing about what specifically that person is supposed to do.	12/8/2014 12:12 PM
23	The quality of care coordination varies greatly across the state. I was a care coordinator and the training	12/5/2014 8:36 AM
24	Improve relationships with substance abuse treatment centers	12/5/2014 7:44 AM
25	Research and provide incentives for all Alaska Native regional nonprofits to go after care coordination grants/funding and you'll see a huge expansion of care coordination programs throughout the state.	12/4/2014 11:03 AM
26	There are not enough foster homes for kids and adults with special needs.	12/3/2014 9:31 AM
27	Reimbursement for care coordination	12/2/2014 3:50 PM
28	The state pays providers to support families, but does not hold the providers to what they agree to provide and the family/client loses.	12/1/2014 4:54 PM
29	coordinate efforts with other agencies and groups	12/1/2014 2:56 PM
30	In rural areas around Juneau, they have been wonderful!	11/25/2014 10:37 AM
31	The attrition rate of care coordinators is high	11/24/2014 9:25 PM
32	To many people who need assistance and to many tasks to do, people need access to more resources and many people need appointed guardians but do not perceive themselves to need that type of intensive help but clearly they do need it and have to many demands on a CC, a CC is not a guardian/payee/insurance rep/friend/mover/transporter etc.	11/24/2014 2:41 PM

## Alaska Maternal & Child Health Needs Assessment Survey

33	Utilizing and collaborating with community partners-everyone does their piece due to confusion and detriment of the child.	11/24/2014 12:54 PM
34	Just make sure it's happening - it doesn't happen consistently. Also too many barriers in communication that need to be resolved - confidentiality and increasing the sharing of information needs to be addressed.	11/24/2014 12:53 PM
35	Look at Hope Community Services and see if they really coordinate care, my experience right now is they do not. Is this widespread?	11/23/2014 5:32 PM
36	There is none.	11/21/2014 4:32 PM
37	Communication access for deaf consumers	11/21/2014 4:03 PM
38	I like the idea of having independent care coordinators. No conflict of interest if they don't offer the services needed.	11/21/2014 12:55 PM
39	COST	11/21/2014 12:30 PM
40	We cannot get care coordination because my son, who requires 24 hour supervision only qualifies for about 4 hours a week in PCA services. PCA's don't supervise. Really?	11/21/2014 11:15 AM
41	Many children are impacted by FAS or FASD but can not qualify o rservices because they function too good. But have a shadow in school tohep monitor beahior issues. There is whole in services for the BAD but not bad enough group.	11/20/2014 5:28 PM
42	I have been trying to start Home Health in Hoonah since 2013 through Catholic Community Service. This has not been financially viable to date for CCS. I continue to work with the Director in Juneau and the SEARCH clinic to provide services.	11/20/2014 2:43 PM
43	There seems to be a lot of outreach and services in urban areas, need more services and outreach in rural areas...	11/20/2014 2:29 PM
44	This is another case I believe is understaffed with professionals.	11/20/2014 11:19 AM
45	If a client does not qualify for Medicaid it is difficult for them to receive these services.	11/20/2014 10:50 AM
46	We need to have a therapeutic care coordinator that gets reimbursed at a higher rate then a typical care coordinator due to the increased skills and requirements needed.	11/20/2014 10:29 AM
47	Provide CC and NOCM within the same agency to reduce the cost of services	11/20/2014 9:41 AM
48	I've had a great experience with care coordination but we need to ensure that it is being used well and not fraudulently and that parents/caregivers are aware it exists	11/20/2014 9:24 AM
49	education to public and private sectors. Cooperation between agencies, both community and private	11/20/2014 9:15 AM
50	Medicaid billing issues and payment limitations are making it very difficult for therapy to be received. ASEA does not cover any of them. Care Coordination has been limited due to insurance problems. My son is on the wait list for waiver services and I am unable to access any other services at this time.	11/20/2014 7:08 AM
51	Assist community providers in establishing financing models for PCMH, and support behavioral health centers equally as the locus of the PCMH (not just FQHCs, primary care clinics).	11/19/2014 8:19 PM
52	There is not enough medicl homes to appropriatly refer	11/19/2014 4:22 PM
53	don't require that care coordination be done by one agency and care by another - what a mess of administrative costs.	11/19/2014 4:20 PM
54	Inform the community about what's available.	11/19/2014 4:08 PM
55	Education (may people don't know of resources that exist or how to access the ones that do).	11/19/2014 3:57 PM
56	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:44 PM
57	Waiver level services often have long wait periods, and are unable to maintain adequate staffing to meet the needs of the children on their caseloads. Children I work with often wait for a year or more or have significant gaps in coverage. In rural communities, services are often unavailable, so families more to larger communities, only to find that they have to wait.	11/19/2014 3:43 PM
58	The desire to have medical homes in the villages is there but there is a lack of infrastructure to make it happen and sustain them.	11/19/2014 3:22 PM

## Alaska Maternal & Child Health Needs Assessment Survey

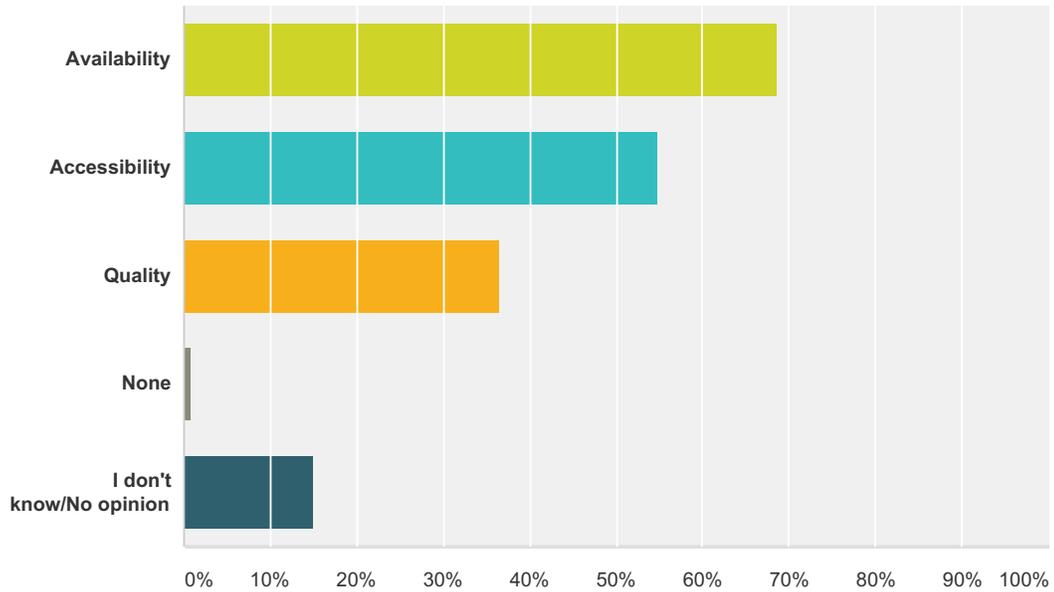
59	No enough funding for Medicaid Waivers	11/19/2014 3:13 PM
60	education for everyone including medical providers about services in home	11/19/2014 3:07 PM
61	COST!	11/19/2014 3:06 PM
62	Working with TEFRA program, the biggest bottleneck is determining if a child meets the definition of "disabled," which currently takes MONTHS! That's too long.	11/19/2014 2:59 PM
63	All Alaskans should be able to have access to quality health care and mental health screening - Continuing Education and required trainings for care givers.	11/18/2014 1:33 PM
64	First of all, care coordination and medical home are completely separate things. Medical home refers to the child's healthcare provider serving as a hub for the child's health care needs. Care coordination is the combination and coordination of all the questions addressed in this survey re: children with special needs. A care coordinator is responsible for "coordinating" the medical home and specialty healthcare services, family support/respite services, school services, referral to a provider/agency that can help with transition from pediatric to adult services, etc. It is vital that the duties of a care coordination are recognized. "Good" care coordination is a lifeline for families dealing with children/adults with special needs. The key word is good. A good care coordinator will take the time to listen to families not just at the initial meeting but throughout the time while working with the family. The care coordinator must be qualified, knowledgeable and caring and "willing to go the extra mile". If the person does not contain these qualities they are in the wrong profession. I know from personal experience that for 9 long years my family had very poor experiences with coordinators from several different agencies. As a result, the "care coordination" resulted in an increase in our family's stress level as we ended up serving as the care coordinator (i.e. locating services, referrals, identifying respite workers on our own, etc.). I agree that all of these areas addressed by the survey's questions are important but without good care coordination, families are too stressed to even begin to think about preventative health, school, etc. At long last we have located an excellent care coordinator who referred us to an agency that is providing outstanding services. My husband and I are finally being given the opportunity to get a break and talk about things other than our child with special needs and know that he is being cared for by excellent providers who are actually working on identified therapeutic goals in a safe environment.	11/18/2014 1:05 PM
65	More promotion of medical home and care coordination throughout the State.	11/17/2014 12:26 PM
66	This is a gap in the system from my perspective.	11/17/2014 12:12 PM
67	There is only one registered medical home, so I don't think that is helpful at this point. Care coordination is essential	11/17/2014 9:14 AM
68	First of all, care coordination and medical home are completely separate things. Medical home refers to the child's healthcare provider serving as a hub for the child's health care needs. Care coordination is the combination and coordination of all the questions addressed in this survey re: children with special needs. A care coordinator is responsible for "coordinating" the medical home and specialty healthcare services, family support/respite services, school services, referral to a provider/agency that can help with transition from pediatric to adult services, etc. It is vital that the duties of a care coordination are recognized. "Good" care coordination is a lifeline for families dealing with children/adults with special needs. The key word is good. A good care coordinator will take the time to listen to families not just at the initial meeting but throughout the time while working with the family. The care coordinator must be qualified, knowledgeable and caring and "willing to go the extra mile". If the person does not contain these qualities they are in the wrong position. I know from personal experience that for 9 long years my family had very poor experiences with coordinators at several different agencies. As a result, the "care coordination" resulted in an increase in our families stress as we ended up serving as the care coordinator (i.e. locating services, referrals, identifying respite workers on our own,etc.). I agree that all of these areas addressed by the survey's questions are important but without good care coordination, families are too stressed to even begin to think about preventative health, school, etc. At last we have located an "excellent" care coordinator who referred us to an agency that is providing outstanding services. My husband and I are finally being given the opportunity to get a break and talk about things other than our child with special needs and know that he is being cared for by excellent providers who actually working on "IEP" goals in a safe environment.	11/16/2014 7:32 PM
69	Lack of case management services for individuals with FASD (and others) is a huge problem	11/13/2014 10:03 PM
70	They have a good program for care coordination/medical home in Ketchikan for youth with special health care needs.	11/7/2014 9:42 PM
71	Maybe the largest need is among non-Native persons without health insurance.	11/3/2014 6:10 AM
72	Leads to more effective use of Health care resources	10/31/2014 6:11 PM

## Alaska Maternal & Child Health Needs Assessment Survey

73	Good care coordination if really hard to find. Families should be able to designate their own private care coordinator without being associated with an organization.	10/29/2014 1:47 PM
74	There isn't any available.	10/29/2014 9:04 AM
75	collaboration between agencies	10/29/2014 8:01 AM
76	AS FAR AS I KNOW THIS SERVICE IS NOT IN THIS AREA	10/29/2014 7:57 AM
77	This is done at all?	10/29/2014 7:57 AM
78	Stop having Care coordinators only prescribe services from the agency they work for.	10/28/2014 4:24 PM
79	Overall I've had great experiences with coordinating the care for my daughter.	10/28/2014 3:55 PM
80	policy change is needed to incentivize the medical home/care coordination model. many providers are willing to make the change to more comprehensive care but current policy stands as a dis-incentive (fee for service rather than coordination of care).	10/28/2014 1:17 PM

**Q33 In which of the areas listed below could the Alaska maternal child public health system improve related to FAMILY SUPPORT AND RESPITE CARE?**

Answered: 616 Skipped: 449



Answer Choices	Responses
Availability	68.67% 423
Accessibility	54.87% 338
Quality	36.53% 225
None	0.81% 5
I don't know/No opinion	14.94% 92
<b>Total Respondents: 616</b>	

#	Further comments/clarifications	Date
1	The transition of services from youth to young adult is not always well coordinated.	12/15/2014 12:34 PM
2	very hard to find for families or to know who is coordinating what	12/14/2014 4:39 PM
3	More providers! Increased trainings for professionals to identify needs, align community providers in terms of services and build collaborative partnerships. Bridging gaps related to access to health insurance, informing families of how/when/where to access services.	12/12/2014 3:46 PM
4	Even if respite care is available to families, they often don't know how to access it.	12/12/2014 1:23 PM
5	What are you doing now? Wasn't ware that Alaska Maternal Public Health was doing anything with respite care?	12/11/2014 6:24 PM
6	Please help. Add more. It will be cheaper in the long run to make this a prevention issue. Develop or support agencies who hire and work with those with disabilities.	12/11/2014 10:34 AM

## Alaska Maternal & Child Health Needs Assessment Survey

7	I can only speak for Juneau, but I feel there is a fairly good system here - but I don't know about other areas. Most likely there is lack of services in rural areas	12/11/2014 9:38 AM
8	People need to know their alternatives, so they can make informed decisions. Families need support when considering their options.	12/10/2014 5:16 PM
9	The respite care rate makes it hard for people to stay. Business have to manage and with Xerox having paying issues that adds to the problem.	12/10/2014 2:47 PM
10	create more awareness of what is out there.	12/10/2014 11:48 AM
11	cost	12/10/2014 10:29 AM
12	this is true everywhere..quality care is necessary and the availability and accessibility of the quality care is limited.	12/10/2014 10:00 AM
13	Because of the limited family support and respite care, families and individuals become more and more isolated.	12/9/2014 5:22 PM
14	After trying to go through the mazes of all the other items something is needed to heal the caregivers head -- it seems I am always banging my head against a brick wall, transferred to another who still does not know anything, or can not do anything.	12/9/2014 5:12 PM
15	There needs to be continuity to become fully aware of this service.	12/9/2014 3:05 PM
16	If it wasn't for all the regulations, short falls in funding and the difficulty to find providers not requiring a living wage to work with our most vulnerable it might be a smoother process and if we could find qualified individuals that do not need extensive training.....also a regulation requirement	12/9/2014 2:49 PM
17	We need a statewide volunteer respite program. This exists in other states. Stone Soup Group is working towards this goal.	12/9/2014 2:33 PM
18	I have not seen the presence if it is here.	12/9/2014 11:19 AM
19	Only a few grant programs for respite care. Having quality child care programs for children with special health care needs would do a lot for families who would like to work but have no safe, high quality child care setting for their children.	12/9/2014 10:07 AM
20	Medicaid reimbursement needs to be increased and improved. Direct service providers need to be paid at a living wage level. While you may not have any control over the reimbursement levels etc, you are in a prime position to partner in advocating for change.	12/8/2014 12:12 PM
21	We need foster families that are willing to provide over night respite for children with special needs	12/5/2014 8:46 AM
22	Eligibility???	12/5/2014 8:36 AM
23	Improve relationships with substance abuse treatment centers	12/5/2014 7:44 AM
24	support parental time off to care for family paid parental leave	12/4/2014 3:20 PM
25	Licensing? License more homes (with special training) to provide respite care? Perhaps partner with OCS to recruit people who aren't ready to commit to full-time foster care to license them as respite only, and then use those homes to provide respite to elderly and infirm? That would require a partnership between OCS and Division of Senior Services?	12/4/2014 11:03 AM
26	Medicaid Waiver rules are being tightened to the point it's harder for family's to access respite care. Too much red tape.	12/3/2014 9:31 AM
27	The state pays providers to support families, but does not hold the providers to what they agree to provide and the family/client loses.	12/1/2014 4:54 PM
28	coordinate efforts with other agencies and groups	12/1/2014 2:56 PM
29	Hard to find... hard to access...lots of turnover which impacts quality	11/24/2014 9:25 PM
30	limited respite care; family support models have been built by volunteers primarily of families that are facing special needs issues. A formal organization to support families would be very beneficial.	11/24/2014 8:31 PM
31	Need trained providers and in bigger quantities; Help to pay them well.	11/24/2014 12:54 PM
32	Cost is part of accessibility. those who cannot afford, will not be able to access.	11/24/2014 12:30 PM
33	More should be done.	11/21/2014 12:55 PM

## Alaska Maternal & Child Health Needs Assessment Survey

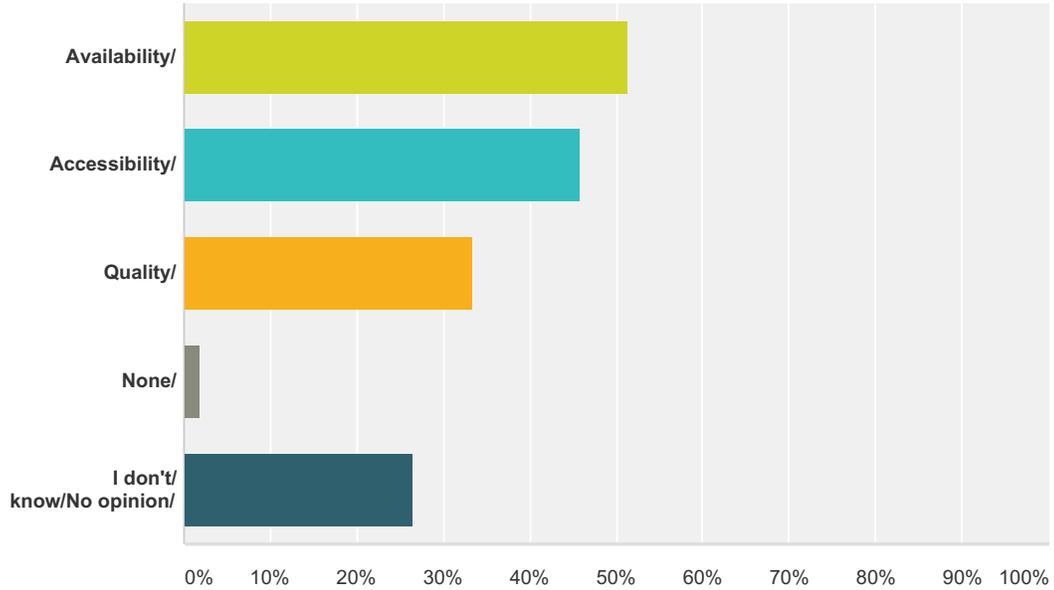
34	We have tried to navigate the system to get family support and respite. We cannot get a clear answer from most of the agencies, because we are not high enough on the DD registry to qualify for a care coordinator.... It is overwhelming and confusing and more than anyone should have to bear trying to navigate their way for assistance.	11/21/2014 11:15 AM
35	This is really limited here, compared to other states!!	11/20/2014 8:54 PM
36	Is only provided through a strict qualifying process, and the process does not see the importance of FASD as a good enough reason to help these families.	11/20/2014 5:28 PM
37	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:29 PM
38	We have gone through over a dozen, maybe 20 respite care providers because they aren't adequately trained or compensated to mitigate attrition. We would benefit from providers being trained in behavior modification techniques.	11/20/2014 11:19 AM
39	Finding appropriate staffing for these services can be a challenge due to funding.	11/20/2014 10:50 AM
40	Eliminate the waitlist so agencies can offer Home & Community Based Waivers to support families.	11/20/2014 10:37 AM
41	Financially affordable respite that is qualified. Additional supports for the family included family counseling.	11/20/2014 10:30 AM
42	Help!!	11/20/2014 10:15 AM
43	Allow parents/caregivers to work during respite care. That is what most caregivers need respite for.	11/20/2014 10:04 AM
44	respite is very limited and only available if respite providers can be found within a community	11/20/2014 9:15 AM
45	Takes too long to process.	11/20/2014 8:16 AM
46	The wait list for waiver services is extensive. My son's needs are not met by TEFRA, ASEA, or other private insurance and I am unable to access any supports. He is unable to attend regular childcare, unable to receive childcare services from Hope Community Resources without a waiver due to his extensive needs, and my options for work are limited due to his care needs.	11/20/2014 7:08 AM
47	support and knowledge to connect with gateperson is lacking	11/19/2014 5:38 PM
48	hard to find in outlying areas.	11/19/2014 4:20 PM
49	most important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:44 PM
50	I see great need for respite services, but there are few programs that (reliably) provide those services, and the threshold for qualifying them puts them out of reach of many who need them.	11/19/2014 3:43 PM
51	There is a HUGE need in this area in the villages. Not having these services available at the local level causes many families to move to Anchorage to access services. This puts a strain on multiple systems related to family support that goes beyond the medical issues.	11/19/2014 3:22 PM
52	Loved the old model of "Intermission" anyone in the community could take a break from parenting for 24-48 hours. Wonderful prevention	11/19/2014 3:13 PM
53	Get people through the process faster.	11/19/2014 2:59 PM
54	Support available by professionals	11/19/2014 1:47 PM
55	No Medicaid or insurance no services	11/18/2014 2:25 PM
56	Very important for families and care-givers to be able to step away while knowing they have quality care at home - better wages for care-givers would attract higher quality help and monetary help for families would allow them to use respite and support more often/easily.	11/18/2014 1:33 PM
57	Family counseling availability--funding and increase counselors	11/17/2014 1:48 PM
58	Support groups for families are desperately needed. Facilitation skills and community mental health workers and nurses are needed.	11/17/2014 12:12 PM
59	Huge problem	11/17/2014 9:14 AM
60	lots of paperwork, families have difficulty with transportation, and follow through	11/4/2014 9:19 AM
61	Family support means more than just getting a break. I would like to see more family support in dealing with and supporting their special needs kids. Once the respite people leave, they are left to figure it out on their own.	10/29/2014 1:47 PM

## Alaska Maternal & Child Health Needs Assessment Survey

62	need more of this for high risk families	10/29/2014 12:16 PM
63	great respite here with PRIDE and mental health services	10/29/2014 8:52 AM
64	fund these services	10/29/2014 8:01 AM
65	AGAIN NOT IN THIS AREA	10/29/2014 7:57 AM
66	I can not get respite care for my caregivers of elders.	10/29/2014 7:57 AM
67	This is very hard to access even for someone like myself who is very skilled at navigating the systems.	10/29/2014 6:49 AM
68	Every community should have a lactation specialist available to help new moms! Safe, reliable & easily accessible trained child care should be available on a limited basis in-home (even while mom is there doing other things) for new moms without the mom having to worry about safety of child.	10/28/2014 9:06 PM
69	family support and respite care are difficult to access due to financial restraints and lack of workforce	10/28/2014 1:17 PM

**Q34 In which of the areas listed below/  
could the Alaska maternal child public/  
health system improve related to/  
TRANSITION FROM PEDIATRIC TO ADULT/  
HEALTH CARE?/**

Answered: 617 / Skipped: 448/



Answer Choices/	Responses/
Availability	51.38%/ 317
Accessibility	45.87%/ 283
Quality	33.39%/ 206
None	1.94%/ 12
I don't know/No opinion	26.58%/ 164
<b>Total Respondents: 617/</b>	<b>/</b>

#/	Further comments/clarifications/	Date/
1	Transition services	12/18/2014 9:49 AM
2	Need education for all	12/14/2014 4:39 PM
3	Educating providers on the process, aligning agencies, getting involved early and identifying needs, giving client a voice in the process, connecting to additional transitional services needed.	12/12/2014 3:46 PM
4	budgetary issues with programs for special needs.	12/11/2014 8:54 PM
5	See #32.	12/11/2014 10:34 AM
6	The Medicaid Waiver Program is hard to get	12/11/2014 9:38 AM
7	consistency of care is important	12/10/2014 5:16 PM

## Alaska Maternal & Child Health Needs Assessment Survey

8	My biggest concern is for children who have nursing oversight who become adults with a major physical disability and nursing oversight is no longer allowed under regulations.	12/10/2014 2:47 PM
9	Using a shared data base so no one falls through the cracks.	12/10/2014 11:48 AM
10	cost	12/10/2014 10:29 AM
11	This is significant, need to make sure improved cross system collaboration	12/10/2014 5:48 AM
12	I started crying just now because this seems so impossible.	12/9/2014 5:12 PM
13	I think that when things are in place for families to get services, leave them be when new policies are made.	12/9/2014 3:05 PM
14	training for parents and providers to assist in this process	12/9/2014 2:49 PM
15	I have not seen the presence if it is here.	12/9/2014 11:19 AM
16	The youth and adult systems are fragmented, hard to navigate, and siloed. This is definitely an area where a gap exists.	12/9/2014 10:42 AM
17	Again, I was not aware that public health did outreach to this population.	12/9/2014 9:23 AM
18	Medicaid reimbursement needs to be increased and improved. Direct service providers need to be paid at a living wage level. While you may not have any control over the reimbursement levels etc, you are in a prime position to partner in advocating for change. The individuals who are transitioning and care providers need to have a netter understanding of the rights of the individual in regards to reproductive health and choices as well.	12/8/2014 12:12 PM
19	Improve relationships with substance abuse treatment centers	12/5/2014 7:44 AM
20	We need more neurologists who specialize in seizure disorders. Family's are scrambling to find specialists who have a specific understanding of their child's needs. And these physicians need to be adequately reimbursed for their services. Otherwise we will lose them.	12/3/2014 9:31 AM
21	Poor transition services,	12/1/2014 4:54 PM
22	coordinate efforts with other agencies and groups	12/1/2014 2:56 PM
23	This is a huge problem in this state. I know of parents who never transition their adult children with disabilities because the "adult" providers cannot handle their special needs. Medical providers need training!	11/28/2014 12:13 PM
24	again - medical home model	11/24/2014 8:31 PM
25	Fairly non-existent in my experience with clients	11/24/2014 12:54 PM
26	This needs to happen - there is no consistent transition process. Once a child becomes of majority age They essentially are dropped or fall in the cracks. In many cases they fall into the Corrections system to get their needs met.	11/24/2014 12:53 PM
27	See 5.	11/23/2014 5:32 PM
28	Most areas dont have any or decent programs for this	11/21/2014 4:32 PM
29	There are so many issues here! We need to do a better job making sure youth with disabilities/special health care needs know about living independently, budgeting, nutrition on a budget, room mate issues, when to go to the doctor, etc.	11/21/2014 12:55 PM
30	COST	11/21/2014 12:30 PM
31	There seems to be a lot of outreach in urban areas, need more services and outreach in rural areas...	11/20/2014 2:29 PM
32	Many individuals with significant disabilities can't find drs once they outgrow their pediatrician and therefore seek most of their care through the emergency room. Difficult to find appropriate psychotropic med management and preventative care this way.	11/20/2014 10:15 AM
33	Automatic enrollments from pediatric program to adult programs at age 22, no reapplication processes, or evaluations. If health condition has been unchanged for 5 or more years, chances are it is not changing any time soon.	11/20/2014 10:04 AM
34	there is no, or there is limited, education system for families to help them learn how to transition their child from pediatric to adult providers. Adult providers are limited and don't always appear comfortable with the transition. Parent's aren't aware of needing to obtain guardianship, or even what services they are eligible for. Information is disjointed, provided erratically, and not consistent between agencies.	11/20/2014 9:15 AM

## Alaska Maternal & Child Health Needs Assessment Survey

35	I have a 13 year old stepson with autism. Planning around transitioning to adult health care needs to start now - he learns many ADL skills in his classroom, but I haven't heard health care mentioned at all (minus handwashing). It takes children with autism some time to transition to new ideas and learn new skills. I think self-advocacy in the health care arena would be extremely helpful. Have you considered sending public health nurses to special needs classrooms in middle and high school?	11/20/2014 8:27 AM
36	Just don't forget the in beteeners...young adults	11/19/2014 11:01 PM
37	Work with stakeholders to find a way to support youth in the assertion of their legal independence while maintaining access to safety net and ongoing services (this is especially important for youth with disabilities).	11/19/2014 8:19 PM
38	not aware that there is this service here.	11/19/2014 5:38 PM
39	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:44 PM
40	This has been an ongoing problem since the State of Alaska began programs. Childern programs have more resources compared to Adult programs. Availability of transition from Ped to Adult is difficult and programs are limited by the availability and waiting time.	11/19/2014 3:33 PM
41	Education on why continued health screenings and yearly check-ups are still important as an adult.	11/19/2014 3:06 PM
42	Provide list of local providers	11/19/2014 1:47 PM
43	I am still awaiting approval/denial from Medicaid that was applied for in June! If you have no medical then you cannot transition. It's emergency only	11/18/2014 2:25 PM
44	This is an area of great need.	11/17/2014 4:28 PM
45	As children age out, I am not sure they are given direction with health care and support services.	11/17/2014 9:14 AM
46	As a parent of a special needs child, I am not aware of this program's involvement, aside from setting up families with appointments when the genetics clinic comes to town. Getting information out to the public on what's available may be helpful.	11/14/2014 6:39 PM
47	I'm not familiar with the extent of these services.	11/3/2014 6:10 AM
48	Remember to include Assistive Technology in transition.	10/29/2014 9:04 AM
49	there is none---we need something meaningful for adults to do; part of this is a rural problem	10/29/2014 8:52 AM
50	know what services are available in the community	10/29/2014 8:01 AM
51	NOT SURE	10/29/2014 7:57 AM
52	adult care for special needs kids is almost not available in this city.	10/29/2014 6:49 AM
53	more primary care providers are needed to serve this population as they age into adult care services. many pediatric providers continue serving their highest need patients well into adulthood due to lack of general community practitioners able/willing to address complex medical and behavioral conditions.	10/28/2014 1:17 PM

# Alaska Maternal & Child Health Needs Assessment Survey

## Q35 What do you think the state Maternal Child Public Health System is DOING WELL?

Answered: 484 Skipped: 581

#	Responses	Date
1	Immunization, TB and STD investigations, follow up with new mothers.	12/19/2014 9:49 AM
2	Managing all the aspects of community health with the limited budgets that have been given to you throughout the years-vaccines	12/19/2014 6:28 AM
3	Our group in Ketchikan they are enthusiastic, helpful, knowledgeable, and are willing to help us.	12/18/2014 2:17 PM
4	Contraception availability and counseling.	12/18/2014 1:13 PM
5	Not sure.	12/18/2014 10:36 AM
6	Im glad the program is there for people who need it.	12/17/2014 3:56 PM
7	Great programs like Infant Learning and Head Start	12/16/2014 10:57 AM
8	Surveillance	12/15/2014 5:05 PM
9	Involvement in the community and taking a different approach in addressing issues.	12/15/2014 2:16 PM
10	Support available for single mothers	12/15/2014 12:35 PM
11	no comments at this time	12/15/2014 10:21 AM
12	getting Vactrak working for all	12/14/2014 4:39 PM
13	Surveys	12/13/2014 8:37 PM
14	I think it is good that they have had these as priorities: Breastfeeding promotion STD prevention Smoking prevention	12/13/2014 4:47 PM
15	spending state money	12/13/2014 3:24 PM
16	Increased focus on early prevention services, engaging the families in difficult conversations to be able to identify the needs, improving training, education, and awareness of the challenges and what are the evidence based practices available to meet a variety of needs, focus on family centered approaches and diversity/inclusion.	12/12/2014 3:48 PM
17	improvement is needed	12/12/2014 2:32 PM
18	We are thrilled to have a local public health nurse who is providing well baby checks and immunizations as well as vision and hearing screenings at the school. I am sure she is doing much more, but those are just some of the things I know about.	12/12/2014 1:24 PM
19	I love the people that work there, they do the best they can and are very caring I am very happy that at least we have one.	12/12/2014 10:58 AM
20	Newborn screening, immunizations, specialty clinics	12/12/2014 10:21 AM
21	Attempting to educate providers and coordinate with stakeholders involved with special needs children	12/12/2014 9:50 AM
22	I think that the efforts that have been made to reach out and collect data on the needs of children, mothers and families are a great step in developing services that match the needs of the community. I have recently had a child and am also participating in the PRAMS study. As a parent and a provider of behavioral health services to at risk youth and families in the community, I applaud these efforts and hope the outcomes lead to easily accessible, well coordinated and better/smarterly funded programs for families.	12/12/2014 8:25 AM
23	there will do ok	12/12/2014 4:18 AM
24	they provide much in the way of education with limited resources.	12/11/2014 8:55 PM
25	Asking for feedback from the public.	12/11/2014 6:24 PM

## Alaska Maternal & Child Health Needs Assessment Survey

26	Starting a home visiting program, great! Please continue and expand!	12/11/2014 2:58 PM
27	Trying to get public input as part of evaluating their services.	12/11/2014 2:37 PM
28	Educating the major city Health System but leaving all our villages behind	12/11/2014 2:08 PM
29	needs to be more available to parents who work and be open longer hours for those who cant miss work	12/11/2014 12:47 PM
30	Immunizations, Head Start program, online information.	12/11/2014 10:36 AM
31	I feel there is room for improvement.	12/11/2014 9:49 AM
32	Keeping people out of institutions ...but my fear is that unless things change, we will see institutionalization style of supports return to Alaska, and this will be a tragedy	12/11/2014 9:45 AM
33	I don't think you are even represented in Homer. I don't know of any programs at this time. Provide education about what you do and for whom, where and when. Especially if you feel you are well represented here.	12/11/2014 9:45 AM
34	Printed information is certainly available and it is high quality	12/11/2014 9:38 AM
35	finding preganant teens	12/11/2014 9:38 AM
36	Public Awareness and bringing light to the plethora of issues and concerns that are in the limelight and need attention brought to them. Providing cultural representation to all ethnic backgrounds present in Alaska.	12/11/2014 9:31 AM
37	Attempting to find what services are needed.	12/11/2014 8:58 AM
38	They are looking to improve services that are currently available and admit there are not enough services for the Alaska service areas.	12/10/2014 5:45 PM
39	addressing the patients that walk in the door.	12/10/2014 5:16 PM
40	Looking at Safe Sleep Trying to look statewide	12/10/2014 5:05 PM
41	I believe lots of services are available to many individuals. I belive there are a varriety options for many different people. I belive you are trying to help as many people as you can and provides some physical responsibility as well. I understand once a person get in they system they recieve a lot of information - they don't always understand it at first; however, with time and help most get it at some level. I hope you continue to help and continue to improve.	12/10/2014 2:51 PM
42	Letting mothers know about available Programs.	12/10/2014 2:09 PM
43	This survey	12/10/2014 1:42 PM
44	Community education on many subjects.	12/10/2014 1:34 PM
45	I don't know	12/10/2014 1:21 PM
46	There are some great programs for preventative care.	12/10/2014 11:48 AM
47	I actually think our young adults know they can get family planning info from clinics and can go to them for ob/gyn check ups. That seems to be good.	12/10/2014 11:09 AM
48	Always ways for improvement with access and availability.	12/10/2014 11:08 AM
49	Generally speaking, yes, however I do feel there are specific areas that are not covered well. Education about alternative prenatal care and birth methods seems lacking for the general public (i.e. midwifery and natural birth). Transition from pediatric to adult care remains challenging because of how differently patients tend to be treated between those realms. Care coordination for complex patients is difficult when there are multiple specialty practices involved and parents often times feel like they're running around in circles trying to understand who is handling what.	12/10/2014 10:39 AM
50	committee meetings and talking about change	12/10/2014 10:30 AM
51	Always try to improve- i.e. the survey, asking questions and continuing to outreach and provide public health services despite community challenges. keep up the good work!!	12/10/2014 10:01 AM
52	I don't know much about this program.	12/10/2014 9:51 AM
53	Researching the needs of their population.	12/10/2014 9:40 AM
54	DO NOT FORGET THE FATHERS!	12/10/2014 9:12 AM

## Alaska Maternal & Child Health Needs Assessment Survey

55	It hard to say what they are doing well, In Kalskag we don't know who is the state Maternal Child Public Health System? Who is this person? is it the health aides, is so, they are doing a great job. Maybe the title of this is not what i am used to hearing out here in the village.	12/10/2014 9:01 AM
56	Services in highly populated areas like the Anchorage bowl work well.	12/10/2014 9:00 AM
57	home visiting nurses for high risk parents	12/10/2014 8:30 AM
58	Engaging stakeholders to look at PCMH	12/10/2014 5:48 AM
59	Having some services available but i think the public health system just needs more maternal mental health funding, awareness and availability.	12/10/2014 5:08 AM
60	Providing vaccines & well baby check-ups.	12/9/2014 9:26 PM
61	Providing some information and referral but more services are needed	12/9/2014 8:36 PM
62	The office does a lot with a little. It doesn't seem like there is a big staff for the Maternal Child Public Health System, but it seems like I hear a little about a lot of different initiatives. But I didn't know, until I went to your webpage that you did genetic testing or that this office is the one that offers an oral health program. I felt I was pretty informed, but I guess not! So, I'd say you guys do a lot right, but need a bigger budget for marketing.	12/9/2014 8:17 PM
63	Not that aware of their programs/services here.	12/9/2014 6:32 PM
64	The commitment of Maternal and Child Health team readily accessible and available to support families with children in all aspects of the maternal and child health care in a culturally diverse community especially in the remote areas of Alaska is a crucial role that will improve the delivery of quality health and well-being services.	12/9/2014 6:18 PM
65	providing education to those seeking it.	12/9/2014 5:52 PM
66	Under the new Administration, MCH should be able to do much more. Specialty clinics, care coordination/CSHCNs and dental access/coalition work is being done well.	12/9/2014 5:40 PM
67	Program for Infants and Children is a great program	12/9/2014 5:27 PM
68	basically yes. With constant attacks on Medicaid and "medically necessary" reviews, it could be improved. I know one attitude is that providers are just whinny but when a provider has to jump through multiple hoops over and over and over just to get paid for services rendered, it creates an atmosphere of bad mojo and makes providers less and less able or willing to provide a high quality service. And the majority do have that intention!	12/9/2014 5:27 PM
69	Data collection and sharing	12/9/2014 5:26 PM
70	Our public health nurse comes twice a year, and our child immunizations are taken care of very well.	12/9/2014 5:20 PM
71	I think most areas of the state have access to maternal and child healthcare. There are many great educational resources available throughout the state and many organizations that can refer families to the proper program to get the care or services they need.	12/9/2014 5:07 PM
72	The "Play Every Day" Campaign	12/9/2014 5:00 PM
73	Immunizing and well baby checks	12/9/2014 4:06 PM
74	Vaccines Fetal Alcohol Syndrome public awareness & prevention reproductive health for teenagers	12/9/2014 4:05 PM
75	According to Title V - Alaska Maternal and Child Health State Performance Measures (SPM), the state in general is doing well and is making improvement.	12/9/2014 3:55 PM
76	surveying for needs	12/9/2014 3:50 PM
77	Not very well in Rural Alaska.	12/9/2014 3:46 PM
78	Compassionate care.	12/9/2014 3:27 PM
79	I actually don't know what they specifically do, what to attribute to them.	12/9/2014 3:26 PM
80	Problem is -- baseline measures are not identified or widely published.	12/9/2014 3:25 PM
81	lack of availability and accessibility is the universal challenge all over rural Alaska. Providers travel and use distant delivery technology the best they can but more providers are needed. More funding to make that possible would help. Everything costs more in rural Alaska than on the road system - where most of the voting constituents live.	12/9/2014 3:24 PM

## Alaska Maternal & Child Health Needs Assessment Survey

82	Giving out the Edingburg Post Partum Depression Scale questionnaire for screening post partum women.	12/9/2014 3:13 PM
83	For those who qualify for services they are of great quality and the dedication of the staff is to be commended!!	12/9/2014 3:11 PM
84	As a service provider we all want whats best for the people we serve. You may think your doing good and with a survey like this, can only make you better. Thanks for the opportunity.	12/9/2014 3:07 PM
85	Vaccinations	12/9/2014 2:59 PM
86	I'm discouraged. I don't see successes in this area.	12/9/2014 2:59 PM
87	Asking for advice and following through.	12/9/2014 2:57 PM
88	From the time I was first involved with Maternal Child Public Health system, I have seen many different processes, one where it was very comprehensive, budget cuts where it became minimal, to acknowledging the need for a more comprehensive program, but the budget cuts remained the same. Such as do more with less...this has affected many individuals that needed services, but did not receive them timely, individuals receiving a diagnosis not quite correct, but that met the funding requirements. This is distressing for many families, but the nature of the beast...above it all there have been many individual in the program that have always gone far above what is needed so that their participants receive the necessary services for their success and the success of those families. And they definitely have made an art of succeeding with less...think how well they would do what is needed if there was more.	12/9/2014 2:54 PM
89	Preventative care, early childhood intervention, bullying programs, new programs being developed around substance abuse, more involvement for teens in family planning, prenatal care	12/9/2014 2:52 PM
90	i dont know what they do, or even who they are	12/9/2014 2:47 PM
91	Trying to make a difference and improve outcomes for many	12/9/2014 2:38 PM
92	Focusing on the follow up process.	12/9/2014 2:35 PM
93	for women and children who have health insurance or Alaska Medicaid the services are in place but there are a large number of uninsured who do not have access to health care and/or don't know how to go about securing access	12/9/2014 2:27 PM
94	In Ketchikan I have met several service providers who truly care about their clients	12/9/2014 2:26 PM
95	I am not sure what you are doing right now.	12/9/2014 2:18 PM
96	Immunizations	12/9/2014 2:18 PM
97	It is my opinion that budget cuts define how well the system continues to do. If we put health FIRST, in the long run the budgetary benefits will also benefit our Alaskan people.	12/9/2014 2:18 PM
98	I feel that the patients they currently see are well served.	12/9/2014 2:14 PM
99	The quality of health care is progressive and thoughtful, and knowledgable	12/9/2014 1:18 PM
100	I suspect there is lots...but,,again... I have not seen the presence if it is here.	12/9/2014 11:19 AM
101	Starting to collaborate with agencies, entities better to share the mission and get the word out/job done better. Like the survey asking for input. Good to ask receivers of the services.	12/9/2014 11:18 AM
102	No	12/9/2014 10:42 AM
103	They seem to be very good at securing grant funding for programs but their collaboration with non governmental entities to implement the programs appears to be lacking.	12/9/2014 10:09 AM
104	Home Visiting, but wish it was WAY more accessible and available outside Anchorage.	12/9/2014 10:07 AM
105	Not sure	12/9/2014 9:44 AM
106	They have kept the Cordova public health office intermittently staffed while going through staff changes which was very appreciated. Under Barb Bunte's guidance the office became more active in community events.	12/9/2014 9:24 AM
107	women's health	12/9/2014 9:11 AM
108	I think they are doing as well as they can for the funding they are provided.	12/8/2014 12:12 PM

## Alaska Maternal & Child Health Needs Assessment Survey

109	I think they work hard to hear what agencies and the public needs and wants, and working to meet those needs. You all work hard to think about many different public health issues, and to address them in ways that are respectful, take into account best practices and the unique conditions of Alaska communities and residents.	12/8/2014 10:50 AM
110	They are doing what they can given the large size and difficulty in accessing communities in rural sites. However, for me, availability is the foundation of everything - if the information is available, if it is available regularly, in times of need, etc. There are cultural (not Alaska Native) that impact these as well - the fear factor that keeps kids inside, the video games and access to media that keep kids inactive, the 2nd and 3rd generation trauma that is passed to children by traumatized parents, etc. Overcoming these requires more availability so children and families have more chances to make healthier choices than less healthy ones.	12/8/2014 9:21 AM
111	I have never heard of them so I have no opinion.	12/6/2014 9:09 PM
112	providing for the services	12/5/2014 4:42 PM
113	providing limited public health nursing services	12/5/2014 3:14 PM
114	Making the community aware of the availability of the services and hope for them.	12/5/2014 12:55 PM
115	No, I think it sucks!	12/5/2014 12:39 PM
116	The lactation nurse is OUTSTANDING. She is kind, caring, knowledgeable. A real pro. There aren't enough words to express how wonderful she is. She saved my grandson's life.	12/5/2014 12:03 PM
117	Good breastfeeding support. WIC is awesome and extremely necessary. Denali Kid Care provides access to health care for so many kids who wouldn't otherwise have it. AK public health nurses are also working with coalitions in Kodiak to help improve school lunches, prevent obesity, drug and alcohol use, and suicide. Good collaboration with the community.	12/5/2014 11:16 AM
118	I don't know enough about what it does and what it funds to answer this question.	12/5/2014 8:37 AM
119	Being involved/visible in the community, offering family planning assistance, vaccinations.	12/5/2014 8:36 AM
120	The current programs it's focused on immunizations, well-child, and newborn hearing are quality services and mostly available at Public Health.	12/4/2014 4:29 PM
121	Funding providers that provide this type of care well, for example Alaska Native Medical Center does have some areas to improve but they also do an excellent job in a lot of areas.	12/4/2014 4:13 PM
122	provides education to families, providers and support access to health care	12/4/2014 3:21 PM
123	Immunizations Education re: Adverse Childhood Experiences and results of same Treating immigrant children	12/4/2014 3:19 PM
124	sending information	12/4/2014 2:44 PM
125	Collecting data to drive decisions.	12/4/2014 12:43 PM
126	PIC-type programs are well-known throughout the state and travel all over.	12/4/2014 11:03 AM
127	Identifying issues to address at the local level.	12/4/2014 10:21 AM
128	Access to contraceptives	12/4/2014 8:51 AM
129	The vic programm is great and poor people have a chance to be helped.	12/3/2014 4:09 PM
130	ANMC has wonderful workers that are in contact consistently with pregnant women.	12/3/2014 4:06 PM
131	Providing information about the importance of vaccines	12/3/2014 12:36 PM
132	Having programs in place to help combat the mental health side effects of children who are unstable.	12/3/2014 9:49 AM
133	I believe the state's Maternal Public Health System is doing a great job with getting children vaccinated and getting their parents to understand the importance of it as well.	12/3/2014 1:59 AM
134	Disseminating information to professionals in AK.	12/2/2014 4:51 PM
135	Most of the programs that exist seem to be high quality programs and the people working in these programs seem to care about their patients. However, there is not enough availability in general, there needs to be more funding and more personnel to fill the need for the state of Alaska.	12/2/2014 3:29 PM
136	Not sure? would like to know more about what is being done in our are by the State in this area.	12/2/2014 1:29 PM

## Alaska Maternal & Child Health Needs Assessment Survey

137	Public Health Nursing trainings for Child Health. Immunization support through exceptional conferences/educational offerings. WIC	12/2/2014 9:57 AM
138	Reaching out to those who qualify for services, to encourage use of those services. For the community, this is cheaper in the long run.	12/1/2014 5:03 PM
139	Providing vaccines to families. However, there should be more positive promotion/media around getting vaccinated.	12/1/2014 4:27 PM
140	collecting, managing, analyzing and sharing data that describes needs of Alaskans	12/1/2014 2:58 PM
141	Have good information just don't have the greatest ways to deliver it and let people know they have the option	12/1/2014 2:27 PM
142	Implemented Nurse Family Partnership in Anchorage, now it needs to spread across the State.	12/1/2014 12:55 PM
143	They are doing great at reaching specific populations for specific needs.	12/1/2014 9:43 AM
144	providing services when women come to them. Not enough people know where to get services and know what is available to them.	12/1/2014 2:34 AM
145	Public education campaigns on FASD and Choosing Respect	11/30/2014 11:24 AM
146	Doing well but should continue to strive to do better.	11/30/2014 7:32 AM
147	We have programs available. When you are a parent dealing with different situations it is sometimes hard to connect with programs for assistance because you don't know who or where to turn to initially.	11/29/2014 12:29 PM
148	Free women health check ups	11/28/2014 12:34 PM
149	I think the data coming from PRAMS and CUBS is valuable. I would like to see it used more widely for setting policy. I would also like to see the data regarding alcohol use during pregnancy used to develop FASD prevention strategies.	11/28/2014 12:15 PM
150	Covering vaccines, prenatal care	11/28/2014 7:22 AM
151	Living in a remote area, with not enough health aide staff, we have to wait a day or two if we call in on time to get an appointment.	11/27/2014 11:52 PM
152	Making services available.	11/27/2014 3:19 PM
153	Working with the limited resources they have. Trying to deal with the language and cultural differences in the various Alaska communities.	11/27/2014 7:30 AM
154	I don't have enough background information to provide an answer	11/26/2014 1:05 PM
155	Education on drinking and drugs while pregnant and effects.	11/26/2014 12:53 PM
156	In my experience, quality people who are giving quality advice are working in the area I reside in. Often times they are very busy and overwhelmed, but do good work.	11/26/2014 5:00 AM
157	Education and outreach	11/25/2014 11:35 PM
158	Denali kid care is great and really helps assure quality care for kids.	11/25/2014 8:56 PM
159	Making vaccination services available if parents choose to use them Providing services in urban areas	11/25/2014 6:26 PM
160	Seeking guidance thru things such as this survey.	11/25/2014 6:10 PM
161	They are trying to get information and education out to the masses. This is a very difficult thing to do.	11/25/2014 6:06 PM
162	Postpartum care seems to have improved in the past 5 years.	11/25/2014 5:45 PM
163	Vaccinations	11/25/2014 5:35 PM
164	Yes	11/25/2014 4:59 PM
165	Vaccinations, STI screening. I'm sure other things too that I'm not aware of.	11/25/2014 2:39 PM
166	online classes	11/25/2014 10:32 AM
167	State of Alaska and Tribal Health partner out in rural villages in order to increase access to services. The system is using evidence-based activities to improve outcomes.	11/25/2014 8:17 AM

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168	I am not sure	11/24/2014 9:25 PM
169	Trying to focus on State of Alaska needs first, then national trends.	11/24/2014 8:34 PM
170	I just attended the MCH conference in Anchorage. The education and information shared there was very helpful.	11/24/2014 4:35 PM
171	The public health messages concerning children and such are done well.	11/24/2014 4:01 PM
172	providing public health nurse services to our community, nurses visiting all communities, nurses visiting schools	11/24/2014 3:16 PM
173	IEP's in school, services for children under waivers and DD grants, may be the only socialization they even receive as well as the only role modeling. Many parents also really not involved or interested in teaching their children	11/24/2014 2:43 PM
174	I do think that there is good effort being made however all around for remote locations there needs to be improvement in availability and accessibility.	11/24/2014 1:38 PM
175	I am not certain	11/24/2014 1:22 PM
176	Awareness of the issues.	11/24/2014 1:00 PM
177	Serving Anchorage	11/24/2014 12:54 PM
178	Immunizations - i think the well child care is good, but can always be improved.	11/24/2014 12:53 PM
179	Vaccination availability and education, starting to educate about emergency preparedness for vulnerable populations. (Need to widen education outside of health providers.... ) Good prenatal help for those who can access it.	11/24/2014 12:41 PM
180	offering home health nursing for at risk pregnant moms and early postpartum. needs to be extended to all moms and for the first year of a child's life for all moms.	11/24/2014 11:36 AM
181	Getting out the word on breast and cervical health checks.	11/24/2014 10:40 AM
182	I believe that the people working in the maternal child public health system care about making a difference for Alaska's families. I believe they are doing their best with the knowledge and resources they have available.	11/24/2014 9:28 AM
183	Trying hard and employing good hearted people, you can't do better than that. The failings noted in the survey are not failings of your agency or staff.	11/23/2014 5:34 PM
184	Education	11/23/2014 12:45 PM
185	I think Maternal Child Public Health is providing resources and services to the community with who and what they have available. I think Alaska needs more people involved specific to prevention and protection of our youth.	11/23/2014 8:31 AM
186	Awareness in areas on the road system	11/22/2014 3:35 PM
187	Asking us to take this survey. Hopefully someone puts the information to good use for the betterment of our communities.	11/21/2014 4:33 PM
188	Fair	11/21/2014 4:03 PM
189	working to improve	11/21/2014 3:41 PM
190	Your programs are all good! I just wish more funding was available so the services were available to everyone throughout the state.	11/21/2014 12:57 PM
191	Postpartum follow-up in larger communities, support of breast feeding.	11/21/2014 12:37 PM
192	Trying to provide programs with a limited budget	11/21/2014 12:13 PM
193	Not sure; need to see public record first	11/21/2014 10:31 AM
194	It is doing it best in with all the budget and ideological pressures placed on them by government policies and public.	11/21/2014 10:09 AM
195	Availability of Denali Kid Care, connecting needy families with resources in major metropolitan areas;	11/21/2014 9:51 AM
196	I have not participated in any programs they are involved in.	11/21/2014 9:17 AM
197	Advertising	11/21/2014 9:00 AM

## Alaska Maternal & Child Health Needs Assessment Survey

198	Providing health services to lower income adults and young adults outside the home. This area can always improve. Privatization to provide more availability and options is also worth looking at.	11/21/2014 8:58 AM
199	Information Gathering	11/21/2014 8:52 AM
200	All of the doctor's that have seen my child have been spectacular. They are willing to answer all of our questions and work through all of my child's stages. They see her as a whole individual not just parts.	11/21/2014 8:40 AM
201	Many things and there are great programs but lots of these programs aren't reaching the vulnerable populations that could actually make a difference.	11/20/2014 9:01 PM
202	Gestational Diabetic Teaching in clinic like at Anchorage Neighborhood Health Center. Breast feeding	11/20/2014 8:40 PM
203	Alaska is very supportive of mothers and children. It is appreciated.	11/20/2014 6:15 PM
204	In my area they are present and continually notifying other community providers of the services they provide.	11/20/2014 5:28 PM
205	no, personal experience has shown me that it is broken, and ineffective. At least in my own interactions with it.	11/20/2014 4:32 PM
206	public education on FASD, DVSA, Smoking and Public health nursing, in areas where those services are available	11/20/2014 4:26 PM
207	.	11/20/2014 4:22 PM
208	This is outside my realm of practice but my sense is that a great deal of progress has been made over the last decade or so - e.g., efforts by Matt Hirschfeld and others at ANMC/SCF	11/20/2014 4:18 PM
209	Getting the word out on how good it is to vaccinate. Going to the schools to do vaccinations when they have the time and vaccinations available.	11/20/2014 3:51 PM
210	You are doing amazing all around. It is getting those low-income/poverty population to make appointments and use their resources. Juneau has so many free opportunities to get help and education regarding health issues. You are doing great with vaccine prevention and following up on individual families with high risk situation.	11/20/2014 3:38 PM
211	I am not sure as I am not "in the know"	11/20/2014 3:32 PM
212	Like all of our systems currently it is having to cope with reduced funding and high unmet needs. The social issues that exacerbate the problems that this system works with have not gone away and have only been made worse by increased poverty, reduced funding for education and etc. Those within the system will have to continue to face increasing challenges- bright spots include better knowledge due to scientific advancement (knowledge of nutrition, what is necessary for healthy development and etc.) of how to address problems, but the underlying issues that cause the problems, some of which are cultural have not improved in many areas, and rates alcohol abuse, child abuse, etc. remain at very high levels. We could do better at collaborating with systems but I do feel more resources are needed.	11/20/2014 3:07 PM
213	You are not providing sufficiently for the care of our community. I am very grateful that the Parents as Teachers (PAT) program in Hoonah has provided the Tot's Clinic annually, however they are in need of continued funding. Please maintain that program here and in other locations. The reports from the two Pediatric Physicians that visited here and other workers from Juneau that came to the clinic reported that most of the outlying areas do not have anything near what Hoonah has for screening and care of infants to four year old children. This is very concerning. There is a very high risk community here and in other locations in SE Alaska. As I watched the children dance for a celebration here, I could count numerous children that were affected by FASD, which is a perpetual concern as they grow up and become sexually active themselves. This is only one of the dire concerns that needs direct intervention in the schools and communities and addressed with and by the Elders. That any child, in a high risk community, would go without the kind of services that are provided here in Hoonah annually is something that needs to be addressed immediately. The perpetuation of disabled children only contracts the ability of the community as a whole to become healthy. I appreciate your phrasing of the question to ask for a positive response, but I feel very saddened that we are blocked by Indian Health insurance SEARHC with no services in the school and little preventative care taught in the school or community. So what are YOU going to DO about establishing Tot's Clinics in SE Alaska? Start there and then move upward. That will be the only solution to these endemic problems.	11/20/2014 2:59 PM
214	Appreciate that there are more rack card available, and some outreach is happening and thank you for gathering the latest data...	11/20/2014 2:35 PM
215	Don't know	11/20/2014 1:50 PM
216	I am unfamiliar with Maternal Child Public Health System so I am not sure what the system is doing well. I will be taking the time to research MCPHS so that I have a greater understanding.	11/20/2014 1:45 PM

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217	Education and resources	11/20/2014 1:25 PM
218	Your front line providers do an amazing job with he families they work with and linking families to other available resources. they are good at creating lasting partnerships.	11/20/2014 1:15 PM
219	Screenings and referral, but there are limited services to refer to.	11/20/2014 1:00 PM
220	immunizations	11/20/2014 12:54 PM
221	They are very persistent in vaccinations, which is a very good thing and a negative thing if you are electing to skip certain vaccines. Though, I appreciate the approach of sending reminders on a frequent basis.	11/20/2014 12:47 PM
222	The professionalism of staff at the health clinics has always been a strong attribute.	11/20/2014 11:20 AM
223	Yes.	11/20/2014 11:17 AM
224	Outreach and education about services.	11/20/2014 11:11 AM
225	Can't say much	11/20/2014 11:11 AM
226	surveillance	11/20/2014 11:10 AM
227	Denali Kid Care is a good program	11/20/2014 11:08 AM
228	Attitude and Action: Wanting to provide quality services, caring, and monitoring.	11/20/2014 10:55 AM
229	Asking for priorities.	11/20/2014 10:51 AM
230	Providing services in eligible areas of need in most communities. The outreach programs appear to be working okay.	11/20/2014 10:43 AM
231	I think the Childfind program is good and we are blessed to have DKC and Tefra.	11/20/2014 10:38 AM
232	Being open to receive feedback from the community, desire to focus on a wholistic approach in providing support to children and mothers, and recognizing the diverse population that you serve.	11/20/2014 10:33 AM
233	I do not know what it currently does	11/20/2014 10:27 AM
234	For the most part MPH is doing excellent! It's on the DPA end, of approval, and denials when it comes to Alaska Care, and Denali KidCare being completed in a timely manner is the problem.	11/20/2014 10:24 AM
235	Doing this survey. Medical home. High quality dx for autism and FASD. Growing understanding of mental health in young children Birth hearing screening!!! Brilliant numbers! Public awareness campaigns.	11/20/2014 10:18 AM
236	I think the maternal child public health system can always do better, but the demographics of alaska make it a challenge. I think our mental health services are very lacking and care causing alot of alaskans to have to go into crisis mode as a result.	11/20/2014 10:17 AM
237	I am familiar enough with the functions of the Maternal Child Public Health System fo comment. Thank you	11/20/2014 10:13 AM
238	IT IS IMPORTANT THAT THE STATE HAS A PUBLIC HEALTH SYSTEM TO PROVIDE PREVENTATIVE CARE; IMMUNIZATIONS, CHECK ON CHILD GROWTH DEVELOPMENT AND PROVIDE ESSENTIAL REPRODUCTIVE HEALTH SERVICES, AS WELL AS COMMINCABLE DESEASES LIKE; SEXUALLY TRANSMITTED ESEASE, SYPHYLIS AND TB PREVENTION	11/20/2014 10:08 AM
239	The program has provided assistance to needy families and their children, and it has been very helpful to the many. However, if the program could expand to provide monitoring and continue services for teenage adults and mature adults that are no longer eligible for medicaid programs, or insurance. With this stated, health status which are gaps within the health environment system are addressed appropriately.	11/20/2014 10:08 AM
240	Maternal Child Public Health System is doing a good job with providing basic services to families an youth.	11/20/2014 9:54 AM
241	Immunizations	11/20/2014 9:52 AM
242	Yes, considering the limited resources, lack of public knowledge and overworked staff, the department is doing the best. I would have liked to seen a question regarding funding. The focus on funding for these programs seems limited. We cannot provide adequate, quality healthcare in rural areas without funding. More needs to be done to these programs and a start would be to provide the agencies with more providers. The programs are being ran by a handful and these folks need help. We are only as good as our leadership. Kudos to those in this field.	11/20/2014 9:50 AM

## Alaska Maternal & Child Health Needs Assessment Survey

243	The CCMC and IDD waiver provide services in the least restrictive environment, and most children are able to be supported in their natural homes	11/20/2014 9:42 AM
244	Vaccinations and well-baby support.	11/20/2014 9:39 AM
245	It would help to have a detailed definition here of what agencies are included in the State's maternal child public health system - I'm assuming you mean WIC, Medicaid, section on Women, Childrens, and Family Health. Much of the division of public health focuses on this area. What are they doing well, I think the best thing they do is creating awareness of issues and dessiminating information, being a resource for familes. I know there are a lot of dedicated public health nurses who are working on reducing the low rate of vaccine coverage for our kids but they can only do so much to address parent's concerns.	11/20/2014 9:33 AM
246	making maternal health care available for women with no health insurance.	11/20/2014 9:27 AM
247	There are many wonderful public health nurses in the state who are really trying to improve the system!	11/20/2014 9:25 AM
248	Immunization clinics are important as are the interactions on reproductive health. The rest is a well-kept secret.	11/20/2014 9:16 AM
249	Vaccines are great. The well child checks too.	11/20/2014 9:09 AM
250	Yes	11/20/2014 8:47 AM
251	Continue educating children and young adults about the risks of alcohol use, bullying and unsafe relationships.	11/20/2014 8:35 AM
252	At one point during my first pregnancy it became necessary for me to utilize Denali Kid Care. My experience with the insurance and the individuals at DKC was wonderful - they were very helpful and informative and did not look down on me for requiring public assistance at that point in my life. It was a great experience! Also, I like the fact that vaccines are available without needing to go to a doctors office - I have family members who can't always afford a copay but they can still keep up on their children's vaccinations (which I feel is very important).	11/20/2014 8:32 AM
253	Domestic violence trainings and education (Dr. Chamberlain's stuff)	11/20/2014 8:31 AM
254	Training	11/20/2014 8:28 AM
255	I think we are working hard to increase vaccine rates	11/20/2014 8:24 AM
256	I've not participated nor used any of the services offered to comment.	11/20/2014 8:21 AM
257	Trying to function with critical shortages of providers, poor reimbursement rates to providers, lack of medicaid expansion.	11/20/2014 8:18 AM
258	I think there is some outreach in the schools that could be improved.	11/20/2014 8:16 AM
259	Trying to improve services with limited funding	11/20/2014 8:07 AM
260	I don't know	11/20/2014 8:07 AM
261	Data collection and distribution! Great work!	11/20/2014 7:27 AM
262	Immunizations and most preventative care is readily available.	11/20/2014 7:08 AM
263	Offering services at its facility to those who know they are available. Accessible on the bus line location. Offering nurse care to teens in the high school. Using nurses and nurse practitioners to keep costs down and provide sufficient care to patients. Weekly birth control clinic.	11/20/2014 7:07 AM
264	Vaccinations	11/20/2014 6:30 AM
265	All easy access to different program that help the family in their healthcare needs.	11/20/2014 6:19 AM
266	You are still around and filling a huge need	11/19/2014 11:02 PM
267	Norhing	11/19/2014 10:15 PM
268	Community based services are doing a good job. I also appreciate the efforts with therapy foster parents. They seem to make a real difference.	11/19/2014 9:27 PM
269	Pediatric specialty clinics	11/19/2014 9:24 PM
270	The work related to coordination and expansion of early childhood comprehensive services is great. The public education and the continuing education efforts are both of high quality.	11/19/2014 8:22 PM
271	I think they are doing very well	11/19/2014 7:04 PM

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272	Provides some best practice information. Some targeted grants come from the state system. Good technical expertise.	11/19/2014 6:25 PM
273	Honestly, I think it could be better.	11/19/2014 6:15 PM
274	Yes.	11/19/2014 5:58 PM
275	they're out here!	11/19/2014 5:38 PM
276	the staff is on time	11/19/2014 4:59 PM
277	Vaccines	11/19/2014 4:40 PM
278	Fair	11/19/2014 4:31 PM
279	Immunization efforts have been strong, and the play every day. we need to work on other areas such as prenatal care and education, FASD etc...	11/19/2014 4:23 PM
280	Immunizations, Denali Kid Care, well child checks	11/19/2014 4:22 PM
281	dont know enough to answee this.	11/19/2014 4:21 PM
282	Monitoring young family health status	11/19/2014 4:15 PM
283	Well newborn/baby checks, postpartum check ins, vaccine administration & record keeping, contraception, STI screening & Tx.	11/19/2014 4:12 PM
284	I am not sure. I have a preschooler, but am not aware of what MPH has been doing. Hadn't really heard of MCPH until this survey.	11/19/2014 4:09 PM
285	yes as well as can be expected in this current environment	11/19/2014 4:00 PM
286	WIC, access to Medicaid and other public assistance programs, screenings for developmental delays.	11/19/2014 3:58 PM
287	Not sure...	11/19/2014 3:57 PM
288	I think that the steps taken in advertising to the public to let the public know of the services that can be provided from the program is a big help. I also think that the programs decision to survey and gather data from the public is smart, because it is the public that the program is serving. The more data you have on how to meet the needs of your customer the better the program can be at making decisions.	11/19/2014 3:53 PM
289	- Getting the word out about areas of concern, such as smoking, obeisty, domestic violence prevention, suicide prevention - Providing access to vaccinations and tracking - Where there are public health clinics, making those services available to all members of the community - Keeping practitioners informed by way of new releases	11/19/2014 3:48 PM
290	most Important: the State stays out of people lives/business unless ask to be involved.	11/19/2014 3:44 PM
291	I think that there is alwasy room for improvement in every aspect.	11/19/2014 3:43 PM
292	Mortality and morbidity statics have improved over the years for mother and babies	11/19/2014 3:41 PM
293	Being there when they are needed, but you sure need to work on writing better surveys. Who ever designed this rights like a politician. Either yes or no... "No discussion or changing my ideas" Grouping importance levels.	11/19/2014 3:38 PM
294	All in all, I believe our Alaska Public Health System does an outstanding job. I think the reduction in services has happened in part because of shrinking state revenues. However, in order to look at the big picture and maximize the potential of our youth, we need to make sure they have a good education and good, healthy lifestyles. With those two assets, they will be able to figure out solutions to the rest of the problems. Without those two components, they will cost us more over their lifetime than the cost of administering to their needs as children.	11/19/2014 3:37 PM
295	They are understaffed and are doing the best they can. Feds and State are cutting resources and costs to support this program, so these staff member are doing more with less.	11/19/2014 3:35 PM
296	Providing immunizations for those unable to pay for. They are doing very well with well beby checks and education to the parents.	11/19/2014 3:35 PM
297	The overall health of both mom's and their children are improving but having watched a few different women go though pregnancies in the last couple years it seems that there is a lot more stressers and testing that is being done. I would really like to see the doc's not recommending inducing mom's early and let baby's come when they are ready.	11/19/2014 3:31 PM
298	The FASD prevention campaign has been effective and most women are aware of the risk of alcohol to the fetus.	11/19/2014 3:29 PM

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299	They are screening more foster children in the 0-3 age range.	11/19/2014 3:28 PM
300	I have no idea. OCS is overwhelmed with reports due to the increase in population and the increase in reporting. There is no collaboration with Maternal Child Public Health. It seems like a direct correlation can be made between the number of children who are abused and neglected and the lack of accessible, available, and quality services.	11/19/2014 3:27 PM
301	Working hard to respond to requests as quickly and efficiently as possible.	11/19/2014 3:27 PM
302	what you do is done well - there just needs to be more services in more places.	11/19/2014 3:26 PM
303	Offering services across Alaska.	11/19/2014 3:25 PM
304	Liaison with school nurses is excellent, although Alaska has such a limited number of school nurses. Also strong genetic/metabolic focus and support for families.	11/19/2014 3:23 PM
305	Getting their name out there.	11/19/2014 3:22 PM
306	the very fact this survey exists demonstrates the desire to meet community needs of women and children	11/19/2014 3:18 PM
307	At this time, I do not have an opinion one way or the other.	11/19/2014 3:18 PM
308	Automatic WIC; Medicaid for pregnant women and new baby, PIC program	11/19/2014 3:14 PM
309	Giving condoms and information to make better choices from birth to baby to relationships to Elders	11/19/2014 3:14 PM
310	I had a baby last year and never heard of the state Maternal Child Public Health System. Maybe there could be more outreach. Of course, I may have perused some information provided by this system and didn't know from whence it came.	11/19/2014 3:09 PM
311	I am not sure. As a member on one of the steering committes, I rarely hear updates or get engaged in these types of discussions. So you are doing well at keeping your partners uninformed.	11/19/2014 3:07 PM
312	proving programs such as Jami.	11/19/2014 3:06 PM
313	They have a strong foundation, but must need more presence in the community.	11/19/2014 3:04 PM
314	They do a good job of providing health car in areas with limited health services. They do well in coordinating with WIC to provide anthropometric measurements in these areas.	11/19/2014 3:04 PM
315	Not familiar of these services.	11/19/2014 3:03 PM
316	Yes I think it is doing well.	11/19/2014 3:01 PM
317	Solving very difficult problems with limited resources.	11/19/2014 3:01 PM
318	They CARE ... that's important. You care enough to ask questions, gather information, make an action plan. That's a very good place to start. You seem like you do focused efforts really well, i.e., "Play every day" and other campaigns. You're good at outreach and education.	11/19/2014 3:00 PM
319	Great nurse consultant resources, well child trainings	11/19/2014 3:00 PM
320	Home visiting program by public health nurses for post-partum services and support! So many high-risk families are reached through this service, and families are connected with other resources in the community as a result of this simple intervention. State-wide issues such as alcohol/drug abuse, intimate partner violence, maternal mental health (screening for post-partum depression, for example), and interventions such as support and promotion of breastfeeding (which addresses obesity prevention) and education on immunizations for the family are addressed, all with a simple visit. This is a great bang for our buck!	11/19/2014 2:59 PM
321	Providing some services.	11/19/2014 2:59 PM
322	Linda Chamberlins work!	11/19/2014 2:59 PM
323	I'm not entirely sure. Working for the state and being a pregnant mother I've not heard of the services provided shy of what ins nationally recognized like WIC. Even their hours are known to be sporadic and it is difficult to find a time when they are open. I am aware that Juneau PHC does a Universal Postpartum Outreach Program and that it often doesn't reach those who could benefit the most.	11/19/2014 2:58 PM
324	The clinic in Nome does well with vaccines, but not much outreach to school about birth control, STD's, domestic violence, health relationships, child abuse, sexual abuse..or even services in the community of Nome and especially the surrounding area of Nome.	11/19/2014 2:57 PM

## Alaska Maternal & Child Health Needs Assessment Survey

325	Most services are out there, but people either don't know about them or just simply do not utilize the services. Public Health is eager to work with teens, yet many of them won't utilize services, state they don't know about them, or I think they are afraid someone they don't want to know will find out. Teens who do report FRPHC visits are very impressed and feel they were treated well and learned a lot.	11/19/2014 2:55 PM
326	addressing the concerns and attempting to discern and address problem area with limited funds	11/19/2014 2:55 PM
327	Fostering collaboration across many entities and individuals.	11/19/2014 2:54 PM
328	School based services, infant learning and head start - both programs need to be extended.	11/19/2014 2:54 PM
329	They're doing good....we just need more of what they're doing.	11/19/2014 2:54 PM
330	Overall yes, however we need more funding/programs to combat issues such as suicide, maternal alcohol usage and violence be it physical or sexual within our communities.	11/19/2014 2:53 PM
331	Eh. I think there needs to be proper education when it comes to reproductive health.	11/19/2014 2:53 PM
332	Ehh	11/19/2014 2:52 PM
333	Vaccinations are coming up, but the availability and accessibility has changed drastically in the past few years.	11/19/2014 2:49 PM
334	Keep current information and trends in the public eye!	11/19/2014 1:52 PM
335	Following their guidelines in place the best they can	11/19/2014 1:48 PM
336	I think that MCPHS has continued to provid excellent quality services and that many of the people who work in that field go above and beyond every day. It's very refreshing to know how much thought and care goes into the services that are being provided. It is also encouraging to know that MCPHS is continually striving to meet needs to the best of their ability.	11/19/2014 10:53 AM
337	They are doing well, but are understaffed.	11/18/2014 3:47 PM
338	I don't follow closely everything MCH does but these are good --PRAMS/Data for public health issues --School nurse support --Youth Engagement	11/18/2014 3:45 PM
339	I think the alignment of our department and division priorities with real outcome measures that are pertinent to the work we're doing (or at least some of the work we're doing) is important. I think our surveillance of activities, outcome measures, and health issues is being done very well.	11/18/2014 3:44 PM
340	I think that the availability from the health care system is certainly available and made public so that folks will access the services. I feel that the quality of services is on a budget and therefore not as good as it can be. When considering healthcare services we should never put budget before quality especially if the main focus is caring for a communities outcomes.	11/18/2014 3:03 PM
341	Public health nurses working in rural Alaska keep kids up to date on immunizations.	11/18/2014 2:43 PM
342	Not sure	11/18/2014 2:40 PM
343	This I cannot answer at this point. There are so many issues right now it is hard to find anything positive to report.	11/18/2014 2:26 PM
344	Public outreach ... could always use more, though. Immunizations. Partnering.	11/18/2014 1:34 PM
345	The do education and outreach very well, but more is always better.	11/18/2014 1:10 PM
346	Unfortunately, I am not very familiar with MCH programs anymore. I know they have done some excellent work regarding newborn and adolescent health. I do know many of the employees working in the MCH field and am very impressed with the quality of their work and the passion in which they complete it.	11/18/2014 1:08 PM
347	The public health nurses in the bush are dedicated, hardworking and trusted individuals.	11/18/2014 12:48 PM
348	Over all I see improvements and goals met in most of the areas they are solving with public healt. Vaccination and breast feeding has improved a lot. Kudos	11/18/2014 11:53 AM
349	Affordable, accessible prenatal care is available to most women. Breastfeeding is encouraged and there is a lot of education being done surrounding it. Early intervention programs like Head Start are a positive.	11/18/2014 11:28 AM
350	Pregnancy teaching	11/18/2014 10:33 AM
351	Supporting high risk populations (teen moms, teens at risk of unintended pregnancy), serving women with limited access to reproductive and cancer screening services, offering special clinics, promoting risk reduction approaches.	11/18/2014 9:20 AM

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352	Education to the public. Keeping education relevant to the state's problems (alcohol use during pregnancy).	11/18/2014 8:58 AM
353	Having this survey to identify needs Providing the care that is provided with limited resources	11/18/2014 8:27 AM
354	I think that they are doing a great job trying to get information out to the public as best they can. It isn't easy in a state this large with such a diverse population, but they are trying to do it.	11/18/2014 3:30 AM
355	Champion care for vulnerable populations. Supporting newborn screening and medical home initiative. Collaborating with community partners to promote school health standards and support family planning. Addressing needs of adolescents. Breast and cervical cancer program.	11/17/2014 4:31 PM
356	safe sleep program, healthy relationships programming, screening programs, positive youth development programs	11/17/2014 4:31 PM
357	We are a small enough state that we know our partners, and work together.	11/17/2014 3:25 PM
358	Immunizations, family planning clinic, STD clinic--all done well just need so much more availability and access. Nurse Family Partnership is a fine program and should be expanded.	11/17/2014 1:55 PM
359	Researching and offering evidence based practices and promoting programs that support best practices. Data collection and distribution. Supporting health care providers in their practices.	11/17/2014 12:29 PM
360	Adolescent health: coaching boys into men, 4th R curriculum, LARC availability in some areas.	11/17/2014 12:14 PM
361	Education of public has improved in recent years.	11/17/2014 11:39 AM
362	Breaking the stigma of women accessing mental health services for perinatal care.	11/17/2014 11:24 AM
363	public education of vaccines and "back to sleep" to prevent SIDS	11/17/2014 10:42 AM
364	I think MCPHS has done a great job in many areas, but funding is always the limiting factor. Education provided on a variety of subjects has been very helpful for primary care. Understanding the current needs of the population is essential; this survey will help gain understanding of current factors affecting public health.	11/17/2014 9:17 AM
365	Wonderful support - Respite is great for single mothers.	11/17/2014 8:46 AM
366	Maybe more advertising is needed. It seems like a lot of people do not know what their resources are and where to find them. I am not sure what theState of Alaska Maternal and Child Public Health System does for the community of how to contact the office.	11/17/2014 8:07 AM
367	I did not know it existed	11/17/2014 2:47 AM
368	I like that teen are being screened in school for depression and suicide.	11/17/2014 1:43 AM
369	Don't know. I think there needs to be accountability in health care. FAS is totally preventable, if a woman is pregnant and drinks alcohol (or abuses drugs), she should have mandatory birth control till she's sober and has been; in a stable relationship and wants to be a mother.	11/16/2014 10:55 AM
370	Surveillance, education for policy development, coordination with private/Tribal providers to address child/pediatric needs.	11/15/2014 3:08 PM
371	infant safe sleep, partnering to reduce child maltreatment	11/14/2014 3:16 PM
372	Getting resources our there to encourage breastfeeding and car seat safety. Very big on PPD which often saves a baby.	11/14/2014 8:45 AM
373	Services need to be offered at times that allow more flexibility for the population served.	11/13/2014 10:56 PM
374	Safe sleep initiative; breastfeeding messaging;exploring home visitation models for new mom/baby/MCH population;family violence prevention; ACES	11/13/2014 10:06 PM
375	Growing focus on Adolescent Health as a separate and unique entity from Child Health	11/13/2014 6:48 PM
376	Offering this survey to gather information and hopefully paying attention to the responses.	11/13/2014 3:08 PM
377	Public outreach	11/13/2014 2:37 PM
378	Looking into these issues and trying to address them.	11/12/2014 6:47 AM

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379	I am not too educated on the PH system so I would ask to let people know? I really, really appreciated taking my newborn to PHN for excellent screenings and vaccinations. I was not aware beyond infant, child what is available. One day I went to the local PHN office in Sitka and was told that vaccinations were no longer available for my daughter due to funding cuts. So I stopped going and used private practice/insurance exclusively. I really liked when I went to PHN though. And a home visit after my daughter was born!! I wouldn't have known of this service if a friend hadn't told me though.	11/11/2014 11:38 AM
380	Once kids find out about it, the quality is absolutely excellent.	11/9/2014 4:40 PM
381	I think that the state Maternal Child Health System id doing well.	11/7/2014 9:44 PM
382	Including youth in the program on an advisory basis	11/7/2014 5:23 PM
383	engaging youth, advertising services	11/6/2014 10:07 AM
384	I'm not familiar with the programs here in Fairbanks/Alaska.. we work with North Star and API . things are going better in the last year with these programs	11/6/2014 1:42 AM
385	seems to be doing well with the resources it has.	11/5/2014 9:53 AM
386	Seeking out solutions through the use of data and identifying populations needs and risks.	11/5/2014 9:33 AM
387	Yes. need more information and support for breastfeeding circulated. Alaska has so many challenges with keeping its people healthy, this would be time and energy well spent for the future of Alaskans. Kids need to have every opportunity to play and exercise OUTSIDE. Alaska is too beautiful a place to grow up not to enjoy the outdoors. Alaska schools and programs should have outreach and curriculum customized to include outdoor recreation as a mainstay.	11/4/2014 1:24 PM
388	love the nurse home visitng programs	11/4/2014 9:19 AM
389	I wish i did the at home visits, i didn't want to at the time because i have family living with me. But i wish they would have called a few more times.	11/4/2014 8:34 AM
390	Finally addressing Alaskans with disabilities	11/3/2014 7:47 PM
391	I think for our metropolitan areas, we are striving to improve quality and access. We are pushing the barriers to determine other avenues to improve health care for our pediatric population.	11/3/2014 1:21 PM
392	Sending our Public Heath Nurse to our area at least once every 3 months	11/3/2014 11:19 AM
393	staying up to date with the current testing advice	11/3/2014 10:51 AM
394	Not sure I dont see it out here in the YK Delta.	11/3/2014 10:49 AM
395	I think there are too many chiefs and not enough worker bees, so to speak. Everyone is protecting their own domain and power. Is the patient or client really the center of Maternal Child? I doubt it. Family planning should be the foundation of maternal child health. Your immunization rates suck. You need some fresh blood and creative ideas. I am afraid that will never happen. the state is very bureaucratic and top heavy. It is a good ole boy system and anyone who thinks outside the box isn't hired. For crying out loud, isn't the head of public health an old man who is ineffective?	11/3/2014 10:42 AM
396	This survey to find out what the population needs.	11/3/2014 10:25 AM
397	Specialty clinics; newborn screening; in the past the MCH-Epi unit was a trusted source of data before the DHSS/DPH anti-science leadership got involved; in the past providing reproductive health services before the DHSS/DPH religious right leadership got involved	11/3/2014 6:13 AM
398	Promoting healthier eating habits for children and helping to educate parents in better eating habits for their children.	11/2/2014 6:53 PM
399	data collection	11/2/2014 12:55 PM
400	Neonatal mortality--but NEED TO MAINTAIN REGIONALIZATION	11/1/2014 11:08 AM
401	Vaccinations and screenings	10/31/2014 6:11 PM
402	Newborn Screening	10/31/2014 4:17 PM
403	The conference was my first professional experience with this system and I was very impressed with the quality and range of the presenters. It was also culturally diverse and had complex information provided in an understandable manner to someone outside the health disciplines. Thank you!	10/31/2014 9:57 AM

## Alaska Maternal & Child Health Needs Assessment Survey

404	Keeping up with vaccinations for children and adults producing educational materials for all of the areas of concern this survey asks about to the extent that there is funding for face to face services, they are delivered with compassion and quality	10/31/2014 8:54 AM
405	I think the services are wonderful in Fairbanks for young families! I would love to see Nurse-family partnership available here.	10/30/2014 4:55 PM
406	They seem understaffed and hurried when I communicate to them. I have infrequent contacts, usually regarding immunizations or PPD status.	10/30/2014 1:03 PM
407	vaccinations and helping parents to keep up with childrens vaccinations	10/30/2014 12:29 PM
408	Have not been in state long enough to have an opinion or enough knowledge.	10/30/2014 11:57 AM
409	Getting information out in the media regarding the importance of immunizations, birth defects, well child visits, as well as supporting schools by supporting the school health nurse consultant position as well as funds to bring nurses from all over the state together to find better ways to help school nurses across the state provide the best and safest care possible (streamlining education for support staff when nurse positions are reduced).	10/29/2014 9:28 PM
410	Love the followup on the universal newborn hearing screening.	10/29/2014 5:31 PM
411	Active monitoring of state statistics which guides policies and proactive care. A well-represented cross-section of health professionals on the committee.	10/29/2014 3:51 PM
412	Immunization and well child standard visit schedule	10/29/2014 3:46 PM
413	Reproductive services for teens; immunizations for young and school aged children	10/29/2014 3:20 PM
414	Surveillance, monitoring, providing data.	10/29/2014 3:17 PM
415	The Nurse Family Partnership at Providence with nurse home visitors	10/29/2014 3:16 PM
416	It is doing okay	10/29/2014 3:13 PM
417	Many well-trained professionals provide high quality services.	10/29/2014 2:57 PM
418	Don't know	10/29/2014 2:14 PM
419	I think they are doing their best with the little money they have plus it is sad they have to turn away clients who have insurance..	10/29/2014 2:08 PM
420	In general, a good system. Needs better funding and medicaid expansion.	10/29/2014 1:37 PM
421	Trying to get community involvement and collecting data	10/29/2014 1:33 PM
422	Not sure.	10/29/2014 12:40 PM
423	I don't work too closely with MCPH too much so this is hard to answer. I do not feel we are doing enough prevention in the state of AK.	10/29/2014 12:17 PM
424	I've heard positive things about your nurse home visiting program. Jared Parrish is a rock star.	10/29/2014 12:05 PM
425	For the most part services are quality but I think accessibility and availability are lacking in our state.	10/29/2014 11:43 AM
426	I believe they are beginning to see the need for early intervention and do cooperate when part of an intervention team.	10/29/2014 11:21 AM
427	I think the services they provide to the community are wonderful. I just wish there was more information available in the schools for young women. They need to know what is available to them at no cost right here in their own community.	10/29/2014 11:11 AM
428	Promoting wellness and education in the public/community	10/29/2014 10:53 AM
429	State mandated recording of all vaccines given to adults & children in VacTrak.	10/29/2014 10:31 AM
430	spending money	10/29/2014 10:18 AM
431	education	10/29/2014 10:09 AM
432	not familiar	10/29/2014 10:05 AM
433	care once it is accessed by the patient	10/29/2014 9:59 AM

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434	A lot has been happening with the state in regards to school health.	10/29/2014 9:41 AM
435	attempting to provide health care coverage to women and children.	10/29/2014 9:40 AM
436	your program is wonderful. Thank you	10/29/2014 9:34 AM
437	Distant delivery for any kind of service is a huge issues. There is a need for consistant, quailty services.	10/29/2014 9:22 AM
438	outreach	10/29/2014 9:07 AM
439	They are trying y to get the word out and cover, but hands are tied with funding cuts and red tape.	10/29/2014 9:05 AM
440	family planning/bch and cx ca screening dkc access for those <18 not sure what else they do to make further comments	10/29/2014 8:53 AM
441	No opinion	10/29/2014 8:43 AM
442	This is the first time i H have heard of them. So, they must let the public know of their work and what they can do to help our citizens.	10/29/2014 8:36 AM
443	Providing services aligned with your vision.	10/29/2014 8:26 AM
444	Metabolic and hearing screenings.	10/29/2014 8:05 AM
445	Education Programs for all age groups	10/29/2014 8:04 AM
446	I think they have a good vision and are doing what they can within the state budget.	10/29/2014 8:01 AM
447	Information availabliity	10/29/2014 7:59 AM
448	YES I DO ...	10/29/2014 7:58 AM
449	I have not had a lot of good experiences. I have worked in the north pacific rim area and we could not get reliable public health nurses for vaccinations to those communities.	10/29/2014 7:58 AM
450	There is a lot of great information given at the Well Child Visits.	10/29/2014 7:54 AM
451	Collecting and analyzing surveillance data (e.g., PRAMS, CUBS, SCAN, Birth Defects) and producing written reports every few years so the public can access the data.	10/29/2014 7:29 AM
452	Making use of their resources. The funds the State of Alaska puts into this area are not enough, the system is doing what it can and making reasonable decisions based on this significant constraint.	10/29/2014 6:51 AM
453	unsure	10/28/2014 9:50 PM
454	Emphasizing vaccinations and well-child care.	10/28/2014 9:34 PM
455	Public information about safe sleep and other safety issues for children! I believe MCH has done a lot to raise awareness with service providers as well as the public about safety for children & being aware of risk factors. thank you!	10/28/2014 9:09 PM
456	Great data collection and analysis, and I appreciate making it available the many ways in which it is made available online and in printed publications. The SCAN system set up by Jared Parrish is impressive too. Some really creative collaborations and projects, such as Talk Now Talk Often and the teen safety card and the Amazing Brain series and the Nurse Family Partnership	10/28/2014 8:58 PM
457	Education to the public	10/28/2014 8:38 PM
458	Immunizations	10/28/2014 7:55 PM
459	Vaccination support	10/28/2014 7:16 PM
460	Current TEFRA	10/28/2014 7:07 PM
461	You have great staff. Excellent brochures and written literature for the public.	10/28/2014 6:59 PM
462	The fact that they are doing research is wonderful. I actually don't know of anything they are not doing well!	10/28/2014 6:56 PM
463	Asking for public opinion jumps right out as I fill this survey out. Get a handle on what providers/urban livers/rural livers see as their major concerns and focus on how to emeliorate those concerns.	10/28/2014 6:27 PM
464	vaccinations	10/28/2014 5:56 PM

## Alaska Maternal & Child Health Needs Assessment Survey

465	No opinion	10/28/2014 5:20 PM
466	Always looking at what they can improve upon!	10/28/2014 4:57 PM
467	Yes	10/28/2014 4:42 PM
468	I think that the MCH group are doing well in monitoring situations (screenings, birth lists, etc.) in AK.	10/28/2014 4:35 PM
469	I think the needs are high, and that even though there are efforts, many needs are unmet.	10/28/2014 4:25 PM
470	idk	10/28/2014 4:20 PM
471	OCS is very responsive to reporting.	10/28/2014 4:20 PM
472	I had never even heard of it. Is this a division under Health and Social Services? I'm in the child maltreatment field and this "system," is news to me.	10/28/2014 4:19 PM
473	Overall I think it's doing very well. I've always had good experiences with MCH health care and the care of my children.	10/28/2014 3:56 PM
474	Availability of services is there, but the quality of the services being offered could be improved	10/28/2014 3:36 PM
475	Surveys	10/28/2014 3:14 PM
476	Yes	10/28/2014 2:51 PM
477	Not really sure what they do?	10/28/2014 2:28 PM
478	mobilizing community partnerships	10/28/2014 1:18 PM
479	I like that it is advertised that public health can come to your house to do simple things for young children in their scope of work. I dont know all the services available.	10/28/2014 11:28 AM
480	Free Vaccinations and free service for those who cannot afford it!	10/28/2014 11:11 AM
481	Tracking health behaviors of mothers through PRAMS and CUBS. Providing speciality clinics. Breast and cervical health check program.	10/27/2014 4:47 PM
482	continuing to function under budget cuts and adversity :)	10/27/2014 10:57 AM
483	The home visiting programs should be expanded because it seems like they really help moms and kids directly. Infant mortality and teen pregnancy have been decreased in this state as well.	10/22/2014 2:54 PM
484	I believe in its current state the Child public health system is extremely inefficient, and needs to evaluate how it operates internally, and what steps need to be taken to remove redundancies, streamline services, and ensure that all processes and data collection within the department is done efficiently.	10/22/2014 2:42 PM

# Alaska Maternal & Child Health Needs Assessment Survey

## Q36 If you could choose one public health intervention to improve the health of any of Alaska's maternal and child health populations, what would it be and why?

Answered: 613 Skipped: 452

#	Responses	Date
1	free birth control	12/19/2014 9:51 AM
2	improved accessibility-so many of our high risk population requires intervention but can't make it to apts. for one reason or another-increase in home visits-which in this day and age might prove more dangerous.	12/19/2014 6:34 AM
3	What I already said	12/18/2014 2:17 PM
4	school based health centers for better access to children and families	12/18/2014 1:52 PM
5	Better access to prevention and treatment education/services for substance abuse, because use during adolescence can lead to future health/addiction issues.	12/18/2014 1:42 PM
6	Getting patients (adult women) to come in for annual exams.	12/18/2014 1:13 PM
7	Child safety and attachment to caregiver.	12/18/2014 10:36 AM
8	Making health care affordable	12/18/2014 9:50 AM
9	Ive never used the program to know how it works but im glad its there.	12/17/2014 3:57 PM
10	Self esteem and sex ed for middle school girls, so they don't end up in unhealthy relationships or pregnant while still children themselves.	12/17/2014 11:15 AM
11	FASD prevention, assessment & diagnosis, and intervention	12/16/2014 6:51 PM
12	FREE Clinics more often - Many will come in unless they are dragged in.	12/16/2014 4:58 PM
13	Free mental health care for pregnant families and parents of young children so that they can get a good start and prevent problems later on.	12/16/2014 1:04 PM
14	More affordable for people who don't qualify for the programs because they are slightly above the income levels.	12/16/2014 10:58 AM
15	One stop resource center	12/15/2014 5:07 PM
16	Addressing root causes at all levels, administration, leadership, community level to fully understand why things are the way they are; until we address the root causes of these issues, we cannot develop effective programs and interventions until we understand what we are dealing with.	12/15/2014 2:20 PM
17	Improved mental and behavioral health services. I work with Assisted Living Homes across the state. In my role, I see that improvements in mental and behavioral health would lead to improvements in many other areas as well (substance abuse, physical health including nutrition and activity choices, social relationships, etc.). I feel there is a heavy emphasis on physical health support, but high quality mental health support is often lacking.	12/15/2014 12:40 PM
18	Provide MH coverage (stress management, in home family services, does not have to meet criteria for a major mental illness) to pregnant and post partum women	12/15/2014 12:22 PM
19	Support groups establish in the middle and high schools for Gender identity issues, suicide, mental health (specifically anxiety, depression, self harm, and Children of alcoholics/addicts)	12/15/2014 11:52 AM
20	Everyone in Alaska have accessibility to all health facilities instead of turned away or turned down.	12/15/2014 10:22 AM
21	Medicaid to provide reimbursement for qualified nonphysician providers without physician over site.	12/14/2014 10:17 PM
22	education on midwives, lot of people end up choosing midwives, sometimes lay ones, putting their health and their babies at risk and not even being aware of it until there is a bad outcome. This leaves the doctors and nurses trying to manage something that never should have gotten so bad or a baby being seriously compromised and needing a higher level of care	12/14/2014 4:43 PM

## Alaska Maternal & Child Health Needs Assessment Survey

23	Help people get to where they can access the services, or bring it to their home.	12/13/2014 8:38 PM
24	Public health nurses who go to homes of high risk families, especially those with newborns, and follow them over the first two years. This is an evidence-based strategy to give support during the crucial early years, promoting literacy and breastfeeding, teaching about prevention of abuse and domestic violence, easing the isolation of these families. This program is sorely missed.	12/13/2014 4:51 PM
25	alcohol education	12/13/2014 3:25 PM
26	Screenings and early identification of developmental delays across all age groups in order to quickly refer into appropriate services.	12/12/2014 3:55 PM
27	Foster Care system	12/12/2014 2:33 PM
28	Increased assistance and support for families with children in foster care. These families are so often struggling and the children have been through a great deal in being separated from their parents. This type of mental health issue at such a young age can have a huge impact on a child's overall development, especially in terms of their mental and emotional well being. In addition, foster parents are struggling to access the support they are entitled to (especially living in a remote location) with very little guidance.	12/12/2014 1:28 PM
29	Increase exclusivity rates of breastfeeding. It is a cost effective, empowering method to reduce chronic and acute diseases.	12/12/2014 10:44 AM
30	Improve access and availability of behavioral / mental health and reproductive health services. Many kids and families have great difficulty getting these services.	12/12/2014 10:24 AM
31	Pre-natal care, including intensive FASD education (not only for "at risk", but for all Alaska mothers to be). Easy access to caregiver/parent education on parenting throughout the ages/stages. Again, to all parents, not just ones deemed "at risk".	12/12/2014 8:28 AM
32	Healthy relationships. My second answer would be FASD/FAS prevention, but I selected healthy relationships because of the research indicating that alcohol use and substance use is substantially higher in populations that have experienced or are experiencing trauma. I believe that programs which reduce and prevent domestic violence and sexual assault (which are incredibly high in the state of Alaska) also would play a strong role in the prevention of alcohol and substance use and abuse, thus reducing the incidence of FAS/FASD.	12/12/2014 4:49 AM
33	make it work for younger kid who need help	12/12/2014 4:19 AM
34	I would provide reproductive education and avail all services free of charge to the youth of Alaska. Birth control to aid in family planning .	12/11/2014 8:56 PM
35	Increased community education (ads on tv, presentations in the schools, etc.) on various topics such as mental health, suicide, obesity, nutrition, etc. I see very little of this from Alaska's maternal and child health department.	12/11/2014 6:25 PM
36	Integration of primary care and behavioral health.	12/11/2014 3:50 PM
37	Training for rural community-based breastfeeding peer counselors, doulas, early childhood development home visitors	12/11/2014 2:59 PM
38	Child maltreatment - education and prevention	12/11/2014 2:37 PM
39	To provide quality care to all,	12/11/2014 2:10 PM
40	longer clinic hours, of WIC some parents cant get off work to come down and sit and wait	12/11/2014 12:49 PM
41	AK-AIMH, continue to raise clinical standards in order to identify and support infants and children earlier in life when it makes the most difference. For the physical public programs, probably the health departments for the same reason.	12/11/2014 10:40 AM
42	for people with a disability	12/11/2014 9:49 AM
43	If children/adolescents have mental health or behavioral health challenges, that the family/support persons primary in the childs life - ALSO receive mental health/counseling - as a requirement - to stop the revolving door of admissions and crisis in the children's lives.	12/11/2014 9:47 AM
44	Get educators and counselors into the schools to talk to kids, set up programs like the one through the Homer REC room where adults are available to help kids with sexuality, bullying, support in a teen friendly location with supportive/well educated adults.	12/11/2014 9:46 AM

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45	drug and alcohol prevention and counseling. a lot of rural folks are affected by death and all share the grief and never get over it. Their behavior health problems are not addressed and many feel they don't have anyone to talk to till its too late. sped doesn't follow graduated from high school and they are left in the village as the forgotten population left to be abused and bullied. they seem so alone. need more counseling as my grand nephew got diagnosed with an inoperable brain tumor and just has lost his father las tmonth! need support for mother and siblings and him. he is only 11 years old.	12/11/2014 9:41 AM
46	I think there needs to be a connect with kids so that the aims of maternal and child health populations need to connect to the aims of the individuals and I believe that this needs to be personal connection - to adult mentors that can not advise but provide an open space for kids and teens to talk about issues without judgement so that they can get support and create a healthy direction for themselves	12/11/2014 9:40 AM
47	Mental Health First Aid training throughout the whole state.	12/11/2014 9:32 AM
48	I feel that more children should be screened or recommended for screenings concerning developmental milestones. Parents need to be better informed in order to be aware of areas in their childrens development that may be cause for concern.	12/11/2014 9:04 AM
49	Adequate nutrition - many rural areas do not have enough food.	12/10/2014 5:45 PM
50	teenagers need to learn more about family planning: birth, expense, responsibilities... not just the mechanics. it should be a proactive process, not only reactive to the pending birth.	12/10/2014 5:17 PM
51	Pregnancy registry for the state to improve coordination of prenatal care for those in the rural areas	12/10/2014 5:05 PM
52	Evidence-based child abuse prevention education for parents and in schools	12/10/2014 4:44 PM
53	I think it would be child/parent (mother and fathers) bonding and included education and infomation to as many as possible. I choose child/parent bonding because a parent who bonds and cares for a child will love and care for it the best they can. I choose education and information because a loving and caring parent who has a much education and information will do a better job. I know I am suppose to pick one area, but the acception to the above is when drug/alcohol are involved because additions often drive people in direction they would otherwise not go.	12/10/2014 2:56 PM
54	Evidence-based child abuse prevention education with parents and in schools.	12/10/2014 2:40 PM
55	Quality and accessible mental health services that are family-centered.	12/10/2014 2:36 PM
56	Requirement that drugs not be used in household.	12/10/2014 2:10 PM
57	Behavioral health because post-pardum depression is overlooked and early childhood BH is not accessible	12/10/2014 1:42 PM
58	I would improve Early Intervention education so that more people use it	12/10/2014 1:35 PM
59	I don't know	12/10/2014 1:22 PM
60	Prevention. Spend the money on kids when they are developing so they are educated and cared for.	12/10/2014 11:49 AM
61	Mental health services	12/10/2014 11:09 AM
62	unsure	12/10/2014 11:08 AM
63	Public education about the need to refresh certain vaccinations over time. With the current trend of people refusing initial vaccinations, the herd immunity that protected us when our vaccinations lose effectiveness is no longer enough.	12/10/2014 10:46 AM
64	appropriate nutrition and access to food as I have been working in the non-profit social service field since moving to AK 5 years ago and I am appalled by the number of children and families that go hungry everyday in resource rich AK.	12/10/2014 10:31 AM
65	suicide prevention...alcohol/addiction prevention...sexual/physical/emotion abuse prevention/intervention...they are all connected and are hand in hand in hand. starting young in the school systems and in the community is a necessity.	12/10/2014 10:02 AM
66	parent education	12/10/2014 9:51 AM
67	Mental health of children to youth. Children are not interacting with each other in free time face-to-face they are using electronics to socialize and that is not meeting their needs.	12/10/2014 9:42 AM
68	Assessibility and advertising your services.	12/10/2014 9:13 AM

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69	I think that children need to be inspired, given options, to gain interests in being more than they think they are capable of being. Have more options of what help is out there, who to contact for help, obtain answers, outreach to the villages would be helpful, a video of what kind of help is needed would help give people more understanding of what kind of help is available. Most of the native population are taken for granted and are asked yes or no questions with out explanation. No one knows what to ask because they are always being told what to do. More information is needed about specific needs or concerns. This would help people to know who to call for specific needs.	12/10/2014 9:08 AM
70	Mental health services in this State are broken. Laws designed to protect patients actually do more harm. Services cost too much especially for rural villages where services are limited and travel to health care hubs is very expensive. Stigma around mental health conditions delays or prevents attempts to access care.	12/10/2014 9:06 AM
71	more mental healthcare available	12/10/2014 8:30 AM
72	More public education about services available	12/10/2014 8:20 AM
73	Mental health across all groups	12/10/2014 5:49 AM
74	Drug use. Especially in the state of alaska i think its important to inform the population about the dangers of drug use.	12/10/2014 5:10 AM
75	Promote & educate on the importance of breast feeding & maternal bonding with your baby.	12/9/2014 9:28 PM
76	Education about mental health and trauma	12/9/2014 8:36 PM
77	Oral health care. It's amazing how important our teeth are for our overall health. I have read so many articles that link poor oral health to diseases. We have to get our communities taking care of their teeth. I have also read a few articles linking the poor health of people with mental retardation to the fact they have bad oral health. So, if we could improve one public health intervention, it would be for better oral health.	12/9/2014 8:21 PM
78	Better education on substance use and abuse, including conflict resolution education. Education has proven effective at lowering the amount of drugs used in public schools. Conflict resolution teaches people to handle everyday conflicts in healthy, socially acceptable ways that are far less stressful, leading to better self-esteem and lower substance abuse.	12/9/2014 7:26 PM
79	Awareness. I just learned of the organization because my work requested I complete the study.	12/9/2014 7:25 PM
80	Treatment programs for Autism and young mothers.	12/9/2014 7:09 PM
81	Reducing child birth defects and infant mortality rate and improving child health. Trends and risk factors are very difficult to monitor. I have not seen a reliable source of data analysis locally, coordinating, conducting surveillance and research that can accurately monitor prevalence.	12/9/2014 7:02 PM
82	Improved nutrition. Pop, candy, chips, junk foods and low nutrition frozen and canned foods are prevalent in parents shopping carts. Most foods sold are very high in sodium. I would partner with the AC company (operator of grocery stores throughout rural Alaska) and local/regional healthcare providers to focus on foods (fresh and packaged) that can be purchase at reasonable cost and prepared for healthy meals.	12/9/2014 6:37 PM
83	Supporting collaboration with an existing pediatric improvement partnership (PIP-see VT V-CHIP as example and states with PIPs) in another state with a medical school where the majority of Alaskan children are referred for subspecialty care or establishing a PIP in Alaska to work collaboratively at the state level with the DHSS and to provide practice level facilitation with pediatric and family practices working on QI and better child health outcomes through PCMH including care coordination and utilization of BF in pediatric and family practice settings to conform with the AAP/BF periodicity schedule as adopted in the Alaska Administrative Code. A MCH goal for all children in the state should be that all children be provided with the "gold standard" of care as is outlined under the EPSDT service provision for children enrolled in Medicaid. A PIP would assist practices and the state in evaluating their QI efforts.	12/9/2014 6:32 PM
84	Mother Friendly Childbirth Initiative	12/9/2014 5:52 PM
85	Early identification of FASD to prevent behavioral and mental health issues leading to institutions and incarceration.	12/9/2014 5:29 PM
86	Adequate nutrition and dietary education	12/9/2014 5:28 PM
87	Education/Prevention. It is easier, and less expensive to prevent problems than to try and correct them.	12/9/2014 5:27 PM
88	increase Medicaid	12/9/2014 5:27 PM

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89	Community Outreach- I think that as a community we have become too reliant on technology and and think that "they(people in need of assistance) will come to us", or that because of technology public health interventions are more accessible. However, those most in need typically don't have access to, or cannot afford tools to assist with accessing online supports.	12/9/2014 5:12 PM
90	I would like to see more education and resources available to older children/early adolescents that can help improve the transition from child to adolescent to adult. While most families are capable of providing their children with the tools they need, we see many who for a variety reasons, are unable to do so. Children and adolescents need proper nutrition (and education about nutrition), access to supportive peers and social groups, role models, physical activity, and resources to help them develop mentally and emotionally to the best of their ability. Adolescence is a hard period for all adolescents, and it is important that we aid them in that transition to ensure they do so successfully.	12/9/2014 5:11 PM
91	Suicide prevention. Training more people to be aware of the signs of suicide and more treatment resources for behavioral health problems.	12/9/2014 5:01 PM
92	More mental health intervention	12/9/2014 4:45 PM
93	Improve access to QUALITY & ACCESSIBILITY of evidence-based mental health services available to families prenatally, postpartum, & throughout the first 5-6 years of child life. As the ACE Study & neuroscience have taught us, SO MANY bad health, behavioral, & social outcomes can be prevented if we help vulnerable & stressed families of young children prevent exposure of their children to toxic stress. There are VERY few qualified providers of these services; & even fewer of these qualified providers who work in settings allowed to bill Medicaid (on which many young families depend). Alaska needs to carve out Medicaid & other state dollars to develop & operate a comprehensive prenatal, infant, & early childhood mental health system of care for vulnerable families.	12/9/2014 4:15 PM
94	Mental health evaluations and interventions - focusing on depression, emotional instability and general emotional development	12/9/2014 4:09 PM
95	Children maltreatment is a big concern. We should invest on our next generation as they are our future.	12/9/2014 3:56 PM
96	parental support and quality low cost child care	12/9/2014 3:50 PM
97	Be present and available in villages, local schools, provide training in villages	12/9/2014 3:47 PM
98	Promoting healthy diet and exercise long before prescribing medications for mental health concerns.	12/9/2014 3:44 PM
99	Access to good services for FASD.	12/9/2014 3:28 PM
100	I think there needs to be more awareness of all the services available.	12/9/2014 3:28 PM
101	There are young mothers in unhealthy relationships, lack of knowledge to budget, have issues and problem of their own, etc...Ideally the mom has to take an active role in improving the situation.	12/9/2014 3:27 PM
102	Establishment of baseline measures, more public health education efforts.	12/9/2014 3:25 PM
103	Birth control for all underage girls	12/9/2014 3:23 PM
104	Preventing out of wedlock pregnancy.	12/9/2014 3:22 PM
105	Maternal mental health. Many of the problems that arise are due to not having availability or accessibility to support. Some women have serious issues that surpass the two week post partum "baby blues". Full on Post Partum depression is treatable. Education for family practitioners, OB's, midwives, etc. I would suggest partnering in the efforts being made across the country such as that of California, <a href="http://www.2020mom.org/">http://www.2020mom.org/</a> . And reaching out to the Maternal Mental health initiative here in Alaska. "Mothering Wellness AK" on Facebook to create a partnership between the state and those of us trying to get something started in this regard. We are willing to do the work. We also have connections with the representative for Post Partum International, Alaska chapter. I am part of that group and would love to get connected and see how we can contribute!!!! Vanessa Perry, MS. 907-953-7008. <a href="http://www.hopemends.com">www.hopemends.com</a>	12/9/2014 3:21 PM
106	There needs to be a larger and more fully trained group of Behavioral Health providers. There needs to be regular visits to the schools to work with youth in general and then opportunities for individual counseling or group sessions.	12/9/2014 3:20 PM
107	Begin focusing on prevention to get ahead of the problems	12/9/2014 3:12 PM
108	Mental and Behavior Health Services. Because its there in many of the villages and to be aware is a great resource to everyone. This can empower the residence as well as the workers within.	12/9/2014 3:10 PM

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109	Good clean affordable water. Removal of juice and sodas from all machines available to young children, replace with cheap water only. It not cruel to offer only water instead of soda and juice that both packed with sugars, leading to poor diet, poor oral hygiene, obesity and teaching children that soda or juice is an acceptable fluid to replace water.	12/9/2014 3:08 PM
110	vastly increasing the funding for more comprehensive access and availability of services	12/9/2014 3:04 PM
111	I would choose Family Planning Services. They are the most needed and completely absent from the service provision here in Nome and our surrounding villages. Teens and young adults need to know what their options are so that they can prevent unintended pregnancies. I would say only 10% of the pregnancies in this region of Alaska are planned. The resulting negative social and economic impacts of this are huge and far reaching. Do some reasearch.... Then get a program going... ASAP	12/9/2014 3:03 PM
112	Nutrition, and Physical Fitness is the intervention I would choose because I see a real need for it in our community and those surrounding us. Please note, I did my survey backwards at first till I noticed that 1 was most and 3 was least.	12/9/2014 3:00 PM
113	Children's mental/ behavioral health. Largely underserved- many children are unserved until school-age, then identified but go without services due to lack of providers in and outside of the school district. Would be great to see more early childhood intervention.	12/9/2014 3:00 PM
114	Adequate funding. Not on the top side of the service, but on the front lines where it is needed. Those families that need the answers for what is going on, how to receive the supports that help them be successful, their children to receive the services and supports they need. Kids receiving the behavioral health services where they need them without the stigma when they receive them, kids not feeling there isn't any other choice but to do the last thing they need to to so they can survive.	12/9/2014 2:57 PM
115	Teens	12/9/2014 2:52 PM
116	provide more money for mental health services, allowing private practitioners to provide therapy at a reasonable rate the state would pay for.	12/9/2014 2:49 PM
117	Teaching regarding obesity prevention and proper nutrition. Cutting out sugar and processed carbohydrates that have no nutritional value. Reducing obesity and improving health through healthy food.	12/9/2014 2:46 PM
118	More providers	12/9/2014 2:43 PM
119	Increase the use of telehealth to rural Alaska and make behavioral/mental health a focus of this effort.	12/9/2014 2:36 PM
120	bullying	12/9/2014 2:30 PM
121	I would focus on nutrition as it is one factor that influences the majority of people.	12/9/2014 2:27 PM
122	More drug and alcohol abuse prevention training for 11-19.	12/9/2014 2:24 PM
123	Reduction in child maltreatmet because children who are maltreated experience poor health and socioeconomic outcomes as adults. (ACE study).	12/9/2014 2:20 PM
124	availablility of mental health services.	12/9/2014 2:19 PM
125	Not really sure on this. It's a tough question.	12/9/2014 2:19 PM
126	Increased options and higher level of mental and behavioral health treatment for children and women.	12/9/2014 2:19 PM
127	Increased women's health exams and reproductive planning as well as postnatal support to the women themselves.	12/9/2014 2:19 PM
128	Behavioral and Mental health. If the needs in this area are addressed and met, success will be found in many other areas as well, such as substance use, alcohol, tobacco, healthy relationships, etc...	12/9/2014 2:16 PM
129	Increasing BREASTFEEDING, through public service campaign messages, providing breastfeeding friendly environments and other supports-like funding events and groups at WIC, Sprout, Le Leche League, in the community and state etc, to get the message out that it is best for babies, women, families and society. That it can create tighter family bonds, keep costs down, decrease money spent on health interventions, make healthier and smarter kids and adults. Better mental health services for families with infants, toddlers and preschoolers would be my close #2, since struggles can be lessened at this juncture easier, before they morph into more difficult problems. This young population often isn't helped adequately and we can do way better at addressing needs.	12/9/2014 11:25 AM

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130	Bring more suicide prevention into Cordova....REAL people...REAL young people with real stores to share with the youth.	12/9/2014 11:20 AM
131	Case management/care coordination to provide greater access to needed resources and be able to provide holistic support and counsel to the family unit across time, services, and agencies.	12/9/2014 10:43 AM
132	Home based services (mental health, medical, developmental)	12/9/2014 10:42 AM
133	More comprehensive services for families of young children such as expanded early interventions services which focus on infant/toddler mental health, attachment, and support parents to become the best parents they can be. Child maltreatment is the greatest risk factor for young children's future success. We must do better.	12/9/2014 10:12 AM
134	Home visting - Getting to families that need support early and identifying problems that could still be preventable. Also, great intervention for Domestic Violence and can find health and developmental difficulties. Need MORE!!!	12/9/2014 10:08 AM
135	Support for women to breastfeed their babies.	12/9/2014 9:24 AM
136	NUTRITION - Nutrition is the root of healthy bodies, mental and physical. Works to resolve chronic illnesses, disease, obesity, etc.	12/9/2014 9:18 AM
137	more reporting for DV cases	12/9/2014 9:12 AM
138	Family Planning. This is the base of everything that follows - pre-conception and prenatal care, aftercare, child wellness, family violence early intervention, etc.	12/8/2014 12:13 PM
139	I believe that due to the remote nature of our state, access to resources can be hard to provide in the same way for all communities. This is something all statewide organizations have struggled with, and continue to work on. Although we are working on improving services statewide, in the meantime, this leaves remote and rural communities with less services.	12/8/2014 10:56 AM
140	Intensive support of ALL parents birth-5, not just those identified as in need. The first 5 years of life are important and sometimes waiting (or hoping) parents can make healthy choices by their 2nd, 3rd child is WAY TOO late. We shouldn't wait for a crisis to happen to offer support. Positive parenting practices are something that benefit everyone for a lifetime.	12/8/2014 9:24 AM
141	They should find ways to make their resources more known.	12/6/2014 9:11 PM
142	obesity needs to be addressed on an ongoing basis to identify potential health risks early and initiate health management, preventative health and avoid long term chronic illness and the enormous financial burden for the state of AK and nationwide	12/5/2014 3:59 PM
143	healthy eating/obesity	12/5/2014 3:15 PM
144	Support for single parents on raising their children. This will give them the encouragement to carry out the duty as a single parent.	12/5/2014 1:06 PM
145	Mental health, because my child needs more mental health intervention than physical health intervention.	12/5/2014 12:41 PM
146	Behavioral health (that is, mental illness AND addictions) assessment, treatment, and family support. I would totally remodel the system. It isn't working.	12/5/2014 12:04 PM
147	more affordable insurance for women and for all uninsured Alaskans. Plus what about a public health campaign to show how badly drugs/alcohol affect parenting and children? I see moms losing their kids constantly because of substance abuse. Burdens the foster care system and robs these children of decent parents.	12/5/2014 11:19 AM
148	Promoting healthy nutrition (including avoiding alcohol for youth/possible pregnant) - 1) hard to reduce 'empty calories' of junk food when that is what is available and fruits/vegetables so hard to obtain/expensive given climate/transport issues 2) crosses all the groups 3) could reduce long term need for acute/chronic care 4) definite system and community context issues that could be addressed to support healthy nutrition (won't have to go at it one kid by one kid entirely) 5) by promoting healthy nutrition for kids (and women of child bearing age) many interventions could have positive spillover effect on other populations 6) could help reduce obesity without necessarily only treating those kids who are obese or heading in that direction (and making them a problem that needs treatment)	12/5/2014 10:54 AM
149	More support for families needing a safe place for thier children with behavioral health needs to stay for respite	12/5/2014 8:47 AM
150	Mental Health services, because so many people who have other problems (obesity, unsafe sex, coercive relationships, incarceration, drug use) have need for mental health services such as counseling, medication, etc.	12/5/2014 8:38 AM
151	Postpartum depression screening	12/5/2014 8:37 AM

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152	Mandatory health/nutrition education, physical activity every year - fundamental basics for healthy living. Accessible locally grown foods	12/5/2014 8:32 AM
153	I have not even heard of this program and I've lived in Alaska my whole life.	12/5/2014 7:52 AM
154	Access and education related to birth control.	12/5/2014 7:45 AM
155	Mental health services for children and youth.	12/4/2014 6:30 PM
156	We have a high suicide and abuse stat in teenagers so any program to support and prevent negative health consequences related to these in the teenage population would be my priority.	12/4/2014 4:30 PM
157	Resources in the form of advocates to navigate the health care providers. It was a huge challenge to coordinate between different hospitals and providers and specialists and you had to know how to do it and put forth a lot of effort and be pushy to get things accomplished and your voice and needs heard. Especially when dealing with very serious conditions. Mental health is also where the state is hugely lacking in helping children and families. The system just does not effectively help Alaskan families.	12/4/2014 4:15 PM
158	Universal health care for all needs to include mental health, drug treatment facilities and free access to the care.	12/4/2014 3:22 PM
159	Very early and consistent screening for behavioral and physical health issues that go too long undiscovered.	12/4/2014 3:20 PM
160	advertise and social media	12/4/2014 2:44 PM
161	Health Teaching because I think education can be an effective tool in preventing all types of abuse, suicide, depression, cancer, various problems caused by food allergies and sensitivities, and so on.	12/4/2014 1:34 PM
162	Long term Drug treatment	12/4/2014 12:43 PM
163	I would improve the behavioral health access throughout the state by providing behavioral health staff in each community that is large enough to have a public school.	12/4/2014 11:04 AM
164	Early intervention with pregnant women and higher risk families to address the developmental needs of infants/children and educate families about the impact of toxic stress (adverse child experiences) that create life long negative health outcomes. Prevention and education along with more intensive services for those families perceived to be at risk of child maltreatment- possibly related to drug/alcohol abuse; domestic violence and neglect; incarcerated parents; families with histories of completed suicides..	12/4/2014 10:40 AM
165	not sure	12/4/2014 10:27 AM
166	dental care	12/4/2014 8:51 AM
167	With mental health and behaviral issues in all ages for children, and most of all free assessment for kids with mental health issue if parents are eaarning money, these kids do not get evaluated because it is too expensive and the kids fall through thr craks.	12/3/2014 4:14 PM
168	Child obesity and ensuring all children eat healthy, parents understand portion sizes and what to feed their kids. Food stamps is reviewed and guidelines are in place such as WIC's program.	12/3/2014 4:07 PM
169	increased attention to child abuse	12/3/2014 12:37 PM
170	Education, most times there just isn't enough education to help teach women and their children how to cope and deal with issues going on in their lives.	12/3/2014 9:50 AM
171	Drug and alcohol use is a huge problem, having effects on both the physical, emotional, social, spiritual well being of families.	12/3/2014 9:33 AM
172	It would be that everyone is required to soak with a mental health specialist because there are so many people that suffer from depression and ate being abused or kids that are confused and have no one to talk to in order to explain some of life's roller coasters.	12/3/2014 2:01 AM
173	Nutrition counseling and mental health awareness.	12/2/2014 5:12 PM
174	Comprehensive sexual health education that is NOT abstinence based since ALL research shows that abstinence-based programs only increase the STD and teen birth rate for the intervention population. It would solve our STD, teen birth, and intimate partner violence issues in the state. It should be mandatory for all schools to offer it to their students yearly.	12/2/2014 4:53 PM
175	better insurance coverage for low-income populations, more of an emphasis on well-child visits and primary care	12/2/2014 3:51 PM

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176	Increased vaccinations. In the populations I serve, there seems to be an adverse reaction to vaccination in general.	12/2/2014 3:30 PM
177	More well-trained, quality health care staff.	12/2/2014 2:33 PM
178	Universal Health Care to address the biopsychosocial needs of the population from improving healthy lifestyles to having access to mental health services.	12/2/2014 2:32 PM
179	Behavioral Health. Our area has the highest suicide rate and with more work with BH clinicians in the area I would love to see us make some changes to make this better with more resources available to those in need.	12/2/2014 1:30 PM
180	Universal vaccines	12/2/2014 9:58 AM
181	Universal availability of vaccines and immunizations. No means testing for these services. Sufficient number of well placed provider sites.	12/1/2014 5:06 PM
182	Reduce tobacco use among pregnant mothers. Tobacco is still the number 1 preventable cause of death in the US and Alaska. Unfortunately pregnant mothers in the southwest and northern regions of the state are smoking while pregnant at alarming rates. This is leading to preterm birth, low birth weight, asthma, etc. in children.	12/1/2014 4:28 PM
183	Mental health screens for suicide prevention	12/1/2014 3:09 PM
184	increase opportunities for primary care providers to be trained in evidence-based and best practices in preventive and primary care and include provision of training in quality improvement measures training health care service delivery providers enables improved services to become available to many more people than current models of having the public health workers train themselves and provide the services themselves. increasing the quality and availability of primary care medical homes that provide quality preventive health services is the best way to improve the health Alaskans	12/1/2014 3:02 PM
185	Teaching our youth about safe sex and family planning. I have seen many many, MANY young mothers (ages 16-22) all become mothers in the last two or three years and every day a new young mother is made here in Alaska and they are not all ready for that. Safe sex and contraceptives should be more available to our youth and not looked down upon. They need a safe place they can go away from their families who may disprove and with keep their visit confidential so they know they have the safe option. We know their having sex why aren't we protecting them?	12/1/2014 2:31 PM
186	alcohol and substance use/abuse/dependence and mental health Hand in hand issues that are so prevalent and lead to all other issues.	12/1/2014 2:00 PM
187	Better social supports for under age, homeless expectant mothers. They are not able to receive shelter services anywhere once the baby is born and have to return to unsafe and unhealthy environments as minors with a dependent.	12/1/2014 12:57 PM
188	Broaden the scope of the served populations. Include fathers, include whole family units....	12/1/2014 9:44 AM
189	get more information out to the public to let them know what is available, some people don't get care due to not having money or insurance, if they knew what was available they might get care sooner.	12/1/2014 2:36 AM
190	Mental and behavioral health issues for ALL ages is perpetuating cycles of poverty, domestic violence, and unhealthy lifestyles. Addressing this issue can help move many families out of the cycle they're in.	11/30/2014 11:26 AM
191	A big campaign to talk about not becoming a parent if you are not mentally, physically and financially ready. It would eliminate many of the issues women and children face.	11/30/2014 7:34 AM
192	Alcohol and drug intervention and support for the person, family, and friends. Another detox facility. Cost effective for everyone.	11/29/2014 12:34 PM
193	Encourage breast feeding in any way possible	11/28/2014 10:49 PM
194	How can we bridge a way to also help father's be more educated and involved with parenting.	11/28/2014 12:35 PM
195	Increased exclusive breastfeeding support. Breastfeeding is a primary prevention strategy. If you get this one thing right in the beginning of a child's life, you can affect every area of public health. Breastfeeding reduces risks of child abuse and neglect, SIDS, obesity and chronic disease, acute illness, and the list goes on. With new information coming out on epigenetics, how what we do now can affect up to four generations, it is crucial that we address breastfeeding now. More support needs to be readily accessible to all Alaska families, not just families enrolled in WIC or families that can afford care. The need to support exclusivity and duration can no longer be ignored. If we want to reduce obesity rates, we need to start before obesity begins for a child, starting with breastfeeding.	11/28/2014 12:23 PM

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196	I would add sexual health education to youth with disabilities. This vulnerable population experiences sexual abuse at a higher rate than their peers without disabilities and yet they are given the least amount of education. They also deserve to have accurate information about healthy sexual relationships.	11/28/2014 12:18 PM
197	Availability of medical specialists in isolated communities.	11/28/2014 11:39 AM
198	behavior and mental health services are lacking in the YK delta. Services received are abbreviated and lack availability, forcing the person in need to be removed from their area in order to receive services	11/28/2014 9:59 AM
199	Fight obesity. This can cause so many other health issues and affect future generations	11/28/2014 7:23 AM
200	Counseling	11/27/2014 11:53 PM
201	Housing for unwed mothers that could provide child care and job skills/experience.	11/27/2014 3:20 PM
202	Wellness check ups for school age children and mothers of older children.	11/27/2014 7:31 AM
203	Invest more in newborns, parenting skills - in home.	11/26/2014 4:34 PM
204	Breastfeeding. Helps prevent children from getting sick and/or lessens the amount of time they are sick. Breast pumps need to be made available to every nursing mother despite insurance carrier or lack thereof.	11/26/2014 3:15 PM
205	An effective and statewide program to prevent child maltreatment and promote good parenting skills.	11/26/2014 1:54 PM
206	I think having access to public health is the most important piece that is missing here in Alaska.	11/26/2014 1:06 PM
207	I wish insurance companies covered more of the prenatal costs. If you don't meet criteria for low income Medicaid and your insurance deductibles are high (as mine are) accessing prenatal and the cost of the birth is enough to nearly make me homeless as I cannot pay my bills and pay doctors	11/26/2014 12:55 PM
208	Education and outreach. The state is well aware of the places, populations and demographics of people who are not making healthy choices for themselves or their child. Education and outreach may help a parent(s) set their child up for healthy choices instead!	11/26/2014 5:05 AM
209	Prevention of prenatal exposure to drugs and alcohol	11/25/2014 11:36 PM
210	More expansive Medicare.	11/25/2014 8:56 PM
211	Providing more complete and convenient services to Alaskans in rural and bush communities	11/25/2014 6:26 PM
212	Massive recognition and accommodation of fetal alcohol spectrum disorders	11/25/2014 6:10 PM
213	Family planning and birth control education	11/25/2014 6:06 PM
214	A better understanding of respiratory illnesses in infants, including recognizing respiratory distress, and taking those symptoms seriously (RSV, Pneumonia). This is especially critical in rural Alaska when your 2nd opinion could be over 500 miles away, as well as a doctor. They shouldn't take chances on babies, get them to a hospital!	11/25/2014 5:49 PM
215	Contraception availability	11/25/2014 5:35 PM
216	Obesity	11/25/2014 4:59 PM
217	Respite care	11/25/2014 4:25 PM
218	Broader availability, accessibility, and awareness of midwifery care for pregnant women/families. Midwives are trained to establish trusting relationships with patients, to meet them where they are, to individualize their care. Midwives emphasize nutrition throughout their prenatal and postpartum care, which leads to healthier moms and therefore healthier babies and families. Midwives educate women about the benefits of breastfeeding. They are far more likely to talk with families about attachment parenting and immediate skin-to-skin care after birth, which can greatly impact the mental and emotional health of a baby/child for the rest of his/her life. Midwives support women in having an empowering birth experience, which can impact their confidence in parenting. Midwives have lower c-section rates, which saves healthcare dollars and allows moms to have faster recovery times after birth. Midwives are a public health intervention!	11/25/2014 2:49 PM
219	Supporting policies like Erin's law to increase child, teacher, and parent awareness and tools surrounding prevention of child abuse, and increase this education to cover healthy relationships in middle and high school.	11/25/2014 1:15 PM
220	More training	11/25/2014 10:32 AM
221	Increase well child exams across the state.	11/25/2014 8:17 AM

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222	Maternal information relating to alcohol abuse. This would save many children and parents from a life of difficulty. There is also research that suggests that dietary health is also a major factor in the degree of impact resulting from ingestion of alcohol prenatally... Abstinence is best but we do too little too late	11/24/2014 9:27 PM
223	I would focus on the connection between binge drinking or drug use and the victimization of children and adult women. For adults almost like a designated driver campaign but a designated sober person to make sure you aren't victimized- your friend who makes sure if you pass out you aren't taken advantage of etc...I hear a lot of stories with this theme in the work I do with adolescents.	11/24/2014 4:05 PM
224	positive parenting skills	11/24/2014 3:17 PM
225	obesity prevention	11/24/2014 2:50 PM
226	Social gatherings and options. As a child this is the most important issue as to how they perceive themselves and the social skills they pick up from each other is so valuable as well as role modeling. Many things are learned by others but when there is no friends their development socially and emotionally really suffers.	11/24/2014 2:44 PM
227	Increased fresh foods in rural setting.	11/24/2014 1:38 PM
228	I would like to see more education on obesity. Because the health issue's are substantial later in life that ultimately cost the state millions to take care of the unhealthy, With more education about maintaining a healthy diet, exercise could help eliminate the need for health care at such a early age.	11/24/2014 1:28 PM
229	Drug abuse and addiction. Our population of youth and young adults are increasingly more involved in drug abuse. The addiction rate is very high and the results are an increase in criminal activity and health related issues.	11/24/2014 1:02 PM
230	Prenatal screening for alcohol and other drug use, and education. It happens, but more work needs to occur to make this a concerted effort. There continues to be an unacceptably high level of prenatal exposure. There are still physicians who are recommending a drink to relax during pregnancy, or who indicate that it's okay to drink during pregnancy. Prenatal alcohol exposure has been tied to a variety of other public health issues - decreased immune system and increased illness, injury, nutritional issues, oral healthcare issues, abuse/exploitation, potential diabetes connections.	11/24/2014 12:57 PM
231	Recruit mental health providers and subsidize counseling services; Increase treatment beds for substance abuse-especially 6 month to 1 year long programs.	11/24/2014 12:55 PM
232	Make all well child and preventative care either free of cost, or covered by an insurance available to all for minimal cost.	11/24/2014 12:43 PM
233	Prevent child maltreatment that leads to adverse childhood experiences affecting physical and mental health for a lifetime.	11/24/2014 12:14 PM
234	All moms need to be "checked" on, regardless of socio economic status. Even the ones who appear to have it "together" sometimes get overwhelmed and put the child at risk of abuse. Or the ones you least suspect are the ones who are using drugs and abusing children. Women and children need a nursing home health service.	11/24/2014 11:37 AM
235	I would choose domestic violence as it is harmful to families.	11/24/2014 10:40 AM
236	Creating ways to have access and creating connections to services.	11/24/2014 10:31 AM
237	Preventative services: where I work at Alaska Youth and Family Network, we teach overall wellness as an approach to behavioral health care. Families need to know what is available in their community, how to afford services, basic nutrition and physical fitness, dental and physical hygiene, and how to build healthy relationships. We address the needs of the whole family and of the whole individual. We believe that mental and emotional wellness, the ability to avoid and/or stop substance abuse, and management of behaviors all rely on a person's overall sense of well-being. Our community has a great number of resources, but many people are not aware of them or think they cannot afford them, and the Alaskan environment is so conducive to social isolation. It takes extra effort to connect people to each other, to their community, and to resources, but major progress and healing takes place once that effort is made.	11/24/2014 9:40 AM
238	discusion around mental health and taking the steps to care of oneself. And support for family around that issue.	11/24/2014 9:26 AM
239	Provide information to citizens' groups and the state legislature that shows how it might be possible for you and other state agencies to share funding for some specialized positions that no agency is likely to be able to fund on its own. An example would be certain classes of trained mental health professionals who might evaluate services across the state and/or provide some services themselves. If one agency can't afford a fulltime position, maybe two can by working together.	11/23/2014 5:40 PM

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240	obesity prevention- change diets in school lunches, teach kids about better nutrition, ban sodas and sweets from vending machines in schools, promote fruits and vegetables, no cake and cupcakes at school for birthday's, more exercise at school. Teach a healthy life style while kids are school age. Would prevent a lot of diseases (tooth decay, obesity, high blood pressure, heart disease, diabetes, etc..) Too late to teach and prevent when kids are older and grow up eating junk and not exercising. Make it fun and popular to be healthy.	11/23/2014 12:50 PM
241	Education on birth control and unwanted/unexpected pregnancies	11/23/2014 8:32 AM
242	FASD education, awareness and prevention by native teachers	11/22/2014 3:36 PM
243	Stronger laws for prosecuting women who drink/use drugs during pregnancy. More education of everyone dealing with special needs children especially those suffering from prenatal drug/alcohol exposure.	11/21/2014 4:37 PM
244	availability of health care providers.	11/21/2014 3:42 PM
245	Mental Health Many children have mental health issues which can cause other issues. Providing more information & care could help other issues from rising.	11/21/2014 1:29 PM
246	While I'd like to say Oral Health because I've been researching how poor oral health can lead to all sorts of other issues, I think I'd still have to say Bullying (including DV, cyberbullying, physical, mental).	11/21/2014 12:59 PM
247	Access to better foods in the rural areas: ie, availability of fresh fruits and vegetables to families in the villages.	11/21/2014 12:38 PM
248	Assistance with the homeless youth population and pregnant mothers that are unable to seek prenatal care.	11/21/2014 12:31 PM
249	More and better mental health services available for children. There is a serious lack of services	11/21/2014 12:14 PM
250	create a stronger TBI network.	11/21/2014 11:16 AM
251	Illegal substance abuse--it is so severe that it hits almost every youth out there. If this doesn't get prevent, America's future will be severely impact.	11/21/2014 10:35 AM
252	More qualified clinicians with training in culturally responsive practices who value all people.	11/21/2014 10:09 AM
253	Full Spectrum (acute care, preventative care, family planning, mental health) school based healthcare services - it would allow improved access and availability for the most at risk and needy populations; being able to provide early family planning, screening and behavioral health services at school to at risk adolescent females would go a long way to improving health and restructuring services towards prevention rather than management. It may also help identify children/adolescents at risk for abuse/maltreatment and behavioral health services not only for them but also for their family;	11/21/2014 9:57 AM
254	A robust system of agency self-inspection and external audits. The justification for this can be seen in the news fairly often. These crises can be prevented with small corrections, instead of catastrophic breakdowns, which are very disruptive to the served community.	11/21/2014 9:05 AM
255	Parenting classes	11/21/2014 9:00 AM
256	Access to free medical care for all children and pregnant women	11/21/2014 8:53 AM
257	I can not choose just one, they are all of great importance.	11/21/2014 8:41 AM
258	increase access to primary care-see lots of people who have issues that could easily be addressed by a visit with an MD but can't afford to get in	11/21/2014 8:40 AM
259	Family Counseling and support interventions	11/21/2014 7:34 AM
260	Kids, especially ages 5 to 11.	11/20/2014 9:01 PM
261	focus on connecting with parents instead of focusing on vaccines.	11/20/2014 8:55 PM
262	Availability and easy accessibility of youth's programs	11/20/2014 8:41 PM
263	Mental health availability. New mother support.doula care.	11/20/2014 6:15 PM
264	Improve the availability of services for women who are pregnant who suffer from mental illness or other cognitive disorders. Many of these women get pregnant due to poor relationships and or health knowledge to protect themselves. They then find themselves in crisis and a system unable to assist them well while both they themselves need medications while their fetus needs prenatal care. They often do not know where to go or have supportive families to assist them. Often the end result is addition mental health decline as the child is often disabled or taken at birth. Nothing is in place to support healthily living and education for both the woman or the fetus.	11/20/2014 5:43 PM

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265	This repeats earlier comments but my read is that basic research on a mother's state of mind during pregnancy shows that it has a large influence on health risks for the fetus - across the lifespan - this is a bit like the ACE study moving further up stream, e.g., epidemiology coming mainly from Scandinavian countries show that severe stress during pregnancy increases the risk of asthma, schizophrenia, etc in the newborn by a substantial amount. The molecular biology/epigenetics of this is being worked out now - published work every month. From what I can tell virtually no one is translating these findings to health care delivery. To me the most apparent first step is to actually find out what percent of pregnant mothers have clinically significant anxiety (PTSD; panic; generalized anxiety; high stress) plus depression. I suspect prevalence will be fairly high. If we had this data and it indicated need we could strategize - a group at the University of Michigan at the forefront of intervention research (Julia Seng) could help	11/20/2014 4:35 PM
266	better counselors who are willing to stay at a behavioral health clinic	11/20/2014 4:33 PM
267	Making health a priority in every community for education, development of services and delivery methods would be my first thought	11/20/2014 4:28 PM
268	Obesity and overweight. It is a source of so many other health problems.	11/20/2014 4:23 PM
269	More coping skills on bullying and the pressures of society. This could help some kids from feeling defeated and thinking suicidal thoughts.	11/20/2014 3:53 PM
270	Provide Transition mental health programs from youth to adulthood	11/20/2014 3:50 PM
271	Get out and play - I grew up without the modern toys that kids have now. I didn't live on the telephone - we walked or biked to our friends house. We didn't sit around and watch movies/cartoons or played video games. We were outside playing kick the can, riding bikes, climbing trees, etc. and using our imaginations to come up with things to do - even if we were stuck inside due to bad weather. I see kids that are in grade school that are lazy, "chunky" (I know not a political correct term), have no respect for anyone, and we wonder what happened to the youth from our days? There are some kids in my neighborhood that though drive me crazy I will say they are constantly outside - kicking balls (hopefully not towards our windows), playing some sort of a baseball type game, hide and seek all the time and these kids are always on the go! They remind me of how it was when I was growing up - but yet I don't see it in other areas when I am driving around. So getting kids out and about . . . off the computer, away from the video games, and cartoons (that are absolutely appalling!!) and reminding them that they do have legs and arms and a brain that is to be used for more than moving from one room to another, and pushing buttons and trying to figure the best way to shoot all the people on the video game!	11/20/2014 3:42 PM
272	Poor nutrition and obesity. If we could get everyone to be more active and eat healthy we could cut out numerous future health problems. Not only does a good diet and exercise plan help keep your vital organs and immune system in check it also helps individuals confidence of themselves. If you have confidence you may make better lifestyle and relationship choices.	11/20/2014 3:38 PM
273	Continue with the PAT program, fund it, support it and advertise it in all communities. They are effective, they have relevant information and there program here would be a good one to model after for other communities because they are successful.	11/20/2014 3:00 PM
274	More access to services that available in our Rural areas of the State.	11/20/2014 2:36 PM
275	Nutrition Education as it is directly correlated with mental health and behavior, especially with children.	11/20/2014 2:31 PM
276	Accessibility. Public Awareness	11/20/2014 1:51 PM
277	Afterschool programs for elementary students funded by school districts	11/20/2014 1:50 PM
278	Knowledge to family of detriment of unhealthy foods, snacks. The things that are happening now, will have lasting effects on them, and on our health care service. There is power in knowledge and affordable access to clean and healthy food.	11/20/2014 1:49 PM
279	Mental Health. I would chose Mental Health because I believe it is the root cause of most other issues such as alcohol or drug use. It may also produce a bully or make it easier to be bullied.	11/20/2014 1:46 PM
280	Provide more mental health services and therapy because there are not enough agencies throughout Alaska especially in remote areas.	11/20/2014 1:29 PM
281	Improving nutrition from breastfeeding, to school lunches, education, etc.	11/20/2014 1:09 PM
282	Mental and behavioral health. It is the backbone of so many other issues.	11/20/2014 1:01 PM
283	Nutrition education-hopefully would translate to decreased obesity, better oral health, less chronic conditions (diabetes)	11/20/2014 12:55 PM

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284	asthma education, awareness, and interventions	11/20/2014 12:48 PM
285	Early education/training and support for new parents	11/20/2014 12:28 PM
286	Denali Kid Care or similar financial support system should be available for the health and well-being of expectant mothers and their children should be available to prevent the burdensome and harmful stress of affording to have a child.	11/20/2014 11:23 AM
287	For low income and middle income populations Denali Kid Care should be able to be used as secondary insurance especially to cover special services such as dental, vision and mental/behavioral health.	11/20/2014 11:18 AM
288	Education around low-risk alcohol use and counseling about the most appropriate form of contraception for her, if she is not wanting to become pregnant.	11/20/2014 11:17 AM
289	Drug testing for mothers to ensure they are not taking drugs or alcohol with their pregnancy, and if they are the hospital can be prepared for the care of that child.	11/20/2014 11:15 AM
290	Healthier and affordable school lunches (and perhaps breakfast). No processed foods, more raw veggies and fruit, whole grains etc. Perhaps a free meal program for pregnant and breast-feeding mothers.	11/20/2014 11:14 AM
291	reduce tobacco use- affects lots of health conditions	11/20/2014 11:11 AM
292	Behavioral and Mental Health	11/20/2014 11:09 AM
293	More education on reproductive issues.	11/20/2014 11:04 AM
294	To promote healthy, sober relationships...If kids are taught about respect of one self and of others, what that looks like, how a healthy relationship looks, that it's okay to stick up for what you believe, how their actions/behaviors will affect those around them (eventually their own kids), hopefully they will grow up believing in themselves and feel powerful enough to set boundaries and engage in healthy relationships. this will help combat the cycle of violence, alcohol abuse etc...that plagues our state!!!	11/20/2014 10:58 AM
295	More alcohol and drug treatment programs. Substance use is often the underlying cause for many physical and mental health issues.	11/20/2014 10:52 AM
296	Intervention pertaining to substance abuse and domestic violence. Our state has a huge amount of both and the exposure to our children increases the numbers because they become learned behaviors. I worked in law enforcement for over 6 years and witnessed first hand the problems associated with substance abuse and domestic violence. Sexual abuse is another area that is largely in need of funding.	11/20/2014 10:45 AM
297	I would increase the availability for mental health supports for individuals with developmental delays.	11/20/2014 10:38 AM
298	Supporting family therapy to support healthy attachment relationships between caregiver and child.	11/20/2014 10:34 AM
299	Substance abuse programs	11/20/2014 10:32 AM
300	Access to Applied Behavior Analysts (BCBA) as part of a treatment team. This gives a behavioral support approach to someones team that is based on evidenced based practice and true effectiveness.	11/20/2014 10:30 AM
301	Ability for one of the parents to take paid time off to care for the child's health and wellbeing	11/20/2014 10:28 AM
302	Screen all babies born in AK for FASD as part of the birth testing.	11/20/2014 10:19 AM
303	Prenatal health, early diagnosis	11/20/2014 10:18 AM
304	I do not know enough to comment.	11/20/2014 10:13 AM
305	HIRE MENTAL HEALTH CLINICIANS. THIS WOULD OPEN UP THE DIALOGUE AROUND DOMESTIC VIOLENCE, SEXUAL ABUSE, CHILD NEGLECT, IPV, SUICIDE PREVENTION AND DRUG ABUSE, WHICH GROWING WORSE IN OUR STATE	11/20/2014 10:11 AM
306	Substance Abuse prevention and intervention and Mental Health Services with wider availability	11/20/2014 10:11 AM
307	The spread of unknown disease or viruses.	11/20/2014 10:09 AM
308	I would improve the family support services with the mental health services.	11/20/2014 9:55 AM
309	Access to services	11/20/2014 9:53 AM
310	Education on healthy choices - relationships, food, drug use	11/20/2014 9:52 AM
311	Early screenings and education for women in child bearing ages, referrals to preventive programming.	11/20/2014 9:43 AM

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312	Education for all health care providers on the prevalence and nature of perinatal mood disorders, universal screening for all moms (see model provided at Providence Hospital in Anchorage) and appropriate follow-up services. This is the most common complication of pregnancy and there are few services available to health care providers and patients outside of Anchorage.	11/20/2014 9:41 AM
313	Mental and behavioral health problems - if these underlying problems were more readily recognized and treated, we could solve all kinds of other problems: suicide, substance abuse, domestic violence, child maltreatment, birth defects, and so on.	11/20/2014 9:37 AM
314	education/outreach about the safety of vaccinations (including debunking the entrenched mis-information about vaccinations).	11/20/2014 9:28 AM
315	More services in Matsu Valley. In last 10 yrs population has about doubled and services have not kept pace.	11/20/2014 9:28 AM
316	Prevention in the area of alcohol and drug abuse	11/20/2014 9:26 AM
317	advertisements, actual visits with professionals in the field.	11/20/2014 9:24 AM
318	Adequate mental health services and supports.	11/20/2014 9:20 AM
319	Mental health treatment and support for all is as important as physical assistance.	11/20/2014 9:19 AM
320	Pre/post natal care with follow-ups for women/children at risk. Especially for families with medically complex children. Sometimes families go back to the village and are removed from medical supports and lost to the system. Where is the follow-up to determine that these children are being safely cared for, or that all children are being cared for?	11/20/2014 9:18 AM
321	Campaign for 100 vaccinations at all ages	11/20/2014 9:11 AM
322	Support for Alaska native families and education with regards to fasd and prevention.	11/20/2014 9:10 AM
323	Impossible! :) Information as aggressive as we've been with anti-tobacco ads targeted to young populations re: the huge impact nutrition, stress (from things like domestic violence), alcohol, etc have on a developing baby and how ugly the outcomes can be when that is ignored.	11/20/2014 8:48 AM
324	Nutrition education	11/20/2014 8:47 AM
325	parenting/relational classes - we are taught to read, write and do math, but the most important job anyone can do is parent a child. Many things could be included in this class for a person's overall health and well-being. Areas of physical health, self care during pregnancy and early years, emotional, mental and spiritual could be covered.	11/20/2014 8:46 AM
326	I would strongly encourage you to develop a program that allows public health nurses to provide home visits for postnatal care for new mothers. Visits once a month or every other month would allow children to be seen by medical professionals without necessitating an actual doctor visit. Health nurses could perform routine exams, give vaccinations and observe the child's environment (sleep area, child-proofing hazards, etc) as well as imparting information to parents (safe sleep, nutrition, development, obtaining services, potty training, etc). They provide this service in other countries and I think with Alaska's high rate of DV and alcoholism, it could be extremely beneficial (and maybe keep some kids out of the system).	11/20/2014 8:45 AM
327	Better nutrition - We have so many barriers in AK to good nutrition and it is the root of many of our other problems. Teaching parents and children how to limit their intake of sugar and eat a more traditional (or at least better quality diet) on a regular basis will increase the possibility of better productivity at school and fewer other problems. The issue needs to be addressed beyond education of parents and children. Limitations of the types of food that can be purchased on Quest cards would be something the state could do to promote better health.	11/20/2014 8:40 AM
328	Development of a statewide system for newborn follow up in first year through home visiting, similar to Plunket nursing in New Zealand. Preventative and id risk factors to provide early intervention. Huge and likely expensive, but may address many of the "fires" we are putting out later in a child's life.	11/20/2014 8:30 AM
329	Linking resources and advertising them to people in the area	11/20/2014 8:29 AM
330	Nurse Family Partnership programs throughout the state	11/20/2014 8:25 AM
331	Increase timely access to quality services to all who need them	11/20/2014 8:18 AM
332	mental health and support	11/20/2014 8:16 AM
333	Preventing child abuse, I think there are far to many children that aren't living in a loving and safe home.	11/20/2014 8:10 AM
334	I would provide more information to the public about the services available	11/20/2014 8:07 AM

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335	More emphasis on prevention and wellness.	11/20/2014 7:56 AM
336	Allow nurses to nurse instead of filling out numerous screenings that public does not want to do.	11/20/2014 7:34 AM
337	Prevention of ACEs and promotion of family resiliency	11/20/2014 7:27 AM
338	Autism screening, diagnosis, and treatment. Autism is one of the biggest health concerns for children but treatment, therapy, and services are not available. The State of Alaska employee health benefits (ASEA/Alaska Care) do not cover needed therapies. I was referred to TEFRA and approved but providers are not able to see new Medicaid patients, there are not enough providers accepting Medicaid, and TEFRA does not cover ABA and many other therapies which have been proven to help autistic children. My son meets waiver Level of Care needs but is so far down on the waitlist he will likely never receive any assistance. Although there are therapies which have been proven to provide longterm benefits and improve outcomes as he gets older I cannot access these therapies. He cannot receive speech therapy, occupational therapy, nor behavioral therapy due to insurance limitations and costs.	11/20/2014 7:13 AM
339	More focus on healthy food available to all.	11/20/2014 7:09 AM
340	Behavioral Health	11/20/2014 6:31 AM
341	Child health program.	11/20/2014 6:20 AM
342	Prevention of violence	11/19/2014 11:29 PM
343	Obesity prevention because that creates so many other health risks that will impact the rest of their lives.	11/19/2014 11:06 PM
344	young adults because the habits they have now are not conducive to self care and they can have children at any time and perpetuate the problem	11/19/2014 11:03 PM
345	Help educate and provide healthy eating options. Non processed food and promote organic produce. Be sits to get the message that drinking alcohol during intervurse is bad bad bad for the unknown pregnancy, fasd etc. our food intake as a nation is horrible and we allow corporate business in I promote horrible unhealthy food,	11/19/2014 10:18 PM
346	Available consultation 24/7	11/19/2014 9:28 PM
347	More school-based services so families with transportation issues or difficulty taking time off work can get needed health care services for their children.	11/19/2014 9:26 PM
348	Access to respectful, trauma-informed and culturally relevant comprehensive health services (including reproductive and behavioral health services) for all women age 13 and older, regardless of ability to pay. This insures that women bear children intentionally and with access to the information and care they need to be healthy before, during, and after pregnancy.	11/19/2014 8:24 PM
349	Mental Health support for young mothers	11/19/2014 7:05 PM
350	Re-emphasis on well child (EPSDT) visits. Prevention is always going to be better than intervention and treatment.	11/19/2014 6:26 PM
351	I would choose the prepubesent, and teen population because they are experimenting and exploring their sexuality.	11/19/2014 6:16 PM
352	Access to mental health and substance abuse services in rural communities. The lack of services in rural communities has a negative impacts on many areas of life for mothers and their children.	11/19/2014 5:58 PM
353	housing.	11/19/2014 5:39 PM
354	improve immunization rates	11/19/2014 5:08 PM
355	free health care and education	11/19/2014 4:59 PM
356	Better service for Rural communities, assure that they have open clinic's and aides to assist.	11/19/2014 4:54 PM
357	Intervention with Pregnant women about side effects of smoking and using alcohol	11/19/2014 4:42 PM
358	Suicide prevention/intervention	11/19/2014 4:40 PM
359	Mental Health	11/19/2014 4:32 PM
360	Improving prenatal education to promote increased breastfeeding!	11/19/2014 4:24 PM
361	Better and more accessible services in schools for children with disabilities	11/19/2014 4:24 PM

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362	Decrease child neglect and maltreatment by improving infant-mother bonding and improving availability of family planning services to women	11/19/2014 4:23 PM
363	early childhood development - everything else builds on it (screening/education/referrals/catch problems early/help train the adult to be better parent.....the list goes on and on.)	11/19/2014 4:22 PM
364	Family support especially around prevention of Adverse Childhood Experiences	11/19/2014 4:16 PM
365	Meaningful, community-based, client-centered mental health services for all. This would include healthy relationship skills and substance abuse prevention and treatment (including alcohol), because they are all intertwined.	11/19/2014 4:15 PM
366	Cultural diversity. Not enough minorities represented.	11/19/2014 4:09 PM
367	our youth!... as the old saying goes as we take care of them they will soon be taking care of us adults... Our community is really lacking in youth intervention, youth community development, youth drug/alcohol prevention and future preparation. I think our state has spent a large amount of time and money focusing on the native population but the bottom line is, a teenager is a teenager no matter what his/her nationality is-- as they are a common group of young adults we need to be leading and assisting all of them equally! When I'm trying to help a teen the very first question I always get "is he/she native?" if so we have all these, but if not we have nothing-sorry.	11/19/2014 4:02 PM
368	Increasing the access to preventative and early intervention services (medical, mental health, and substance abuse) in the rural and bush communities so that needs can be treated early on. As a condition worsens for an individual, 1) the circle of people who are impacted may widen significantly, as may the burden of care for the community, 2) the likelihood of successful treatment for the individual decreases, 3) the likelihood that the treatment will have to occur outside of the person's home community, where they have fewer natural supports, increases, and 4) the level of trauma associated with the treatment itself may increase as a result of being in unfamiliar conditions and without those natural supports. Increasingly we are seeing telephonic and video counseling services in the lower 48. Perhaps a version of that could be developed in order to reach these communities more effectively, since sending teams could be logistically challenging. Local healthcare workers, whatever their level of training, could potentially be trained to operate the equipment and serve as the gatekeepers for the services.	11/19/2014 4:01 PM
369	Offer more/better Mental health supports. My second choice would be to do with spouse/partner/child abuse issues. These issues impact the individuals throughout their lives, affecting their ability to function as effective members of society, individually, and as parents.	11/19/2014 4:00 PM
370	Behavioral health; it's the most needed in this area right now.	11/19/2014 3:58 PM
371	Early intervention in behavioral and mental issues. These seem to incur a huge cost to society over the lifetime of the individual.	11/19/2014 3:48 PM
372	I would improve the preventative reinforcement with drugs. Many children in Alaska have a huge problem with drugs due to violence in the home or other reasons which can cause many things like depression. If we focus a bit more on this area then we can make a difference.	11/19/2014 3:46 PM
373	most Important: the State stay out of people lives/business unless ask to be involved.	11/19/2014 3:45 PM
374	Stop interpersonal violence	11/19/2014 3:42 PM
375	Cost and availability....ObamaCare was supposed to make affordable health care to mom's and children and so far it has not completed it's so called purpose. The State of Alaska / Medicaid program can not support these needs alone.	11/19/2014 3:38 PM
376	infant/child parent mental health screenings and services.	11/19/2014 3:38 PM
377	Peoples desire to do for themselves so that these services could be put to their best use.	11/19/2014 3:38 PM
378	TO education the parents about proper nutrition for toddlers to help prevent child-obesity.	11/19/2014 3:36 PM
379	The evils of drugs and alchole on the fetus and on family life	11/19/2014 3:32 PM
380	work on improving knowledge of programs available on website's suck as Facebook or other social media's. Most flyers are published in public space but few are published on the Internet where are large group of young moms and teens are located.	11/19/2014 3:30 PM
381	Identifying women and children who are experiencing abuse/neglect in the home and developing effective strategies to resolve these issues.	11/19/2014 3:30 PM

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382	Get services to the low functioning, mentally ill, and the drug addicted parents BEFORE they abuse, neglect, and kill their children. OCS can't do it all, obviously.	11/19/2014 3:29 PM
383	Focus efforts on the determinants/social economic impacts of health as compared to focusing on the individual clinical interventions. If public health and primary care all focus on the same thing (i.e. individual clinical interventions) then our population health indicators will continue to stagnate or decline.	11/19/2014 3:29 PM
384	Reduce the amount of alcohol incident like, abuse, domestic violence and sexual assaults.	11/19/2014 3:29 PM
385	Ability for everyone to access the same health care. If you are over income for Medicaid finding insurance coverage that assists with mental health issues, medical treatment and prenatal care is lacking. People should not be held back to get help in these issues because they can't afford health care coverage.	11/19/2014 3:27 PM
386	reproductive choice - access to abortion	11/19/2014 3:26 PM
387	Informing the public of what is available to them. Though the public health system is utilized, I couldn't tell you off the top of my head what is available to myself or my family.	11/19/2014 3:25 PM
388	More on obesity prevention and control, especially for children. Chronic Disease is doing some good social marketing, but we need more!	11/19/2014 3:24 PM
389	Reduction of harm regarding drinking. Pressing upon new parents to make a plan for safe caregivers for their child(ren) PRIOR to drinking and not resuming parental roles until they are completely sober.	11/19/2014 3:23 PM
390	Focus on Fetal Alcohol affects and services that can be provided. Not just learning about the disorder but an actual agency that can focus on the child all the way through adulthood. FAS is not just limited to one portion of a person's life. It is "forever" and follows that person to the day they die. At present there is extremely limited options for someone with FAS and many times their behavior leads them to be charged with crimes that may have been able to be circumvented or at least where the therapeutic courts could get assistance in helping that person understand (to their ability) how to manage their own behavior ( as much as they're able to).	11/19/2014 3:23 PM
391	Teach healthy eating habits	11/19/2014 3:22 PM
392	smoking cessation and alcohol prevention during pregnancy	11/19/2014 3:20 PM
393	Trauma informed care, child care initiatives to support the needs of children and families, outreach to parents on what programs are out there for them to access	11/19/2014 3:19 PM
394	Reduce the number of abortions, plain and simple. An abortion is a traumatic event for the mother (mentally and physically) and the life of a child is snuffed out while she is forming a bond with her mother. There needs to be more and better options for birth control that do not require the death of a baby and are minimally invasive to women.	11/19/2014 3:15 PM
395	More and any PRE-vention models	11/19/2014 3:15 PM
396	obesity to help stop illness that can be prevented	11/19/2014 3:15 PM
397	FASD prevention. A preventable permanent birth defect that impacts families (repeating cycle, suicide, high needs individuals, etc.) and burdens the state systems (schools and jails) should be PREVENTED.	11/19/2014 3:13 PM
398	Obesity is hurting every population. Access to health educators, health and fitness specialists to increase activity and decrease obesity should be everyone's priority since obesity causes numerous other physical and mental health issues. Prenatal, Postnatal and contraception education is needed to empower Alaska's women into taking good care of themselves, their children and control what happens to their body. Support and education for new and expecting mothers can make a world of difference as well. Sexual health education is desperately needed for all patient populations to make safe and informed decisions.	11/19/2014 3:12 PM
399	Focus on Trauma and the impacts to physical health. It is not a myth anymore. The dialogue must include the issue of trauma or programs will continue to fall short in providing adequate care.	11/19/2014 3:09 PM
400	Drug use of parents and youth. It is the root of many of the other concerns. If it is addressed and reduced, other issues would be reduced.	11/19/2014 3:08 PM
401	I can't choose just one.	11/19/2014 3:07 PM
402	Choosing one area for Public Health to focus on to improve the health of Alaskans would be for Public Health to aggressively work on the issue of Obesity in Alaska. Obesity affects many people through out the state as well as contributes to many other health issues that cost more money in the long run, than if the issue of obesity had been addressed earlier in the individual's life.	11/19/2014 3:06 PM

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403	Organization of social support groups (such new mom groups) in villages for new parents (both mothers and fathers) to promote peer support on common topics such as breastfeeding, post-partum depression, etc. I think peer support is missing in many settings and clients are motivated in their day to day choices by their peers (and addition to their intermittent interaction with the health care system).	11/19/2014 3:05 PM
404	Healthy intimate partner relationships with the teen and young adult populations.	11/19/2014 3:05 PM
405	Home visits for new born babes and moms. It helps to have a trained eye to assess problems and help with breastfeeding, etc.	11/19/2014 3:05 PM
406	Sex Education and Drug Education in the schools	11/19/2014 3:04 PM
407	substance abuse during pregnancy	11/19/2014 3:03 PM
408	Access to affordable mental health care for all ages. Good quality of life starts here. You can cope with most of the rest of what life throws at you, if you have reasonably good mental health.	11/19/2014 3:02 PM
409	Education is best overall. Knowing your resources. There are plenty of health fairs, job fairs, school fairs and the like why not a fair to educate the population of what is available and how to attain the care/aid. Also education in schools, flyers, radio. There are several programs recognized nationally and would offer an advantage if the tools were used locally.	11/19/2014 3:01 PM
410	Keep focusing on the nutrition aspects. If a kid isn't fed properly, nothing else you do matters. They don't learn as well, don't feel as well, there are problems with obesity, potential for chronic disease long-term, poor oral health, etc. I see so, so many children who appear to be not be well-fed.	11/19/2014 3:01 PM
411	Nutrition and availability of health care.	11/19/2014 3:00 PM
412	obesity reduction	11/19/2014 3:00 PM
413	That is too difficult to answer. It is unfair!	11/19/2014 2:59 PM
414	the past year we have had a extremely high number of baby deaths in Anchorage due to parents sleeping with their new born babies in the same bed with the parent(s). I think there needs to be some kind of PSA/ education for mom's about the high risk this can pose.	11/19/2014 2:59 PM
415	Access to services for at-risk families with young children.	11/19/2014 2:59 PM
416	Healthy relationships, esteem building for women, no substance abuse treatment facilities here, STD's...need to start early in high school and in jr. high.	11/19/2014 2:58 PM
417	Mandated birth control for those with substance abuse issues as there are way too many cases that are seen over and over again of FAS and abuse from substance addicted mother's, grand-mothers, siblings and father's.	11/19/2014 2:57 PM
418	Decreasing the use of tobacco would have multiple benefical effects on the health of Alaska's maternal and child populations. Improved airquality in the home would lower ear infection rates, as well as the rates of RSV among young children. Decreasing smoking among pregnant women would have benefits in improved infant health. Of course less smoking also means decreased rates of smoking related cancers.	11/19/2014 2:56 PM
419	Obesity/overweight prevention	11/19/2014 2:55 PM
420	Mental health services	11/19/2014 2:55 PM
421	single payer	11/19/2014 2:55 PM
422	The passage of Erin's Law. Teaching children about sexual abuse and what to do if it happens to them or someone they know.	11/19/2014 2:54 PM
423	Obviously mental health and proper reproductive health education. "Hiding in the closet" with sexual health is going to make problems much worse and raise the underage pregnancy rates.	11/19/2014 2:54 PM
424	expanded in home services with qualified providers	11/19/2014 2:54 PM
425	Increase in Mental Health Care Services that address FASD	11/19/2014 2:53 PM
426	To be able to legally help in some way those mothers who are abusing substances while pregnant.	11/19/2014 2:51 PM
427	domestic violence and drug interventions as these rates are high in Alaska	11/19/2014 2:50 PM
428	Obesity prevention and care.	11/19/2014 2:49 PM

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429	Treatment for drug and alcohol vs incarceration. Work with families to find additional supports especially outside of major city hubs such as Anchorage.	11/19/2014 2:49 PM
430	Obesity since it is so WIDE spread	11/19/2014 1:52 PM
431	Education emphasizing prevention strategies	11/19/2014 1:48 PM
432	Increase access to healthy, affordable food - whether this is through WIC, SNAP, Child Nutrition Programs, School Meals, etc.	11/19/2014 1:15 PM
433	I would choose an obesity intervention. I believe that many other health problems stem from obesity such as diabetes and these could be prevented or risks lowered if obesity rates were lower. I firmly believe that people who are fit are far more likely to be healthy and that healthy people will seek out help when they need it. Early intervention is a powerful tool.	11/19/2014 10:57 AM
434	I believe it is important to provide access and sexual health information and health care for all women of child bearing age. It is empowering to be informed of all options when it comes to ones sexual health including birth control options, testing, pregnancy, etc.	11/18/2014 11:58 PM
435	Family planning!!! Because planning intentional pregnancies allows for appropriate birth spacing, reduction/elimination of potential teratogens, the potential for reproductive life course planning for all individuals involved in a pregnancy, and healthier birth outcomes. The list of benefits goes on...	11/18/2014 3:50 PM
436	Teen pregnancy. Young parents who don't have the skills to parent a baby.	11/18/2014 3:48 PM
437	Breastfeeding support/duration--it's tied to so many other health outcomes and we have good #s of people starting but not so great on continuing.	11/18/2014 3:46 PM
438	I would implement more breast feeding rooms around town to give women a clean secure place to breast feed their child and educate women regarding the benefits of breast feeding.	11/18/2014 3:42 PM
439	Curb domestic violence against women.	11/18/2014 2:45 PM
440	Prenatal for pregnant women, make accessible and follow through after delivery	11/18/2014 2:41 PM
441	More than one provider choice at a sliding scale fee for the low/underinsured. More grant services for Mental health services- in my area so we don't have to travel to anchorage for a service we should be able to get here. Additional screenings health checks through the health department. Better teen education and support from Planned Parenthood. Better advertisement for the BHCH for womens health.	11/18/2014 2:30 PM
442	Adding School Health Services to schools across the state would help a wide cross-section of these populations and make health and mental health care easier for at risk populations to access - It would create healthier future generations.	11/18/2014 1:36 PM
443	Children with special health care needs. Public health intervention and participation in this population is largely lacking. From my perspective, after a baby is born and identified with a special healthcare need, the child is referred to early intervention services and become basically non-existent in the MCH arena. I encourage MCH to look at the most vulnerable of "vulnerable" populations - CHILDREN with special needs. On a positive note, the programs that MCH is currently implementing for general population are making a significant, positive impact in Alaska.	11/18/2014 1:19 PM
444	nutrition education, exercise	11/18/2014 1:19 PM
445	Have every new mother visited by a home nurse a week or two after they return home and the reality of motherhood has hit home and they are feeling overwhelmed, sleep deprived, and inadequate.	11/18/2014 1:11 PM
446	Teach them about the dangers of alcohol in an effective manner.	11/18/2014 12:48 PM
447	Maternal health preconception - because it is easier to birth healthy children than to try to make them healthy after they are already sick.	11/18/2014 12:38 PM
448	Breast feeding- helps eliminate a lot of the child and mom's physical, emotional health issues and a stronger child- mother (family bonds) relationship that leads to a stronger and healthier family dynamics too. Healthier child leads to healthier family leads to healthier community.	11/18/2014 11:56 AM
449	Access to affordable healthcare insurance.	11/18/2014 11:29 AM
450	obesity	11/18/2014 10:18 AM
451	domestic violence and sexual assault prevention for women in Alaska who suffer the highest rates in the nation.	11/18/2014 9:31 AM

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452	More resources for pregnant teens.	11/18/2014 8:59 AM
453	Education on reproductive health	11/18/2014 8:28 AM
454	I think better knowledge about birth control and family planning would be the one to improve most on. I see a lot of people coming in who are having another child while they are on food stamps, WIC, denali kid care and such.	11/18/2014 3:31 AM
455	mandatory, comprehensive sex education in grades 8 and 10, taught by a highly qualified health teacher- not just any academic teacher filling in for one semester of health class.	11/17/2014 9:25 PM
456	ACE's (adverse childhood experiences) mitigation. ACEs are linked with so many serious health issues (both immediately and later in life) that addressing them--reducing them--will pay off in a huge way for all health issues (i.e. obesity, mental health, substance abuse, violence, cancer, COPD, etc.). Addressing ACEs (which includes addressing parents who may be the cause of these ACEs) is the upstream, public health approach we all should be focusing at least some of our energy on. It will have a profound impact on overall health.	11/17/2014 4:35 PM
457	Improve access to quality health care and guide families in effectively using their medical home for prevention and coordinated care.	11/17/2014 4:32 PM
458	Well child visits, because they are comprehensive, and address many needs.	11/17/2014 3:28 PM
459	Expand Medicaid services	11/17/2014 2:48 PM
460	Increase availability of clinics for immunizations and well child checks/screening to include all children regardless of economic status and provide adult immunizations for all adults--could be some co pay but all adults need access for influenza and pneumococcal immunizations.	11/17/2014 1:57 PM
461	Promotion of comprehensive well-child exams based on Bright Futures guidelines as a means to identify health problems early; provide appropriate referrals and interventions especially related to mental and behavioral health and trauma.	11/17/2014 12:33 PM
462	Access to high quality preconception health education including K-12 comprehensive sexual health education with access to family planning (access when teens, not K-8), childhood development/parenting and social emotional education to help students understand their feelings and cope, anticipatory guidance for parenting so they can make informed decisions when ready.	11/17/2014 12:18 PM
463	Mental Health issues. I believe that an underserved maternal population in this area fully affects any children they will have, setting up a new generation to be unable to cope with any issues they mave have or can lead to the children having their own issues.	11/17/2014 11:40 AM
464	Impliment some kind of benefit for postpartum care. This could include paid maternity leave and extending the lenth of maternity leave allowed. If mom is working a job for a certain amount of time before delivery. The US does not even compare to other countries when it comes to postpartum care. In return, I believe that the health of mom and babies would improve. It would effect the mental health of mothers and children. It would probably decrease abuse and neglect and help our state raise healthy kids.	11/17/2014 11:28 AM
465	Prolonged paid maternity leave for mothers and offering paternity leave to fathers - without the requirement of working at the employer for six months to a year. This would ensure a healthier mother - physically, emotionally and mentally, to return to work. As well as, encourage parental-baby bonding to make for a healthier child. By increasing the time allotted for leave to mother and father, it has the potential to increase the birth rate among Alaskans by encouraging parents to have children while maintaining their job status.	11/17/2014 11:19 AM
466	somehow lessen stigma of mental health problems, and encourage people to seek treatment early, rather than waiting until it is a big problem (same with physical health).	11/17/2014 10:43 AM
467	reducing alcohol and drug exposure in the prenatal population. I am very concerned about the new marijuana law and how that will impact future generations.	11/17/2014 9:18 AM
468	Acess to Speical Needs - ASD children	11/17/2014 8:47 AM
469	child abuse and neglect prevention programs in Alaska due to high prevalence and impact on the population	11/17/2014 8:24 AM
470	Prenatal Breast feeding education. Would probably help with infant/child obesity, bonding, cut out financial costs of formula.	11/17/2014 8:10 AM
471	Nutrition: Food security in Alaska is a topic rarely discussed but is very important for fetal development.	11/17/2014 8:10 AM
472	Alcohol and Drug Abuse	11/17/2014 1:44 AM

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473	The coordination of program areas dealing with children and adults with special needs is sorely lacking. It is great to provide services and public awareness to the general public for children and adults without special needs but one part of vulnerable population's (specifically those with disabilities) health needs are not being addressed. They are few programs identifying the absence of services within the special needs arena. However, a program that identifies and presents the services lacking must be followed up with. Certain programs are attempting to address this issue. Unfortunately the most vulnerable members of the vulnerable population above are not included. This is great concern to me and very disappointing. As I discussed above, all issues being addressed by MCH are extremely important and need to be addressed. However, I am disappointed at the lack of services including people, and specifically children, with special needs.	11/16/2014 7:52 PM
474	More and more publicized services for preschool populations	11/16/2014 3:17 PM
475	parenting education	11/16/2014 2:43 PM
476	Alcohol prevention. I work in an emergency department and see the side effects of alcohol, either thru the chronic enebriates, traumas, mental health issues from FAS, the list goes on and on. The second intervention would be tobacco abuse.	11/16/2014 11:11 AM
477	Alcohol use - shows up in many aspects of health - FAS/FAE, child abuse, domestic violence/partner abuse, etc.	11/15/2014 3:09 PM
478	More information to the public. If they don't know what is available, they can't utilize services/receive help. I'm not sure if this is your area or not, but since domestic violence was mentioned, I'll just make a comment that I feel domestic violence awareness and prevention programs/classes/speakers should be brought into middle and high schools. It's too bad that most women don't know how to recognize abuse until it's too late. I also think having more nutrition education services available, separate from WIC or SNAP education, would be helpful.	11/14/2014 6:47 PM
479	Reduce tobacco product use broadly and reduce alcohol use prenatally. These issues have many consequences for unborn babies and children in the home, formed habits that are modeled later in life, etc.	11/14/2014 3:18 PM
480	Reduce intimate partner violence and sexual assault with more education about healthy relationships and interpersonal communication skills starting in elementary schools.	11/14/2014 1:36 PM
481	More info on healthy eating during pregnancy, the impact it has on baby and mom. The importance of low to no caffeine and consuming at least 8-10 glasses of water a day. Many take pregnancy as a free ticket to eat whatever they "crave" which is often McDonald's.	11/14/2014 8:48 AM
482	Expanding Medicaid eligibility	11/13/2014 10:56 PM
483	Widely available contraceptive services coupled with health curriculum in schools that links menstrual cycle with times of risk (i.e. for FASD prevention messaging)	11/13/2014 10:08 PM
484	Reduction of Intimate Partner Violence / Unhealthy Relationships	11/13/2014 6:48 PM
485	Coordinate with OCS to support alignment with the Indian Child Welfare Act (ICWA) to keep Native children from being unnecessarily removed from their communities.	11/13/2014 2:38 PM
486	There needs to be more information provided to the public about co-sleeping with infant/children under the age of 1 year old.	11/12/2014 5:02 PM
487	The sexual assault issue.	11/12/2014 10:39 AM
488	The only thing I can think of right now is education on co-sleeping...in a smart way...not just give everyone cribs, let them know why they need to use their cribs in certain situations...like if they are extremely tired, have been smoking marijuana or drinking alcohol etc.	11/12/2014 6:48 AM
489	Social supports for breastfeeding. What an amazing & healthful connection that pays off long down the road. Need more of this in society!	11/11/2014 11:39 AM
490	Stop kids from using illicit drugs-It WILL ruin you!	11/9/2014 4:41 PM
491	I would expand eligibility for both Medicaid and Denali KidCare. Alaska has one of the highest rates of uninsured children in the country, and being uninsured is unquestionably a barrier to receiving preventative care (as well as acute care). Women of lower socioeconomic status in Alaska without children are ineligible for Medicaid. Without insurance, their ability to receive primary care (including preconception services and early prenatal care) is limited and they self-ration this care. Expanding Medicaid and Denali KidCare is a way to enhance equity, bring everybody under the tent, and enable more effective solutions for a variety of problems that have a much better chance of actually reaching people in need.	11/9/2014 7:31 AM
492	I would choose that high school students would be able to have better access to health care providers that they can ask all sorts of questions too.	11/7/2014 9:50 PM

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493	Comprehensive sexual education because everyone needs to know how to be sexually responsible and how to prevent std and pregnancy	11/7/2014 5:25 PM
494	obesity	11/6/2014 10:07 AM
495	child/adolescent mental health- kids staying too long in the ER for placements	11/6/2014 1:43 AM
496	all services would be free and many TV ads would let people know it is free and where it is. As I said earlier, the people needing this will not sacrifice cigarettes or snowmachines for health care	11/5/2014 3:58 PM
497	Mental health	11/5/2014 10:00 AM
498	age of young adults (15-20s): more accessibility	11/5/2014 9:54 AM
499	Reduction of domestic violence because there is evidence that 53% of women in the Mat-Su Valley have been abused.	11/5/2014 9:34 AM
500	Greater availability of preventative health services, whether by being insured or just being provided with public funds	11/4/2014 3:40 PM
501	Oral health. It's so important to the overall health of an individual and yet so many people go years without visits. So many people have missing teeth and other issues that impact how they eat, what they eat, and their overall health.	11/4/2014 3:38 PM
502	Breastfeeding, Breastfeeding, Breastfeeding. The benefits are so far-reaching. It helps the mother, the child, the family, the wallet, etc... it is the basis of improvement in overall health of our community. Next after that I would go for vaccinations. They are not only a chance for a population to fight disease, they are also part of a plan for health care for the community.	11/4/2014 1:30 PM
503	continue home visiting nurse programs. Great asset in preventative care, and modeling positive behavior and parenting	11/4/2014 9:20 AM
504	drug and alcohol abuse, it's so bad these days.	11/4/2014 8:34 AM
505	I think we need to improve our accessibility to quality dental care. Much of our state is rural, with children losing baby teeth far earlier than what is considered a developmental norm. There are families in our village populations that pass the fear of the dentist and dental care through generations. There seems to be more of a defensive position to dental treatment rather than an offensive position, at least in our rural populations.	11/3/2014 1:25 PM
506	I would like to see our Public Health Nurse have some admin assistance when she arrives in our area so that she could have help out reaching families. It would also be very nice for her to have an office to work out of!	11/3/2014 11:20 AM
507	NA	11/3/2014 10:51 AM
508	More services, more access, and more Alaska natives in the positions to help our Yup'ik people out here in the YK Delta.	11/3/2014 10:50 AM
509	Very low cost family planning services to anyone who wanted them and the ability to bill insurance if the patient had it.	11/3/2014 10:43 AM
510	provide education and help for the younger women who have children and don't know enough about what the child needs to be healthy.	11/3/2014 10:27 AM
511	I would change the DHSS/DPH leadership and governor. I have little hope that we will advance the health of MCH populations with an anti-science, religious right administration.	11/3/2014 6:14 AM
512	More well baby checks and more access and availability	11/2/2014 11:23 PM
513	Better eating habits and more exercise for children and mothers. I believe that there are so many more health issues in the current decade due to child obesity; lack of healthy eating and lack of exercise and an active lifestyle.	11/2/2014 6:56 PM
514	Create a sustained asthma control program in the Division of Public Health. Asthma is the most common chronic health condition among children. Respiratory issues are ranked number 4 in the division's plan. Nothing at the State level is being done about asthma, which is on the increase and kills people.	11/2/2014 12:58 PM
515	Peds sub specialty recruiting Should coordinate with all health care sectors	11/1/2014 11:09 AM
516	Increase funding for public health. PHNs can make a tremendous difference, especially in villages but they need to be able to go!	10/31/2014 6:12 PM

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517	It's a tie between vaccine preventable diseases - promoting immunizations benefits society as a whole - and mental health as there is still a large stigma around mental health and limited availability of providers.	10/31/2014 4:31 PM
518	Unsure	10/31/2014 4:17 PM
519	Childhood obesity	10/31/2014 2:41 PM
520	I think training people on adverse childhood experiences and how to help build resilience in children and parents would help a lot.	10/31/2014 9:57 AM
521	I would make full time health nurses available in every community, funding them well so that they can do home visiting as well as service in the office	10/31/2014 8:55 AM
522	Nurse family partnership.	10/30/2014 4:55 PM
523	Develop, pilot and evaluate a public education program on alcohol consumption among women of child-bearing age. Most women don't calculate, or incorrectly calculate, the risk of having a FASD child when they consume alcohol. It may be a small risk, but the costs are extremely high.	10/30/2014 4:14 PM
524	Immunizations for all, It is a fight with parents and providers to get them done on time. Would love to give them in the schools but the current system makes it very hard and so we no longer have this option.	10/30/2014 1:04 PM
525	Parenting training.	10/30/2014 11:57 AM
526	Single payer health care system.	10/30/2014 9:13 AM
527	finding a way to get the basics of support for housing, nutrition and support for struggling families (basic human needs must be met first)- how to get affordable housing and affordable healthy foods for all families.	10/29/2014 9:31 PM
528	I would like to see increased accessibility to services in the villages.	10/29/2014 5:32 PM
529	Healthy nutrition with consistent availability particularly in the villages where it is not available	10/29/2014 3:52 PM
530	mental health care for women and children	10/29/2014 3:47 PM
531	Mandatory vaccinations. Vigorous STI screenings. Good access to family planning and preventative healthcare services.	10/29/2014 3:39 PM
532	Policy change to address the lack of paid maternity leave.	10/29/2014 3:22 PM
533	Universal home-based nurse visits for families with infants and young children for up to age 5	10/29/2014 3:21 PM
534	PUblic Health Nursing for all who would like it. Consistency and follow up in the OCS system	10/29/2014 3:17 PM
535	Support and bulid strong families. No entity or intervention can replace a strong family	10/29/2014 3:14 PM
536	Maternal Depression due to the extensive research that has been conducted in this area that demonstrates the impact of depression on mothers, their children and the community. There is also a cost benefit of treating Maternal Depression refer to Zero to Three May 2014 Volume 34 No 5 which illustrates the impact on the mother, child, systems of care and society.	10/29/2014 3:12 PM
537	Accessibility of behavioral health services - behavioral health is at the root of so many health issues, and these services are particularly hard to access.	10/29/2014 2:58 PM
538	Make a lactation consultant free and assigned to each mother who gives birth at any of the hospitals or birthing centers in Anchorage (and Alaska). Breastfeeding, firstly and most importantly, is HARD. Having a specialist to support and help would encourage more women to exclusively breastfeed in the formative years of their child's life. Supplemental would be to make a policy that workplaces, schools, outdoor environments, etc. be breastfeeding friendly spaces.	10/29/2014 2:17 PM
539	keep the immunization program and have it available for all ages,	10/29/2014 2:09 PM
540	Better resources and supports for special health care needs for children.	10/29/2014 1:48 PM
541	More mental health care availability out of larger cities.	10/29/2014 1:37 PM
542	Better access to behavioral health services and trauma informed providers for primary care. more public health nurses that can do community work and individual home visiting if necessary.	10/29/2014 1:35 PM
543	access ready phone numbers... like a hot line.	10/29/2014 12:41 PM
544	Universal access to care	10/29/2014 12:37 PM

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545	mental health issues or substances abuse issues are the most important	10/29/2014 12:17 PM
546	Intensive early intervention with mom's expecting their first baby and stick with them through the entire first year of life. Set the trajectory right from the start and if it doesn't work, someone is present to troubleshoot and intervene if necessary to ensure the child has a safe and healthy start. Waiting until they are damaged physically and/or emotionally creates loss for all involved and society as a whole.	10/29/2014 12:07 PM
547	More home visiting - this would address the accessibility concerns I have and help providers get a more well rounded picture of a child or family.	10/29/2014 11:44 AM
548	Early development screening	10/29/2014 11:22 AM
549	increase access to HIV screening, STI screening, mental health services and substance abuse interventions	10/29/2014 11:22 AM
550	Dental. I see dozens of students each year who come to me with dental pain/ infection/ rotten teeth..ect, and I have no where to send them for help. If they don't have insurance coverage most parents won't take them to see a dentist. The parents won't apply for government assistance because it asks for social security and family member information. I have tried to help enroll several students in Denali Kids Care and all were rejected for one reason or another. There is one dentist in town who will help me out and do some free work, but she can only see the most severe cases. It's not right that there is no alternative for those children without insurance. They just slip through the cracks...	10/29/2014 11:15 AM
551	To target at risk teenagers and start promoting education at an early age in the district and the villages.	10/29/2014 10:53 AM
552	Prenatal care, including folic acid supplements for all women of child-bearing age. Because so many birth defects occur early in pregnancy and most women may not know they are pregnant. Taking folic acid BEFORE getting pregnant can help prevent so many defects.	10/29/2014 10:33 AM
553	have Public Health centers give more vaccines	10/29/2014 10:19 AM
554	affordability	10/29/2014 10:10 AM
555	teen parents, need to be educated	10/29/2014 10:06 AM
556	mental health care and school nursing	10/29/2014 9:59 AM
557	increase access to healthy foods; decrease access to unhealthy foods	10/29/2014 9:47 AM
558	focus on interpersonal violence, i.e. child abuse, domestic violence, sexual assault. We have the highest rate of violence in the nation and need to educate the public on these issues and resources that are available.	10/29/2014 9:42 AM
559	Reduce number of unintended pregnancies	10/29/2014 9:42 AM
560	Could services be brought to people?	10/29/2014 9:35 AM
561	consistant service's and follow ups in all service's	10/29/2014 9:27 AM
562	Availability of appointments, transportation services and better care coordination for special needs children and availability of in home providers of care	10/29/2014 9:19 AM
563	Fund and recruit more quality health care providers who are experts in maternal/child health	10/29/2014 9:12 AM
564	quailty site visits and intervention	10/29/2014 9:08 AM
565	Nutrition - healthy eating habits. This covers balanced meals, eating for your health needs, obesity, etc. Covers a lot of areas.	10/29/2014 9:06 AM
566	address adverse childhood events (ACEs) as the serious public health problem it is--- r/t unintended IUP, mental health including suicide, violence--domestic and otherwise, school dropout	10/29/2014 9:00 AM
567	Quality of health care	10/29/2014 8:43 AM
568	I would take care of those individuals with people who have chronic diseases such as asthma, diabetes type 1, etc. for moral support, supplies support, group support, program support, etc.	10/29/2014 8:37 AM
569	How about three: Outreach, Case Management, and Consultation. Outreach is critical to letting the public know what is available via resources and new information. Case Management to engage parents and children in a relationship that allows them to speak freely and call when questions do arise. Consultation to problem solve and work through and issues they would like to address.	10/29/2014 8:29 AM
570	Open discussion about the abuse of women and children that occurs in all Alaskan communities. Do not give a pass to those who contend this abuse is a culturally accepted option.	10/29/2014 8:08 AM

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571	More school-based health clinics - increase availability and accessibility for Anchorage's youth.	10/29/2014 8:05 AM
572	Remove soda pop as an item that can be purchased with Food Stamps. Soda has no nutritional value. It is empty calories that contribute to caries and obesity. Both problems that severely affect Alaska's Maternal and Child Health populations.	10/29/2014 8:01 AM
573	nutritional advice to reduce obesity	10/29/2014 8:01 AM
574	Reproductive health	10/29/2014 7:59 AM
575	Psychiatric care. I can not get anyone into see a psychiatrist.	10/29/2014 7:59 AM
576	NOT SURE	10/29/2014 7:58 AM
577	I don't know what specific intervention would work to reduce alcohol consumption and illegal substance use among reproductive aged women, but these two items are related to FASD and postneonatal deaths.	10/29/2014 7:33 AM
578	Mental health care. What we have now is at times more harmful than helpful. Especially in longterm inpatient psychiatric services. Northstar Behavioral Health is the major resource for the state and they are very poorly run, over crowded and more about confinement than therapy. It is devastating to children warehoused in such a way. With the money they receive from our state Medicaid system, they could easily do things differently and better. Why don't we have any therapeutic boarding schools for our kids, places where they can be safe, secure, receive the services and school they need in an environment that allows them to move and get out side.	10/29/2014 6:58 AM
579	not sure	10/28/2014 9:51 PM
580	Prenatal support for families with a prenatal disability diagnosis	10/28/2014 9:35 PM
581	Replicate the Nutaqsviik Program in every community & make it available to rural, working poor without the requirement of registering before child's birth. Many moms don't know how overwhelmed or challenged they will be before baby is born. Nutaqsviik model of home-based nursing and emotional/social support has been proven to prevent death & abuse. If all 1st time moms were given a home nurse for the first 6 months, a lot more children would be safe and/or the risks would be seen long before serious damage occurs.	10/28/2014 9:12 PM
582	That's hard because I believe we will make a difference by doing multi-systems approaches and by intervening in a whole life course way given the intergenerational transfer of trauma, poor attachment, teen pregnancy risk, etc. But, if I had to choose one discreet intervention, it would be making LARCs widely available to teen girls in combination with comprehensive (and non-shaming, scientifically-accurate, LGBTQ-friendly) education, assessment, and resources around healthy and unhealthy relationships and sexuality for teens of all genders--I guess in schools and school-based clinics.	10/28/2014 9:02 PM
583	Developmental Screenings for children 0-5 years old for those children who are not in school.	10/28/2014 8:45 PM
584	Alcohol prevention	10/28/2014 8:38 PM
585	Dental health. Too many children have rotten teeth and that affects their overall health and their ability to learn.	10/28/2014 8:07 PM
586	Single payor health care system available to all citizens	10/28/2014 7:17 PM
587	Resume walk-in child screening and immunization clinic that were held on a regular monthly basis so people knew when they were going to happen and knew they could depend on pubic health to be there at a particular time.	10/28/2014 7:00 PM
588	more focus on prevention of and appropriate health-based intervention in child abuse	10/28/2014 6:56 PM
589	Screen every man, woman and child in Alaska for HIV, chlamydia, gonorrhea, syphilis and hep C. These STIs use up a phenomenal amount of our medical resource time and dollars in testing and treating, but have not made an impact on the numbers. We are seeing more and more HIV in Alaska, partly because of the concomitant GC/CT infections that increase the transmission/acquisition capabilities of HIV, but also because of the rampant ETOH and substance abuse that puts people in a compromised position and decreases their ability to protect themselves against sexual infections. There needs to be a huge campaign to expose the numbers and encourage the people in be charge of responsible sexual health.	10/28/2014 6:33 PM
590	increase follow-up services to young parents	10/28/2014 5:57 PM
591	Nutrition	10/28/2014 5:20 PM
592	In my job I see the need for more breast pumps for new mom's.	10/28/2014 4:46 PM

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593	I would like to choose emergency preparedness as a public health intervention. Most people won't be open to discussing their personal health care needs right away. However, safety is always a concern for folks and it's a great avenue to start a conversation about other topics such as vaccine preventable diseases, annual health check-ups, etc.	10/28/2014 4:38 PM
594	Services to Rural population. Continued lack of or quality services to this population group	10/28/2014 4:30 PM
595	I would choose an education campaign regarding child development and family safety.	10/28/2014 4:26 PM
596	obesity/ they need to know how important it is to exercise and eat health, because i was never taught to eat health or exercise when i was growing up.	10/28/2014 4:23 PM
597	Safe homes and treatments centers for mom's (pregnant or not) who have addiction issues. So many of our children's outcomes depend on the caregiver support. We have to get, then keep, mom well to give that child the best chance they can have.	10/28/2014 4:20 PM
598	I don't know	10/28/2014 4:20 PM
599	Early access to education for especially women prior to child-bearing years regarding alcohol consumption while pregnant-particularly in villages. FAS / FASD is such a widespread issue in Alaska. More education to pre-teens / teens would likely be advantageous!	10/28/2014 4:19 PM
600	Accessibility to more insurance-covered massage therapy, because I am a Licensed Massage Therapist and I am aware of the benefits of massage for prenatal and post partum women, as well as massage from new parents to infant.	10/28/2014 4:16 PM
601	Early school start for children with disabilities throughout Alaska.	10/28/2014 3:56 PM
602	Access to care	10/28/2014 3:55 PM
603	Teen or unplanned pregnancy	10/28/2014 3:15 PM
604	increase public health nursing service throughout the state	10/28/2014 2:51 PM
605	Mental health is generally the root to all other ills.	10/28/2014 2:29 PM
606	incentivize medical home development for primary care providers... this would increase access, availability and quality of prevenative services for the entire population.	10/28/2014 1:19 PM
607	Health classes for parent and children. Like Prenatal classes at the beginin of the month like healthy eating/nutriution, excersises for preganacy/postnatal, working mom classes. at the end of the month teen teachingn... ect.	10/28/2014 11:35 AM
608	Teaching about Pregnancy or teen pregnancy	10/28/2014 11:12 AM
609	baby friendly designated hospitals and birth centers to increase breastfeeding initiation, duration and exclusivity.	10/27/2014 4:49 PM
610	School comprehensive health education K-12 that includes sexual health and school based health centers.	10/27/2014 10:57 AM
611	availability of low cost care, i.e. dental, physical, mental.	10/27/2014 10:20 AM
612	I think that we could improve on educating the public more on health related topics.	10/24/2014 10:16 AM
613	Expand medicaid coverage in Alaska.	10/22/2014 2:58 PM